

Closely related bird species demonstrate flexibility between beak morphology and underlying developmental programs

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The astonishing variation in the shape and size of bird beaks reflects a wide range of dietary specializations that played an important role in avian diversification. Among Darwin's finches, ground finches (*Geospiza* spp.) have beaks that represent scaling variations of the same shape, which are generated by alterations in the signaling pathways that regulate growth of the two skeletal components of the beak: the prenasal cartilage (pnc) and the premaxillary bone (pmx). Whether this developmental mechanism is responsible for variation within groups of other closely related bird species, however, has remained unknown. Here, we report that the Caribbean bullfinches (*Loxigilla* spp.), which are closely related to Darwin's finches, have independently evolved beaks of a novel shape, different from *Geospiza*, but also varying from each other only in scaling. However, despite sharing the same beak shape, the signaling pathways and tissues patterning *Loxigilla* beaks differ among the three species. In *Loxigilla noctis*, as in *Geospiza*, the pnc develops first, shaped by *Bmp4* and *CaM* signaling, followed by the development of the pmx, regulated by *TGFβ1r*, *β-catenin*, and *Dkk3* signaling. In contrast, beak morphogenesis in *Loxigilla violacea* and *Loxigilla portoricensis* is generated almost exclusively by the pmx through a mechanism in which *lhh* and *Bmp4* synergize to promote expansion of bone tissue. Together, our results demonstrate high flexibility in the relationship between morphology and underlying developmental causes, where different developmental programs can generate identical shapes, and similar developmental programs can pattern different shapes.

convergent evolution | craniofacial | morphogenesis

The role that genes play during development is key to understanding evolutionary processes that generate morphological diversity (1–3). Comprising 30 orders, 193 families, 2,099 genera, and close to 10,000 species, birds are the most diverse group of land vertebrates, and much of their success can be attributed to adaptive variation in beak morphology, a trait closely associated with feeding habits and ecological niche (4). The adaptive significance and diversity of bird beaks offers an excellent opportunity for evolutionary developmental studies probing the mechanisms underlying morphological diversification.

The shape of the beak determines its functional properties (5). We previously showed that in Darwin's finches—a group of 14 closely related species representing a classic example of an adaptive radiation (6, 7)—beak shapes can be classified into three unique morphological groups based on mathematical similarity (8). Within each group (termed A, B, and C), beak shapes differ only in scale along specific dimensions (i.e., depth and/or length) and can be shown using scaling transformations to be expressions of a single common shape. By definition, variation between groups cannot be accounted for by changes in beak scales alone, implying that species in different morphological groups have fundamentally different beak shapes (characterized by a different upper-beak curvature profile) beyond changes in scale (8). Hereafter, we refer to birds as having the same beak shape if they

differ only in scale along the depth and/or length dimensions (and thus are in the same morphological group).

In Darwin's finches of the monophyletic genus *Geospiza*, which all belong to morphological group A, beaks are patterned by a common underlying molecular and developmental mechanism (9–11). At early embryonic stages (stages 26 and 27), *Bmp4* and calmodulin (*CaM*) regulate the growth of the prenasal cartilage (pnc) skeleton (9), (10). Subsequently, the pnc ceases its expansion (12), and beak morphogenesis is completed by the developing premaxillary bone (pmx), which forms from a separate condensation and is patterned by a network of unrelated yet interacting regulatory genes, *TGFβ1r*, *β-catenin*, and *Dkk3* (11) at the later stages 28–31. Differences in scaling between species arise through changes in the signaling pathways that alter the pnc and the pmx, the two separate developmental modules that form the beak, along different axes of growth (9–11). However, it is unknown whether this mechanism is unique to *Geospiza* or is also responsible for generating scaling variations and novel beak shapes in other bird species. We hypothesized that the previously discovered mechanisms controlling beak diversity in Darwin's finches would explain similar beak shapes in other more distantly related bird species. To address this hypothesis, we capitalize on the remarkable beak shape variation in the 13 species most closely related to Darwin's finches in the 13 species with Darwin's finches, these birds, which are mainly endemic to the Caribbean islands, form a monophyletic and recently diverged clade known as the Tholospiza, the “dome finches,” because its members build dome-shaped nests with side entrances (14). Despite high genetic similarity, the Tholospiza have extraordinary levels of beak diversity that are comparable to those seen among members of disparate bird families on mainland (14, 15). The marked beak diversity of Tholospiza could be explained by ecological factors, such as strong selection pressures upon colonization of specific island niches, by unique aspects about the beak developmental genetic architecture of its ancestor, or by a combination of both (14). Here, we report that the three members of the genus *Loxigilla*, which form part of the Tholospiza, have evolved beaks of the same shape, different from that of *Geospiza*, varying among each other only in scaling. However, in contrast to *Geospiza*, *Loxigilla* species achieve identical beak

