

NAME: \_\_\_\_\_ TRIP/EVENT: \_\_\_\_\_

## Summer/Fall Backpacking Checklist

Suggestion: Draw a circle in the checkbox for an item you intend to take. Put a check in the circle when it is packed.

<b>Scout Essentials (12 items)</b>			
Map and Compass	Water (two 1 quart bottles)	Extra Food (trail food)	
Knife	Whistle	Matches (waterproof)	
Flashlight w/extra batteries and bulb	Mirror	Sun protection – sunscreen etc	
Rain Gear (poncho)	First Aid Kit	Emergency Blanket	
<b>Clothing</b>			
Hiking boots	Underwear	Jacket (fleece)	
Polypro inner socks (2 pair)	T-shirt (one class B, one other)	Wind shell/breaker	
Wool outer socks (2 pair)	Camp shoes (optional)	Gloves	
Long pants	See Rain Gear in “Essentials”	Beanie/cap (for night)	
Short pants	Long sleeve shirt	Sun hat	
<b>Sleeping</b>			
Sleeping Bag and stuff sack	Sleeping pad	Stakes	
Pillow	Ground cloth/footprint	50’ Paracord	
<b>Cooking</b>			
Stove (patrol item)	Sierra cup (or equivalent)	Paper Towels	
Fuel/Gas canisters	Eating utensils (plate, fork, knife, spoon)	Scrubber	
Matches or fire starter	Biodegradable soap to clean	Aluminum foil	
Backpacking pots, pans, spoon	Plastic Trash Bags (at least two)	Spatula	
<b>Personal</b>			
Toothbrush and paste	Toilet paper - Biodegradable -OR- paper bag in plastic bag (to pack out TP)		
Brush/comb			
Washcloth	Trowel (plastic camping)	Sun glasses	
Insect repellant (seasonal)	Towel for washing (small)	Storage bags (zip loc)	
<b>Repair items</b>			
Duct tape (wrap around water bottle)	Sewing kit (patrol item)	Leatherman tool (optional)	
<b>First Aid (should be in the first aid kit)</b>			
Band-Aids	Scissors (on pocketknife?)	Ace bandage	
Latex or Nitrile gloves	Moleskin	Tick pliers	
Alcohol wipes	Insect sting swabs	Tweezers	
Chapstick			
<b>Crew/patrol items</b>			
Tent and fly (lightweight)	Water filter	Sam splint	
2.5 gallon water cube	Bear canister		
<b>OTHERS</b>			
Medical Release Form (ALL)	Camera	GPS (adult leaders)	
Prescriptions	Pencil Pen Paper	Cell phone (adult leaders)	
Day pack/fanny pack			