

Your Health

93
In Range

12
Out of Range

0
Improving

105 Biomarkers

≡ Filter

▼

Autoimmunity >

2 Biomarkers

Antinuclear Antibodies (ANA) Screen
In Range Negative
Rheumatoid Factor (RF)
In Range · <10 IU/mL

Biological Age >

1 Biomarker

Biological Age
Younger · -10.4 Years

Blood >

11 Biomarkers

ABO Group
o
Rhesus (Rh) Factor
Rh(d) Positive



Hematocrit
In Range · 43.9 %

Hemoglobin
In Range · 14.3 g/dL

Mean Corpuscular Hemoglobin (MCH)
In Range · 29.1 pg

Mean Corpuscular Hemoglobin Concentration (MCHC)
In Range · 32.6 g/dL

Mean Corpuscular Volume (MCV)
In Range · 89.4 fL

Mean Platelet Volume (MPV)
In Range · 9.5 fL

Platelet Count
In Range · 361 Thousand/uL

Red Blood Cell (RBC) Count
In Range · 4.91 Million/uL

Red Cell Distribution Width (RDW)
In Range · 12.4 %

Electrolytes >

6 Biomarkers

Calcium
In Range · 9.5 mg/dL

Carbon Dioxide
In Range · 27 mmol/L

Chloride
In Range · 102 mmol/L

Magnesium
In Range · 5.1 mg/dL

Potassium

In Range · 4.6 mmol/L

Sodium

In Range · 137 mmol/L

Environmental Toxins >

2 Biomarkers

Lead

In Range · 1.0 mcg/dL

Mercury

In Range · <5 mcg/L

Heart >

15 Biomarkers · 8

Apolipoprotein B (ApoB)

Above Range · 105 mg/dL

High-Sensitivity C-Reactive Protein (hs-CRP)

Above Range · 1.3 mg/L

LDL Medium

Above Range · 354 nmol/L

LDL Particle Number

Above Range · 2030 nmol/L

LDL Small

Above Range · 301 nmol/L

LDL-Cholesterol

Above Range · 125 mg/dL (calc)

Non-HDL Cholesterol

Above Range · 139 mg/dL (calc)

Total Cholesterol

Above Range · 227 mg/dL

HDL Large
In Range · 9763 nmol/L

HDL-Cholesterol
In Range · 88 mg/dL

LDL Pattern
In Range A

LDL Peak Size
In Range · 223.9 Angstrom

Lipoprotein (a)
In Range · 16 nmol/L

Total Cholesterol / HDL Ratio
In Range · 2.6 calc

Triglycerides
In Range · 57 mg/dL

Immune Regulation >

12 Biomarkers · 1

High-Sensitivity C-Reactive Protein (hs-CRP)
Above Range · 1.3 mg/L

Basophils %
In Range · 1.0 %

Eosinophils %
In Range · 1.5 %

Lymphocytes %
In Range · 40.1 %

Monocytes %
In Range · 8.2 %

Neutrophils %
In Range · 49.2 %

Basophils

In Range · 40 cells/uL

Eosinophils

In Range · 60 cells/uL

Lymphocytes

In Range · 1604 cells/uL

Monocytes

In Range · 328 cells/uL

Neutrophils

In Range · 1968 cells/uL

White Blood Cell (WBC) Count

In Range · 4.0 Thousand/uL

Kidney >

8 Biomarkers

Albumin (Microalbumin) - Urine

In Range · 0.2 mg/dL

Blood Urea Nitrogen (BUN)

In Range · 22 mg/dL

Calcium

In Range · 9.5 mg/dL

Chloride

In Range · 102 mmol/L

Creatinine

In Range · 0.83 mg/dL

Creatinine-Based Estimated Glomerular Filtration Rate (eGFR)

In Range · 115 mL/min/1.73m2

Potassium

In Range · 4.6 mmol/L

Sodium

In Range · 137 mmol/L

Liver >

9 Biomarkers

Alanine Transaminase (ALT)

In Range · 10 U/L

Albumin

In Range · 4.6 g/dL

Albumin / Globulin Ratio

In Range · 1.9 (calc)

