Registration Information

To register for a Howard County program please call 410.313.PARK or register online at:

www.co.ho.md.us/RAP/RAP HomePage.htm

Please note that Columbia Gymnastics cannot accept registration for courses offered through Howard Co. Recreation and Parks.

Registration for all Columbia Gymnastics Summer classes will begin on March 29th and is on a first come, first serve basis. A \$30 non-refundable deposit is required to reserve a space. The balance is due before the first day of class.

Registration fee for new members is \$5 per child.



Columbia Gymnastics was founded in 1991 by a parent's group that wanted to provide an environment of safe gymnastics fun for all kids. Now under the direction of owner and director. Kristin Anderson, Columbia Gymnastics continues to provide a safe and caring atmosphere where gymnastics is taught with an emphasis on positive feedback.

*Instructors at Columbia Gymnastics are first aid and CPR Certified and have completed the USA Gymnastics Safety Education Course. They do their very best to make every child's gymnastics experience a great one. Special attention is the norm at our gym.

*Our facility is complete with air conditioning, loose foam training pit, all regulation gymnastics equipment and 30' tumble trampoline!

*Gymnastics consists of many physical education and fitness aspects which every child could benefit from later in life. Why not let your child enjoy the fun of gymnastics this summer?



Columbia, MD 200 Rumsey

To:

Summer 2017



Summer **Gymnastics Program**

Information

"Where Every Child Can Be A Star!"

410.964.2053

Email: info@columbiagymnastics.com

Summer 2017

Partnership with Howard County Department of Recreation and Parks

This summer we will be offering programs through the Howard County Department of Recreation and Parks. All programs are taught at our facility with our staff. Registration is done through the county. Please see the back page for further registration information.

Week-Long Summer Day **Programs**

Preschool Programs

- This camp includes gymnastics activities on our specialized preschool equipment. Activities include vault, bars, beam, tumbling and trampoline along with games and crafts.
- All preschool programs are from 9am-12 noon Monday through Friday and are offered through Howard County.
- Children must be ages 3-6 years old and toilet trained (no pull-ups) at the start of the program.

July 17th July 24th

- Participants should bring a snack and water bottle.
- Prices: \$174 ***Week of July 3rd- \$140***

June 26th

Available weeks:

lung 5th

June 12th June 19th	July 3rd July 10th	July 31st August 7th	*****
<u>ON</u>			***NO CAMP JULY 4th***

Birthday Parties

Our 90 minute parties are offered in July and August on Friday evenings and Saturday afternoons. Please call our office for more information!



Full Day Camps

At our full day gymnastics camps, your kids ages 1st grade and up will have the summer experience of a lifetime! Our highly qualified camp instructors will lead your kids through an action packed day filled with indoor and outdoor games. team activities, gymnastics, arts and crafts, and supervised free play. Camp includes a weekly fieldtrip to Shadowlands Laser Tag. All our activities are centered in a fun filled environment that builds self-esteem, confidence, and promotes overall development. Camps

begin at 9am and end at 4pm, Monday through Friday. Camps are offered through the Howard County Recreation and Parks Department. Cost is \$263 per child. \$210 for the week of July

NO CAMP ON JULY 4th

June 12th	July 3rd	July 24th	
June 19th	July 10th	July 31st	
June 26th	July 17th	August 7th	

Half Day Camps

- This camp includes gymnastics instruction on vault, bars, beam, tumbling, and trampolines. Activities also include group games, supervised free play, crafts, and more! Participants should bring a snack and drink.
- Children must be entering first grade to participate.
- Times are 1-4 pm.
- Programs are offered through Howard County.
- Prices: Half day-\$174

July 3rd

June 12h July 10th July 24th

Tumbling for Dancers

We offer a week long program for beginner to experienced dancers to learn acrobatic elements and tumbling skills used in dance.

- This program is offered through Howard County Recreation and Parks.
- Appropriate for 1st through 12th grade children.
- Dates offered: June 19th-23rd, 1-4 pm
- Price is \$174 per week

Cheerleading Program

We offer a week long cheerleading day program. Activities will include tumbling, stunting, dance and cheering. 1-4 pm

- This program is offered through Howard County Recreation and Parks.
- Appropriate for 1st through 12th grade children.
- Price is \$174 per week
- Dates offered: August 7-11th

Sign up for a week of cheerleading and tumbling fun!

Weekly Class Programs

Columbia Gymnastics

Columbia Gymnastics will offer one eight week class session this summer. Classes will begin on June 26h and continue to August 18th. Price is \$125 per 8 week session for 45 minute and 1 hour classes. and \$180 for two hour classes. There is a \$5 summer registration fee for all new members. There are no refunds or credits given for missed classes, however each child may do two make-up class as needed based on availability. The schedule listed below is tentative and may change based upon enrollment. See the back page for registration

TUESDAY CLASSES ARE \$110 or \$158 DUE TO 4TH OF JULY

Little Dippers	Ages 18 mos-3 yrs	45 min
Rising Stars	Ages 3-4	45 min
Comets	Ages 5-6	1 hour
Beginner Girls/Boys	1st-4th Grade	1 hour
Adv Beginner Girls	By Recommendation	1 hour
Beginner Girls II	5th Grade and Up	1 hour
Intermediate Girls	By Recommendation	1 hour
Intermediate Boys	By Recommendation	1 hour
Advanced Girls	By Recommendation	2 hours
Tumbling	All levels 1st grade and up	1 hour

	Monday	Tuesday	Wednesday	Thursday	Friday
10:00		Comets	Beg/Adv Bg Girls	Comets	Rising Stars
11:00		Rising Stars	Comets	Rising Stars	Rising Stars
1:00					
2:30					
4:30		HCBegGirls	Int. Girls	Beginner Boys	Fridays
4:30		HCPreSchool	Comets	HCPreSchool	Are
5:30		Beg Girls	Little Dippers	Int. & Ad- vanced Boys— 1hr.	Reserved
5:30		HCPreSchool	Comets	Int. Girls	For
6:30		BG/Adv. Bg	Tumbling	HCBegBoys	Parties
6:30		Advanced Girls	Beg/Adv Beg Girls	HCBegGirls	

Howard County Recreation and Park How-

ard County will offer one six week session of weekly classes this summer. Classes in green are offered through the HC Rec and Parks Dept. Price is \$99 per 6 week session. Session begins June 26th