

ENGLISH

AARAMBH CHECKLIST PRE

**ENGLISH IS A VERY EASY LANGUAGE
I AM VERY GOOD AT ENGLISH
I WILL DEFINITELY GET MY DREAM JOB**

CHECKLIST 188



NIMISHA BANSAL

Set 1

Direction (1-5): Below is a set of statements given in random order. When these statements are sequenced properly, they will form a coherent and meaningful paragraph. Rearrange the sentences to form a meaningful paragraph and then answer the questions that follow.

- P.** Universities are now expanding support systems, offering wellness programs, and incorporating mental health awareness into orientation sessions.
- Q.** A recent national survey revealed that over 48% of university students have experienced anxiety or depression in the past year.
- R.** Experts believe these efforts, though gradual, will foster a more supportive environment and improve overall student well-being.
- S.** The data marks a notable rise from 35% recorded just three years ago and highlights growing concern among educators and policymakers.
- T.** The findings also highlight how increasing academic pressure and lack of accessible counseling services have _____ **(A)** _____ mental health challenges.
- U.** Many students report feeling isolated despite being surrounded by peers, and digital overload is adding to their stress.
- V.** Additionally, financial insecurities and uncertainties about job prospects are fueling long-term anxiety among graduates.

1. Which of the following words will fit the **blank (A)** appropriately?

The findings also highlight how increasing academic pressure and lack of accessible counseling services have _____ **(A)** _____ mental health challenges.

I. alleviated

II. exacerbated

III. aggravated

(a) Only III

(b) Both II and III

- (c) Only II
- (d) Both I and II
- (e) All of these

2. Which of the following options is the **INTRODUCTORY** statement after the correct rearrangement?

- (a) U
- (b) R
- (c) Q
- (d) P
- (e) Q

3. Which of the following combinations is the combination of **THREE CONSECUTIVE** statements after the correct rearrangement?

- (a) QSV
- (b) TUV
- (c) VPQ
- (d) SVP
- (e) TPR

4. Which of the following options is a pair of **THIRD** and **SECOND** statements, respectively, after the correct rearrangement?

- (a) ST
- (b) QV
- (c) UR
- (d) TS

(e) US

5. Which of the following options is the **FIFTH** statement, after the correct rearrangement?

(a) U

(b) P

(c) V

(d) Q

(e) R

Set 2

Direction (6-10): Below is a set of statements given in random order. When these statements are sequenced properly, they will form a coherent and meaningful paragraph. Rearrange the sentences to form a meaningful paragraph and then answer the questions that follow.

P. Religious texts also highlight that key cities along its banks—Varanasi, Haridwar, and Rishikesh—are among the most sacred, with daily rituals like Ganga Aarti attracting devotees worldwide.

Q. Despite pollution concerns, faith remains unshaken, with devotees continuing to immerse ashes and perform rituals, believing the river's sanctity transcends physical purity.

R. On the other hand, the Yamuna, another revered tributary, is worshipped as Lord Krishna's companion, with Mathura and Vrindavan thriving as pilgrimage hubs.

S. The Ganges River, considered the holiest in India, holds profound spiritual significance, drawing millions of pilgrims, sustaining rituals, and symbolizing purity in Hindu tradition.

T. According to ancient scriptures like the Vedas and Puranas, the river is personified as Goddess Ganga, believed to cleanse sins and grant liberation (moksha).

6. Which of the following is the **SECOND** sentence after correct rearrangement?

(a) Q

(b) S

(c) R

(d) P

(e) T

7. Which of the following is the **PENULTIMATE** statement after the correct rearrangement?

(a) R

(b) T

(c) P

(d) Q

(e) S

8. Which of the following options is the pair of the **INTRODUCTORY** statement and the **TERMINAL** statement, respectively, after the correct rearrangement?

(a) TP

(b) SR

(c) PS

(d) SQ

(e) RP

9. Which of the following is the **THIRD** sentence after correct rearrangement?

(a) T

(b) S

(c) R

(d) P

(e) Q

10. Which of the following is the **ANTEPENULTIMATE** statement after the correct rearrangement?

(a) R

(b) T

(c) P

(d) Q

(e) S

ANSWER**1.Ans: (b)**

Explanation: We need a **past participle verb** (to go with **have**) that matches the **negative effect** of stress and lack of support on mental health. The sentence clearly implies that these factors have made mental health problems **worse**.

