

Your Health

Filter

91

In Range

8

Out of Range

0

Improving

Autoimmunity >

2 Biomarkers

- Antinuclear Antibodies (ANA) Screen

In Range Negative
- Rheumatoid Factor (RF)

In Range · <10 IU/mL

Biological Age >

1 Biomarker

- Biological Age

Younger · -6.6 Years

Blood >

11 Biomarkers

- ABO Group

A
- Rhesus (Rh) Factor

Rh(d) Positive



Hematocrit

In Range · 39.5 %

Hemoglobin

In Range · 13.3 g/dL

Mean Corpuscular Hemoglobin (MCH)

In Range · 30.8 pg

Mean Corpuscular Hemoglobin Concentration (MCHC)

In Range · 33.7 g/dL

Mean Corpuscular Volume (MCV)

In Range · 91.4 fL

Mean Platelet Volume (MPV)

In Range · 10.0 fL

Platelet Count

In Range · 220 Thousand/uL

Red Blood Cell (RBC) Count

In Range · 4.32 Million/uL

Red Cell Distribution Width (RDW)

In Range · 12.9 %

Brain Health >

1 Biomarker

ApoE Genotype

3/3

Electrolytes >

6 Biomarkers

Calcium

In Range · 9.5 mg/dL

Carbon Dioxide

In Range · 29 mmol/L

Chloride
In Range · 102 mmol/L

Magnesium
In Range · 5.9 mg/dL

Potassium
In Range · 4.3 mmol/L

Sodium
In Range · 138 mmol/L

Environmental Toxins >

2 Biomarkers

Lead
In Range · <1.0 mcg/dL

Mercury
In Range · <4 mcg/L

Heart >

9 Biomarkers · 5

Apolipoprotein B (ApoB)
Above Range · 109 mg/dL

HDL-Cholesterol
Below Range · 38 mg/dL

LDL-Cholesterol
Above Range · 125 mg/dL (calc)

Non-HDL Cholesterol
Above Range · 143 mg/dL (calc)

Total Cholesterol / HDL Ratio
Above Range · 4.8 calc

High-Sensitivity C-Reactive Protein (hs-CRP)
In Range · 0.4 mg/L

Lipoprotein (a)

In Range · 12 nmol/L

Total Cholesterol

In Range · 181 mg/dL

Triglycerides

In Range · 82 mg/dL

Immune Regulation >

12 Biomarkers

Basophils %

In Range · 0.3 %

Eosinophils %

In Range · 1.4 %

Lymphocytes %

In Range · 26.0 %

Monocytes %

In Range · 8.2 %

Neutrophils %

In Range · 64.1 %

Basophils

In Range · 20 cells/uL

Eosinophils

In Range · 92 cells/uL

High-Sensitivity C-Reactive Protein (hs-CRP)

In Range · 0.4 mg/L

Lymphocytes

In Range · 1716 cells/uL

Monocytes

In Range · 541 cells/uL

Neutrophils

In Range · 4231 cells/uL

White Blood Cell (WBC) Count

In Range · 6.6 Thousand/uL

Kidney >

8 Biomarkers

Albumin (Microalbumin) - Urine

In Range · <0.2 mg/dL

Blood Urea Nitrogen (BUN)

In Range · 18 mg/dL

Calcium

In Range · 9.5 mg/dL

Chloride

In Range · 102 mmol/L

Creatinine

In Range · 0.98 mg/dL

Creatinine-Based Estimated Glomerular Filtration Rate (eGFR)

In Range · 99 mL/min/1.73m2

Potassium

In Range · 4.3 mmol/L

Sodium

In Range · 138 mmol/L

Liver >

9 Biomarkers · 1

Alkaline Phosphatase (ALP)

Below Range · 35 U/L

Alanine Transaminase (ALT)

In Range · 28 U/L

Albumin

In Range · 4.9 g/dL

Albumin / Globulin Ratio

In Range · 2.1 (calc)

Aspartate Aminotransferase (AST)

