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India’s ambassador to Kuwait meets KMA, IDF officials

Honorable Ambassador of India to Kuwait H.E. Sibi George met with the Kuwait Medical Association (KMA) President Dr Ahmad Al Enizi and other KMA Board members at KMA in the presence of past Presidents and present IDF officials.

Dr Ahmad Thuaini Al Enizi welcomed the Honorable Ambassador to Kuwait and praised the Indian Community for the excellent services rendered in building Kuwait. He also spoke highly about the wonderful contribution by the Indian doctors in developing the health sector in Kuwait. KMA is proud to have IDF as one of its subsidiaries and fully supports the various social, educational and community welfare activities done by IDF. The positive role played by IDF during Covid 19 pandemic was highly appreciated and acknowledged by KMA.

H.E. The Ambassador praised the Late Amir of Kuwait as a Humanitarian Leader and thanked the Kuwait Government for taking care of the large Indian Community in Kuwait. He congratulated the New Amir and wished him all success. He thanked the KMA president for extending the much-needed support to Indian doctors and IDF in



particular for all its activities. His Excellency spoke about the long-standing positive relationship between India and Kuwait and looked forward to further enhancing and strengthening this bond.

KMA president briefed about the new Health Bill, which was recently passed in the Parliament and said that the much needed verification process will be eased out at the earliest.

Dr Ali Al Musawi, Vice-President of KMA, expressed his keen interest in raising the possibility of training Kuwaiti doctors in the best of the institutes in India and also to consider India as a destination for availing specialized treatment. In response, the Honorable Ambassador reciprocated positively and showed his eagerness to go a step further on these recommendations.

Dr Amir Ahmed, President of IDF thanked the Honorable Ambassador of India and Honorable President of KMA for their support, advice and guidance to the various activities of the forum. He announced the upcoming IDF Health Guide on Covid-19 and requested Kuwaiti doctors to contribute few articles in the health guide.

UNDP praises Kuwait’s anti-corruption efforts

Strategies aimed at enhancing transparency

KUWAIT CITY, Dec 9, (KUNA): The United Nations Development Programme (UNDP) highlighted the Kuwait government’s efforts to tackle corruption, praising resulting strategies aimed at enhancing transparency and promoting integrity.

UNDP Resident Representative in Kuwait Hideko Hadzalic said this work is represented by Kuwait’s Anti-Corruption Authority, Nazaha, in partnership with the General Secretariat of the Supreme Council for Planning and Development and the UNDP.

This cooperation, she said, has resulted in the formation of the Kuwait Integrity and Anti-Corruption Strategy 2019-2024 to enhance the principles of transparency, accountability, the rule of law in the public and private sectors in a way that contributes to achieving sustainable development.

The successful implementation of this strategy, she explained, would help Kuwait to mobilize further resources required to achieve its Kuwait 2035 Vision development plan and a higher degree of commitment to the provisions of the UN Convention Against Corruption with regard to preventive measures, law enforcement, international cooperation and the recovery of funds.

‘Know Cancer Better’

Billava Sangha Kuwait hosts webinar

KUWAIT CITY, Dec 9: Billava Sangha Kuwait participated with Centre for India Studies, Kuwait and Indian Doctors Forum to host the webinar “KNOW CANCER BETTER” on Thursday, 3 December 2020, at 6 pm. It was a part of the 10-day medical awareness campaign “Know Cancer Better” organized by CIS in association with IDF, which was initially inaugurated by the Indian Ambassador H.E Sibi George on 27 November 2020.

The Ambassador emphasized that in today’s world of information explosion there is a need for accuracy of knowledge to be imparted to the society in the most precise manner. It is in this context that the Awareness Campaign becomes relevant and important. He applauded the efforts of Center for India Studies in Publishing the Pamphlet containing very important information’s of Cancer Awareness and need for spreading the message to mass. Ambassador reiterated the continuing great service being rendered by the Indian Doctors in the medical landscape of Kuwait especially during the covid pandemic time.

