

Medical Referral Document 5

MAYO CLINIC - PHOENIX

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NEUROLOGY REFERRAL

Date: November 27, 2025

Referral ID: MAYO-PHX-4402

REFERRING PHYSICIAN

Dr. Alan Grant, DO

Internal Medicine

Scottsdale Primary Care Group

Phone: (480) 555-1234

Email: agrant@spcg.com

PATIENT INFORMATION

Name: Sarah O'Connor

DOB: November 2, 1990 (Age: 35)

Gender: Female

MRN: MY-882734

Insurance: Aetna Choice POS II

Policy #: AET-AZ-998210

Phone: (602) 555-7711

Address: 1200 N Scottsdale Rd, Scottsdale, AZ 85257

REFERRAL TO

Specialty: Neurology (Headache Specialist)

Reason: Chronic refractory migraines with aura

Urgency: Routine (within 4 weeks)

CLINICAL SUMMARY

35-year-old female with a 10-year history of migraines. Frequency has increased to 3-4 times weekly over the past 3 months. Headaches are unilateral (right side), throbbing, associated with photophobia and nausea. Patient reports visual aura (scintillating scotoma) 30 minutes prior to onset. Currently failing prophylactic therapy with Topiramate (side effects: cognitive slowing).

Current Medications:

- Topiramate 50mg BID (patient tapering down)
- Sumatriptan 100mg PRN (using >10 per month)
- Magnesium 400mg daily

Imaging:

- CT Head (10/15/2025): Unremarkable

REQUESTED SERVICES

- Neurologic consultation for migraine management
- Consideration for CGRP inhibitor therapy (e.g., Aimovig, Emgality)
- MRI Brain to rule out secondary causes given frequency change

AUTHORIZATION

Insurance requires step-therapy documentation (failed Topiramate and Propranolol) before authorizing CGRP inhibitors. Records attached.

Physician Signature: *Dr. Alan Grant, DO*

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