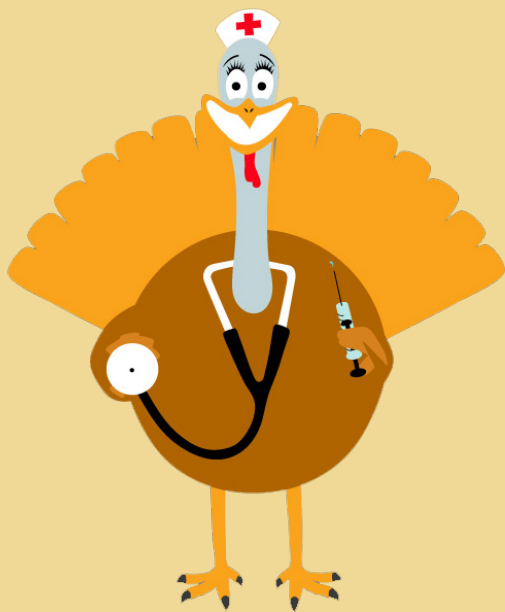


Lifeline Newsletter

November/December 2012

University of Central Florida - College of Nursing - Orlando



**Happy
Thanksgiving!!!**

**Have a safe and fun holiday!!
And eat lots of turkey!**

**November 6!
Get Out and Vote!**



Important Dates

SNA General Meetings

Location: Room 602

November 5 at 4:00 pm

Roundtable of different nursing specialities

November 26 at 4:00 pm Holiday Party

Bring some of your favorite holiday cookies to share



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State Convention November 1st-3rd

Global Health Conference with UCF College of Medicine

Date: January 12-13th

Theme: Disaster Relief

Senior Photos

Date: November 19th

..... Fundraisers

Contact person: Katie Rodgers krodgers2232@knights.ucf.edu

Penny Wars starts this Wednesday, October 31st

Pennies earn points for your CNC and all other coins take points away from other CNCs

All donations go towards UCF SNA

The winning CNC will receive a pizza party!

Thanks to everyone who sold Yankee Candles!!

SNA Store is now OPEN

This is your one-stop-shop for all your nursing needs. Find badge clips, clip-boards, pens, penlights, stethoscopes, used scrubs, water bottles, SNA and CON apparel and much more!

Store Hours are:

Monday: 10:30-1:30

Wednesday: 11:00-1:00

Events

Contact person: Alexis Marano at armarano@knights.ucf.edu



November 13th

Time: 11:00am-1:00pm

4 volunteers needed for each

**And don't forget to keep collecting POP tabs for Ronald McDonald House and drop them off in the boxes on either the 3rd floor lounge or room 602

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More dates to come in December!



SNA Holiday Party

November 26

Time: 4:00 pm

Bring a dozen of your favorite holiday cookies to share

We will provide the punch

Come and make holiday cards to send to the troops

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Autism Speaks Walk

Date: November 10, 2012

Location: Crane's Roost Park

Look for emails with more information

Relay for Life

Date: March 16-17, 2013

Starting to form a UCF CON team now!





FNA Convention

Article Written by
Olivia Overton

September 14, 2012 the Florida Nurses Association held a meeting at the Hilton-Orlando in Altamonte where floods of Nursing Students attended for the traditional Student Day. In the sea of scrubs UCF was represented generously and we all had a great time networking and utilizing the many resources the convention had to offer. Not to mention a break from clinical is always nice. But aside from the

plentiful free goods such as pens, cups, hand sanitizers and chocolate, the Exhibit Hall also offered great information on a diverse array of Masters programs around Central Florida and beyond. There were also raffles for new scrubs, food sampling and organizations available for joining. These booths ran all day and were knowledgeable and convenient for browsing and set the perfect backdrop for other sessions held in the main room at the Hilton.

Barbara Hauser and Joy Longo presented classes on confrontation and also horizontal violence/ bullying that worked to educate nurses on handling inevitable problems that arise between nurses, doctors and patients. As we know therapeutic communication is essential for our practice and we can always better our skills in these areas. The Florida Nurse Practitioner Network also met for their Political Action Committee (PAC) which was available for observation. Break Out groups were particularly geared towards students, with options for résumé building and interviewing skills. Many students found this the most beneficial and appreciated the detailed advice on how to stand out and even just gaining peace of mind as a soon-to-be Graduate Nurse. The event was even complete with a full SAK comedy club skit that had everyone gripping their sides. Overall the convention was valuable experience for networking and exposure into various nursing areas and information. I would highly recommend it for everyone.

