

Medical Referral Document 9

UCLA HEALTH - NEUROPSYCHIATRIC INSTITUTE
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PEDIATRIC PSYCHIATRY REFERRAL

Date: December 1, 2025
Referral ID: UCLA-PSYCH-2291

REFERRING PHYSICIAN

Dr. Benjamin Lee, MD
Pediatrician
Westside Pediatrics Group
Phone: (310) 555-4201
Email:
b.lee@westsidepeds.com

PATIENT INFORMATION

Name: Jason Miller
DOB: April 12, 2015 (Age: 10)
Gender: Male
Parent/Guardian: Sarah and Tom Miller
MRN: UCLA-882910
Insurance: Anthem Blue Cross PPO
Policy #: ANTH-CA-993821
Phone: (310) 555-1928
Address: 22 Ocean Ave, Santa Monica, CA 90401

REFERRAL TO

Specialty: Child & Adolescent Psychiatry
Reason: Suspected ADHD and increasing anxiety behaviors
Urgency: Routine (within 4 weeks)

CLINICAL SUMMARY

10-year-old male referred for evaluation of attention difficulties and anxiety. Parents and teachers report difficulty sustaining attention in class, disruptive impulsivity, and declining academic performance over the last 6 months. Additionally, patient has developed significant school refusal behaviors and somatic complaints (stomach aches) on weekday mornings. Vanderbilt assessment scales completed by teacher and parents are suggestive of ADHD, Combined Type.

Current Interventions:

- IEP (Individualized Education Program) meeting scheduled at school.
- Behavioral modifications at home (limited screen time, reward charts) - minimal improvement.

Medical History:

- Unremarkable. No history of seizures or head trauma.
- Sleep: Difficulty falling asleep (sleep onset latency >1 hour).

REQUESTED SERVICES

- Comprehensive psychiatric evaluation
- Medication management evaluation (stimulant vs. non-stimulant options)
- Recommendations for behavioral therapy / CBT for anxiety

AUTHORIZATION

Prior authorization not required for initial consult under current plan.

Physician Signature: *Dr. Benjamin Lee, MD*

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