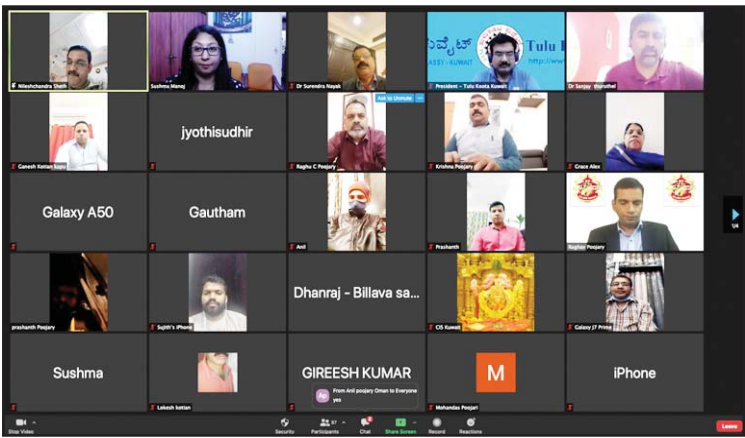
The program started with a prayer by Mrs Jyothi Sudhir Suvarna. A welcome note was then rendered by Raghav Poojary, General Secretary of Billava Sangha Kuwait, who welcomed all the elite dignitaries gracing the occasion. Krishna S. Poojary, President of Billava Sangha Kuwait in his speech thanked CIS and IDF for this opportunity and welcomed one and all who attended the webinar and supported the awareness campaign.

Nilesh Chandra Sheth, representative of CIS wholeheartedly thanked and applauded the IDF for their support and also thanked Billava Sangha for participating in this endeavor. He mentioned that they have tried to reach out all sections of the society with this awareness campaign at a time when the world is facing many health and environment issues.

Billava Sangha Kuwait wholeheartedly thanked Dr Sanjay Thuruthel, Oncologist, for presenting a very informative and eye opening presentation. Dr Sanjay allayed our fears and informed us about the advances in cancer. He spoke on WHO statistics, warning signs of cancer and made us aware on knowing our body, risk factors, causes of cancer and prevention methods. He urged people to stay away from tobacco, be physically active, eat healthy, avoid alcohol and most importantly asked to get a regular checkup as an early detection can have a better prognosis.

He also indulged in an interactive question and answer session with the audience, which was well appreciated and cherished by everyone. The webinar came to an end with a Vote of Thanks rendered by the BSK Welfare officer, Prabhakar Bola.

BSK would like take this opportunity to thank Dr Surendra Nayak, Advisor ICS and Ex-president of IDF, ICS team, BSK committee members and all the audience for the successful execution of this webinar.



Webinar in progress

Maersk Selects Agility Warehouses for New Regional Distribution Center in Abidjan



Maersk has chosen the new Agility warehouse project in Abidjan to house its new storage, deconsolidation and distribution facility in the economic capital of Cote D’Ivoire.

The newly opened 5,000 SQM facility is designed to handle 3,900 pallet positions and meet the end-to-end requirements of Maersk’s global customers, including those in Retail, Fast Moving Consumer Goods, and Technology.

Thomas Theeuwes, Maersk Central West Africa Managing Director, said: “Maersk has a strong presence in the West Africa market, and we are continuously reviewing our value proposition to ensure we offer competitive end-to-end solutions. The Agility warehouses provide the standard of infrastructure that enables Maersk to offer a consistent experience for both global and local customers, assuring them the same reliable service, security and safety being provided in this facility is on a par with what customers experience in Maersk facilities within Europe and North America.”

The Agility warehouses are located on the main highway from Abidjan to Yamoussoukro, which leads to neighboring Mali and is strategically situated adjacent to the new PK24 industrial zone of Abidjan.

Agility is funding and developing 250,000 SQM of warehousing on the site in what will become



a center of excellence for warehousing in the region to support businesses operating in and from Cote D’Ivoire. The Agility warehouses provide the essential infrastructure required for both multinational companies and local businesses in the storage, distribution, packaging, processing and light manufacturing sectors.

