

News / Fact Check / Fact Check: Don't believe this home remedy to cure Covid-19

Fact Check: Don't believe this home remedy to cure Covid-19

Many bizarre treatments to cure those infected with novel coronavirus or Covid-19 are doing rounds on social media. India Today Anti Fake News War Room (AFWA) has found the claim to be misleading. There is no remedy for Covid-19 as yet and the claim posted by social media users has no scientific proof.

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Ratna
New Delhi

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Coronavirus: Social media is full of bizarre treatments.

Since the outbreak of coronavirus that has so far led to over 27,000 deaths and infected almost 6 lakh globally, social media is full of bizarre treatments. The latest home remedy going viral on Internet suggests inhaling the steam of sea salt and orange peelings to prevent Covid-19.

Facebook user "[Linwood Waller](#)" posted a photo of orange skin steaming in water and claimed, "Steam Sea Salt and Orange peelings. Inhale the steam for 15mins. It Suppose to Prevent Corona Virus from entering the body. Seen it on social media and yes I'm doing it."



Other Facebook users such as "[Deidrea Mcfadden](#)" went on to advise, "CVR TREATMENT! BOIL ORANGE PEELINGS, SPRINKLE A LIL SEA SALT.... INHALE THE STEAM FOR 15MINS.... DO THIS EACH TIME U COME BACK IN THE HOUSE! #CVR CAN'T GROW THRU HEAT! BE BLESSED FAMILY!"

You can see the archived versions of the posts [here](#) and [here](#).

India Today Anti Fake News War Room (AFWA) has found the claim to be misleading. There is no remedy for Covid-19 as yet and the claim posted by social media users has no scientific proof.

AFWA probe

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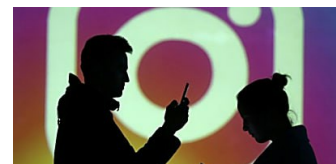


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The post is viral on Facebook. "[Lawrence Knighton](#)" posted a video showing how to prepare the mixture and inhale it. The video was watched almost 10,000 times. [Here](#) is the archived version of the post.



The World Health Organisation (WHO) does not recommend any such remedy to prevent the novel coronavirus infection. The WHO specifically points out, "To date, there is no specific medicine recommended to prevent or treat the new coronavirus (2019-nCoV)."

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Here is a candid guideline from [WHO](#) as to how to take certain precautions against Covid-19 though.



AFWA had earlier debunked similar home remedies that coronavirus can be prevented by [gargling](#), by a [hairdryer](#), or by taking a hot bath.

Similarly, there is no scientific proof that inhaling the steam of sea salt and orange peelings can prevent you from getting infected by the deadly coronavirus.

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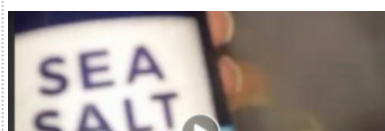


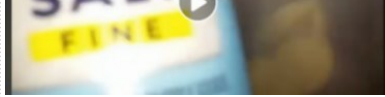
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Claim

Inhaling the steam of sea salt and orange peelings can prevent coronavirus infection.

Conclusion

There is no scientific proof of the claim; WHO does not mention this remedy.

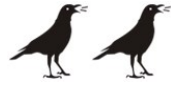
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The number of crows determines the intensity of the lie.

1 Crow: Half True

2 Crows: Mostly lies

3 Crows: Absolutely false



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