SEYED PARMOO

2537194091 cyrusparmoo@gmail.com Gig Harbor, WA 98329

SUMMARY

Knowledgeable Maintenance offers 4 years of troubleshooting and repair experience with advanced technical knowledge. Dependable and service-driven with strong safety record and excellent follow-through. Well-versed in consulting blueprints and schematics to assess repair needs. Safety-minded Maintenance bringing more than 4 years of experience in equipment maintenance and restoration. Skillful in navigating complex installations to maintain performance level expectations. Familiar with general maintenance processes and methods.

SKILLS

- Troubleshooting Strength
- Power and Hand Tool Use
- Electrical Certification
- Understanding Schematics
- Piping Systems Maintenance
- Cutting Torches
- Clear Communication
- Repair Work Planning
- Relationship Building
- Electrical Component Replacement
- Problem Detection and Resolution

- Hand and Power Tool Operation
- Perceptual Speed
- Supply and Parts Ordering
- Metal Welding
- Wiring Installation and Repair
- Facilities Painting and Repair
- Reporting and Documentation
- Maintenance Scheduling
- Safety-Oriented Mindset
- Organizational Ability
- Equipment Repair

EXPERIENCE

Maintenance Technician

Gran Inc | Seattle, WA | Nov 2018-Current

- Operated hand and power tools to complete repairs.
- Maintained clear and safe workspace areas to meet OSHA standards.
- Installed new systems, replacement parts and components to maintain proper operation.
- Completed basic carpentry tasks and installed shelves, hooks and closet rods to meet customer needs.
- Conducted performance and safety inspections on equipment and machinery to maintain operational baseline.
- Changed HVAC filters and cleaned condensation drains to perform preventive maintenance on HVAC systems.
- Responded to personnel queries and troubleshooting requests to provide repair services to improve operations.
- Replaced wall sockets, ran lines and completed basic carpentry to finish installations.
- Checked electrical components to identify defects and hazards and make necessary

adjustments.

- Implemented diagnostics to identify failures, determine parts and material requirements and facilitate repairs.
- Cleared clogged drains and replaced valves, faucets and fixtures.
- Inspected alarm systems and monitors to comply with fire, carbon monoxide and other safety levels.
- Designed, fabricated and installed upgrades to improve existing equipment.
- Read and interpreted equipment and work orders to properly perform required maintenance services.
- Scheduled preventive maintenance programs to keep equipment in good working condition.
- Inspected grounds and buildings to identify, minimize and correct hazardous property conditions or liability concerns.
- Used micrometers and calipers to inspect disassembled parts for wear.
- Disassembled appliances to diagnose problems and facilitate repairs.

EDUCATION AND TRAINING

Associate of Science: Customer EngineerDast Gheyb | Shiraz,Iran | Feb 2008

LANGUAGES

English:					Persian:				
Full Professional				Native/Bilingual					

ACCOMPLISHMENTS

- Wallpaper for DMV olympia
- Painting GEM way apartments
- Painting ALOHA apartments
- Painting Spanish hills apartments
- Maintenance Gem way and Aloha apartments
- Welding Lakewood 1 duer fencing