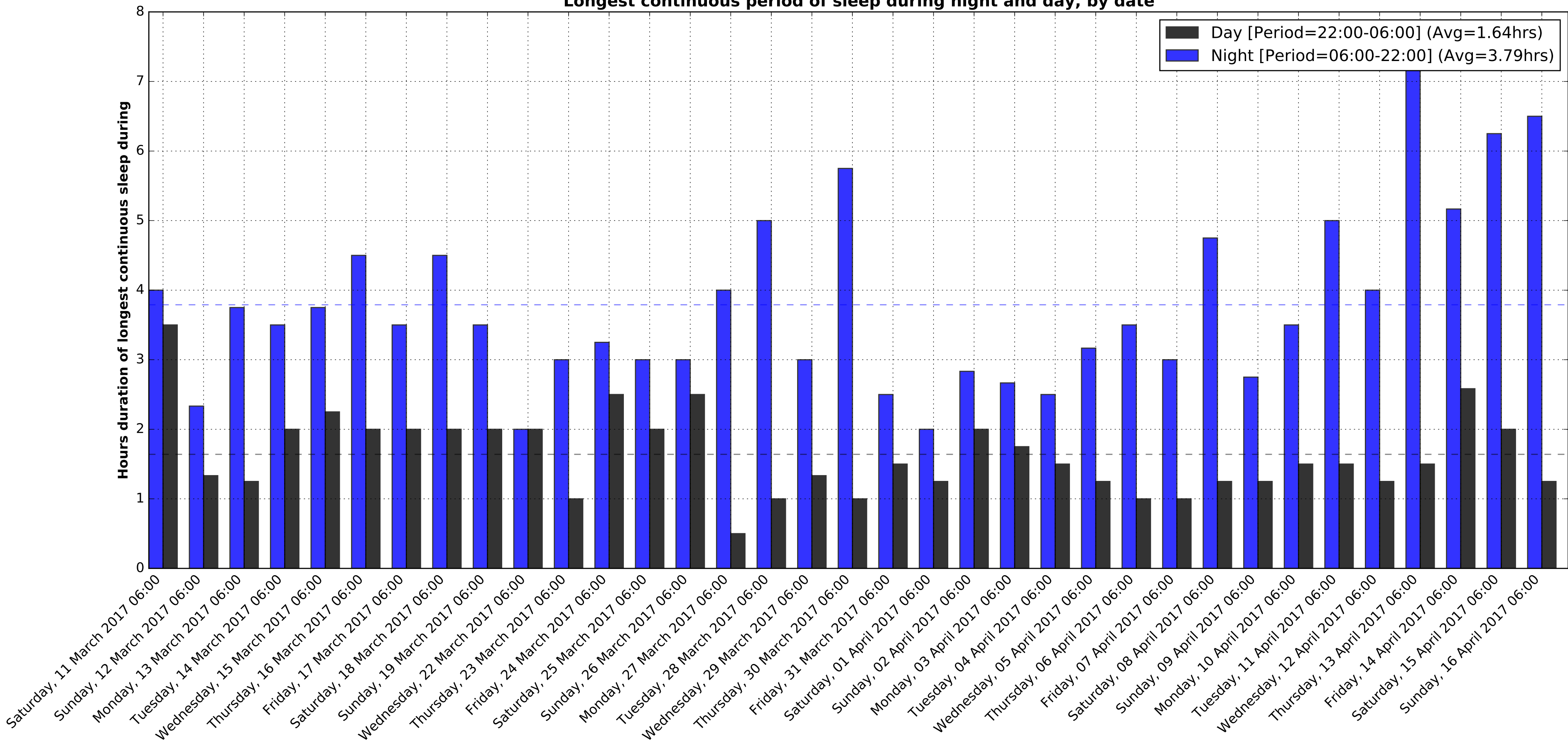


Longest continuous period of sleep during night and day, by date

Day [Period=22:00-06:00] (Avg=1.64hrs)
Night [Period=06:00-22:00] (Avg=3.79hrs)

Hours duration of longest continuous sleep during



24-hour period beginning