Command Synopsis Cheat Sheet

Section	Meaning
[THING]	THING is optional.
<THING>	THING is mandatory (required)
THING …	THING can be repeated (limitlessly)
THING1 | THING2	Use THING1 **OR** THING2. Not Both.
THING	[Notice the Italics] Replace *THING* with whatever is appropriate.

Useful Extra Resource:

https://medium.com/@jaewei.j.w/how-to-read-man-page-synopsis-3408e7fd0e42