

# Your Health

96

In Range

18

Out of Range

0

Improving

## 96 Biomarkers

Filter (1) ▼

### Autoimmunity >

1 of 4 Biomarkers

Rheumatoid Factor (RF)

In Range · < 10 IU/mL

### Biological Age >

1 of 1 Biomarker

Biological Age

Younger · -7.4 Years

# Blood >

7 of 9 Biomarkers

<div><div></div><div>Hemoglobin</div></div> <div>In Range · 17.0 g/dL</div>
<div><div></div><div>Mean Corpuscular Hemoglobin (MCH)</div></div> <div>In Range · 28.4 pg</div>
<div><div></div><div>Mean Corpuscular Hemoglobin Concentration (MCHC)</div></div> <div>In Range · 32.9 g/dL</div>
<div><div></div><div>Mean Corpuscular Volume (MCV)</div></div> <div>In Range · 86.3 fL</div>
<div><div></div><div>Mean Platelet Volume (MPV)</div></div> <div>In Range · 10.0 fL</div>
<div><div></div><div>Platelet Count</div></div> <div>In Range · 243 Thousand/uL</div>
<div><div></div><div>Red Cell Distribution Width (RDW)</div></div> <div>In Range · 13.3 %</div>

## Electrolytes >

6 of 6 Biomarkers

### Calcium

In Range · 9.3 mg/dL

### Carbon Dioxide

In Range · 24 mmol/L

### Chloride

In Range · 104 mmol/L

### Magnesium

In Range · 4.7 mg/dL

### Potassium

In Range · 4.2 mmol/L

### Sodium

In Range · 140 mmol/L

## Environmental Toxins >

2 of 2 Biomarkers

### Lead

In Range · < 1.0 mcg/dL

### Mercury

In Range · 8 mcg/L

# Heart >

7 of 16 Biomarkers

Apolipoprotein A1	
In Range · 146 mg/dL	
HDL Function - AALP Apolipoprotein C2	NEW
In Range · 11.2 nmol/L	
HDL Function - AALP Apolipoprotein C3	NEW
In Range · 28.86 nmol/L	
HDL Function - AALP Apolipoprotein C4	NEW
In Range · 0.97 nmol/L	
HDL Function pCAD Score	NEW
In Range · 0	
HDLfx pCEC	NEW
In Range · 13.9 % efflux/4hr	
High-Sensitivity C-Reactive Protein (hs-CRP)	
In Range · 0.9 mg/L	

# Immune Regulation >

7 of 8 Biomarkers

Basophils
In Range · 48 cells/uL
Eosinophils
In Range · 130 cells/uL
High-Sensitivity C-Reactive Protein (hs-CRP)
In Range · 0.9 mg/L
Lymphocytes
In Range · 1186 cells/uL
Monocytes
In Range · 432 cells/uL
Neutrophils
In Range · 3005 cells/uL
White Blood Cell (WBC) Count
In Range · 4.8 Thousand/uL

## Kidney >

10 of 10 Biomarkers

### Albumin (Microalbumin) - Urine

In Range · < 0.2 mg/dL

### Blood Urea Nitrogen (BUN)

In Range · 13 mg/dL

### Calcium

In Range · 9.3 mg/dL

### Chloride

In Range · 104 mmol/L

### Creatinine

In Range · 1.06 mg/dL

### Creatinine-Based Estimated Glomerular Filtration Rate (eGFR)

In Range · 88 mL/min/1.73m<sup>2</sup>

### Cystatin C

In Range · 0.94 mg/L

### Cystatin C-Based Estimated Glomerular Filtration Rate (eGFR)

In Range · 90 mL/min/1.73m<sup>2</sup>

### Potassium

In Range · 4.2 mmol/L

### Sodium

In Range · 140 mmol/L

## Liver >

9 of 9 Biomarkers

### Alanine Transaminase (ALT)

In Range · 17 U/L

### Albumin

In Range · 4.7 g/dL

### Albumin / Globulin Ratio

In Range · 1.9 (calc)

### Alkaline Phosphatase (ALP)

In Range · 54 U/L

### Aspartate Aminotransferase (AST)

In Range · 14 U/L

### Gamma-glutamyl Transferase (GGT)

In Range · 21 U/L

### Globulin

In Range · 2.5 g/dL (calc)

