

Select one of the following three topics to explore in this study:

- (a) Choosing one or more majors of study
- (b) Choosing between study abroad programs
- (c) Choosing between jobs/opportunities after college

If you selected (a) above, complete the following questions:

- 1) What major or majors are you currently interested in pursuing?
- 2) How long have you been thinking about it?
- 3) What sparked your interest in this area/major(s)?
- 4) List as many reasons as possible for choosing each major you are considering.
- 5) To complete each of the major you listed, what are the important requirements (e.g., major requirement, graduation requirement, honor thesis options, Latin honors, etc.)?
- 6) What do you value in life (e.g., social life, family, jobs, money, etc.)? Describe each component that you value in life in detail.
- 7) To achieve each area you value in life, are there any steps that you need to take?
- 8) What trade-off do you see in your major selection and values listed above?
- 9) What are some of the resources that will help you choose your major?
- 10) To make decisions about your major, who else might influence your decision (e.g., parents, departments, advisors, friends, etc.)?
- 11) For each of the people you listed above, what motivation do you think they have for this influence?

If (b), complete the following questions

- 1) What study abroad program are you currently considering?
- 2) How long have you been thinking about it?
- 3) What sparked your interest in that program?
- 4) List as many reasons as possible for choosing each study abroad program that you are considering.
- 5) To get into each of the studying abroad program, what are the related requirements (e.g., language requirement, major requirement, etc.)?
- 6) What do you value in your study abroad program (e.g., social life, academic environment, location, language, internship experience, etc.)? Describe each component that you value in your study abroad program in detail.

- 7) To achieve each area you value in your study abroad program, are there any components that your study abroad program must have?
- 8) What trade-off do you see in your study abroad program selection and values listed above?
- 9) What are some resources that will help you decide your study abroad program?
- 10) To make a decision on the study abroad program, who else besides you might influence your decision (e.g., your parents, department of the major, advisor, friends, etc.)?
- 11) For each of the people you listed above, what motivation do you think they have for this influence?

If you selected (c) above, complete the following questions:

- 1) What jobs/opportunities are you currently interested in pursuing?
- 2) How long have you been thinking about it?
- 3) What sparked your interest in this job/opportunities(s)?
- 4) List as many reasons as possible for choosing each job or opportunity you are considering.
- 5) To get each of the jobs/opportunities you listed, what are the important requirements (e.g., academic requirement, internships or work experience, letter of recommendation, etc.)?
- 6) What do you value in your jobs/opportunities (e.g., work environment, location, money, etc.)? Describe each component that you value in jobs/opportunities in detail.
- 7) To achieve each area you value your jobs/opportunities, are there any steps that you need to take?
- 8) What trade-off do you see in your jobs/opportunities selection and values listed above?
- 9) What are some of the resources that will help you find the jobs/opportunities?
- 10) To make decisions about your jobs/opportunities, who else might influence your decision (e.g., parents, departments, advisors, friends, etc.)?
- 11) For each of the people you listed above, what motivation do you think they have for this influence?

Follow-Up Email:

Dear Research Study Participant,

Thank you for your previous participation in the goal-modeling session. We hope it was informative and helpful for you, and we appreciate your contribution during the session. As a brief follow up, we would appreciate it if you took the time to answer a handful of questions concerning your previous session and your conclusion:

1. What further thoughts have you had about the scenario you discussed in the in-person session?
2. Have any of your decisions changed during this period of time? If so, what changed and what is your new decision?
3. Did the session help you formulate new goals or plans for the future? If so, can you describe them?
4. Any additional comments about your participation?

We thank you for your continued cooperation and look forward to hearing back from you. Please feel free to reach out with further questions or concerns regarding the research at any time.

Sincerely,

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