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Amaresh Sahu $^{1,2,\ddagger}$  and Kranthi K. Mandadapu $^{1,3,\dagger}$ 

Dated: 24 May 2021

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#### 1. Introduction

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# 2. Compiling the PDF

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xelatex paper.tex

to compile the PDF. Every time you modify the refs.bib bibliography file, you will need to run

xelatex paper.tex
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to correctly format the bibliography. We include bibtex formatting, rather than the more powerful and userfriendly biber back-end, because Arxiv submissions require a bibtex back-end.

Sym.	Parameter	Value	Ref.
$k_{\rm b}$	Bending modulus	$10^2 \text{ pN} \cdot \text{nm}$	_
$\Lambda$	Surface tension	$10^{-3} \text{ pN/nm}$	_
$\zeta$	Membrane viscosity	$10 \text{ pN} \cdot \mu \text{s/nm}$	_
$\mu^{\pm}$	Bulk viscosity	$10^{-3} \text{ pN} \cdot \mu \text{s/nm}^2$	

Table 1: Dimensional parameters.

### 3. Figures and Tables

We can use the usual commands, with full flexibility, to generate figures and tables. For example, Table 1 details some important lipid membrane parameters, and it's location can be specified using the usual [tbhp!] parameters. Note that we use the command \resizebox{\linewidth}{!}{} to vary the text size such that the entire table fits into a single column. We can also make a full width table using \begin{table\*} and \end{table\*}, as demonstrated with Table 2.

## 4. Example Section

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Sym.	Parameter	Value	Ref.
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$\mu^\pm$	Bulk viscosity	$10^{-3}~{\rm pN}\cdot\mu{\rm s/nm^2}$	_

Table 2: Dimensional parameters, in a full width table.

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#### 4.1. First Subsection

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#### 4.1.1. First Sub-subsection

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#### References

 Sahu, A., Glisman, A., Tchoufag, J. & Mandadapu, K. K. *Phys. Rev. E* 101, 052401 (2020). arXiv:1910.10693.