

CA3 Trigger Question

Topic 3: Operant Conditioning

Your assignment is to choose one behaviour (it can be desirable or undesirable) which and you will like to modify, using the operant conditioning principles you learned about in the lesson.

You **may refer** to the following questions when writing your journal.

Important: Do be creative when writing your journal. The questions below serve a reference for your assignment.

- What behaviour will you like to modify?
- Why do you want to modify this behaviour?
- What form of operant conditioning will you apply to modify your behaviour?
Positive /Negative Reinforcement, Positive /Negative Punishment.
- Describe the steps that you will take in detail.
- Why do you choose these steps?

For more information about writing the Learning Journal, refer to the CA3 Brief.