

# Medical Referral Document 5

## MAYO CLINIC - PHOENIX

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## NEUROLOGY REFERRAL

**Date:** November 27, 2025

**Referral ID:** MAYO-PHX-4402

## REFERRING PHYSICIAN

**Dr. Alan Grant, DO**

Internal Medicine

Scottsdale Primary Care Group

Phone: (480) 555-1234

Email: [agrant@spcg.com](mailto:agrant@spcg.com)

## PATIENT INFORMATION

**Name:** Sarah O'Connor

**DOB:** November 2, 1990 (Age: 35)

**Gender:** Female

**MRN:** MY-882734

**Insurance:** Aetna Choice POS II

**Policy #:** AET-AZ-998210

**Phone:** (602) 555-7711

**Address:** 1200 N Scottsdale Rd, Scottsdale, AZ 85257

## REFERRAL TO

**Specialty:** Neurology (Headache Specialist)

**Reason:** Chronic refractory migraines with aura

**Urgency:** Routine (within 4 weeks)

## CLINICAL SUMMARY

35-year-old female with a 10-year history of migraines. Frequency has increased to 3-4 times weekly over the past 3 months. Headaches are unilateral (right side), throbbing, associated with photophobia and nausea. Patient reports visual aura (scintillating scotoma) 30 minutes prior to onset. Currently failing prophylactic therapy with Topiramate (side effects: cognitive slowing).

### Current Medications:

- Topiramate 50mg BID (patient tapering down)
- Sumatriptan 100mg PRN (using >10 per month)
- Magnesium 400mg daily

### Imaging:

- CT Head (10/15/2025): Unremarkable

## REQUESTED SERVICES

- Neurologic consultation for migraine management
- Consideration for CGRP inhibitor therapy (e.g., Aimovig, Emgality)
- MRI Brain to rule out secondary causes given frequency change

## AUTHORIZATION

Insurance requires step-therapy documentation (failed Topiramate and Propranolol) before authorizing CGRP inhibitors. Records attached.

**Physician Signature:** *Dr. Alan Grant, DO*

**Date:** November 27, 2025