

RASAM - Antidote For Wuhan Virus
By Manidar Nadeson, holistic healer
Many years ago when Malaysia was hit by the Nipah virus, Malaysians Indians was not affected. The reason most of them consumed RASAM a Tamilan soup that is made from mix of herbs.

If rasam is with a mild temperature the body will react to heal any kind of viruses. It is encourage to drink with some hot rice for better effects.

It was put to trial during the SARS epidemic and the results are amazing.

Preventive is better than cure start today for tomorrow, the Rasam".

Avoid consuming meat that is not properly cooked.

"Rasam" the best way forward to cure Wuhan viruses.