Alkaline Phosphatase (ALP)

In Range · 69 U/L

Aspartate Aminotransferase (AST)

In Range · 18 U/L

Gamma-glutamyl Transferase (GGT)

In Range · 11 U/L

Globulin

In Range · 2.4 g/dL (calc)

Total Bilirubin

In Range · 0.4 mg/dL

Total Protein

In Range · 7.0 g/dL

Male Health >

11 Biomarkers · 1

Estradiol (E2)

Above Range · 40 pg/mL

Prostate Specific Antigen (PSA), Free

In Range · 0.3 ng/mL

DHEA Sulfate

In Range · 204 mcg/dL

Follicle Stimulating Hormone (FSH)

In Range · 4.6 mIU/mL

Luteinizing Hormone (LH)

In Range · 3.7 mIU/mL

Prolactin

In Range · 14.3 ng/mL

Prostate Specific Antigen (PSA) %, Free

In Range · 50 % (calc)

Prostate Specific Antigen (PSA), Total

In Range · 0.6 ng/mL

Sex Hormone Binding Globulin (SHBG)

In Range · 38 nmol/L

Testosterone, Free

In Range · 86.7 pg/mL

Testosterone, Total

In Range · 473 ng/dL

Metabolic >

5 Biomarkers

Glucose

In Range · 94 mg/dL

Hemoglobin A1c (HbA1c)

In Range · 5.4 %

Insulin

In Range · 6.9 uIU/mL

Leptin

In Range · 5.7 ng/mL

Uric Acid

In Range · 4.6 mg/dL

Nutrients >

20 Biomarkers · 3

Omega 6 / 3 Ratio

Above Range · 17.1

Omega-3 Total / OmegaCheck

Below Range · 2.7 % by wt

Omega-6: Linoleic Acid

Above Range · 30.3 % by wt

Omega-3 Total

In Range · 2.7 % by wt

Omega-6 Total

In Range · 45.7 % by wt

Arachidonic Acid/EPA Ratio

In Range · 28.1

Calcium

In Range · 9.5 mg/dL

Ferritin

In Range · 142 ng/mL

Homocysteine

In Range · 11.2 umol/L

Iron

In Range · 113 mcg/dL

Iron % Saturation

In Range · 32 % (calc)

Iron Binding Capacity

In Range · 350 mcg/dL (calc)

Magnesium

In Range · 5.1 mg/dL

Methylmalonic Acid (MMA)

In Range · 225 nmol/L

Omega-3: DHA

In Range · 1.4 % by wt

Omega-3: DPA

In Range · 0.8 % by wt

Omega-3: EPA

In Range · 0.5 % by wt

Omega-6: Arachidonic Acid

In Range · 12.8 % by wt

Vitamin D

In Range · 53 ng/mL

Zinc

In Range · 77 mcg/dL

Pancreas >

2 Biomarkers

Amylase

In Range · 99 U/L

Lipase

In Range · 16 U/L

Stress & Aging >

2 Biomarkers

Cortisol

In Range · 19.8 mcg/dL

DHEA Sulfate

In Range · 204 mcg/dL

Thyroid >

5 Biomarkers

Thyroglobulin Antibodies (TgAb)

In Range · <1 IU/mL

Thyroid Peroxidase Antibodies (TPO)

In Range · <1 IU/mL

Thyroid-Stimulating Hormone (TSH)

In Range · 0.6 mIU/L

Thyroxine (T4) Free

In Range · 1.6 ng/dL

Triiodothyronine (T3) Free

In Range · 3.3 pg/mL

Urine >

12 Biomarkers

Albumin (Microalbumin) - Urine

In Range · 0.2 mg/dL

Appearance - Urine

In Range Clear

Bilirubin - Urine

In Range Negative

Color - Urine

In Range Yellow

Glucose - Urine

In Range Negative

Ketones - Urine

In Range Negative

Leukocyte - Urine

In Range Negative

Nitrite - Urine

In Range Negative

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Occult Blood - Urine

In Range Negative

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Protein - Urine

In Range Negative

Specific Gravity - Urine

In Range · 1.022



pH - Urine

In Range · 6.5



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