

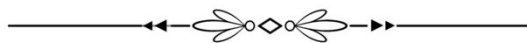
# Fast Sunday

April 28, 2024



*"And lo, he shall suffer temptations, and pain of body, hunger, thirst, and fatigue,  
even more than man can suffer, except it be unto death"*

Mosiah 3: 7



# **Sacrament Meeting**

American Fork 30th Ward

Presiding  
Conducting  
Chorister

Bishop Jeff Crow  
Brother Bryan Elkins  
Kim Hendrickson

Onward, Christian Soldiers  
Invocation

Hymn #246  
Brother Kim Hendrickson

*Ward & Stake Business*

With Humble Heart

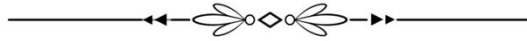
Hymn #171

## **Administration of the Sacrament**

*Sharing of testimonies  
as the Spirit directs*

How Wonderful and Great  
Benediction

Hymn #267  
Sister Carrie Noland



## Ward Announcements

### Online Program

Our sacrament meeting program is now available digitally each week. Please use the QR code below to see this week's program with additional details, such as images of the Savior and gospel quotes based on the theme.

### Utah Coalition Against Pornography Conference

Join co-founder of Fight the New Drug Clay Olsen, Elder Dale G. Renlund, and others in a day long conference as they speak on the topic of pornography and things as they really are.

Place: Salt Palace Convention Center (90 S W Temple St, SLC)

Time: This Saturday, May 4th from 9:00 AM to 1:30 PM

Register at [utahcoalition.org](http://utahcoalition.org). Also available to attend online.

### YSA Conference and Pre-Conference Activities

2024 Utah Area YSA Conference will be held on August 2-4, 2024 in Salt Lake City. Join thousands of young adults as they strengthen their faith in Heavenly Father and Jesus Christ, grow to feel a sense of belonging in the Savior's restored Church, and find opportunities to form and strengthen relationships with others who can support them.

Pre-conference activities such as service projects, temple trips, and 5k runs will also be held on July 27th leading up to the conference.

Tickets go on sale on May 1st and will be cheapest to acquire early. Additional details can be found at [utahysaconference.org](http://utahysaconference.org) or on Facebook and Instagram at @utysaconf



[Digital Program](#)



[YSA Conference Details](#)



[Utah Coalition Conference](#)