

$$\text{Ex 8.2} \quad H = \left( \frac{P_1^2}{2} + \frac{P_2^2}{2} \right) + \omega_0^2 \left( \frac{q_1^2 + q_2^2}{2} + 2\gamma q_1^2 q_2^2 \omega_0^2 \right)$$

Free-Hamiltonian      Coupling term

$$F_1(q_1, q_2, \theta_1, \theta_2) = \frac{1}{2} \omega_0 q_1^2 \cot(\theta_1) + \frac{1}{2} \omega_0 q_2^2 \cot(\theta_2)$$

→ Sum of 2 generating f<sup>m</sup>/f<sup>1</sup> for 1<sup>st</sup> system - - -

$$\begin{cases} P_1 = \frac{\partial F}{\partial q_1} \\ I_1 = -\frac{\partial F}{\partial \theta_1} \end{cases} \Leftrightarrow \begin{cases} P_1 = \omega_0 q_1 \cot(\theta_1) \\ I_1 = -\frac{1}{2} \omega_0 q_1^2 \frac{\partial}{\partial \theta_1} (\cot(\theta_1)) = \frac{1}{2} \omega_0^2 q_1^2 \operatorname{cosec}^2(\theta_1) \end{cases}$$

$$I_1 = \frac{1}{2} \omega_0 q_1^2 \times \frac{1}{m^2(\theta_1)} \leftarrow$$

$$q_1 = \pm \sqrt{\frac{2I_1}{\omega_0}} m(\theta_1)$$

[Choosing  $\pm$  amounts only to a change of  $\theta_1$  by  $\pi$ ]

$$q_1 = \sqrt{\frac{2I_1}{\omega_0}} m(\theta_1)$$

$$P_1 = \omega_0 \sin(\theta_1) q_1 \leftarrow$$

$$P_1 = \sqrt{2I_1 \omega_0} \cos(\theta_1)$$

Similarly

$$q_2 = \sqrt{\frac{2I_2}{\omega_0}} m(\theta_2)$$

$$P_2 = \sqrt{2I_2 \omega_0} \cos(\theta_2)$$

2)  $H = \underbrace{W_0 I_1 + W_0 I_2}_{+ 2\gamma W_0^2 \frac{4I_1 I_2}{W_0^2} m^2(\theta_1) m^2(\theta_2)}$

Free-H in action-angle coordinates

$$H = W_0 (I_1 + I_2) + 8\gamma I_1 I_2 m^2(\theta_1) m^2(\theta_2)$$

3)  $\sin^2(x) \sin^2(y) = \frac{1}{8} [2 - 2 \cos 2x - 2 \cos 2y + \cos 2(x-y) + \cos 2(x+y)]$

$$H = W_0 (I_1 + I_2) + 2\gamma I_1 I_2 + \gamma I_1 I_2 [\cos(2(\theta_1 - \theta_2)) + \cos(2(\theta_1 + \theta_2)) - 2 \cos(2\theta_1) - 2 \cos(2\theta_2)]$$

$\hookrightarrow H_0 = \underbrace{W_0 (I_1 + I_2)}_{\text{Free-H}} + 2\gamma I_1 I_2$

Net contribution  
of coupling over  
period of  $\theta_1$  or  $\theta_2$

$$4) \dot{H}_0 = \omega_0(I_1 + I_2) + 2\gamma I_1 I_2 \quad \left\{ \begin{array}{l} \dot{I}_1 = -\frac{\partial H_0}{\partial \theta_1} = 0 \\ \dot{I}_2 = -\frac{\partial H_0}{\partial \theta_2} = 0 \end{array} \right.$$

$I_1$  and  $I_2$  const  $\Leftarrow$

$$\left\{ \begin{array}{l} \dot{\theta}_1 = \frac{\partial H_0}{\partial I_1} = \omega_0 + 2\gamma I_2 \\ \dot{\theta}_2 = \omega_0 + 2\gamma I_1 \end{array} \right.$$

