

# Modeling and Quantification of Repolarization Feature Dependency on Heart Rate

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## Keywords

Rate adaptation, T-peak to T-end, QT interval

## Summary

**Introduction:** This article is part of the Focus Theme of *Methods of Information in Medicine* on “Biosignal Interpretation: Advanced Methods for Studying Cardiovascular and Respiratory Systems”.

**Objectives:** This work aims at providing an efficient method to estimate the parameters of a non linear model including memory, previously proposed to characterize rate adaptation of repolarization indices.

**Methods:** The physiological restrictions on the model parameters have been included in the cost function in such a way that unconstrained optimization techniques such as descent optimization methods can be used for parameter estimation. The proposed method

has been evaluated on electrocardiogram (ECG) recordings of healthy subjects performing a tilt test, where rate adaptation of QT and Tpeak-to-Tend ( $T_{pe}$ ) intervals has been characterized.

**Results:** The proposed strategy results in an efficient methodology to characterize rate adaptation of repolarization features, improving the convergence time with respect to previous strategies. Moreover,  $T_{pe}$  interval adapts faster to changes in heart rate than the QT interval.

**Conclusions:** In this work an efficient estimation of the parameters of a model aimed at characterizing rate adaptation of repolarization features has been proposed. The  $T_{pe}$  interval has been shown to be rate related and with a shorter memory lag than the QT interval.

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## 1. Introduction

The QT and Tpeak-to-Tend ( $T_{pe}$ ) intervals are commonly used to describe overall repolarization duration and its spatial dispersion from the electrocardiogram (ECG). Prolongations of these intervals have been related to increased arrhythmic risk under a variety of clinical conditions [1].

The QT interval is known to be influenced by changes in heart rate (HR) and the use of HR correction is crucial in the estimation of QT prolongation. However, the rate dependence of the  $T_{pe}$  interval is still an issue. Previous studies characterizing  $T_{pe}$  rate dependence are controversial, with  $T_{pe}$  shown to be independent of HR by

some authors [2] and markedly HR dependent by others [3, 4].

In this work, a model previously proposed to estimate QT rate adaptation [5] was used to estimate both QT and  $T_{pe}$  rate adaptations. In [5], the DiRect method, which is a derivative free optimizer, was used to solve the model in the QT case. The physiological restrictions on the model parameters and the computational time required for the estimation led us to propose an efficient estimation method that uses a quasi-Newton optimization technique.

The proposed method was evaluated in ECG recordings presenting changes in the RR interval in which  $T_{pe}$  rate adaptation was characterized and compared to QT adaptation.

## 2. Methods

### 2.1 Model Formulation

The model illustrated in ►Figure 1 describes the relationship between the RR interval series (input) and the  $T_{pe}$  series  $y_{Tpe}[n]$  (output), sampled to 1 Hz. The problem consists in the identification of two blocks, a FIR filter and a nonlinear function, which relate  $x_{RR}[n]$  and  $y_{Tpe}[n]$  (analogously  $x_{RR}[n]$  and  $y_{QT}[n]$ ).

The first block corresponds to a time invariant Nth-order FIR filter with impulse response:

$$\mathbf{h} = (h[1], \dots, h[N])^T$$

whose output is denoted by  $z_{RR}[n]$ . The impulse response  $\mathbf{h}$  includes information about the memory of the system, that is, a characterization of the influence of pre-

vious RR intervals on each  $T_{pe}$  measurement. The order  $N$  of the filter was set to 150 samples after sampling to 1 Hz corresponding to 150 seconds, expected to exceed the  $T_{pe}$  and QT memory lag for the population used in this study.

The second block is a function  $g_k(\cdot, \mathbf{a})$ , which is parameterized by the vector  $\mathbf{a} = [a_0, a_1]^T$ .  $g_k(\cdot, \mathbf{a})$  represents the relationship between the RR interval and the  $T_{pe}$  interval once the memory effect has been compensated for, and in this study it was particularized and optimized for each subject using one of the regression functions  $g_k$  described below.

The output of the model  $\hat{y}_{Tpe}[n]$  is defined as:

$$\hat{y}_{Tpe}[n] = g_k(z_{RR}[n], \mathbf{a}) \quad (1)$$

In vector notation,  $z_{RR}$ , is the convolution between the input vector  $\mathbf{x}_{RR}$  and the impulse response  $\mathbf{h}$ , and can be expressed as  $z_{RR} = \mathbf{x}_{RR} \cdot \mathbf{h} = \mathbf{X}_{RR}\mathbf{h}$ , where  $\mathbf{X}_{RR}$  is the Toeplitz matrix of  $\mathbf{x}_{RR}$ :

$$\mathbf{X}_{RR} = \begin{pmatrix} x_{RR}[N] & x_{RR}[N-1] & \dots & x_{RR}[1] \\ x_{RR}[N+1] & x_{RR}[N] & \ddots & \vdots \\ \vdots & \vdots & \ddots & \vdots \\ x_{RR}[M] & x_{RR}[M-1] & \dots & x_{RR}[M-N+1] \end{pmatrix}$$

which is a  $(M - N + 1) \times N$  matrix, where  $M$  is the length of the signal  $\mathbf{x}_{RR}$ .

