

# Ground Beef Casserole

## Ingredients

- 1 lb uncooked penne
- 1/2 medium, chopped
- 1 lb extra lean ground beef
- 1 tablespoon olive oil
- 1 clove garlic, minced
- 1.5 cups marinara sauce
- Salt and pepper, to taste
- 1.5 cups shredded cheddar cheese

## Steps

1. Preheat oven to 400 degrees F and move rack to middle position. Grease 9x13 baking dish
2. Boil water for 1 lb uncooked penne and cook 1 min less than box instructions
3. Add the following in a skillet:
  - 1 tbsp olive oil
  - 1 lb extra lean ground beef
  - 1/2 medium onion, chopped
  - 1 clove garlic: stir in once beef is cooked and spoon out excess fat
4. Stir in 1.5 cups marinara and season with salt and pepper
5. Drain pasta and pour into baking dish. Pour in beef mixture and toss to combine.
6. Top with 1.5 cups shredded cheddar cheese
7. Bake for 10 mins, uncovered, until cheese is nicely melted. Optionally broil for a few minutes to brown the cheese