

HOW TO IDENTIFY YOUR SUITABLE HELPER

“The LORD God said, “It is not good for the man to be alone. I will make a helper suitable for him.” Then the LORD God made a woman from the rib He had taken out of the man, and He brought her to the man. The man said, “This is now bone of my bones and flesh of my flesh; she shall be called ‘woman,’ for she was taken out of man” (Genesis 2:18; 22-23).

First of all, it should be noted that Marriage is one of the noble institutions God has established and so people ought to prepare themselves very well, and allow God to guide them in making a right choice before saying “Yes, I do”. Because a man saying “Yes” to a woman doesn’t only means “Yes” to that woman, it also means “No” to all other women; in the same way a woman saying “Yes” to a man doesn’t only means “Yes” to that man but also means “No” to all other men.

You can not love a wrong person because everybody deserves love, but you can marry a wrong person because not everybody is your suitable helper. We are therefore going to look at how the word of God can help us to know our suitable helpers in choosing life partners for marriage.

“IT IS NOT GOOD FOR THE MAN TO BE ALONE”

The Hebrew word translated ‘man’ in this verse is ‘âdâm’ which means mankind or human being. This verse therefore was not exclusively about man in a masculine sense as some take it to be but about Adam as the first human being created. Again, the ‘man’ God was talking about in this verse was Adam as the first man created and not referring to all human beings in general as some people mistakenly quote this verse to reinforce the idea that everyone should marry.

God never commands that everyone should marry. The word of God rather states that “some are eunuchs because they were born that way; others were made that way by men; and others have renounced marriage because of the kingdom of heaven. The one who can accept this should accept it” (Matt 19:12).

“I WILL MAKE A HELPER SUITABLE FOR HIM”

So, it wouldn't be good for Adam to be alone because of the purpose God had for humanity and for what He wanted Adam to be. God therefore pronounced the solution saying; “I will make a helper suitable for him.” We know God cannot lie (Num. 23:19); and therefore we can boldly say it without fear that indeed Eve was a helper suitable to Adam.

Who is a helper? A helper is someone who improves your life to make it better and easier. There are people in your life who help to develop the good things in you, who correct you when you go wrong and praise you when you are doing exploits; these are people who are marriageable and not those who try to bury your dreams.

Again, it should be noted that God did not just provide any helper for Adam but a helper ‘suitable’ for him. The King James Version says; _“help meet for him”._ Now when we say something ‘meets’ another, it means it satisfies it, it is the suitable and right one for it. Of course there were many animals in the Garden which were helpers to Adam, yet none of them was suitable for him. Not all helpers are therefore suitable for marriage. In choosing life partners, we shouldn't only choose people who are helpers but helpers who are suitable, just as Eve was a suitable helper for Adam.

IDENTIFYING YOUR SUITABLE HELPER

Now how will your reaction be when you meet your suitable helper? The answer to this question can be found from the reaction of Adam when he saw his suitable helper. When Adam saw Eve, he said; “This is now bone of my bones and flesh of my flesh.” This means Adam saw himself in Eve. Adam saw that upon all the creations he had named so far, Eve was the only being who was having his nature. Therefore one way you will know someone is your suitable helper is that, you will see yourself in that person just as Adam saw himself in Eve.

So what does it mean to see yourself in someone? It means you will see that the person has a similar nature with you; He or she will like most of the things you like and reject most of the things you reject. Of course you can not agree on every matter but you will notice that both of you have many things in common; like your believe system, your interests, how you perceive morality and so on.

You will see that the person loves most of the things you love and hates most of the things you hate; he or she accepts most of the things you accept and rejects most of the things you reject. As said earlier, both of you can not agree on every matter, but in most cases you will agree. For how can you call someone who loves almost all the things you hate; hates almost all the things you love and disagrees with you almost in everything your suitable helper? "Can two walk together, except they be agreed?" (Amos 3:3).

Therefore one way you can identify your suitable helper is that, you will see yourself in that person; just as Adam saw himself in Eve as the bone of his bones and flesh of his flesh.