**Name:** Kayla Charles

**Date of Birth**: 10/27/2006

**Dates of Services:** 07/27/2021 **Time**: 10:30am

**Date of Report**: 7/27/2021

**CPT Code: 90791**

**Age**: 14 years, 9 months

**Grade:** ??

**School:** Developmental Disabilities Institute

**District:** ??

**Parent’s Name:** Sharon McCloud

**Referred By:** Referred by Dr. Duper

**Present:** Mother

**Relevant History**: Kayla is a 15-year-old young woman enrolled in the Developmental Disability Institute, a school for children with developmental and intellectual disabilities. Kayla was referred by Dr. Duper, her cardiologist, due to concerns regarding her high blood sugar. Kayla is currently pre-diabetic. According to Ms. McCloud, Kayla began to gain weight during puberty, but also that she has become increasingly inactive following a surgery she underwent to address scoliosis in 2017. Mrs. McCloud reports Dr. Duper had prescribed a medication, saxenda, to address her weight-concerns however this medication was not approved by Ms. McCloud’s insurance. She is seeking information regarding behavioral treatments to address Kayla’s inactivity and other maintaining factors contributing to her weight gain.

**Review of Questionnaires:** The Parent Conners 3- Short Form contains forty-three statements relating to inattention, hyperactivity/impulsivity, learning problems, executive functioning, defiance/aggression, and peer relations. The Teacher Conners Short Form contains thirty-nine statements relating to inattention, hyperactivity/impulsivity, learning/executive functioning, defiance/aggression, and peer relationships. The person completing the Conners is asked to rate a child’s behavior within the past month.   
  
  
The Parent Symptom Checklist is a 97-item questionnaire that identifies children likely to have certain diagnosis based on the parent’s report The Child Symptom Inventory 4 – Teacher Checklist is an 87-item questionnaire that identifies children likely to have certain psychiatric disorders based on the teacher’s report.  
  
Questionnaires have been sent!!!!

**Medical History:** Ms. McCloud reports there were no complications during either Kayla’s prenatal period or birth. Kayla was born to term. There is no history of chronic illness. Kayla met language, fine and gross motor milestones. However, she had significant language delays and she is primarily nonverbal.   
  
Kayla underwent back surgery for scoliosis in 2017. Ms. McCloud reports the surgery was effective but that Kayla still suffers from low mobility of her right shoulder. She reports that it is difficult for Kayla to communicate when she is in pain but that she suspects her daughter may continue to struggle with pain due to her surgery.

**Cardiac Clearance was not obtained.**

**Developmental/Educational History:**

|  |  |  |  |
| --- | --- | --- | --- |
| **School Year** | **Grade** | **Age** | **School /Services** |
| **2010-2011** | **K** | **5** | **Wyandanch Elementary School** |
| **2011-2012** | **1st** | **6** | **Developmental Disabilities Institute** |
| **2012-2013** | **2nd** | **7** | **Developmental Disabilities Institute** |
| **2013-2014** | **3rd** | **8** | **Developmental Disabilities Institute** |
| **2014-2015** | **4th** | **9** | **Developmental Disabilities Institute** |
| **2015-2016** | **5th** | **10** | **Developmental Disabilities Institute** |
| **2016-2017** | **6th** | **11** | **Developmental Disabilities Institute** |
| **2017-2018** | **7th** | **12** | **Developmental Disabilities Institute** |
| **2018-2019** | **8th** | **13** | **Developmental Disabilities Institute** |
| **2019-2020** | **9th** | **14** | **Developmental Disabilities Institute** |
| **2020-2021** | **10th** | **15** | **Developmental Disabilities Institute** |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **IEP Date** | **Classification** | **Class** | **Related Services** | **Reading** | **Math** | **Actual Grade** |
|  | Autism |  | Physical Therapy (x times/week), Speech/Language (x times/week) |  |  |  |
|  | Autism |  | Physical Therapy (x times/week), Speech/Language (x times/week) |  |  |  |
|  | Autism |  | Physical Therapy (x times/week), Speech/Language (x times/week) |  |  |  |
|  | Autism |  | Physical Therapy (x times/week), Speech/Language (x times/week) |  |  |  |
|  | Autism |  | Physical Therapy (x times/week), Speech/Language (x times/week) |  |  |  |
|  | Autism |  | Physical Therapy (x times/week), Speech/Language (x times/week) |  |  |  |
|  | Autism |  | Physical Therapy (x times/week), Speech/Language (x times/week) |  |  |  |
|  | Autism |  | Physical Therapy (x times/week), Speech/Language (x times/week) |  |  |  |
|  | Autism |  | Physical Therapy (x times/week), Speech/Language (x times/week) |  |  |  |
|  | Autism |  | Physical Therapy (x times/week), Speech/Language (x times/week) |  |  |  |
|  | Autism |  | Physical Therapy (x times/week), Speech/Language (x times/week) |  |  |  |
|  | Autism |  | Physical Therapy (x times/week), Speech/Language (x times/week) |  |  |  |

Kayla received ABA from \_\_\_\_ to \_\_\_\_, along with OT from \_\_\_\_ to \_\_\_\_. Starting in 2019, she began to receive self-direction from OPWDD.

Developmental and Educational History (Milestones, educational changes)

* Diagnosed around 18 months w/ Autism
  + Speech was biggest concern
  + Had evaluation
  + Had ABA, speech early on, OT, PT
  + PT, speech
  + Has behavioral therapist
  + Previously been getting OT
  + ABA earlier on

**Family History**: Kayla lives with her mother, older sister, and her niece. Ms. McCloud reports she has a good relationship with her family. Her mother reported a family history of depression and anxiety, but no other psychiatric history of note.

**Spiritual History**: Ms. McCloud does not endorse any religious beliefs.

**Diagnosis: Autism Spectrum Disorder F84.0**

**Recommendation:** In consultation with Dr. Hittelman, she recommended behavioral therapy to address Kayla’s eating behaviors and requested a list of providers be sent to Ms. McCloud. Proud Moments was highlighted especially. She also recommended that Ms. McCloud reach out to DDI to determine what options may be available at the school. Additionally, Dr. Hittelman recommended that Ms. McCloud determine, if possible, the amount of pain Kayla experiences due to her back. She asked that Kayla’s pediatrician be consulted to determine if advil would be appropriate for her to take. Dr. Hittelman also suggested a behavioral modifications Ms. McCloud might make in order to reduce the availability of unhealthy snacks for Kayla, specifically locking the snack cabinet. Lastly, she requested that the most recent IEP for Kayla (2020-2021) be sent. A follow-up appointment was scheduled for Thursday, August 26th, at 11:15am.

**Joan Hittelman, Ph.D. Andrew Miele**

**Psychologist Psychology Extern**

**NYS 005640-1**