

Visualizing the differences between Forest Kindergarten and traditional Kindergarten to show the benefits of being in nature

▼ Origin

- ▼ Why outside?
 - ▼ Broader benefits of kids spending time outside
 - <https://mailchi.mp/1539a8e2bef2/children-nature-network-research-digest-august-2020>
- ▼ Where did it start?
 - ▼ Location
 - <https://www.growingwildforestschool.org/post/the-brief-history-heritage-of-forest-schools-around-the-world>
- ▼ Who started it?
 - Credentials: what prior knowledge was used in it's development?
 - Beliefs: Did the original teacher subscribe to any specific teaching methods? Waldorf?
- ▼ Current offerings
 - Where is it currently offered?
 - ▼ Organizations working to promote it
 - <https://www.forestkindergartenassociation.org/>
 - <https://forestkinder.org/>
 - <https://www.theforestschoolfoundation.org/>
 - Full list: <https://www.theforestschoolfoundation.org/research-resources>

▼ Structure

- ▼ Supplies
 - ▼ Items (pencil vs. warm coat)
 - ▼ Traditional
 - <https://www.kindergartenworks.com/teacher-tools/kindergarten-school-supply-list/>

- ▼ Forest

- https://docs.google.com/document/d/1yJHNalz-j9y8TU1xAmVZErceopXAAgy61HHoeoJ_-nc/edit

- Cost of supplies - is it more affordable to supply your child for one vs the other?

- ▼ Daily Schedule

- ▼ Activities

- ▼ Reach out to teachers to get a sample school day plan

- ▼ Traditional

- Jane Mitchell - set up a phone call

- ▼ Forest

- <https://www.merrohawke.org/contact-directions/>

- Hours per day

- Indoor vs. Outdoor time

- ▼ Learning Expectations

- ▼ Curriculum

- ▼ Traditional

- http://www.corestandards.org/wp-content/uploads/ELA_Standards1.pdf

- ▼ Forest

- <https://naturalstart.org/feature-stories/flow-learning-forest-kindergarten>
 - <https://www.theforestschoolfoundation.org/background-information-history>

- ▼ Rules

- How strict/structured is the experience?

- ▼ **Outcomes**

- ▼ Preparation for first grade

- ▼ Skills needed vs already acquired

- <https://www.mdpi.com/2075-4663/7/6/134/htm>

- ▼ Academic performance

- ▼ Grades over time

- <https://research.childrenandnature.org/research-library/results/?h=sJDvdjkD>
 - <https://www.childrenandnature.org/wp->

content/uploads/2017/10/CNN_2016GSY_AcadOut_d7-3.pdf

- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4195655/>

▼ Personality Development

- Confidence/independence

▼ Creativity

- <https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0051474>

▼ Other

- <https://research.childrenandnature.org/research/learning-outside-the-classroom-can-help-children-develop-important-skills-for-future-success-in-the-workplace/>
- <https://journals.plos.org/plosmedicine/article?id=10.1371/journal.pmed.1003213>