Problem 1: SquareRoot of An Integer

Time efficiency: O(log(n))
Space efficiency: O(1)

Explanation: I'm not using a specific data structure here to my advantage, Problem comes in as an array, but what I am using is binary search algorithm.

This method would be called an exhaustive enumeration method. The reasoning for using a binary search algorithm is to cut down iteration time from being linear O(n) to being $O(\log(n))$.