

$$\begin{pmatrix} \ddot{q}_1 \\ \ddot{q}_2 \\ \ddot{q}_3 \end{pmatrix} = \underbrace{\begin{pmatrix} -3 & +2 & 0 \\ +2 & -5 & 2 \\ 0 & 2 & -3 \end{pmatrix}}_{= M} \begin{pmatrix} q_1 \\ q_2 \\ q_3 \end{pmatrix}$$

• Eigenvalues of the matrix  
 $\Rightarrow \omega \text{ s.t. } \underline{q_\mu = a_\mu e^{i\omega t}}$

•  $\underline{\omega_1} \in S_+(M)$ ,  $\underline{q_1} = \underline{a_1} e^{\omega_1 t}$   
 Solve for  $a_\mu$

$$H(\mathbf{r}, \mathbf{p}) = \frac{(\mathbf{p} - q\mathbf{A}(\mathbf{r}))^2}{2m} + q\Phi(\mathbf{r}) \rightarrow \text{Classical e.m. Hamiltonian}$$

$$\mathbf{A}(\mathbf{r}) = \frac{m\omega}{2q} (x\mathbf{e}_y - y\mathbf{e}_x), \quad \Phi(\mathbf{r}) = \frac{m\Omega^2}{4q} (2z^2 - x^2 - y^2),$$

$$\vec{p} \cdot q\vec{A} = \begin{vmatrix} p_x + q\frac{m\omega}{2q}y \\ p_y - q\frac{m\omega}{2q}x \\ p_z \end{vmatrix} \Rightarrow (\vec{p} - q\vec{A})^2 = (p_x + \frac{m\omega}{2}y)^2 + p_z^2 + (p_y - \frac{m\omega}{2}x)^2$$

$$= \vec{p}^2 + m\omega(y p_x - x p_y) + \frac{m^2\omega^2}{4}(x^2 + y^2)$$

$$\cdot H = \frac{\vec{p}^2}{2m} + \frac{\omega}{2}(y p_x - x p_y) + \frac{m\omega^2}{8}(x^2 + y^2) + \frac{m\Omega^2}{4}(2z^2 - x^2 - y^2)$$

$$H = \frac{\vec{p}^2}{2m} + \frac{\omega}{2}(y p_x - x p_y) + \frac{m\Omega^2}{2}z^2 + \frac{m}{8}(\omega^2 - 2\Omega^2)(x^2 + y^2)$$

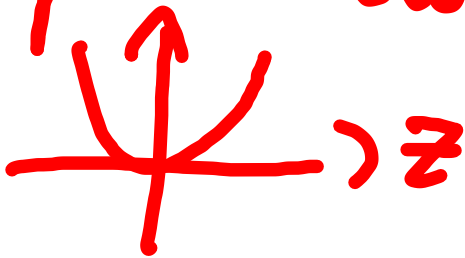
$$H = \underbrace{\frac{\vec{p}^2}{2m}}_{\text{Standard Kinetic Term}} + \underbrace{\frac{\omega}{2}(y p_x - x p_y)}_{\text{Mixing } \vec{p}/\vec{r}} + \underbrace{\frac{m\Omega^2}{2}z^2}_{\text{Harmonic Oscillator Potential}} + \underbrace{\frac{m}{8}(\omega^2 - 2\Omega^2)(x^2 + y^2)}_{\text{Trapping only if } \omega^2 - 2\Omega^2 > 0}$$

Standard  
Kinetic Term

Mixing  
 $\vec{p}/\vec{r}$

Harmonic  
Oscillator  
Potential

Confinement along  $z$  axis



else

particles are ejected from  
the "trap"

a system of units such that  $m = 1$  and  $\Omega_0 = 1$ . We perform a first canonical transformation  $(x, y, p_x, p_y) \rightarrow (q_+, q_-, p_+, p_-)$  generated by following generating function

$$S(p_x, y, q_+, q_-) = -p_x(q_+ + q_-) - \frac{y}{2}(q_+ - q_-).$$

This generating function gives the canonical transformation from the following relations

$$x = -\frac{\partial S}{\partial p_x}, \quad p_+ = -\frac{\partial S}{\partial q_+}, \quad p_y = \frac{\partial S}{\partial y}, \quad p_- = -\frac{\partial S}{\partial q_-}$$

$$\left\{ \begin{array}{l} x = q_+ + q_- \\ p_+ = p_x + \frac{y}{2} \\ p_y = -\frac{1}{2}(q_+ - q_-) \\ p_- = p_x - \frac{y}{2} \end{array} \right. \Leftrightarrow \left\{ \begin{array}{ll} x = q_+ + q_- & y = p_+ - p_- \\ p_x = \frac{p_+ + p_-}{2} & p_y = -\frac{1}{2}(q_+ - q_-) \end{array} \right.$$

$$H = \frac{\vec{p}^2}{2m} + \frac{\omega}{2}(yp_x - xpy) + \frac{\Omega^2}{2}z^2 + \frac{m}{8}(\underbrace{\omega^2 - 2\Omega^2}_{\equiv \Omega_0^2 = 1})(x^2 + y^2)$$

$$\boxed{H_2 = \frac{p_z^2}{2} + \frac{\Omega^2}{2}z^2} \quad \begin{cases} x = q_+ + q_- & y = p_+ - p_- \\ p_x = \frac{p_+ + p_-}{2} & p_y = -\frac{1}{2}(q_+ - q_-) \end{cases}$$