Modif of frequencies  
by coupling

$\hookrightarrow$   $I_1$  var

$$\left\{ \begin{array}{l} \theta_2(t) = \tilde{\omega}_2(I_1)t + \theta_{2,0} \\ \theta_1(t) = \tilde{\omega}_1(I_2)t + \theta_{1,0} \end{array} \right.$$

$\hookrightarrow$  E.O.M at 1<sup>st</sup> order in the perturbation

5).  $\gamma I_i \ll \omega_0$   $\rightarrow$  Small enough actions  
 $\rightarrow$  Small enough amplitudes  
To be in perturbative regime

.  $\dot{\theta}_2$  oscillates at  $\omega_0 + 2\gamma I_1$   
 $\dot{\theta}_1$  oscillates at  $\omega_0 + 2\gamma I_2$

$V(\theta_1, \theta_2, I_1, I_2) = \gamma I_1 I_2 [\cos(2(\theta_1 - \theta_2)) + \cos(2(\theta_1 + \theta_2))]$

$\downarrow$   
 $2\omega_0 + 2\gamma(I_1 + I_2) \sim 2\omega_0$   
 $\ll 2\omega_0$

A. Vanishing

$\sim 2\omega_0$

$\hookrightarrow$  A. Vanishing

$-2[\cos(2\theta_1) - 2\cos(2\theta_2)]$   
 $\downarrow$

Oscillates at

$2\omega_0 + 4\gamma I_1$

$\ll 2\omega_0$  Almost

$\sim 2\omega_0 \Rightarrow$  Vanishing over a period

$\omega_0 + 2\gamma I_2 - (\omega_0 + 2\gamma I_1) = 2\gamma(I_1 - I_2) \ll \omega_0$

$\Rightarrow$  A.  $\int \gamma \ddot{x}$  over a period  $\Rightarrow$  Net contribution

- Because of this A. cst term we talk of a resonant term. It is the fact that both free Harmonic oscillators have the same frequency  $\omega_0$  that made it possible

$$V_R(\theta_1 - \theta_2, I_1, I_2) = \gamma I_1 I_2 \cos(2(\theta_1 - \theta_2))$$

$$V_{NR}(\theta_1, \theta_2, I_1, I_2) = \cancel{\gamma I_1 I_2} \cos(2(\theta_1 + \theta_2)) - 2\cos(2\theta_1) - 2\cos(2\theta_2)$$

~~6) Exact resonance  $\rightarrow V_R$  cst at 1<sup>st</sup> order of perturbat<sup>0</sup>~~

$$\rightarrow \theta_1 - \theta_2 = \omega t \rightarrow \tilde{\omega}_1 = \tilde{\omega}_2 \Leftrightarrow 2\gamma I_2 = 2\gamma I_1 \Leftrightarrow \boxed{I_1 = I_2}$$

$$7) F_2(\theta_1, \theta_2, J, P) = \theta_1 \frac{J+P}{2} + \theta_2 \frac{J-P}{2}$$

$(\theta_1, \theta_2, I_1, I_2)$

$\rightarrow (\varphi, \psi, J, P)$

$$\left\{ \begin{array}{l} I_1 = \frac{\partial F_2}{\partial \theta_1} \\ I_2 = \frac{\partial F_2}{\partial \theta_2} \end{array} \right.$$

$\Leftrightarrow$

$$\boxed{\begin{array}{l} I_1 = \frac{J+P}{2} \\ I_2 = \frac{J-P}{2} \end{array}}$$

$$\varphi = \frac{\partial F_2}{\partial \bar{\theta}}$$

$$\psi = \frac{\partial F_2}{\partial P}$$

$$\varphi = \frac{\theta_1 + \theta_2}{2}$$

$$\psi = \frac{\theta_1 - \theta_2}{2}$$

$$\Rightarrow \boxed{\begin{array}{l} \theta_1 = \varphi + \psi \\ \theta_2 = \varphi - \psi \end{array}}$$

$$8) H_o = \omega_o (I_1 + I_2) + 2\gamma I_1 I_2 = \omega_o J + \frac{\gamma}{2} (J^2 - P^2)$$

$$V_R = \gamma I_1 I_2 \cos(2(\theta_1 - \theta_2)) = \frac{\gamma}{4} (J^2 - P^2) \cos(\varphi + \psi)$$

$$9) H = \omega_0 J + \frac{\gamma}{2} J^2 - \frac{\gamma}{2} P^2 + \frac{\gamma}{4} (J^2 - P^2) \cos(4Q)$$