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in *L. noctis*, similar to what is seen in *Geospiza*, whereas the pnc represents proportionally a much smaller part of the developing beaks of *L. violacea* and *L. portoricensis* (Fig. 2A and Fig. S3). *Bmp4* and *CaM* are specifically expressed around the rostral portion of the pnc in *L. noctis*, but are not expressed in *L. violacea* and in *L. portoricensis* at this stage (Fig. 2A and Figs. S3, S4A, and S5). In *Geospiza*, expression levels of *Bmp4* and *CaM* correlate positively with the size of the pnc, and functional tests in chicken embryos show that these two genes drive outgrowth of this tissue at this stage of beak development (9, 10). Importantly, only mesenchymal *Bmp4* controls beak skeleton morphology at these developmental stages (9). These results suggest that the pnc contributes to beak shape patterning in *L. noctis* through the action of *Bmp4* and *CaM*, similar to what is observed in *Geospiza* (9, 10), but is not involved in shaping the beaks of *L. violacea* and *L. portoricensis*. Importantly, the pnc does not expand later in embryonic development, ruling out the possibility that this tissue plays a role in beak patterning at subsequent stages (Fig. S6).

We then sought to determine the relative contribution of the pmx tissue to the developing beaks of *Loxigilla* by examining the expression of an osteoblast marker (alkaline phosphatase) in stage 30 embryos (Fig. 2B). Because our previous studies suggested that *TGF β IIr*, β -catenin, and *Dkk3* pattern the pmx in stage 30 *Geospiza* (11) embryos, we examined the expression of these genes in *Loxigilla* embryos to test whether they were involved in regulating this tissue. In *L. noctis*, all three genes were expressed in the pmx at levels that correlated with the size of this tissue (Fig. 2B and Fig. S4B). In contrast, in *L. violacea*, the expression of these three molecules was restricted to a very small, almost undetectable domain that did not correlate with

the large pmx condensation of this species (Fig. 2B and Figs. S4B and S5). Similarly, *L. portoricensis* showed undetectable levels of expression of *TGF β IIr* (Fig. 2B and Fig. S4B). In this species, however, β -catenin and *Dkk3* were broadly expressed in the pmx relative to the other two *Loxigilla* species (Fig. 2B and Figs. S4B and S5). Elevated levels of β -catenin can promote osteogenesis when this molecule is mobilized into the nucleus (17), but contrary to what is seen in *Geospiza*, *L. portoricensis* has no accumulation of nuclear β -catenin in its pmx (Fig. S7), suggesting that this gene is not contributing to pmx expansion in this species at this embryonic stage. Alternatively, because up-regulation of *Dkk3* drives pmx osteogenesis (11), the high expression levels of *Dkk3* observed in *L. portoricensis* could explain the expansion of the pmx in this species (Fig. 2B and Fig. S4B). However, because *Dkk3* up-regulation is known to increase beak depth and length (11), this molecule does not explain the larger beak depth and width seen in *L. portoricensis* relative to the other species of *Tholospiza* (14), indicating that other factors must be involved (11). Together, our results suggest that the *TGF β IIr*, β -catenin, and *Dkk3* combined signaling network is involved in patterning the pmx of *L. noctis*, similar to what is seen in *Geospiza* (11), but does not pattern this tissue in *L. violacea* or in *L. portoricensis*.

