Time Point

Now, we will study the first component of the chrono library.

A duration consists of a span of time, defined as some number of ticks of some time unit. A time point consists of a clock and a time duration. This time duration can be positive or negative.

```
template <class Clock, class Duration= typename Clock::duration>
class time_point;
```

The epoch is not defined for the clocks std::chrono::steady_clock,
std::chrono::high_resolution_clock
and std::chrono::system
. But on the
popular platform the epoch of std::chrono::system
is usually defined as
1.1.1970. You can calculate the time since 1.1.1970 in the resolutions
nanoseconds, seconds and minutes.

```
// epoch.cpp
#include <iostream>
#include <chrono>
int main(){
  auto timeNow= std::chrono::system clock::now();
  auto duration= timeNow.time since epoch();
  std::cout << duration.count() << "ns\n"; // nanoseconds (default)</pre>
  // duration_cast converts one type into the other
  auto durationSeconds = std::chrono::duration_cast<std::chrono::seconds>(duration).count();
  std::cout << durationSeconds << "s\n";</pre>
                                             // seconds
  auto durationMinutes = std::chrono::duration_cast<std::chrono::minutes>(duration).count();
  std::cout << durationMinutes << "m\n";</pre>
                                           // minutes
  return 0;
}
```