

Sweet Birdie™ Romper

Design and Instructions by Lynne Farris

FABRIC USED: SWEET BIRDIE BY KATHY DAVIS FOR FREE SPIRIT WESTMINSTER

All dressed up and ready for fun! This cute little cotton romper, created from Sweet Birdie fabrics by Kathy Davis for Free Spirit® is a snap to make and is perfect for a romp on the beach or a sunny day at the park.

MATERIALS:

3/4 yard Petals and Pals, blue
1/4 yard Fruit Stripes, blue
1 pkg. 1/2" single fold bias tape
5/8 yard of 3/8" wide elastic
3/4 yard of 1/4" wide elastic
2 3/4" pink buttons
Matching and contrasting thread

CUTTING:

2 romper body pieces, right sides facing
2 bib pieces, right sides facing, cut with birdie motif in center front
2 pieces stripe 2" x 18" for strap lining
2 pieces print, 2" x 18" for straps
1 piece 3" x 24" for bib ruffle

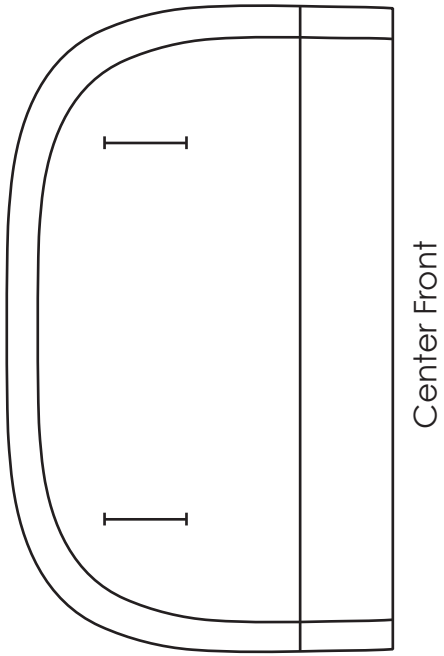
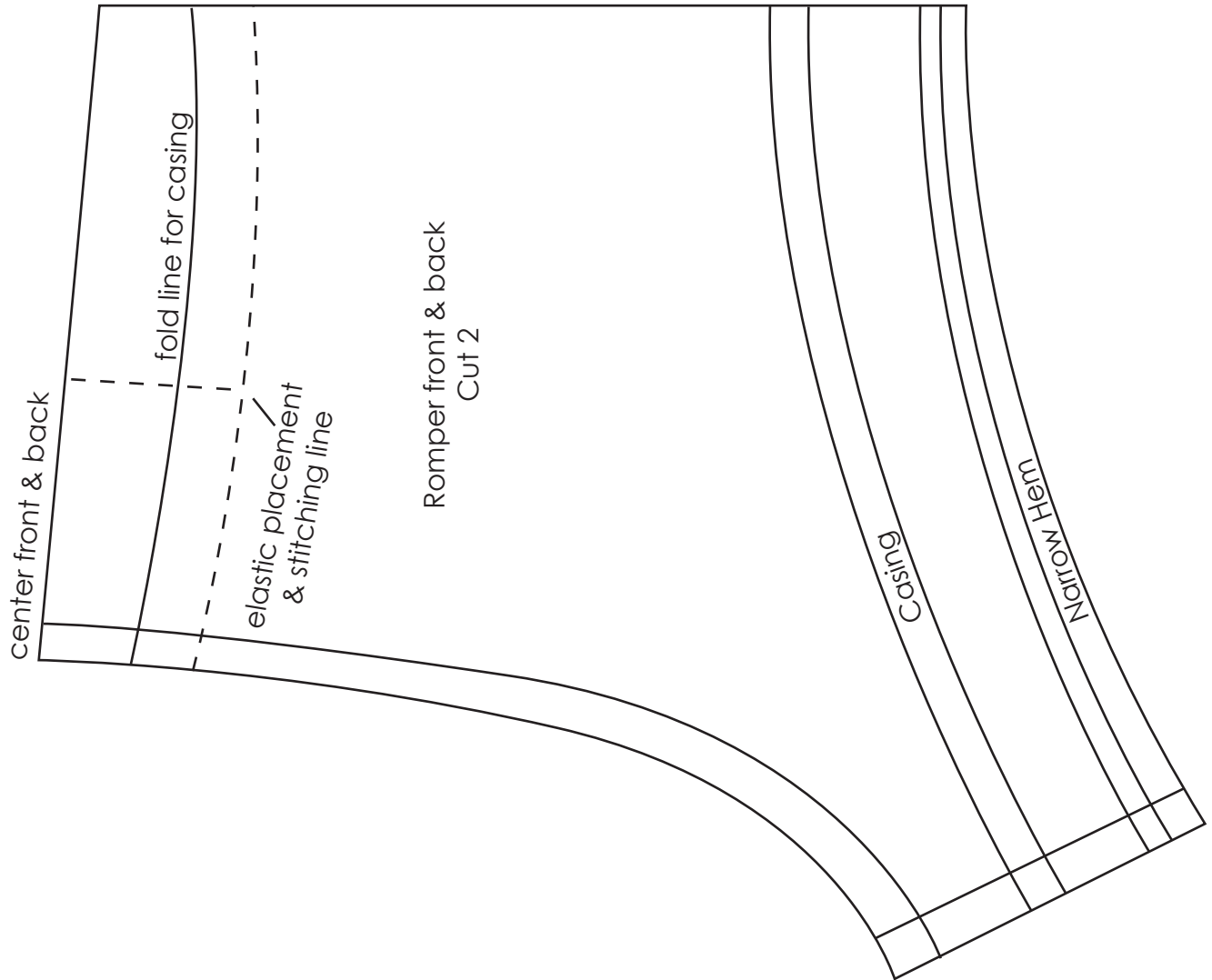