Different biparametric regression functions that span from a linear to a hyperbolic relationship, as described in [5], were considered for  $g_k(\cdot, \mathbf{a})$ , and the one that best fitted the data of each subject was identified. Three examples are:

$$\text{Linear: } \hat{y}_{Tpe}[n] = g_1(z_{RR}[n], \mathbf{a}) = a_0 + a_1 z_{RR}[n] \quad (2)$$

$$\text{Hyperbolic: } \hat{y}_{Tpe}[n] = g_2(z_{RR}[n], \mathbf{a}) = a_0 + \frac{a_1}{z_{RR}[n]} \quad (3)$$

$$\text{Parabolic: } \hat{y}_{Tpe}[n] = g_3(z_{RR}[n], \mathbf{a}) = a_0 \cdot z_{RR}[n]^{a_1} \quad (4)$$

The optimum values of the FIR filter response  $\mathbf{h}$ , function  $g_k$  and vector  $\mathbf{a}$ , were searched for by minimizing a least square estimator between the estimated output

$\hat{y}_{Tpe}[n]$  (►Equation 1) and  $y_{Tpe}[n]$ , for each subject independently using its whole recording. However, as described in [5], this optimization problem is an “ill-posed” problem, where a regularization term including a priori information of the solution should be added. In this a Tikhonov regularization approach was used [6]. Rate dependence of repolarization features was modeled as an exponential decay. Deviations of  $\mathbf{h}$  from having an exponential decay were penalized by considering the following regularization matrix  $\mathbf{D}$  (5):

$$\mathbf{D} = \begin{bmatrix} \tau & -1 & 0 & \dots & 0 \\ 0 & \tau & -1 & \ddots & \vdots \\ \vdots & \ddots & \ddots & \ddots & 0 \\ 0 & \dots & 0 & \tau & -1 \end{bmatrix}$$

Note that in case of  $\mathbf{h}$  having an exponential decay expressed as  $h[j] = e^{-\lambda j} = \tau^j$ , the equality  $\|\mathbf{D}\mathbf{h}\| = 0$  holds.

The value of  $\tau$  was estimated as the best exponential decay of  $\mathbf{h}$  that leads to the minimum mean square error between  $y_{Tpe}[n]$  and  $\hat{y}_{Tpe}[n]$  using the linear regression model  $g_1$ .

The estimator thus turns into a regularized least square estimator:

$$\{\mathbf{h}^*, \mathbf{a}^*, k^*\} = \arg \min_{\{\mathbf{h}, \mathbf{a}, k\}} (J_k(\mathbf{h}, \mathbf{a})) \quad (5)$$

with  $J_k(\mathbf{h}, \mathbf{a})$ , the cost function to be minimized for each regression model, defined as:

$$J_k(\mathbf{h}, \mathbf{a}) = \|y_{Tpe} - g_k(\mathbf{x}_{RR} \cdot \mathbf{h}, \mathbf{a})\|^2 + \beta^2 \|\mathbf{D}\mathbf{h}\|^2. \quad (6)$$

In the above expression  $\beta^2$  is a regularization parameter that controls the weight given to the regularization energy  $\|\mathbf{D}\mathbf{h}\|^2$  relative to the residual energy  $\|y_{Tpe} - \hat{y}_{Tpe}\|^2$ . In this study the value of

$\beta$  was obtained by using the “L-curve” criterion [7].

Regarding  $k^*$  in ►Equation 5, the optimum regression function  $g_k(\cdot, \mathbf{a})$  was determined as the one that minimizes the mean square error for each subject independently.

Additionally, in the above described problem, the optimal estimation of  $\mathbf{h}$  was subject to two constraints: the sum of the  $\mathbf{h}$

components has to be 1 ( $\sum_{i=1}^N h[i] = 1$ ) to en-

sure normalized filter gain, and all the components of  $\mathbf{h}$  have to be non-negative ( $h[i] \geq 0$ ) to give a physiological plausible interpretation.

## 2.2 Optimization Including Restrictions

In this work we reparameterized  $J_k(\mathbf{h}, \mathbf{a})$  in order to incorporate the two restrictions and we used a “quasi-Newton” optimization technique to minimize the new cost function.

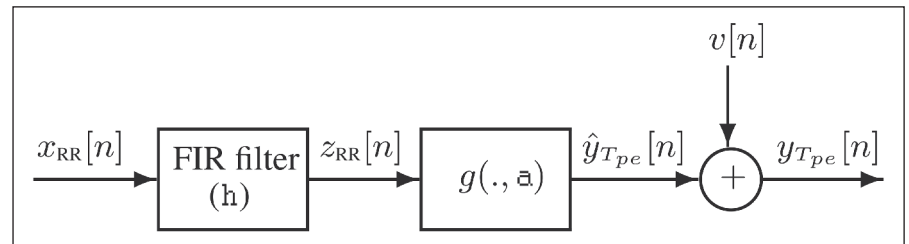
In order to minimize the cost function in ►Equation 6, subject to the previously described constraints, we defined

