Form 4

Statement of Changes in Beneficial Ownership of Securities

Filed pursuant to Section 16(a) of the Securities Exchange Act 1934

FRB OMB Number: 7100-0091 FDIC OMB Number: 3064-0030 OCC OMB Number: 1557-0106

Filing Information															
No longer subject to Section 16. Form 4 or Form 5 obligations may continue.															
	Ті	cker or Trading Sym	nbol	bol Date of Earliest Transaction Required to be Reported			If Amendment, Date of Original Filing								
Carter Bank & Trust				CARE		2020-11-02 00:00:00.0									
Filer Information															
Name of Reporting Person Street Address				;			City		State		ZIP Code	Relationship of Reporting Person to Issuer			
Phyllis Q Karavatakis	1300 Kings M	1ountain R				Martinsville		VA		24112	Director Officer Description: Senior EVP of Special Projects				
Table I - Non-Derivati	ve Securities A	Acquired, [Disposed of, or	Beneficially	Owned										
,			Transaction Date	Deemed Execution Date	Transaction Code	✓ Amount of Se Acquired or Dis			Price of Securities Acquired or Disposed of	Amount of Securities Beneficially Owned Following Reported Transactions		Ownership Form	Nature of Indirect Beneficial Ownership		
Common Stock			2020-11-02 00:00:00.0		Р	70 Shares		(A)	\$7.08	17636 Shares		Direct			
Table II - Derivative Se	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned														
Title of Derivative Security	Conversion or Exercise Price of Derivative Security	Transaction Date	Deemed Execution Date	Transaction Code	Number of Derivative Securit Acquired or Disposed of	ties	Date Exercisable	Expiration Date	Title of Underlying Securities	Amount of Underlying Securities	Price of Derivative Security	Number of Derivative Securities Beneficially Owned Following Reported Transactions	Ownership Form of Derivative Securities	Nature of Indirect Beneficial Ownership	
There are no Derivative Securities															
Explanation of Respon	Explanation of Responses														
from \$7.10 to \$7.06,	This purchase is pursuant to a Rule 10b5-1 Plan executed on July 28, 2020. The price is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$7.10 to \$7.06, inclusive. The reporting person undertakes to provide to Carter Bank & Trust ("CB&T"), any security holder of CB&T, or the staff of the Federal Deposit Insurance Corporation, upon request, full information regarding the number of shares purchased at each separate price within the range set forth in this footnote.														

The agencies are collecting the information on Forms 3, 4, and 5 pursuant to 15 USC 78l, to assist investors in making investment decisions. The burden estimate for providing the required information on Forms 3, 4, and 5 ranges from 0.5 to 1.0 hour for each form. Comments on the accuracy of this burden estimate and suggestions for reducing this burden may be addressed to PRA Clearance Officer, Legal Division, FDIC, 550 17 St. NW, Washington, DC 20429 (for State nonmember banks); Cindy Ayouch, Division of Research and Statistics, Board of Governors of the Federal Reserve System, 20th & C St., NW, Mailstop 41, Washington, DC 20551 (for State member banks); or Jessie Dunaway, Clearance Officer, Legislative and Regulatory Activities Division, Office of the Comptroller of the Currency, 250 E Street, SW, Mailstop 8-4, Washington, DC 20219 (for National banks); or Marilyn Burton, Senior Paralegal (Regulations), Chief Counsel, Regulations & Legislation, Office of Thrift Supervision, 1700 G Street, NW, 5/M3, Washington, DC 20552 (for OTS regulated savings institutions). The agencies may not conduct or sponsor, and a respondent is not required to respond to, an information collection unless it displays a currently valid Office of Management and Budget (OMB) control number.

Abigail McGuire Date: 2020-11-02 00:00:00.0

* Intentional misstatements or omission of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

* Signed by:

There is no Power of Attorney information

There is no Other information