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CONSTRUCTION:

1. Scale pattern up 50%. Sew a narrow hem at the lower edge of each romper body.
2. Center bias tape over placement line and stitch along both long edges, close to edge to form casing, leaving raw edges open.
3. Measure upper leg, add 1 1/4" and cut 2 pieces of 1/4" elastic, one for each leg.
4. Insert elastic into each casing using a small safety pin or a bodkin to guide it through the casing. Secure by stitching across elastic in the seam allowance at each end of the casing.
5. Bring front and back of one romper body together with right sides facing and sew a double seam. Repeat with other romper body. Press seams to one side.
6. Place one leg inside other with right sides facing, matching seams. Stitch inner leg seam together with a double stitched seam. Press seam to one side.
7. To form a casing for waistband elastic, turn under 1/4" and press, then turn under at fold line. Mark 3" on either side of center front seam and stitch casing, leaving open between marks.
8. Cut elastic measurement of waist, less 2 inches. Insert elastic through casing, using safety pin and secure at one marked end by stitching several times across casing. Try on and check fit, then secure elastic at other mark by sewing across casing.
9. To make bib, fold ruffle strip in half lengthwise and finish both ends by turning raw edges in and hand sewing closed. Sew a gathering thread along full length of strip close to raw edges by zigzag stitching over a length of upholstery thread. Gather ruffle to fit and pin around one bib, with right sides facing, matching raw edges and leaving lower straight edge free.
10. Sew ruffle to bib inside seam allowance.
11. Place other bib over ruffle, matching raw edges. Baste and sew around bib, leaving lower edge open. Trim seams, turn, press and clean finish lower bib edge.
12. Mark and sew buttonholes as indicated on bib pattern. Cut open.
13. Pin bib to front of romper, matching bib edges to lower edge of casing and outer edges of bib to marks on romper. Sew across lower edge of casing through all layers. Stitch again close to top edge of casing through all layers to secure bib.
14. To make straps, arrange stripe and print fabric strips with right sides facing and sew around three sides with a 1/4" seam allowance, leaving open across one short end. Trim corners, turn right side out and press. Top stitch close to edges.
15. Sew buttons onto front of straps at finished ends.
16. Button onto bib and try on, crossing straps at center back. Mark, cut at an angle and clean finish straps then sew straps to center back inside along casing line.



Scale pattern up 50%

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