Geoffrey White, CEO Agility Africa, said: “We are delighted that Maersk decided to lease warehouse space in the new Agility facility in Abidjan. Agility is funding and developing a network of warehouse parks across Africa to enable companies to rapidly and easily enter or expand in the African market.

Agility provides warehouses that are move-in ready, enabling fast deployment, flexibility and reduced capital commitments for our customers. The provision of secure, ready-built, quality, warehouses with consistent power and IT connectivity in the Abidjan market is a true enabler of growth and prosperity in Cote D’Ivoire.”



Emergency Dept provides fast responsive care

Emergency doctor gets taste of own medicine

Patients too often stigmatized

Obesity treatment is complex and requires compassion, says expert

ABU DHABI, Dec 9: A physician at Cleveland Clinic Abu Dhabi’s Emergency Department found himself needing the urgent care he usually provides, when a rare form of pneumonia caused his lung to collapse in October.

Dr. Harold Shim began feeling ill as he ended his shift. Cleveland Clinic Abu Dhabi, part of Mubadala’s healthcare network, is a COVID-free facility but out of an abundance of caution, he took a COVID-19 test that came back negative. Suspecting he had the flu, he stayed at home over the weekend to try and recover. Over the next few days, he began experiencing shortness of breath, even finding it difficult to walk upstairs.

“After a couple of days, the Chair of our Emergency Department Dr. Jacques Kobersy called me to check how I was feeling. When I told him about my symptoms, he told me to come in to get checked out. It was only then that I realized my condition was more serious than I thought. My blood oxygen levels were below normal, and my chest X-ray looked pretty bad. Luckily, I have tremendous faith in my colleagues and I knew that our Emergency Department was the safest place I could be,” explains Dr. Shim.

Concerned that his condition could be contagious, Dr. Shim was placed in one of the Emergency Department’s negative pressure isolation rooms while he underwent a battery of tests. A bronchoscopy revealed a large number of white blood cells in his lungs, pointing to a diagnosis of eosinophilic pneumonia, a rare disease. Following the diagnosis and as his condition began to improve, Dr. Shim was discharged to continue his recovery at home.

A week later, despite having felt significantly better, Dr. Shim had a coughing fit and became short of breath. At around 1 am, he asked his wife to take him to the Emergency Department.

“Harold’s oxygen saturation had dropped significantly and was even

lower than when he had first come in. Our tests showed that one of his lungs had collapsed. His chest cavity was full of air, putting pressure on his lung and even his heart, a potentially life-threatening condition that needed immediate treatment,” says Dr. Ashley Alwood, a consultant in Cleveland Clinic Abu Dhabi’s Emergency Department.

Dr. Alwood inserted a chest tube to relieve the pressure in Dr. Shim’s chest and re-inflate his lung. This led to an almost immediate improvement in his condition and allowed him to breathe normally. Admitted to the hospital for observation, it became apparent that the leak in his lung wasn’t healing on its own, so he needed a minimally invasive surgery to repair the leak and remove a balloon like pocket of air that had developed between his lungs.

“I was called to consult on Dr Shim’s case as he had developed rare and unusual complications from his pneumonia. Looking at his scans was quite surprising as you certainly don’t see complications like his every day. After discussion it was decided that a video assisted, minimally invasive approach was the best way to treat his condition.

is still a widespread belief that obesity is a lifestyle choice — that people develop obesity because they choose to eat too much or exercise too little. As a result, people with obesity are stigmatized and stereotyped in many aspects of their lives — sometimes even at the place they visit to seek help.

Weight bias in healthcare “Studies find that weight bias is common in healthcare,” Dr Butsch says. While medical professionals strive to provide the best possible care for their patients, studies have shown that some of them also carry negative attitudes toward patients who have obesity, or feel out of their element when it comes to treating it.”

Those attitudes affect patient care, Dr. Butsch says. “As a physician, telling someone to eat less and move more is like telling someone who has depression just to cheer up,” he says. “Doctors wouldn’t dream of saying this to someone with depression, but many have little reservations when making recommendations for weight loss. For whatever reason, some doctors continue to do this when they discuss obesity.”