

Member

<u>Member ID</u>	Address	Gender	Age	Height	Entered Day
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Meals

<u>Date</u>	<u>Person ID</u>	<u>No of Meal</u>	Protein	Carbon Hydrate	Fat
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Train

<u>Date</u>	<u>Person ID</u>	<u>No. Training Part</u>	<u>Training Part</u>	Reps	Sets	Weight	Training Place
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Body Composition

<u>Date</u>	<u>Person ID</u>	Weight	Body Fat Rate
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Member has a body composition

<u>Member ID</u>	<u>Date</u>	Weight Change	BFR Change
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Training Place

<u>TP No.</u>	Address	Name	Price
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Health

<u>Person ID</u>	Chronic Disease	Blood Sugar	Lipid	Blood Pressure
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Member goes to training place

<u>Member ID</u>	<u>TP No</u>
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Login data

<u>Account</u>	Pword
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