
I got the following message from a friend.

Transfer: My classmate's uncle and nephew, graduated with a master's degree, and work in Shenzhen Hospital. He is being transferred to study Wuhan pneumonia virus. He just called me and told me to tell my friends: If you have a runny nose and sputum when you have a cold, you cannot be a new type of coronavirus pneumonia, because coronavirus pneumonia is a dry cough without runny nose. This is the simplest way to identify.

Please tell your friends that if you know more about medical knowledge, you will have more awareness of identification and prevention.

Director Zhenxing informed that the Wuhan virus is not heat-resistant and will be killed in a temperature of 26-27 degrees. So drink plenty of hot water. Can tell relatives and friends to drink hot water for prevention.

From a Chinese doctor: To prevent Wuhan virus, as long as the human body maintains heat energy, eat more ginger and exercise more, you will not be infected with the virus. If you have a high fever, cover yourself with a quilt. Drink ginger soup to increase body's heat energy. It can prevent infection. No vaccination required. Eat more ginger, garlic, hot chillies, and pepper. Eat less sweet and sour and bitter. Don't drink too much ice water. Don't go to cold weather areas.

When the sun is in the virus endemic area, the virus will completely disappear.

Everyone can share and help one by one.

Dr. Khin Maung U.