$$\begin{aligned} \cdot \quad y p_x - x p_y &= \frac{(p_+ - p_-)(p_+ + p_-)}{2} + \frac{(q_+ + q_-)}{2}(q_+ - q_-) \\ &= \frac{p_+^2 - p_-^2 + q_+^2 - q_-^2}{2} \end{aligned}$$

$$y p_x - x p_y = \frac{1}{2}(p_+^2 + q_+^2) - \frac{1}{2}(q_-^2 + p_-^2)$$

$$\begin{aligned}
 \cdot x^2 + y^2 &= (q_+ + q_-)^2 + (p_+ - p_-)^2 \\
 &= \underline{(q_+^2 + p_+^2)} + (q_-^2 + p_-^2) - 2p_+p_- + 2q_+q_-
 \end{aligned}$$

$$\begin{aligned}
 \cdot p_x^2 + p_y^2 &= \frac{(p_+ + p_-)^2}{4} + \frac{(q_+ - q_-)^2}{4} \\
 &= \frac{1}{4} [\underline{q_+^2 + p_+^2} + q_-^2 + p_-^2 + \underline{2p_+p_-} - \underline{2q_+q_-}]
 \end{aligned}$$

$$\cdot H_+ = \left( \frac{\omega}{4} + \frac{1}{8} + \frac{1}{8} \right) (q_+^2 + p_+^2) = \frac{\omega + 1}{4} (q_+^2 + p_+^2)$$

$$\cdot H_+ = \frac{\Omega_+}{2} (q_+^2 + p_+^2)$$

$$\cdot H_- = \left( -\frac{\omega}{4} + \frac{1}{8} + \frac{1}{8} \right) (q_-^2 + p_-^2)$$

$$\underline{H_-} = -\frac{\Omega_-}{2} (q_-^2 + p_-^2)$$

$$\cdot \frac{1}{8} (-2p_+p_- + 2q_+q_-) + \frac{1}{8} (2p_+p_- - 2q_+q_-) = 0$$

$$H = H_z + \frac{\Omega_+}{2} (q_+^2 + p_+^2) - \frac{\Omega_-}{2} (q_-^2 + p_-^2)$$

+ and - are decoupled

$\Rightarrow$  Sum of 3 Harmonic Oscillators



A second canonical transformation  $q_+, q_-, z, p_+, p_-, p_z \rightarrow \theta, \varphi, \phi, J, D, I$  is performed where  $J, D$  and  $I$  are called actions and where  $\theta, \varphi$  and  $\phi$  are called angles. This transformation is generated by the generating function

$$F(q_+, q_-, z, \theta, \varphi, \phi) = \frac{q_+^2}{2} \cot(\theta) + \frac{q_-^2}{2} \cot(\varphi) + \frac{\Omega z^2}{2} \cot(\phi).$$

This transformation derive from the following relations

$$p_+ = \frac{\partial F_1}{\partial q_+}, \quad J = -\frac{\partial F_1}{\partial \theta}, \quad p_- = \frac{\partial F_1}{\partial q_-}$$

$$D = -\frac{\partial F_1}{\partial \varphi}, \quad p_z = \frac{\partial F_1}{\partial z}, \quad I = -\frac{\partial F_1}{\partial \phi}$$

$$\cot(\theta) = \frac{1}{\tan(\theta)}$$

$$\frac{d}{d\theta}(\cot(\theta)) = \frac{1}{\cos^2(\theta)}$$

$$p_+ = q_+ \cot(\theta) / \cdot \quad J = -\frac{q_+^2}{2} \frac{d}{d\theta}(\cot(\theta)) = -\frac{q_+^2}{2} \times \frac{1}{\cos^2(\theta)}$$

$$\hookrightarrow \boxed{p_+ = \sqrt{2J} \tan(\theta)}$$

$$\Rightarrow \boxed{q_+ = \pm \sqrt{2J} \sin(\theta)}$$

$$\text{We take } \boxed{q_+ = \sqrt{2J} \sin(\theta)}$$

$$= \frac{q_+^2}{2 \sin^2(\theta)}$$

$$\begin{cases} q_+ = \sqrt{2J} \sin(\theta) \\ p_+ = \sqrt{2J} \cos(\theta) \end{cases}$$

$$H_+ = \frac{\Omega_4}{2} (q_+^2 + p_+^2)$$

$$H_+ = \Omega_4 \times J$$

$$H_- = -\Omega_- \times D$$

$$\begin{cases} p_z = \Omega z \cot(\phi) \\ I = \frac{\Omega z^2}{2 \sin^2(\phi)} \end{cases} \Rightarrow$$

$$\begin{cases} z = \sqrt{\frac{2I}{\Omega}} \tan(\psi) \\ p_z = \sqrt{2I\Omega} \cot(\psi) \end{cases}$$

$$H = \Omega_+ J - \Omega_- D + \Omega I$$

! Only depends on action variables

$$\begin{cases} \dot{J} = -\frac{\partial H}{\partial \Theta} \\ \dot{\Theta} = +\frac{\partial H}{\partial J} \end{cases} \Leftrightarrow \begin{cases} \dot{J} = 0 \rightarrow \text{Action is const} \\ \dot{\Theta} = \Omega_+ \end{cases}$$

$$\hookrightarrow \Theta(t) = \Omega_+ t + \Theta_0$$

- Perturbat° th :
  - Modifict° of pulsat° of  $\Theta$   
 $\Omega_+ \pm \epsilon$
  - J remains const

$$W_1 = W_0 \rightarrow \text{Lower}$$

$$W_2 = \sqrt{3} W_0 \rightarrow \text{Upper}$$

$\sim$   
 $\simeq 2, 7$

Braning