

# **Medical Referral Document 9**

UCLA HEALTH - NEUROPSYCHIATRIC INSTITUTE  
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## **PEDIATRIC PSYCHIATRY REFERRAL**

Date: December 1, 2025  
Referral ID: UCLA-PSYCH-2291

## **REFERRING PHYSICIAN**

Dr. Benjamin Lee, MD  
Pediatrician  
Westside Pediatrics Group  
Phone: (310) 555-4201  
Email:  
[b.lee@westsidepeds.com](mailto:b.lee@westsidepeds.com)

## **PATIENT INFORMATION**

Name: Jason Miller  
DOB: April 12, 2015 (Age: 10)  
Gender: Male  
Parent/Guardian: Sarah and Tom Miller  
MRN: UCLA-882910  
Insurance: Anthem Blue Cross PPO  
Policy #: ANTH-CA-993821  
Phone: (310) 555-1928  
Address: 22 Ocean Ave, Santa Monica, CA 90401

## **REFERRAL TO**

Specialty: Child & Adolescent Psychiatry  
Reason: Suspected ADHD and increasing anxiety behaviors  
Urgency: Routine (within 4 weeks)

## **CLINICAL SUMMARY**

10-year-old male referred for evaluation of attention difficulties and anxiety. Parents and teachers report difficulty sustaining attention in class, disruptive impulsivity, and declining academic performance over the last 6 months. Additionally, patient has developed significant school refusal behaviors and somatic complaints (stomach aches) on weekday mornings. Vanderbilt assessment scales completed by teacher and parents are suggestive of ADHD, Combined Type.

Current Interventions:

- IEP (Individualized Education Program) meeting scheduled at school.
- Behavioral modifications at home (limited screen time, reward charts) - minimal improvement.

Medical History:

- Unremarkable. No history of seizures or head trauma.
- Sleep: Difficulty falling asleep (sleep onset latency >1 hour).

## **REQUESTED SERVICES**

- Comprehensive psychiatric evaluation
- Medication management evaluation (stimulant vs. non-stimulant options)
- Recommendations for behavioral therapy / CBT for anxiety

## **AUTHORIZATION**

Prior authorization not required for initial consult under current plan.

Physician Signature: *Dr. Benjamin Lee, MD*

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