The Hindu EDITORIAL ANALYSIS

17th May 2025

PREPARE FOR BANK (PO/ CLERK), SSC, UPSC, State PSC, CAT, CTET, RAILWAY EXAMS, CDS, TET, NDA/AIRFORCE, NET and all Govt. Exams

1. Reinforce (मजबूत करना)

- Meaning: To strengthen or support.
- → Synonyms: Fortify,
- → Antonyms: Weaken, undermine, diminish,
- erode

 → Example: China's ban on rare earth technologies reinforces its dominance

in the sector.

2. Invincible (अजेय)

- → Meaning: Too powerful to be defeated or overcome.
 → Synonyms: Unbeatable,
- invulnerable, indomitable
- → Antonyms: Vulnerable,
- weak, conquerable

 → Example: The team

 appeared invincible

 throughout the
- throughout the tournament, winning all their matches.

3. Disparity (असमानता)

- Meaning: A great
 difference or inequality
 between things.
 Synonyms: Inequality,
- → Synonyms: Inequality,
 imbalance, gap
 → Antonyms: Equality,
- ⇒ Example: There remains a stark disparity in nutrition levels between men and

women.

4. Penchant (रुचि)

- → Meaning: A strong or habitual liking for something or tendency to do something.
- → Synonyms: Liking, preference, inclination
- → Antonyms: Dislike,
 aversion, indifference
 → Example: She has a
 penchant for collecting
 rare books from different
 parts of the world.

5. Astutely (चतुराई से)

- → Meaning: Showing an ability to accurately assess situations or people and turn this to one's advantage.
- one's advantage.

 → Synonyms: Shrewdly,
- cleverly, wisely

 → Antonyms: Foolishly,
- naively, ineptly

 → Example: She handled the negotiations astutely, ensuring the best outcome

for her company.

6. Overhaul (पुनर्निर्माण /सुधार)

- **Meaning: A thorough** examination and necessary repair or improvement.
- Synonyms: Revamp, restructure, reform
- **Antonyms: Damage,**
- neglect, deteriorate **Example: The government**
- plans to overhaul the education system to make it more effective.

7. Flaccid (ढीला / शिथिल)

Meaning: Soft and

- hanging loosely or limply, especially so as to look or feel unpleasant; lacking strength or force.
- ⇒ Synonyms: Limp, loose, weak, feeble
- weak, feeble

 → Antonyms: Firm, strong,
 tight, sturdy
 → Example: The
- tight, sturdy

 → Example: The
 government's flaccid
 response to the crisis
 drew heavy criticism from
 the public.

8. Qualm (संकोच / शंका / बेचैनी)

Meaning: An uneasy

- feeling of doubt, worry, or fear, especially about one's own conduct; a misgiving.
- Synonyms: Doubt, uneasiness, hesitation,
- apprehension **Antonyms: Confidence,**
- certainty, assurance **Example: She had no** qualms about speaking the truth in front of the

committee.

9. Magnanimous (उदार / विशाल हृदय वाला) Meaning: Generous or

- forgiving, especially toward a rival or someone less powerful.
- → Synonyms: Generous, noble, big-hearted,
- benevolent

opponent.

- **Antonyms: Petty, selfish,** unforgiving, spiteful **Example: Despite the** defeat, he was
- magnanimous in congratulating his

10. Vigour (जोश / शक्ति / ऊर्जा)

- Meaning: Physical strength and good health; effort, energy, or enthusiasm.
- enthusiasm.

 → Synonyms: Energy,
 vitality, strength,
 enthusiasm
- enthusiasm

 → Antonyms: Weakness,

 fatigue Jothargy dullness
- fatigue, lethargy, dullness

 → Example: The leader
 addressed the crowd with
 vigor and passion.

