# Your Health = Filter •

94 In Range 11 Out of Range Improving

# Autoimmunity >

2 Biomarkers

Antinuclear Antibodies (ANA) Screen In Range Negative

Rheumatoid Factor (RF)

In Range · <10 IU/mL

# Biological Age >

1 Biomarker

Biological Age

Younger · -14.1 Years

# Blood>

11 Biomarkers

ABO Group

Δ

Rhesus (Rh) Factor

Rh(d) Positive

Hematocrit

In Range · 49.6 %

Hemoglobin

In Range · 16.5 g/dL

Mean Corpuscular Hemoglobin (MCH)

In Range · 30.6 pg

Mean Corpuscular Hemoglobin Concentration (MCHC)

In Range · 33.3 g/dL

Mean Corpuscular Volume (MCV)

In Range · 92.0 fL

Mean Platelet Volume (MPV)

In Range · 9.6 fL

Platelet Count

In Range · 308 Thousand/uL

Red Blood Cell (RBC) Count

In Range · 5.39 Million/uL

Red Cell Distribution Width (RDW)

In Range · 11.9 %

# Electrolytes >

6 Biomarkers

Calcium

In Range · 10.2 mg/dL

Carbon Dioxide

In Range · 31 mmol/L

Chloride

In Range · 103 mmol/L

Magnesium

In Range · 4.9 mg/dL

#### Potassium

In Range · 4.9 mmol/L

# Sodium

In Range · 140 mmol/L

# **Environmental Toxins** >

2 Biomarkers

#### Lead

In Range · 1.0 mcg/dL

# Mercury

In Range · 5 mcg/L

#### Heart>

15 Biomarkers · 8

# Apolipoprotein B (ApoB)

Above Range · 99 mg/dL

#### LDL Medium

Above Range · 504 nmol/L

#### LDL Particle Number

Above Range · 2081 nmol/L

#### LDL Pattern

Out of Range B

#### LDL Peak Size

Below Range · 216.8 Angstrom

#### LDL Small

Above Range · 415 nmol/L

#### LDL-Cholesterol

Above Range · 119 mg/dL (calc)

# Non-HDL Cholesterol

Above Range · 138 mg/dL (calc)

# **HDL** Large

In Range · 6863 nmol/L

#### **HDL-Cholesterol**

In Range · 55 mg/dL

# High-Sensitivity C-Reactive Protein (hs-CRP)

In Range · 0.3 mg/L

# Lipoprotein (a)

In Range · 13 nmol/L

#### **Total Cholesterol**

In Range · 193 mg/dL

# Total Cholesterol / HDL Ratio

In Range · 3.5 calc

# Triglycerides

In Range · 93 mg/dL

# Immune Regulation >

12 Biomarkers

# Basophils %

In Range · 0.4 %

#### Eosinophils %

In Range · 1.5 %

# Lymphocytes %

In Range · 35.7 %

# Monocytes %

In Range · 9.0 %

#### Neutrophils %

In Range · 53.4 %

#### Basophils

In Range · 19 cells/uL

# Eosinophils

In Range · 72 cells/uL

# High-Sensitivity C-Reactive Protein (hs-CRP)

In Range · 0.3 mg/L

# Lymphocytes

In Range · 1714 cells/uL

#### Monocytes

In Range · 432 cells/uL

# Neutrophils

In Range · 2563 cells/uL

# White Blood Cell (WBC) Count

In Range · 4.8 Thousand/uL

# Kidney >

8 Biomarkers

# Albumin (Microalbumin) - Urine

In Range · 0.2 mg/dL

# Blood Urea Nitrogen (BUN)

In Range · 13 mg/dL

#### Calcium

In Range · 10.2 mg/dL

#### Chloride

In Range · 103 mmol/L

#### Creatinine

In Range · 0.92 mg/dL

#### Creatinine-Based Estimated Glomerular Filtration Rate (eGFR)

**In Range · 111** mL/min/1.73m2

#### Potassium

In Range · 4.9 mmol/L

#### Sodium

In Range · 140 mmol/L

#### Liver>

9 Biomarkers

Alanine Transaminase (ALT)

In Range · 20 U/L

**Albumin** 

In Range · 5.1 g/dL

Albumin / Globulin Ratio

In Range · 1.9 (calc)

Alkaline Phosphatase (ALP)

In Range · 58 U/L

Aspartate Aminotransferase (AST)

In Range · 14 U/L

Gamma-glutamyl Transferase (GGT)

In Range · 10 U/L

Globulin

In Range · 2.7 g/dL (calc)