$\hookrightarrow \varphi$  independent

$$\hookrightarrow \dot{J} = -\frac{\partial H}{\partial \varphi} = 0 \Rightarrow J = \text{const}$$

10) Focus on the evolution of P and Q

$$\gamma \neq 0$$

$$\dot{P} = -\frac{\partial H}{\partial Q} = +\gamma (J^2 - P^2) \sin(4Q)$$

$$\dot{Q} = \frac{\partial H}{\partial P} = -\gamma P - \frac{\gamma P}{2} \cos(4Q) = -\frac{\gamma P}{2} [2 + \underbrace{\cos(4Q)}_{>0}]$$

When do they vanish?  $\dot{Q} = 0 \Leftrightarrow P = 0$  Not considered after

$$\dot{P} = 0 \Leftrightarrow \gamma J^2 \sin(4Q) = 0 \Leftrightarrow \boxed{\begin{array}{l} J = 0 \\ 4Q \equiv 0 \text{ or } \pi \end{array}}$$

$$\left\{ \begin{array}{l} P=0 \\ 4Q=0[\pi] \end{array} \right. \iff \boxed{\left\{ \begin{array}{l} P_0=0 \\ Q_0=n \times \frac{\pi}{4}, n \in \mathbb{Z} \end{array} \right.}$$