One-word substitute:

- 1. A volume containing several works; covering many things at once: Omnibus
- 2. Used in informal or everyday conversation; not formal or literary: Colloquial
- 3. Using high-flown or pompous language: Magniloquent
- 4. An introductory statement or preface, especially to a document or speech: Preamble

Phrasal Verbs:

1. Pack off

Meaning: to send (someone) away

2. Read up

Meaning: acquire information about a particular subject by studying it intensively

3. Romp through

Meaning: to do something quickly and easily

4. Rough up

Meaning: beat someone up

Idioms & Phrases

1. White as a sheet

Meaning: (of a person) very pale, especially from shock

2. The big time

Meaning: the state of being famous or successful

3. Never in a million years

Meaning: something is extremely unlikely or impossible

4. Living beyond your means

Meaning: to spend more money than you receive as income

5. In the interim

Meaning: in the time between two things happening; until a particular event happens

Article for Reading

The ingredient to turn around nutrition outcomes

The analysis of India's free foodgrain programme for 800 million people underscores a grim reality: that hunger and malnutrition remain pressing concerns. Yet, in India's long battle against malnutrition, women and girls remain the most overlooked section. Despite steady economic progress and numerous welfare schemes, nutritional inequality continues to be deeply gendered. Launched in 2018 with the vision of a malnutrition-free India by 2022, the Prime Minister's Overarching Scheme for Holistic Nourishment (POSHAN) Abhiyaan has the aim of improving nutrition for pregnant women, lactating mothers, adolescent girls, and young children. However, stark disparities persist. The National Family Health Survey (NFHS)-5 reveals that 57% of women in the age group 15 to 49 years are anaemic, in comparison to 26% of men; nearly one in five women are underweight. In other words, women are far more likely to be malnourished than men in India. These figures point to structural failures in how we address nutrition.

Even after merging schemes into 'POSHAN 2.0' and investing heavily, the needle has not moved enough for women. Indeed, POSHAN Abhiyaan is India's largest nutrition programme with a hefty budget. In 2022-23, the Ministry of Women and Child **Development was allocated nearly ₹24,000 crore for Saksham** Anganwadi and Poshan 2.0, but by December 2022, only 69% of those funds had been utilised. Despite such spending, the prevalence of anaemia among women actually rose from 53% to 57% between the last two NFHS rounds, and about 18.7% of women remain underweight. This contrast suggests that just pumping in resources into a women-centric nutrition scheme is not enough. In many Indian households, especially the poorer ones, women's nutritional needs are literally last in line. Entrenched cultural norms often mean that when food is scarce, women and girls eat least and last. Thus, malnutrition is not just a biomedical or food-supply issue; it is a social justice issue. If a woman lacks economic independence or decision-making power, she may have little control over her diet and health.

Even government data underscores this link: the NFHS-5 found that 49% of women lack decision-making power over how their own earnings are spent. This financial dependence often translates into compromised nutrition a result of gender-based deprivation. Studies have shown that empowering women financially is one of the most effective ways to improve nutrition. Nobel laureate Esther Duflo, for instance, finds that when women control extra income, they are more likely to spend it on nutrition and children's well-being. In a study we conducted among low-income communities, we observed that women with even a modest independent income or control over household spending were far less likely to be undernourished. The missing piece in India's nutrition puzzle is women's economic and social empowerment.

Summary

The passage critically examines India's efforts to combat malnutrition, highlighting the persistent and gendered nature of nutritional inequality. Despite economic growth and initiatives like POSHAN Abhiyaan, malnutrition among women and girls remains alarmingly high, with 57% of women anaemic and 18.7% underweight, compared to significantly lower figures for men. The issue is not merely about food availability but rooted in deep-seated social and cultural norms that deprioritize women's nutrition. Government schemes, though well-funded, have shown limited impact, partly due to poor fund utilization and a lack of focus on women's empowerment. The passage argues that economic and decision-making empowerment of women is essential to improving nutrition outcomes, as studies consistently show that financially independent women are better nourished and invest more in their families' well-being.

Tone:

The tone is critical, concerned, and advocacy-driven.

It is critical of systemic and policy shortcomings.

It conveys concern for the neglected state of women's nutrition.

