Amanda Knowles



Amanda is a 23 year old youtuber. She enjoys living a healthy life and loves to workout. Since her building has a gym in the basement she normally goes there 3 times a week in the evening. She can be careless and often forgets to manually stop the workout session on her current workout app after she's done. This makes her lose track of the real progress she intends to make. She also wants to be able to assist her friends progress in their workout session. Unfortunately she can only create one account on her current app.

Amanda's Goals:

Amanda requires an app that is easy and effective to use. She wants to be able to complete a workout session and program without any difficulties

Easy way to calculate plate math:

Amanda requires an easy way to figure out the appropriate plate math for lifting her weights. She often spends more time calculating than lifting and she wants to find a less stressful way to working out.

Suitable and accessible way to end current workout session:

Since Amanda is careless, she wants a simple way to be able to end her current workout session.

Multiple User account:

Amanda wants to be able to create multiple accounts to assist her friends workout and keep track of their progress.