In Range · 20 U/L

Gamma-glutamyl Transferase (GGT)

In Range · 18 U/L

Globulin

In Range · 2.3 g/dL (calc)

Total Bilirubin

In Range · 0.9 mg/dL

Total Protein

In Range · 7.2 g/dL

Male Health >

11 Biomarkers · 1

Estradiol (E2)

Above Range · 43 pg/mL

Prostate Specific Antigen (PSA), Free

In Range · 0.3 ng/mL

DHEA Sulfate

In Range · 295 mcg/dL

Follicle Stimulating Hormone (FSH)

In Range · 4.3 mIU/mL

Luteinizing Hormone (LH)

In Range · 3.5 mIU/mL

Prolactin

In Range · 5.5 ng/mL

Prostate Specific Antigen (PSA) %, Free

In Range · 50 % (calc)

Prostate Specific Antigen (PSA), Total

In Range · 0.6 ng/mL

Sex Hormone Binding Globulin (SHBG)

In Range · 28 nmol/L

Testosterone, Free

In Range · 119.7 pg/mL

Testosterone, Total

In Range · 607 ng/dL

Metabolic >

5 Biomarkers

Glucose

In Range · 96 mg/dL

Hemoglobin A1c (HbA1c)

In Range · 5.3 %

Insulin

In Range · 6.7 uIU/mL

Leptin

In Range · 2.1 ng/mL

Uric Acid

In Range · 4.2 mg/dL

Nutrients >

20 Biomarkers · 1

Vitamin D

Above Range · 103 ng/mL

Omega-3 Total

In Range · 6.9 % by wt

Omega-6 Total

In Range · 41.3 % by wt

Arachidonic Acid/EPA Ratio

In Range · 7.3

Calcium

In Range · 9.5 mg/dL

Ferritin

In Range · 228 ng/mL

Homocysteine

In Range · 9.0 umol/L

Iron

In Range · 148 mcg/dL

Iron % Saturation

In Range · 46 % (calc)

Iron Binding Capacity

In Range · 323 mcg/dL (calc)

Magnesium

In Range · 5.9 mg/dL

Methylmalonic Acid (MMA)

In Range · 158 nmol/L

Omega 6 / 3 Ratio

In Range · 6.0

Omega-3 Total / OmegaCheck

In Range · 6.9 % by wt

Omega-3: DHA

In Range · 3.6 % by wt

Omega-3: DPA

In Range · 1.6 % by wt

Omega-3: EPA

In Range · 1.7 % by wt

Omega-6: Arachidonic Acid

In Range · 12.5 % by wt

Omega-6: Linoleic Acid

In Range · 25.9 % by wt

Zinc

In Range · 86 mcg/dL

Pancreas >

2 Biomarkers

Amylase

In Range · 31 U/L

Lipase

In Range · 31 U/L

Stress & Aging >

2 Biomarkers

Cortisol

In Range · 7.6 mcg/dL

NEW

DHEA Sulfate

In Range · 295 mcg/dL

Thyroid >

5 Biomarkers

Thyroglobulin Antibodies (TgAb)

In Range · <1 IU/mL

Thyroid Peroxidase Antibodies (TPO)

In Range · <1 IU/mL

Thyroid-Stimulating Hormone (TSH)

In Range · 2.07 mIU/L

Thyroxine (T4) Free

In Range · 1.1 ng/dL

Triiodothyronine (T3) Free

In Range · 3.6 pg/mL

Urine >

12 Biomarkers

Albumin (Microalbumin) - Urine

In Range · <0.2 mg/dL

Appearance - Urine

In Range Clear

Bilirubin - Urine

In Range Negative

Color - Urine

In Range Yellow

Glucose - Urine

In Range Negative

Ketones - Urine

In Range Negative

Leukocyte - Urine

In Range Negative

Nitrite - Urine

In Range Negative

Occult Blood - Urine

In Range Negative

Protein - Urine

In Range Negative

Specific Gravity - Urine

In Range · 1.006

^ Back To Top

pH - Urine

In Range · 7.0

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