11)  $P = I_1 - I_2$  no resonance const  $I_1 = I_2 \iff P=0$

$\rightarrow$  It's one of the eq. position of the  $(P, \alpha)$  system

12)  $\omega^2$  in the phase portrait:  $\frac{\sin(4Q)}{4} > 0$

For  $P, \dot{P} = (\bar{\omega}^2 - P^2) \sin(4Q)$

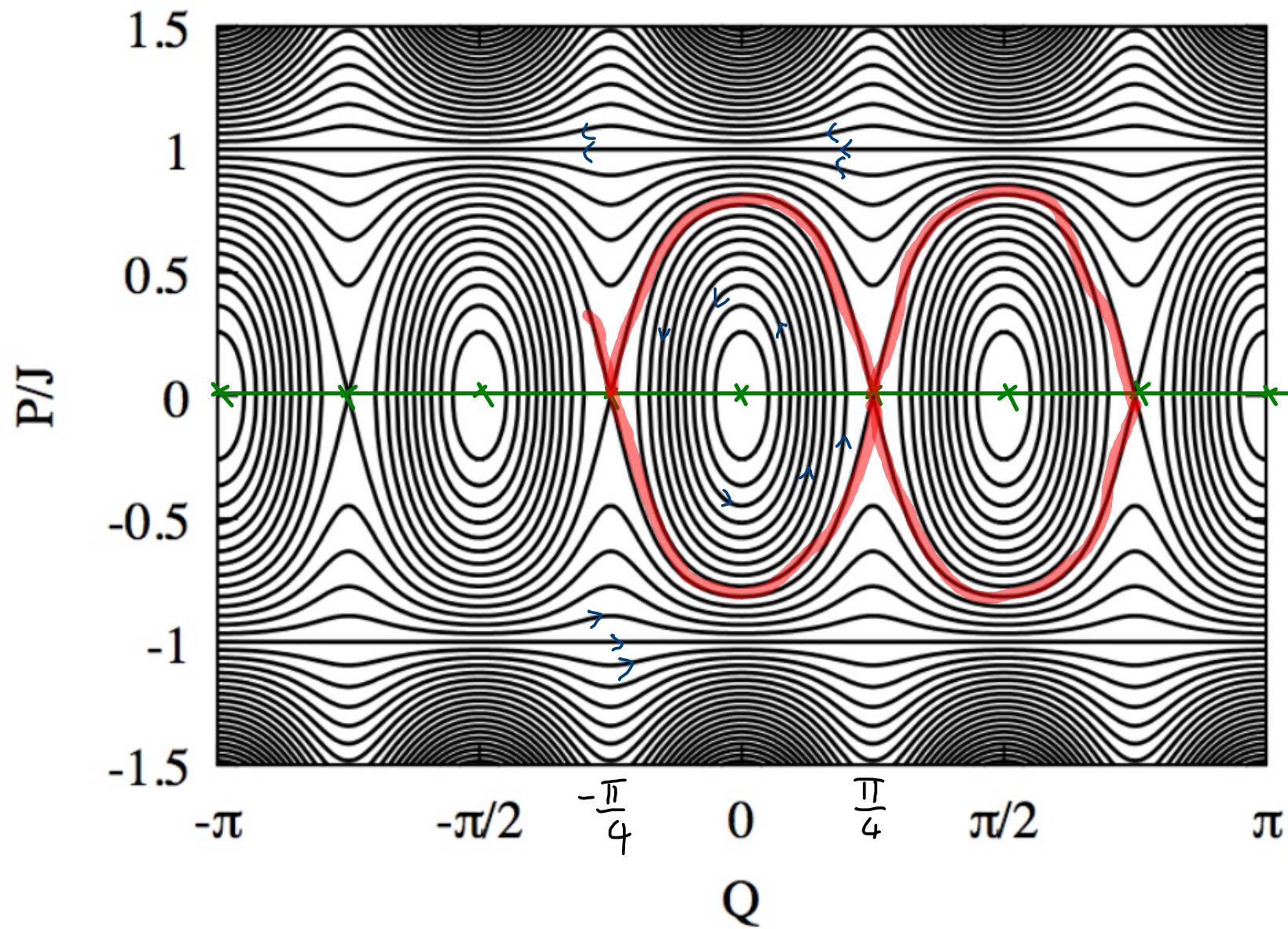
$\text{If } \frac{P}{\bar{\omega}} < 1, 0 < Q < \frac{\pi}{4}$

