

Healthy Eating



i d t n S p е е r 0 0 b h S m α r 0 n е n e d l l f t С α d X e u f i d b i α α C 0 y e t t t g S u α m S r r h k t t S u C S C n l i i i m n е r α S S u f S m y α S y g u g u 9 d l y u a α е r e n m α l t t t b t е е V y 0 r i b į h d t e С S α 0 α h d t S n V e y e a \mathfrak{a}

body bones calcium diet exercise fat fruit healthy minerals protein salad salt sugar vegetables vitamins

