



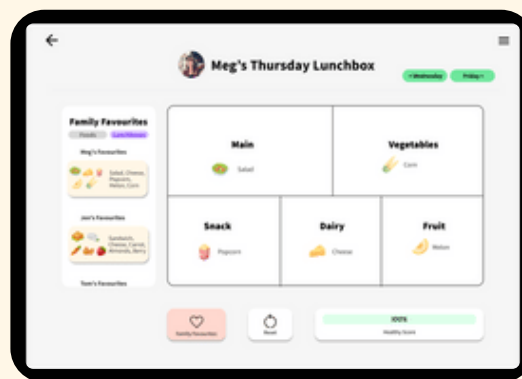
Healthy Lunchboxes for the Whole Family

With *Lunch Thyme* you can plan your week's lunches and involve the kids and the rest of the family in no time. Teach your family about healthy eating today and chat and connect with other families to see what they are taking for lunch. Don't forget to try to get on the top of the leaderboard for the week by choosing healthy options for lunch. Planning and preparing lunchboxes does not have to be stressful anymore with *Lunch Thyme*.



Why Lunch Thyme

As families, our busy lifestyles and lack of time are barriers to healthy eating and can lead to unhealthy options. What should I take for lunch? Unhealthy foods are easy and cheap and we end up consuming these too much. Many parents dread the daily routine of packing lunchboxes – it is one of the biggest stressors for parents. Did you wish it was easier and even enjoyable and you could chat and connect with others for support and ideas? Introducing *Lunch Thyme*!



Start Planning Lunches Today!

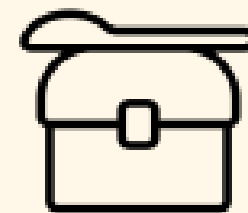


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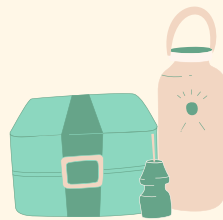
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Family Lunchbox Planner





Key Features



Family Lunchbox Plan

View an engaging calendar plan of everyone's lunchboxes for the week. Find out the healthiness ratings for each family member and tap each lunchbox to see what they're taking each day.



Lunchbox Builder

Have fun by planning your lunchbox with the lunchbox builder. Find a virtual lunchbox for each day with key food groups. Tap a food group to see healthy food recommendations and pick your desired lunchbox item to build your complete lunch for each day of the week.



Learn + Family Progress

Learn about the key food groups and discover diverse healthy lunchbox recommendations that you can add to your favourites. Find out the healthy lunchbox progress of each family member through Family Progress.



Lunchbox Community

Connect and chat with other families and discover who's on the top lunchboxes leaderboard for this week. You can also find out what they took for lunch.

How it Works



Plan your Lunchboxes

At the end of each week, you'll receive a family reminder to plan your lunchboxes. Each family member will plan their 5 lunches for the next week using the Lunchbox Builder. Then you're good to go!



Pack your Lunchboxes

When the weekday morning arrives, simply follow your family lunchbox plan and work together as a family to pack your lunchboxes accordingly. It's that easy!



Lunchbox Community

Connect with other high school families through the *Lunchbox Community*, which includes a "top lunchboxes" leaderboard, chat feature and "top lunchboxes" library, where you can discover and favourite new lunchbox combinations and feel empowered to create healthier lunchbox habits.