$\Rightarrow \dot{P} > 0, P \uparrow$

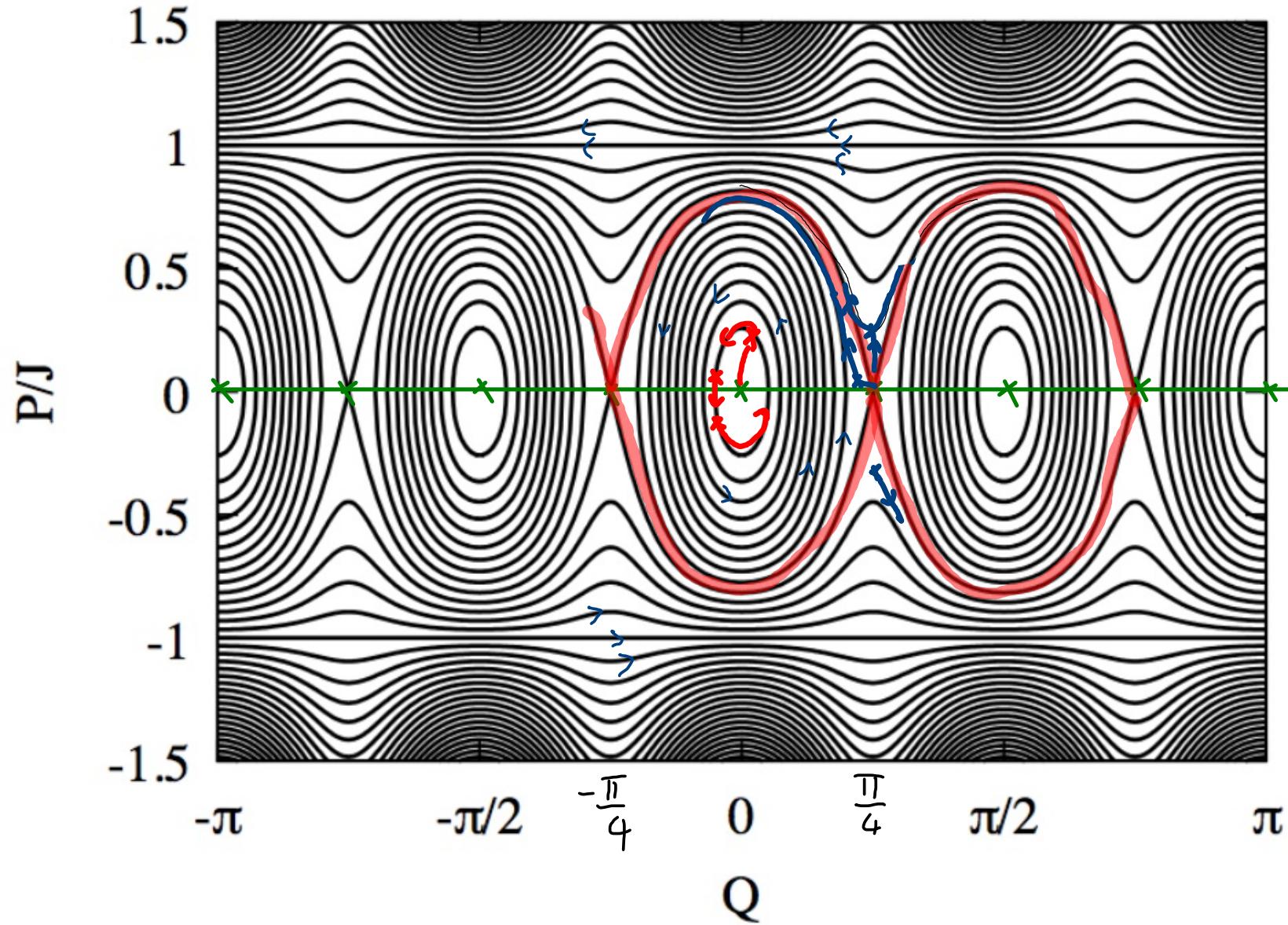
$\dot{Q} = -\frac{\gamma P}{2} [\bar{\omega}^2 + \omega^2(4Q)]$   $\begin{cases} P > 0, Q > 0 \\ P \leq 0, Q \geq 0 \end{cases}$

$[0 > Q > -\frac{\pi}{4}, P \downarrow]$

12)



12)



•  $Q = n \frac{\pi}{2}, n \in \mathbb{Z} \rightarrow \underline{\text{Stable}}$

$Q = (2n+1) \frac{\pi}{4}, n \in \mathbb{Z} \rightarrow \underline{\text{Unstable}}$

13) Looks like a non-linear oscillator/simple pendulum

$$\tilde{H} = \frac{P^2}{2} - \omega_0 \cos(q) + \dots$$

1 -  $\frac{J^2}{2}$  + ...

$$H = \underbrace{\omega_0 J + \frac{\gamma}{2} J^2}_{\text{Only } J \text{ dependent}} - \frac{\gamma}{2} P^2 + \frac{\gamma}{4} (\underbrace{J^2 - P^2}_{\approx J^2 \text{ since } P \ll J}) \cos(4Q)$$

Only  $J$  dependent

$$H_a \approx -\frac{\gamma}{2} P^2 + \frac{\gamma}{4} J^2 \cos(4Q) \rightarrow \neq \text{ with } \tilde{H}$$

are the signs

$$\left. \begin{array}{l} \dot{P} = +\gamma J^2 \sin(4Q) \\ \dot{Q} = -\gamma P \end{array} \right\} \Rightarrow \ddot{Q} = -\gamma^2 J^2 \sin(4Q)$$

$\Leftrightarrow$

$$\boxed{\ddot{Q} + \gamma^2 J^2 \sin(4Q) = 0}$$

$\hookrightarrow$  Equation<sup>0</sup> of  
simple pendulum

Good Luck  
Everyone !

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