### Total Bilirubin

In Range · 0.5 mg/dL

### Total Protein

In Range · 7.2 g/dL

## Male Health >

9 of 11 Biomarkers

### Prostate Specific Antigen (PSA), Free

In Range · 0.4 ng/mL

### DHEA Sulfate

In Range · 103 mcg/dL

### Estradiol (E2)

In Range · 37 pg/mL

### Prolactin

In Range · 7.0 ng/mL

### Prostate Specific Antigen (PSA) %, Free

In Range · 31 % (calc)

### Prostate Specific Antigen (PSA), Total

In Range · 1.3 ng/mL

### Sex Hormone Binding Globulin (SHBG)

In Range · 34 nmol/L

### Testosterone, Free

In Range · 99.3 pg/mL

### Testosterone, Total

In Range · 587 ng/dL



## Metabolic >

5 of 6 Biomarkers

Adiponectin	In Range · 3.7 ug/mL
Glucose	In Range · 79 mg/dL
Hemoglobin A1c (HbA1c)	In Range · 5.4 %
Insulin	In Range · 3.5 uIU/mL
Uric Acid	In Range · 7.0 mg/dL

## Nutrients >

17 of 18 Biomarkers

Arachidonic Acid/EPA Ratio	In Range · 16.7	NEW
Calcium	In Range · 9.3 mg/dL	
Ferritin	In Range · 116 ng/mL	
Iron	In Range · 103 mcg/dL	
Iron % Saturation	In Range · 33 % (calc)	

Iron Binding Capacity

In Range · 312 mcg/dL (calc)

Magnesium

In Range · 4.7 mg/dL

Methylmalonic Acid (MMA)

In Range · 104 nmol/L

Omega 3 Total / OmegaCheck

In Range · 5.6 % by wt

NEW

Omega 3: DHA

In Range · 3.7 % by wt

NEW

Omega 3: DPA

In Range · 1.1 % by wt

NEW

Omega 3: EPA

In Range · 0.7 % by wt

NEW

Omega 6 / 3 Ratio

In Range · 7.6

NEW

Omega 6: Arachidonic Acid

In Range · 11.4 % by wt

NEW

Omega 6: Linoleic Acid

In Range · 28.9 % by wt

NEW

Vitamin D

In Range · 74 ng/mL

Zinc

In Range · 82 mcg/dL

## Pancreas >

2 of 2 Biomarkers

### Amylase

In Range · 74 U/L

### Lipase

In Range · 37 U/L



## Stress & Aging >

2 of 2 Biomarkers

### Cortisol

In Range · 15.9 mcg/dL

### DHEA Sulfate

In Range · 103 mcg/dL

## Thyroid >

8 of 8 Biomarkers

### TSH Receptor Binding Antibody (TRAb)

In Range · < 1.00

### Thyroglobulin Antibodies (TgAb)

In Range · < 1 IU/mL

### Thyroid Peroxidase Antibodies (TPO)

In Range · 1 IU/mL

### Thyroid Stimulating Immunoglobulin (TSI)

In Range · < 89

### Thyroid-Stimulating Hormone (TSH)

In Range · 1.26 mIU/L

### Thyroxine (T4) Free

In Range · 1.3 ng/dL

### Thyroxine-Binding Globulin (TBG)

In Range · 16.8 mcg/mL

### Triiodothyronine (T3) Free

In Range · 3.7 pg/mL

## Urine >

12 of 12 Biomarkers

### Albumin (Microalbumin) - Urine

In Range · < 0.2 mg/dL

### Appearance - Urine

In Range Clear

### Bilirubin - Urine

In Range **Negative**

### Color - Urine

In Range **Yellow**

### Glucose - Urine

In Range **Negative**

### Ketones - Urine

In Range **Negative**

### Leukocyte - Urine

In Range **Negative**

### Nitrite - Urine

In Range **Negative**

### Occult Blood - Urine

In Range **Negative**

### Protein - Urine

In Range **Negative**

### Specific Gravity - Urine

In Range · **1.007**

### pH - Urine

In Range **< Or = 5.0**

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