To establish which molecules regulate the pmx in *L. violacea* and *L. portoricensis*, we examined the expression of other skeletogenic factors known to control avian craniofacial development (18–21). We found that in these two species, early in development *Bmp4* is primarily expressed in domains coinciding with their developing pmx (compare the bone condensation in Fig. 2B with expression of *Bmp4* in Fig. 3). In contrast, in stage-matched *L. noctis* (Fig. 3) and in *Geospiza* (9) embryos, *Bmp4*

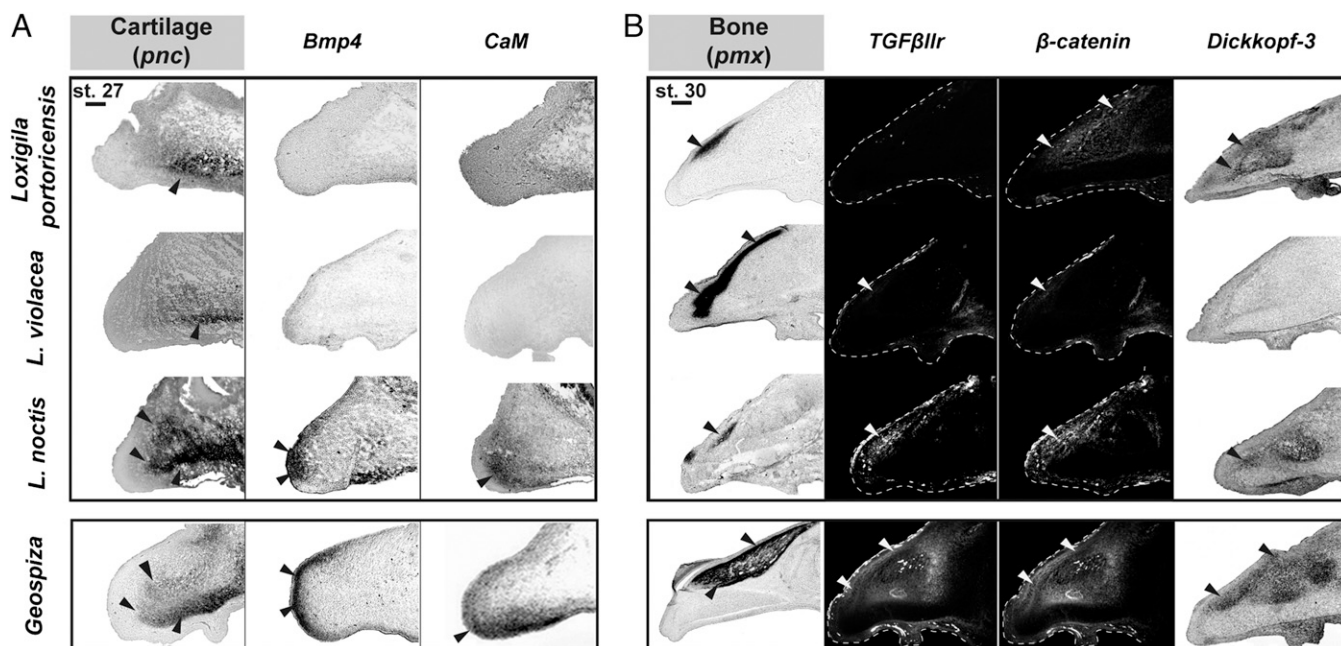


Fig. 2. Comparative analysis of gene expression patterns in the developing beaks of *Loxigilla*. (A) In *L. noctis* and in Darwin's finches from the genus *Geospiza* (9, 10), the pnc, labeled with *Col2a1*, plays a marked role in beak patterning and occupies a larger portion of the developing beak than in *L. violacea* and *L. portoricensis*. At stage 27, *Bmp4* and *CaM* are strongly expressed in *L. noctis*, similar to what is seen in *Geospiza* (9, 10), whereas they are not expressed in *L. violacea* or in *L. portoricensis*. (Scale bar: 0.1 mm.) (B) The pmx condensation, labeled with alkaline phosphatase, is shown for the three *Loxigilla* species. In stage 30 *L. noctis* and *Geospiza* (11) embryos, the size and location of the pmx condensation correlate with expression of *TGF β IIr*, β -catenin, and *Dkk3*. In *L. violacea*, these genes were expressed at small, almost undetectable levels that do not correlate with the large pmx condensation of this species. In *L. portoricensis*, *TGF β IIr* expression was not detected, and although β -catenin and *Dkk3* were expressed at high levels, it is unlikely that these two latter genes are involved in patterning the pmx in this species (see text for details). (Scale bar: 0.2 mm.) Together, expression patterns in A and B indicate that the beak developmental program of *L. noctis* is similar to that of *Geospiza* (9–11), whereas it differs from that of *L. violacea* and *L. portoricensis*. Arrowheads in A and B show the specific regions where we detected expression of the skeletal markers and genes examined. Beak profiles for *TGF β IIr* and β -catenin stains are outlined with a white dashed line. *Geospiza* images were reproduced with permission from refs. 9–11 and are shown for comparison.

