

Medical Referral Document 2

CEDARS-SINAI MEDICAL CENTER

8700 Beverly Boulevard, Los Angeles, CA 90048

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ORTHOPEDIC SURGERY REFERRAL

Date: November 18, 2025

Referral ID: CS-2025-12394

REFERRING PHYSICIAN

Dr. James Rodriguez, MD

Family Medicine

Cedars-Sinai Primary Care - Beverly Hills

Phone: (310) 423-9800

Email: j.rodriguez@cshs.org

PATIENT INFORMATION

Name: Aisha Patel

DOB: July 22, 1985 (Age: 40)

Gender: Female

MRN: CS-992841

Insurance: United Healthcare HMO

Policy #: UHC-CA-4429387

Phone: (310) 555-7892

Address: 9204 Wilshire Blvd, Apt 3B, Beverly Hills, CA 90212

REFERRAL TO

Specialty: Orthopedic Surgery (Sports Medicine)

Reason: Chronic right knee pain, suspected meniscal tear

Urgency: Semi-urgent (within 1 week)

CLINICAL SUMMARY

40-year-old female presents with 6-month history of progressive right knee pain, worsening after running. Patient reports clicking sensation with flexion/extension, occasional "giving

way" episodes, and pain with squatting. No significant trauma recalled. Patient is avid runner (25-30 miles/week) and desires return to full activity.

Physical Exam Findings:

- Positive McMurray test
- Joint line tenderness (medial aspect)
- Small effusion present
- ROM: Flexion to 125°, extension full

Imaging:

- X-ray (11/12/2025): No acute fracture, mild joint space narrowing
- MRI recommended but pending insurance approval

Current Treatment:

- NSAIDs (Ibuprofen 600mg TID PRN)
- Physical therapy (4 sessions completed)
- Activity modification

REQUESTED SERVICES

- Orthopedic evaluation
- Review imaging studies
- Discuss surgical vs. conservative management options
- MRI authorization if needed

AUTHORIZATION

Prior authorization in progress. Reference #: PA-CS-12394-ORTHO

Physician Signature: *Dr. James Rodriguez, MD*

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