It adopts an advocacy tone, calling for women's economic and social empowerment as a solution to India's malnutrition challenge.

Reading Comprehension

Based on the above passage, answer the following questions:

Question 1: Which of the following best captures the central paradox highlighted in the passage regarding India's nutritional efforts?

- A. The rise in female employment has decreased female malnutrition.
- B. India's foodgrain distribution programme has solved hunger but not malnutrition.
- C. Despite high-budget nutrition schemes, women's malnutrition has worsened.
- D. Economic progress has eliminated structural nutritional inequalities.
- E. None of the above

Which of the following best explains why POSHAN Abhiyaan has had limited success, as per the passage?

Question 2:

- A. The programme's scale is too small to make a real difference.
- B. The focus is primarily on children, ignoring women.

 C. The majority of funds are used up by mid-year, leaving nothing
- C. The majority of funds are used up by mid-year, leaving nothing for later.
- D. Women's socio-economic conditions limit the scheme's impact.
- E. None of the above

Question 3: According to the passage, which factor is most directly linked to women's compromised nutrition in India?

- A. Limited access to public distribution systems
- B. Absence of Jan Andolan (people's movement)
- C. Lack of nutrition awareness among adolescent girls
- D. Financial dependence and low decision-making power
- E. None of the above

Article for Skimming

Learning Is Important, Whether the Goal Is Achieved or Not

In today's results-driven world, we are often conditioned to measure our worth by outcomes—whether we passed the exam, landed the job, hit the target, or won the competition. This mindset, though motivating at times, can be dangerously narrow. It creates the illusion that anything short of success is failure, that effort without reward is meaningless. But the truth is, learning is the real success story—because it transforms you regardless of whether the goal is reached. Every journey we undertake, every challenge we face, and every setback we experience offers lessons that shape us. These lessons are sometimes subtle—like learning patience, building consistency, or understanding our emotional limits—and sometimes profound, like discovering our resilience, redefining our purpose, or uncovering hidden strengths. Even when a goal isn't achieved, the process of striving toward it develops traits that no outcome alone can offer: discipline, adaptability, humility, and growth.

Think of a student who studied relentlessly for an exam but fell short by a few marks. To the world, it may appear as failure. But in reality, that student learned how to manage time, how to handle stress, how to stay focused, and how to keep going despite fatigue. Those qualities will carry them much farther in life than any single test score ever could. The same holds true for an entrepreneur whose first business didn't succeed. The experience—mistakes made, feedback received, and resilience tested—is an education no classroom could replicate. Moreover, goals can evolve. What you set out to achieve may not always be where you end up, and that's okay. Sometimes, the learning redirects you to a better path. The failure to reach one milestone may open the door to a more meaningful pursuit. If we obsess only over end results, we miss the richness of the journey itself—the people we meet, the skills we gain, the wisdom we acquire. These things don't disappear just because we didn't check a box.

Learning is also what prepares us for the next opportunity. When we don't achieve something, it's easy to feel defeated. But the learning we carry forward becomes the foundation on which future success is built. Progress is rarely linear; it's a series of trials, pivots, and gradual improvement. Those who embrace the process, rather than just the prize, are the ones who keep moving forward—even after disappointments. Ultimately, goals are markers, not definitions. They guide us, but they don't define who we are or what we're capable of. What defines us is our willingness to learn, grow, and try again. So whether you succeed or stumble, remember this: the knowledge, growth, and transformation that come from the journey will always outweigh the outcome. Learning is never wasted—because it doesn't end when a goal is missed. It evolves, deepens, and empowers you for every step that comes next.

Question 4: According to the author, what false belief does a results-only mindset create?

- A. That hard work guarantees success
- B. That learning is always visible and quantifiable
- C. That effort without reward is meaningless
- D. That success must be immediate to be valid
- E. None of the above

Question 5: Which of the following best captures the author's philosophy regarding goals?