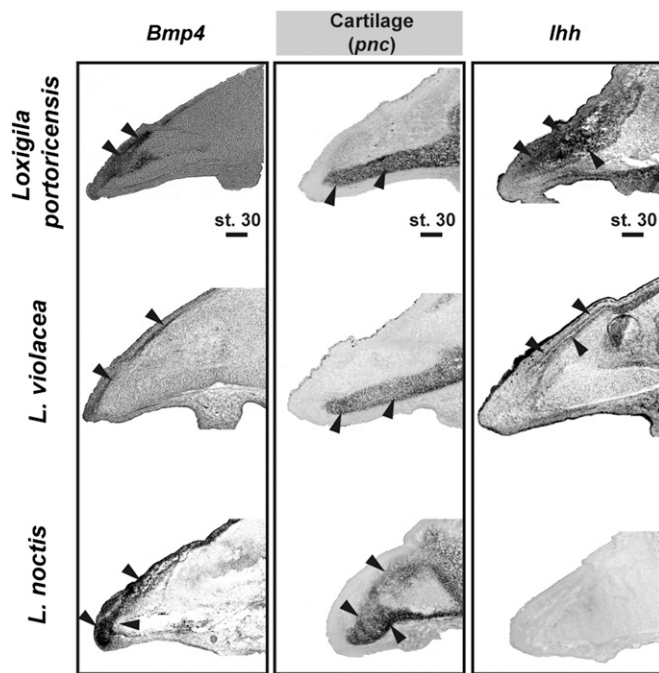


Fig. 3. Expression of *Bmp4* and *Ihh* in *Loxigilla*. In *L. violacea* and *L. portoricensis*, *Bmp4* is primarily expressed in areas that coincide with the pmx condensation (compare with location of bone condensation in Fig. 2B). In *L. noctis*, in contrast, *Bmp4* expression surrounds the pnc (cartilage), where it causes a marked expansion of this tissue. In *L. violacea* and *L. portoricensis*, *Ihh* is expressed in coinciding domains with *Bmp4* and the pmx condensation (compare with location of bone condensation in Fig. 2B), whereas this gene is not expressed in the beaks of *L. noctis*. (Scale bar: 0.2 mm.)

expression extends to areas around the pnc. *Bmp4* expression around the pnc is known to cause a marked expansion of this skeletal tissue, as exemplified in *L. noctis* (Fig. 3) and in previous studies (9, 11, 21). However, *Bmp4* is primarily expressed in the pmx of stage 30 *L. violacea* and *L. portoricensis* embryos, and therefore the pnc of these two species does not expand (compare their pnc with that of *L. noctis* in Fig. 3). Because up-regulation of *Bmp4* in the developing pmx by itself does not cause bone expansion (see below) (11), we examined whether additional skeletogenic regulators expressed in the pmx of *L. violacea* and *L. portoricensis* could be amending the function of this gene. We found that in *L. violacea* and *L. portoricensis* expression of *Indian hedgehog* (*Ihh*) correlated spatially and temporally with the expression of *Bmp4* in regions where pmx was formed (compare the bone condensation in Fig. 2B with expression of *Bmp4* and *Ihh* in Fig. 3). Importantly, *Ihh* expression was not detected in *L. noctis* (Fig. 3 and Fig. S4C at the same stages and locations, showing that this pattern is particular to *L. violacea* and *L. portoricensis*).