**Total Bilirubin** 

In Range · 0.5 mg/dL

**Total Protein** 

In Range · 7.8 g/dL

# Male Health >

11 Biomarkers · 1

Prostate Specific Antigen (PSA) %, Free

Below Range · 17 % (calc)

Prostate Specific Antigen (PSA), Free

In Range · 0.1 ng/mL

#### **DHEA Sulfate**

In Range · 150 mcg/dL

#### Estradiol (E2)

In Range · 25 pg/mL

# Follicle Stimulating Hormone (FSH)

In Range · 3.4 mIU/mL

# Luteinizing Hormone (LH)

In Range · 2.2 mIU/mL

#### Prolactin

In Range · 3.8 ng/mL

#### Prostate Specific Antigen (PSA), Total

In Range · 0.6 ng/mL

# Sex Hormone Binding Globulin (SHBG)

In Range · 25 nmol/L

#### Testosterone, Free

In Range · 131.5 pg/mL

# Testosterone, Total

In Range · 457 ng/dL

# Metabolic >

5 Biomarkers

#### Glucose

In Range · 83 mg/dL

# Hemoglobin A1c (HbA1c)

In Range · 5.2 % of total Hgb

#### Insulin

In Range · 5.6 uIU/mL

#### Leptin

In Range · 0.8 ng/mL

# Uric Acid

In Range · 4.0 mg/dL

#### Nutrients >

20 Biomarkers · 2

# Omega-3 Total / OmegaCheck

Below Range · 5.3 % by wt

Vitamin D

Below Range · 23 ng/mL

Omega-3 Total

In Range · 5.3 % by wt

Omega-6 Total

In Range · 39.3 % by wt

#### Arachidonic Acid/EPA Ratio

In Range · 14.3

Calcium

In Range · 10.2 mg/dL

Ferritin

In Range · 123 ng/mL

Homocysteine

In Range · 13.3 umol/L

Iron

In Range · 113 mcg/dL

Iron % Saturation

In Range · 41 % (calc)

Iron Binding Capacity

In Range · 277 mcg/dL (calc)

Magnesium

In Range · 4.9 mg/dL

Methylmalonic Acid (MMA)

In Range · 252 nmol/L

Omega 6 / 3 Ratio

In Range · 7.4

Omega-3: DHA

In Range · 3.4 % by wt

Omega-3: DPA

In Range · 1.2 % by wt

Omega-3: EPA

In Range · 0.7 % by wt

Omega-6: Arachidonic Acid

In Range · 10.2 % by wt

Omega-6: Linoleic Acid

In Range · 25.9 % by wt

Zinc

In Range · 86 mcg/dL

#### Pancreas >

2 Biomarkers

Amylase

In Range · 55 U/L

Lipase

In Range · 18 U/L

# Stress & Aging >

2 Biomarkers

Cortisol

In Range · 6.9 mcg/dL

#### **DHEA Sulfate**

In Range · 150 mcg/dL

# Thyroid >

5 Biomarkers

Thyroglobulin Antibodies (TgAb)

In Range · <1 IU/mL

Thyroid Peroxidase Antibodies (TPO)

In Range · <1 IU/mL

Thyroid-Stimulating Hormone (TSH)

In Range · 1.46 mIU/L

Thyroxine (T4) Free

In Range · 1.4 ng/dL

Triiodothyronine (T3) Free

In Range · 3.3 pg/mL

#### Urine >

12 Biomarkers

Albumin (Microalbumin) - Urine

In Range · 0.2 mg/dL

Appearance - Urine

In Range Clear

Bilirubin - Urine

In Range Negative

Color - Urine

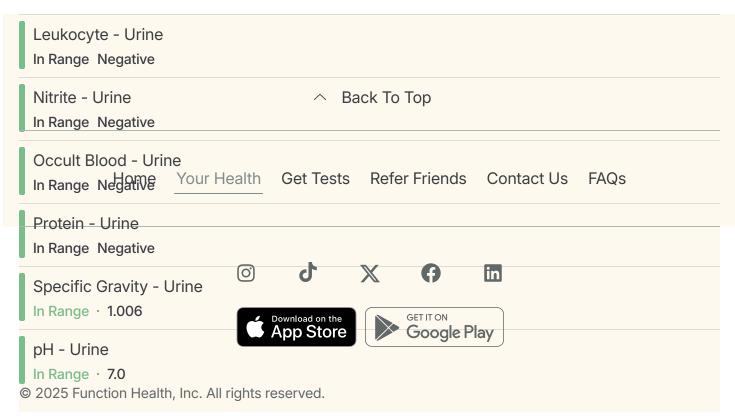
In Range Yellow

Glucose - Urine

In Range Negative

Ketones - Urine

In Range Negative



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