Attend FSNA State Convention!

Date: November 1-3

Location: Daytona Hilton

Registration: contact Rachel Ellis

Some of the highlights of this event are the focus sessions which include job interviews, assessments, forensic nursing, flight nursing and many others. The opening night of the convention includes a NCLEX Jeopardy Game followed by a dance party. The schedule of events may also be found on the website FNSNA.net. If you are looking for ways to make connections with future employers and to be involved with state health issues and policies now is your chance.

There are opportunities to create resolutions involved with HIV screening, childhood obesity action, and women's health, just to name a few. Your voice and input matters and the convention facilitates your learning on how to make your presence made as a nursing professional. UCF is entering to win several awards which in return make you look better because of the program that you are affiliated with. Come and support UCF and the FSNA!



Congratulations to our new SNA committee members

President Elect: Libby Gersbach

About your president elect: After a 25 year career in the insurance industry, I have chosen to follow my heart and complete my degree in nursing. I have 2 beautiful children, 2 wonderful step-children and a fantastic husband who are all cheering me on. When I am not studying, which is almost never these days, I love to work out in the yard and play golf.

The Presidents Column

This semester has been flying by with all the tests, clinicals, and community activities that we have had going on so far. No one can deny that the life of a nursing student is hectic and stressful. We are all getting closer to achieving our dreams of becoming nurses. We've almost made it and we all will!!

SNA has been busy with events this semester. We've attended a couple days at Ronald McDonald house, walked for Breast Cancer Awareness and the American Heart Association and many of us have volunteered at Give Kids the World. We've also been able to raise money for breast cancer and the heart walk.

As president, I truly appreciate everyone's participation in events such as these, whether you are an SNA member or not. If you are not an SNA member, I recommend you consider joining our ranks as we make a name for ourselves as the UCF College of Nursing and give back to the community. Not only does it feel good to volunteer at these events, it also looks great on your resume and makes you stand out in the sea of other nursing applications.

If you would like to get involved, we have more events coming up. Our next meeting is November 5th and you can learn more about what we do and when you can get involved. The following meeting on November 26th, we will be having a holiday party. We will be making holiday cards for soldiers to thank them for all they do and sacrifice for us, especially on the holidays.

I hope the concurrent students of Seminole and Valencia will be able to attend our meetings as well as all of you here at Orlando campus. Good luck on the rest of the semester!!

Sincerely,
Lacey Clawson
President – Student Nurses Association Orlando

Breakthrough to Nursing:

Junior Representative:

Melanie Harris

Other committee members: Jackie Green, Shamini Ghay

Community Health Committee:

Junior Representative: Sarah

Thomas

Other committee members: Josie White, Brianna Palsis

Historian Comittee:

Junior Representative: Brianne

Macko

Other committee members:
Grace Van Steenberg, Shayne Bulosan

Fundraising Comittee:

Junior Representative: Brittany

Rotger

Other committee members:
Kimberly Rosenthal, Danielle Browne

Contact Info for your 2012-2013 SNA Board

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Historian- Nicole Gerardi	407-690-0719	nicolecefal@knights.ucf.edu
Treasurer- Samora Demesmin	954-461-5032	sdemesmin@knights.ucf.edu
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Accel Liaison- Alli Lieber		alieber@knights.ucf.edu
Dr. Howe		Linda.howe@ucf.edu
Ms. Dever		Kimberly.dever@ucf.edu

Reminders



We need your pictures!!

Take pictures with your nursing friends and in your CNCs and send them so we can add them to our videos at the end of the year!

Please email them to Nikki Gerardi @ nicolecefal@knights.ucf.edu

Participation = Points = Prizes

- 2 points per general meeting
- 3 points for attending fundraisers
- 5 points for going community events
- 5 points for attending state convention
- 10 points for national convention
- For each 15 points collected, there will be a reward!!
- The CNC that earns the most points will receive a pizza party at the end of that semester.
- Seniors! - Earn the SNA graduation cord if you have 75% of the total points over the entire year.



**You can always join us on FACEBOOK:
Search "Student Nurses Association - Orlando"**

News Flash!

**Get updates and find SNA information anytime at our website
snaorlando.yolasite.com**