The coinciding pmx expression of *Bmp4* and *Ihh* in *L. violacea* and *L. portoricensis* led us to hypothesize that these two molecules were driving the pmx expansion in these species. To test this, we used avian retroviral vectors (RCAS) to overexpress these genes in the developing upper-beak prominence of chicken embryos, a useful model for avian functional experiments (9, 22). Increasing levels of *Bmp4* alone (RCAS::*Bmp4*) yielded embryos with drastic expansions in the cranial cartilage (9, 21) (Fig. 4 and Fig. S84), because this molecule positively regulates chondrogenic tissue (9, 21), but pmx was reduced. Increasing levels of *Ihh* (RCAS::*Ihh*) produced embryos with shorter beaks and less bone, because this molecule negatively regulates differentiation of dermal bone osteoblasts (21, 23) (Fig. 4 and Fig. S84). However, simultaneous

overexpression of both molecules (RCAS::*Bmp4* + RCAS::*Ihh*) produced beaks with a markedly increased pmx (Fig. 4 and Fig. S84). Because our injection techniques do not allow us to restrict infection to the developing pmx tissue, and some diffusion of signaling molecules occurs to other surrounding tissues, we also observed an increase in the pnc tissue (Fig. 3), an effect that is likely due exclusively to *Bmp4* exposure, because *Ihh* alone does not influence cartilage growth in the developing beak (21). To verify that the excess bone seen in RCAS::*Bmp4* + RCAS::*Ihh*-infected embryos is due to intramembranous ossification rather than to other processes, such as induction of endochondral ossification from ectopic cartilage, we infected the frontal bone of developing chicken embryos with RCAS::*Bmp4* + RCAS::*Ihh*. Unlike the developing beak, the frontal bone does not have any physically associated cartilage tissue, and thus this experiment allowed us to restrict the infection exclusively to a bone of intramembranous origin. Similar to what is seen in the beak, we found that there was a marked increase in ossification and associated molecular markers (Fig. S8B).

To complement our gain-of-function experiments, we performed reciprocal loss-of-function experiments using viruses carrying *Noggin* and *Hip1*, two known negative regulators of *Bmp4* and *Ihh* signaling (24, 25), respectively. Contrary to the effect found when we simultaneously increased *Bmp4* and *Ihh* signaling, down-regulation of these pathways led to a marked decrease of the pmx, as revealed by histological stains and osteogenic markers (Fig. 4 and Fig. S84). Thus, our complementary gain- and loss-of-function experiments show that though *Ihh* and *Bmp4* signaling is required for beak bone development, only the combined *Ihh* and *Bmp4* synergy is sufficient and required to expand the pmx tissue. Moreover, beaks injected with RCAS::*Bmp4* + RCAS::*Ihh* were significantly deeper and wider than those of wild-type embryos, but their length did not change (Fig. S9). In a good correlation, *L. violacea* and *L. portoricensis* show a relative increase in beak depth and width with respect to *L. noctis*, and the length remains unchanged (Fig. S9), suggesting that *Ihh* and *Bmp4* can account for the scaling differences observed among the beaks of *Loxigilla* (Fig. S9).

We have shown that a set of different signaling pathways and developmental mechanisms, involving different tissues (cartilage and bone), can be associated with identical beak shapes varying only in scaling dimensions. Specifically, the beak developmental program in *L. noctis* is similar to that of Darwin's finches of the genus *Geospiza* (9–11), with a marked contribution from two developmental modules: the pnc, shaped by *Bmp4* and *CaM* signaling, followed by the pmx, regulated by *TGFβ1*, *β-catenin*, and *Dkk3* signaling. In contrast, in *L. violacea* and *L. portoricensis*, the contribution of the pnc to beak shape is negligible. Instead, beak patterning in these species is established by a single developmental module through a mechanism in which *Ihh* and *Bmp4*, two regulatory molecules that interfere with normal dermal bone development when up-regulated individually, synergize to promote expansion of pmx. It is worth pointing out that the gene expression differences seen in *Loxigilla* demonstrate formally that underlying developmental programs are different, whereas our functional experiments in chicken embryos serve to reinforce the conclusion that such differences, when mimicked in another bird system, can lead to variation in beak patterning and morphogenesis. The use of chicken embryos for functional tests assumes that the developmental gene toolkit for craniofacial morphogenesis and skeletogenesis is largely conserved in all birds, and indeed all vertebrates. For example, most of the known functions for molecules such as *Ihh* and *Bmp4* come from studies on both chick and mouse embryos (23, 26–28). In fact, similar craniofacial mechanisms have been observed in groups as disparate as fishes and birds (e.g., *Bmp4* plays a role in deep/strong jaw morphology in cichlids) (29). However, only functional experiments performed in *Geospiza* and *Loxigilla* will