- A. Goals should be modest and easily achievable
- B. Goals are useful for direction but not identity
- C. Goals are fixed indicators of personal worth
- D. Goals serve no real purpose in learning

 E. None of the above

Today's Descriptive Question

Original Text:

The emergence of AI tools like ChatGPT has significantly impacted journalism, transforming how news is produced, distributed, and consumed. These Al-driven tools enhance efficiency by assisting journalists in content creation, fact-checking, and data analysis. However, they also raise concerns about misinformation, job displacement, and ethical implications in news reporting. One of the most notable benefits of ChatGPT in journalism is speed and efficiency. Al can generate reports, summarize articles, and analyze vast amounts of data within seconds, allowing journalists to focus on investigative work and in-depth reporting.

ChatGPT can also assist in fact-checking, identifying inconsistencies in news stories, and providing multilingual translations to make news accessible to a broader audience. However, Al-driven journalism comes with risks. ChatGPT lacks human judgment and contextual understanding, sometimes generating inaccurate or biased content. The spread of Al-generated misinformation or deepfakes can undermine public trust in the media. Additionally, as Al takes over routine reporting tasks, concerns about job losses in journalism arise, potentially reducing employment opportunities in traditional newsrooms. Despite these challenges, Al and journalism can coexist productively. News organizations must establish ethical guidelines for Al use, ensuring human oversight in news production. Combining Al's efficiency with human editorial judgment can improve journalism's quality, making news more accurate, accessible, and engaging.

Precis:

ChatGPT has transformed journalism by enhancing efficiency in content creation, fact-checking, and data analysis. It allows journalists to focus on investigative work while making news more accessible. However, risks like misinformation, bias, and job displacement remain concerns.

To balance Al's benefits and challenges, human oversight and ethical guidelines are essential. Combining Al's speed with human judgment can improve journalism's accuracy and reliability while preserving its integrity.

 Write an email to the customer service department of a company to lodge a formal complaint about the poor quality of their product or service. To:@gmail.com

Subject: Formal Complaint Regarding Poor Quality of [Product/Service]

Dear Customer Service Team,

I hope this email finds you well. I am writing to formally lodge a complaint regarding the poor quality of [product/service] that I recently purchased/experienced from your company.

On [purchase date/service date], I bought/used [product/service name] from [store/website/location]. Unfortunately, I was extremely disappointed with its quality/performance. [Briefly describe the issue, e.g., "The product stopped working within a few days," or "The service provided was unsatisfactory due to delays/errors."]

This has caused significant inconvenience, and I believe it does not meet the quality standards expected from your brand.

I have attached relevant documents, including the receipt, photographs, and any communication related to this issue, for your reference. I request an immediate resolution, either through a replacement, refund, or appropriate corrective action.

Looking forward to your swift resolution. You may contact me at [your phone number] or [your email address] for further discussion.

Best regards,
[Your Full Name]
[Your Contact Information]
[Your Address (if required)]

Match the column

- 1. White as a sheet A. something is extremely unlikely
- 2. The big time B. very pale, especially from shock
- 3. Never in a million years C. in the time between two things happening
- 4. Living beyond your means D. the state of being famous or successful
- 5. In the interim E. to spend more money than you receive

Answer:

1-b 2-d 3-a 4-e 5-c

Vocabulary

- 1. Reinforce:
- 2. Invincible:
- 3. Disparity:
- 4. Penchant:
- 5. Astutely:
- 6. Overhaul:
- 7. Flaccid:
- 8. Qualm:
- 9. Magnanimous:
- 10. Vigour:

