

ENGLISH

AARAMBH CHECKLIST PRE

**ENGLISH IS A VERY EASY LANGUAGE
I AM VERY GOOD AT ENGLISH
I WILL DEFINITELY GET MY DREAM JOB**

CHECKLIST 215



NIMISHA BANSAL

Directions (1-10): Identify the word(s) that are closest in meaning to the phrase or idiom given in bold. If none of the options convey the correct meaning, choose (e).

1. When John was asked a difficult question during the presentation, he looked **like a deer in headlights**.

- (a) Carefully thinking before answering
- (b) Frozen with surprise or fear, unable to react
- (c) Looking confident and calm
- (d) Moving quickly to avoid embarrassment
- (e) Trying to change the subject abruptly

2. Sarah was **on pins and needles** waiting for the exam results to be announced.

- (a) Feeling excited and happy
- (b) Being extremely anxious or nervous
- (c) Physically uncomfortable due to the posture
- (d) Calmly waiting without any worries
- (e) Preparing for a celebration

3. Despite the chaos around her, Lisa managed to **play it cool** during the emergency.

- (a) Act with calmness under pressure
- (b) Ignore the situation
- (c) Panic but try to hide it
- (d) Act confused to avoid responsibility
- (e) Get angry but stay silent

4. The crowd **held their breath** as the final minutes of the match ticked away.

- (a) To cheer when something exciting happens
- (b) To stop breathing completely
- (c) To wait anxiously and silently for something important

- (d) To prepare physically for an event
- (e) To express disappointment quietly

5. I had to **bite my tongue** during the meeting to avoid saying something rude.

- (a) To carefully choose words before speaking
- (b) To stop yourself from saying something inappropriate
- (c) To speak sharply to make a point
- (d) To chew nervously while thinking
- (e) To ask someone else to speak instead

6. After the disagreement with his boss, Mark decided to **keep a low profile** at the office for a few days.

- (a) To change departments immediately
- (b) To openly discuss the issue with others
- (c) To loudly express one's opinions
- (d) To avoid attracting attention
- (e) To work extra hours to prove oneself

7. During the exam, when asked to name all the countries in Africa, Raj suddenly **drew a blank** and couldn't remember a single one.

- (a) To refuse to attempt answering the question
- (b) To answer confidently with incomplete knowledge
- (c) To fail to remember or recall any information
- (d) To write an answer with no mistakes
- (e) To copy someone else's answer silently

8. Even after hearing the disappointing news, Priya **kept a stiff upper lip**.

- (a) To talk about one's problems with friends
- (b) To express feelings openly and seek support
- (c) To become angry and confront others
- (d) To ignore the situation completely
- (e) To remain brave and composed without showing emotions

9. While the manager was away on a business trip, Anita was asked to **hold the fort**.

- (a) To temporarily take responsibility and manage affairs
- (b) To temporarily defend one's position
- (c) To let others handle the situation
- (d) To organize a demonstration
- (e) To delegate all tasks with enthusiasm

10. Although the team faced several setbacks, the captain advised everyone to **keep their powder dry** until the right moment to act arrived.

- (a) To stay cautious while maintaining preparedness for future challenges
- (b) To remain patient and ready for the appropriate moment to act
- (c) To avoid engagement altogether until absolutely necessary
- (d) To hold back emotions and avoid revealing intentions prematurely
- (e) To maintain a defensive stance while planning countermeasures

ANSWER**1.Ans: (b)****Explanation:** *Like a deer in headlights* means being stunned or frozen with fear or surprise, unable to react.**2.Ans: (b)****Explanation:** *On pins and needles* means feeling very anxious or nervous, especially while waiting for something important.**3.Ans: (a)****Explanation:** *Play it cool* means to stay calm and composed, not showing panic or strong emotions.**4.Ans: (c)****Explanation:** *Hold your breath* means to wait in anxious silence, anticipating the outcome.**5.Ans: (b)****Explanation:** *Bite your tongue* means to restrain yourself from speaking, especially to avoid causing offense.**6.Ans: (d)****Explanation:** *Keep a low profile* means to stay quiet and avoid drawing attention to yourself.**7.Ans: (c)****Explanation:** *Draw a blank* means to be unable to remember or think of anything, especially when trying to recall information.

8.Ans: (e)

Explanation: *Keep a stiff upper lip* means to stay brave and unemotional during difficult or upsetting times.

9.Ans: (a)

Explanation: *Hold the fort* means to take charge temporarily and keep things running smoothly in someone else's absence.

10. Ans: (b)

Explanation: *Keep one's powder dry* means to be patient and prepared, delaying action until the best moment.



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