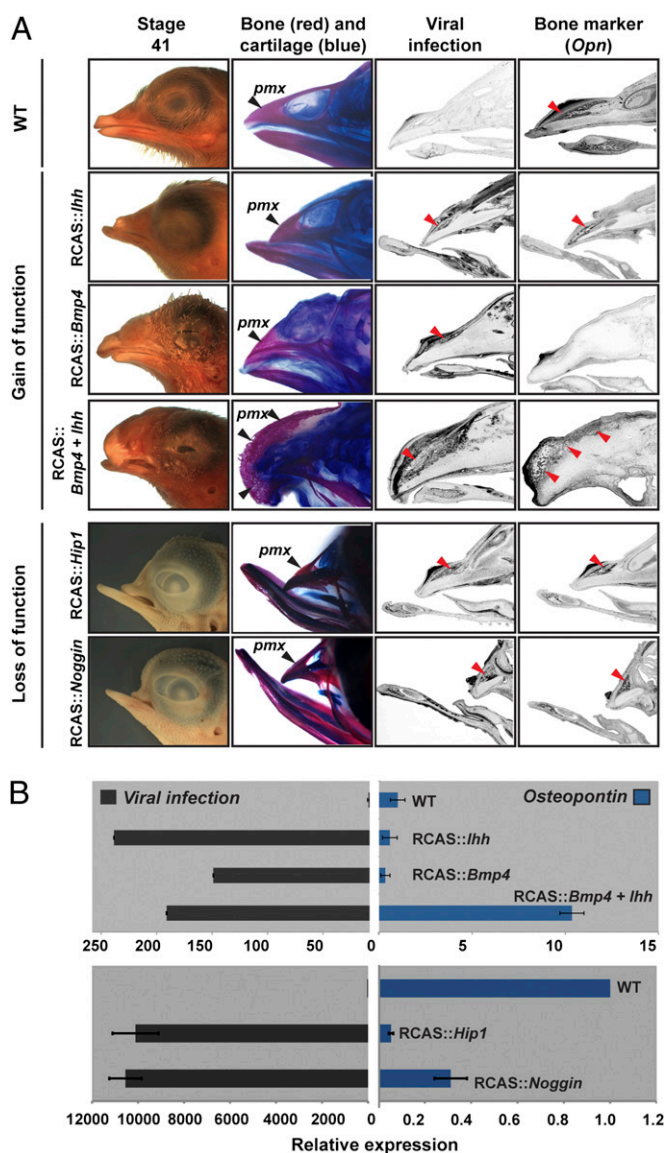


Fig. 4. Gain- and loss-of-function experiments demonstrate that *Bmp4* and *Ihh* promote expansion of the pmx condensation. (A and B) Functional experiments in chicken embryos show that *Ihh* and *Bmp4*, two regulatory molecules that interfere with dermal bone development when up-regulated individually, can expand the pmx when overexpressed simultaneously. In contrast, down-regulation of either *Bmp4* or *Ihh* pathways (RCAS::*Noggin* and RCAS::*Hip1*, respectively) causes a marked decrease in the pmx. (A) Lateral head views and alizarin red (bone)/alcian blue (cartilage) stains from stage 41 (embryonic day 15) embryos. We used *RSCH* (a viral specific construct) and *Osteopontin* (*Opn*) probes on sagittal sections of stage 39 (embryonic day 13) chicken embryos to reveal RCAS infection and late osteoblasts, respectively. Note that infection of all constructs is restricted to the pmx, as revealed by *RSCH* probe, therefore mimicking the expression domains seen in *Loxigilla*. Arrowheads in A indicate the location of the pmx and the signal from the mRNA probes used. (B) qPCR assays of stage 39 (embryonic day 13) embryos infected with the different constructs show the extent of the viral infection and expression levels of *Opn*, a bone marker. Embryos infected simultaneously with *Bmp4* and *Ihh* had a 10-fold increase in *Opn* expression, relative to wild-type embryos or to embryos infected with only *Bmp4* or *Ihh*. Expression levels are shown relative to wild-type uninfected controls. Two-tailed *t* tests were performed for each treatment against wild-type uninfected controls. Viral infections: RCAS::*Bmp4* ($n = 7$; $P = 2 \times 10^{-5}$); RCAS::*Ihh* ($n = 9$; $P = 9 \times 10^{-5}$); RCAS::*Bmp4* + RCAS::*Ihh* ($n = 9$; $P = 5 \times 10^{-6}$). *Opn*: RCAS::*Bmp4* ($n = 7$; $P = 0.03$); RCAS::*Ihh* ($n = 9$; $P = 0.004$); RCAS::*Bmp4* + RCAS::*Ihh* ($n = 9$; $P = 1.2 \times 10^{-6}$); RCAS::*Noggin* ($n = 5$; $P = 0.002$); RCAS::*Hip1* ($n = 5$; $P = 0.007$). Bars represent SE measurements.