I. alleviated: to make something less severe; to reduce a problem or burden.

The sentence talks about how academic pressure and lack of counseling have **intensified or worsened** mental health issues — the **opposite** of what “alleviated” means.

So, **this word contradicts** the intended meaning of the sentence.

II. exacerbated: to make a problem or situation worse.

It means that mental health challenges have become **more severe** due to stress and lack of help — which matches exactly with what the sentence is trying to say.

III. aggravated: to worsen a problem or bad situation.

This word is **similar** to “exacerbated,” and in casual use, it can also mean to make something worse.

2.Ans: (e)

Explanation: The correct sequence after rearrangement is: **QSTUVPR**

Q introduces the main topic — the rising prevalence of anxiety and depression among university students. **S supports** this with comparative data, showing a sharp increase. **T, U, and V** explore the **causes**: academic pressure, lack of counseling, social isolation, digital overload, and financial stress — forming a tight sequence that logically explains the reasons behind the statistics. **UV is a mandatory pair** as **U introduces** emotional aspects like isolation, and **V** adds another layer — financial anxiety. **P shifts the focus to solutions** being implemented by universities, and **R concludes** by discussing the **anticipated positive effects**.

Statements after correct rearrangement:

Q. A recent national survey revealed that over 48% of university students have experienced anxiety or depression in the past year.

S. The data marks a notable rise from 35% recorded just three years ago and highlights growing concern among educators and policymakers.

T. The findings also highlight how increasing academic pressure and lack of accessible counseling services have **exacerbated** mental health challenges.

U. Many students report feeling isolated despite being surrounded by peers, and digital overload is adding to their stress.

V. Additionally, financial insecurities and uncertainties about job prospects are fueling long-term anxiety among graduates.

P. Universities are now expanding support systems, offering wellness programs, and incorporating mental health awareness into orientation sessions.

R. Experts believe these efforts, though gradual, will foster a more supportive environment and improve overall student well-being.

3.Ans: (b)

Explanation: The correct sequence after rearrangement is: QSTUVPR

4.Ans: (d)

Explanation: The correct sequence after rearrangement is: QSTUVPR

5.Ans: (c)

Explanation: The correct sequence after rearrangement is: QSTUVPR

6.Ans: (e)

Explanation: The correct sequence after rearrangement is: STPRQ

S introduces the Ganges as a sacred river central to Hindu belief, setting the foundation. **T follows** as it deepens the spiritual aspect by citing ancient scriptures that personify the river as Goddess Ganga. **PR is a mandatory pair.** **P** extends the discussion by focusing on the sacred cities along the river and the rituals conducted there, such as the Ganga Aarti, maintaining the religious context. **R** provides a **contrast** by introducing another holy river, the Yamuna, linking it to Lord Krishna and other pilgrimage

sites. **Q concludes** the sequence by addressing the paradox between pollution and unwavering faith, emphasizing that the river's sanctity remains intact for devotees.

Statements after correct rearrangement:

S. The Ganges River, considered the holiest in India, holds profound spiritual significance, drawing millions of pilgrims, sustaining rituals, and symbolizing purity in Hindu tradition.

T. According to ancient scriptures like the Vedas and Puranas, the river is personified as Goddess Ganga, believed to cleanse sins and grant liberation (moksha).

P. Religious texts also highlight that key cities along its banks—Varanasi, Haridwar, and Rishikesh—are among the most sacred, with daily rituals like Ganga Aarti attracting devotees worldwide.

R. On the other hand, the Yamuna, another revered tributary, is worshipped as Lord Krishna's companion, with Mathura and Vrindavan thriving as pilgrimage hubs.

Q. Despite pollution concerns, faith remains unshaken, with devotees continuing to immerse ashes and perform rituals, believing the river's sanctity transcends physical purity.

7.Ans: (a)

Explanation: The correct sequence after rearrangement is: STPRQ

8.Ans: (d)

Explanation: The correct sequence after rearrangement is: STPRQ

9.Ans: (d)

Explanation: The correct sequence after rearrangement is: STPRQ

10. Ans: (c)

Explanation: The correct sequence after rearrangement is: STPRQ



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