NIMISHA BANSAL EXCLUSIVE SUBSCRIPTION

ACCESS TO ALL COURSES (PERFECTION, GRAMMAR GRANTH, ERRORS

⊘ Live+ Recorded Sessions

Class PDF's

Basic To Advance level

Best Courses Till Date

Price : ₹ **2 × 9 →**

USE CODE



PREMIUM SUBSCRIPTION

ALL EDUCATOR COURSES

ALL BANK EXAM 2025 PRELIMS+MAINS











FOUNDATION + HIGH LEVEL COURSES

USE CODE

JOIN TELEGRAM CHANNEL

ENGLISH WITH NIMISHA BANSAL









CONTENT - NIMISHA BANSAL @mamnimisha





Parajumbles- Prelims Class 1 no annotation 1st May 4.5K @ 12:30

Forwarded from

English with Nimisha Bansal

pdf

EDITORIAL VOCA...AY 2025.).pdf 3.6 MB

EDITORIAL VOCAB (1ST MAY 2025.) 2.5K @ 14:18

Forwarded from

English with Nimisha Bansal



EXTRA WORDS F...MAY 2025.pdf 252 KB

EXTRA WORDS FROM TODAY'S SESSION 1st MAY 2025 542 @ 15:39

Forwarded from

English with Nimisha Bansal



ENGLISH MAINS...May 2025).pdf 1.6 MB

ENGLISH MAINS VIJETA CHECKLIST-123 (

1st May 2025) 542 @ 15:39

1.

Ans: C

Rc ans

Explanation:

Abhiyaan and POSHAN 2.0 with the continued or worsening levels of malnutrition among women. **Reference:** "Even after merging schemes into 'POSHAN 2.0' and investing heavily, the needle has not

The passage repeatedly contrasts heavy investments in women-centric schemes like POSHAN

moved enough for women." **Also:** "Despite such spending, the prevalence of anaemia among women actually rose from 53% to

57%..."

Incorrect Options:

A: "The rise in female employment..." – While the passage mentions increased female labour participation, it also highlights poor job quality and economic vulnerability, hence not reducing malnutrition.

Reference: "Many women who do work are barely earning enough to survive..."

B: The passage doesn't claim hunger is solved; it says both "hunger and malnutrition remain pressing concerns."

D: Economic progress has not "eliminated" inequalities; in fact, "nutritional inequality continues to be deeply gendered."

Ans: D

Ans: D

Explanation:

The passage argues that just investing in nutrition programmes is not enough—unless women are economically and socially empowered, these programmes will remain ineffective.

Reference: "This contrast suggests that just pumping in resources into a women-centric nutrition scheme is not enough."

Also: "...POSHAN will have limited impact if women cannot afford or are not empowered to consume the nutritious food being provided."

Incorrect Options:

A: The programme is India's largest nutrition initiative, not small in scale.

"Indeed, POSHAN Abhiyaan is India's largest nutrition programme with a hefty budget."

B: It explicitly targets women, including "pregnant women, lactating mothers, adolescent girls."

C: The issue isn't funds running out, but underutilization.

"...only 69% of those funds had been utilised."

3.

Ans: D

Explanation:

The passage emphasizes that economic dependence and lack of decision-making authority over spending are directly linked to poor nutrition among women.

Reference: "The NFHS-5 found that 49% of women lack decision-making power over how their own earnings are spent."

Also: "This financial dependence often translates into compromised nutrition — a result of gender-based deprivation."

Incorrect Options:

A: The public distribution system is not discussed directly; the focus is on women's place in intra-household food access.

B: The "Jan Andolan" is praised for spreading awareness, not criticized.

Reference: "Government reports praise Poshan Abhiyaan for creating awareness and a 'Jan Andolan'..."

C: The passage doesn't mention a lack of awareness among adolescent girls as a key issue.

Ans: C

4.

Explanation:

Reference from passage:

"It creates the illusion that anything short of success is failure, that effort without reward is meaningless."

Incorrect Options:

A. The passage never claims people believe hard work guarantees success.

B. The author discusses invisible learning (like resilience), not its quantifiability.

D. Immediate success is not addressed; the emphasis is on valuing the journey.

5.

Ans: B

Explanation:

Reference from passage:

"Ultimately, goals are markers, not definitions. They guide us, but they don't define who we are or what we're capable of."

Incorrect Options:

A. The passage does not suggest limiting goals for ease.

C. The author challenges this very idea—that goals define worth.

D. The author says goals guide—so they do serve a purpose.