determine with certainty whether the genes examined here cause the species-specific morphologies.

Our results are in agreement with the evolutionary relations among the Tholospiza, which show that *L. noctis* is more closely related to *Geospiza* than to *L. violacea* or *L. portoricensis* (Fig. 14). As suggested previously (14), it is possible that the ancestor of the Tholospiza possessed a unique developmental genetic architecture that facilitated the evolution of high levels of beak diversity and, as the various lineages colonized different environments and occupied specialized niches, they acquired specific developmental programs by either de novo evolution or by inheritance from the ancestor. Thus, the mechanisms that pattern the beaks of *L. noctis* and *Geospiza* could have arisen after a lineage leading up to these species diverged from the *L. violacea* and *L. portoricensis* lineage, or could represent a condition present in the ancestor of Tholospiza (Fig. 14). Regardless of these two alternative scenarios, we have shown that different developmental pathways can be involved in development of the same beak shape.

Together, our results in *Loxigilla* and in *Geospiza* (9–11) show that the signaling pathways we uncovered so far regulate scaling variation within the beak shapes analyzed, and that there is a rather flexible association between both scaling and group shape variation and the underlying modular developmental mechanisms (Fig. 5). This finding is revelant, because scaling variation has significant biomechanical consequences that have been shown to play a critical role in a bird's survival (5, 7). It still remains unknown how the group beak shapes are established and maintained throughout development. One possible explanation is that the exact level of activation of each signaling system might determine if the axes shift proportionally, therefore producing the same shape, or nonproportionally, therefore altering the shape. Alternatively, a distinct set of molecules might exist, which would be more directly involved in generating the differences in beak curvatures that are characteristic of the group beak shapes.

This work has expanded our previous studies on Darwin's finches by examining a group of related birds featuring similar levels of phenotypic diversity in a different geographical region,

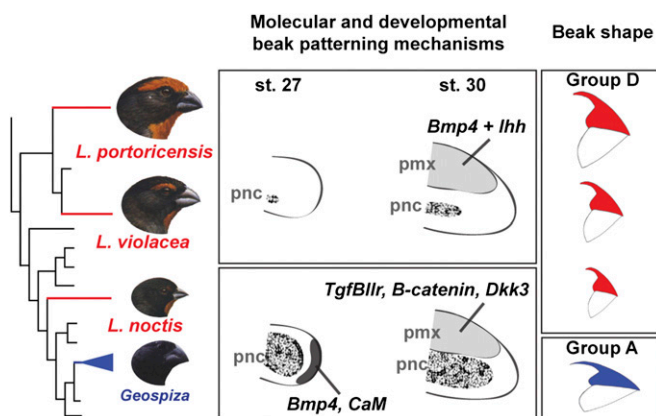


Fig. 5. Different developmental mechanisms (signaling pathways and tissues) can generate beaks of the same shape, whereas beaks of different shapes can be generated by the same developmental mechanisms. In *L. noctis* and in *Geospiza* (9–11), beak morphology is formed by two developmental modules: first by the pnc, through the action of *Bmp4* and *CaM* signaling, and then by the pmx, through the action of *TGFβ1lr*, *β-catenin*, and *Dkk3* signaling. In *L. violacea* and *L. portoricensis*, *Bmp4* and *Ihh* signaling promote expansion of the pmx, which is the main developmental module responsible for shaping beak morphology. Despite these differences in signaling pathways and tissues, the three *Loxigilla* species have independently evolved a common beak shape (group D), which varies only in scaling and is different from that of *Geospiza* (group A). Branch lengths have been altered to highlight the species analyzed.

and in doing so we have demonstrated flexibility in the relationship between morphology and underlying developmental causes. Future efforts should be aimed at determining whether functional ecological demands can explain the ultimate causes driving the maintenance of the same beak shape within a lineage, the emergence of novel shapes as well as beak shape convergence among paraphyletic taxa, such as that found in *Loxigilla*. In addition to the proposed biomechanical studies, sampling more birds with drastically different beak shapes, such as the needle-shaped beaks of hummingbirds or the wide and shallow beaks of flycatchers, will help to determine whether other developmental mechanisms exist by which the entire beak diversity in avians is more comprehensively explained.

Materials and Methods

Phylogenetic Reconstruction. For phylogenetic analyses we included representative Darwin's finches and all 13 non-Darwin's finches belonging to Tholospiza. We used sequences from two mitochondrial (cytochrome *b* and nicotinamide dehydrogenase subunit 2) and four nuclear markers (β -fibrinogen intron 5, myoglobin intron 2, recombination-activating gene, and aconitase 1 intron 10). Phylogenetic analyses were performed using maximum-likelihood and Bayesian inference methods. See *SI Materials and Methods* for additional details and sequence accession numbers.

Beak Shape Analysis. The birds used for this analysis were obtained from the Museum of Comparative Zoology at Harvard University, and the beak shape analysis followed procedures outlined previously (8). See *SI Materials and Methods* for additional details.

Embryo Collection and Preparation. Embryos of the three *Loxigilla* species were collected according to regulations established by the Secretaría de Estado de Medio Ambiente y Recursos Naturales (Dominican Republic), Departamento de Recursos Naturales y Ambientales (Puerto Rico), and the Natural Heritage Department, Ministry of Energy and the Environment (Barbados) using methods described in detail elsewhere (11). Embryos of *L. noctis* were collected in Holetown, Barbados (stage 27, $n = 5$; stage 30, $n = 5$); *L. violacea* embryos were collected in the Sierra de Bahoruco National Park, Dominican Republic (stage 27, $n = 5$; stage 30, $n = 5$); *L. portoricensis*

embryos were collected in the surroundings of Guánica, Puerto Rico (stage 27, $n = 5$; stage 30, $n = 5$).

In Situ Hybridization and Immunohistochemistry. In situ hybridizations, antibody stains, alkaline phosphatase assays, and quantifications of gene expression were performed as described previously (11). For immunostaining, we used anti-TGF β 1 α (sc-400; Santa Cruz) and anti- β -catenin (610153; BD Transduction Laboratories) antibodies using methods described previously (11). In situ hybridizations were carried out using chicken mRNA probes as described previously (9–11). See *SI Materials and Methods* for a detailed description on our methods for assessing gene expression in beaks and our use of controls.

Chicken Embryo Manipulations. Fertilized eggs were obtained from SPAFAS, incubated at 37 °C, and staged according to Hamburger and Hamilton (30). Frontal nasal processes were infected at stage 24 with RCAS::Bmp4, RCAS::Ihh, RCAS::Noggin, and RCAS::Hip1 constructs, which have been described previously (9, 25, 31, 32). Embryos were collected at stage 39 (embryonic day 13) for in situ hybridizations and quantitative PCR (qPCR) and at stage 41 (embryonic day 15) for cartilage and bone staining. RCAS::Bmp4 and RCAS::Ihh were made using two different viral coats ("A" for RCAS::Bmp4 and "E" for RCAS::Ihh) (31, 32), allowing us to superinfect cells and test the simultaneous effect of overexpressing both genes. Stage 41 embryos were dehydrated in 95% (vol/vol) ethanol for 5 d and stained with alcian blue to reveal cartilage and with alizarin red to reveal bone. See *SI Materials and Methods* for qPCR methods. All animal experiments have been approved by the Institutional Biosafety Committee of the Faculty of Arts and Sciences and Committee on Microbiological Safety (COMS) of Harvard University.

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