$$h[j] = \frac{\tilde{h}[j]^2}{\sum_i \tilde{h}[i]^2}, \text{ and optimized over } \tilde{\mathbf{h}}$$

without any constraints. The new cost function was:

$$\tilde{J}_k(\tilde{\mathbf{h}}, \mathbf{a}) = J_k\left(\frac{\tilde{\mathbf{h}}^2}{\sum_i \tilde{h}[i]^2}, \mathbf{a}\right)$$

over which unconstrained optimization techniques can be used.  $\tilde{\mathbf{h}}^2$  is defined as  $\tilde{\mathbf{h}}^2 = [\tilde{h}[1]^2, \dots, \tilde{h}[N]^2]$ . The function  $\tilde{J}_k(\tilde{\mathbf{h}}, \mathbf{a})$  was optimized over  $\tilde{\mathbf{h}}$  and over  $\mathbf{a}$  for



**Figure 1** Block diagram describing the relationship between the  $T_{pe}$  interval and the RR interval, which consists of a time invariant FIR filter, with impulse response  $\mathbf{h}$ , and a nonlinear function described by vector  $\mathbf{a}$ .  $v[n]$  accounts for the modeling error.

**Table 1** Example of the derivatives of three regression functions  $g_k(\mathbf{z}_{RR}, \mathbf{a})$ , with respect to  $\mathbf{z}_{RR}$  and  $\mathbf{a}$ .

$\left( \frac{\partial g_k(\mathbf{z}_{RR}, \mathbf{a})}{\partial \mathbf{z}_{RR}} \right)$  diag is the diagonal of the matrix  $\frac{\partial g_k(\mathbf{z}_{RR}, \mathbf{a})}{\partial \mathbf{z}_{RR}}$ .  $\mathbf{1}$  represents a N-length vector of

ones. All mathematical expressions are element-wise.

Model $g_k$	$\text{diag} \left( \frac{\partial g_k(\mathbf{z}_{RR}, \mathbf{a})}{\partial \mathbf{z}_{RR}} \right)$	$\frac{\partial g_k(\mathbf{z}_{RR}, \mathbf{a})}{\partial a_0}$	$\frac{\partial g_k(\mathbf{z}_{RR}, \mathbf{a})}{\partial a_1}$
$a_0 + a_1 \mathbf{z}_{RR}$	$a_1 \mathbf{1}$	1	$\mathbf{z}_{RR}$
$a_0 + \frac{a_1}{\mathbf{z}_{RR}}$	$\frac{-a_1}{\mathbf{z}_{RR}^2}$	1	$\frac{1}{\mathbf{z}_{RR}}$
$a_0 \cdot \mathbf{z}_{RR}^{a_1}$	$a_0 a_1 \mathbf{z}_{RR}^{a_1-1}$	$\mathbf{z}_{RR}^{a_1}$	$a_0 \log(\mathbf{z}_{RR}) \mathbf{z}_{RR}^{a_1}$

$$\frac{\partial \tilde{J}}{\partial \tilde{\mathbf{h}}} = \frac{\partial \tilde{J}}{\partial g_k(\mathbf{z}_{RR}, \mathbf{a})} \frac{\partial g_k(\mathbf{z}_{RR}, \mathbf{a})}{\partial \mathbf{h}} \frac{\partial \mathbf{h}}{\partial \tilde{\mathbf{h}}} + \beta^2 \frac{\partial \|\mathbf{Dh}\|^2}{\partial \mathbf{h}} \frac{\partial \mathbf{h}}{\partial \tilde{\mathbf{h}}}$$

**Figure 2** Application of the chain rule to differentiate  $\tilde{J}$  with respect to  $\tilde{\mathbf{h}}$ 

$$\begin{pmatrix} dh[1] \\ \vdots \\ dh[N] \end{pmatrix} = \begin{bmatrix} \frac{\partial h[1]}{\partial \tilde{h}[1]} & \cdots & \frac{\partial h[1]}{\partial \tilde{h}[N]} \\ \vdots & \ddots & \vdots \\ \frac{\partial h[N]}{\partial \tilde{h}[1]} & \cdots & \frac{\partial h[N]}{\partial \tilde{h}[N]} \end{bmatrix} \begin{pmatrix} d\tilde{h}[1] \\ \vdots \\ d\tilde{h}[N] \end{pmatrix}$$

**Figure 3** Jacobian matrix relates perturbations of  $\tilde{\mathbf{h}}$  perturbations of  $\mathbf{h}$ 

$$\frac{\partial \mathbf{h}}{\partial \tilde{\mathbf{h}}} = \begin{bmatrix} \frac{\partial h[1]}{\partial \tilde{h}[1]} & \cdots & \frac{\partial h[1]}{\partial \tilde{h}[N]} \\ \vdots & \ddots & \vdots \\ \frac{\partial h[N]}{\partial \tilde{h}[1]} & \cdots & \frac{\partial h[N]}{\partial \tilde{h}[N]} \end{bmatrix} = \begin{pmatrix} \frac{2\tilde{h}[1]\sum \tilde{h}[i]^2 - 2\tilde{h}[1]^3}{(\sum \tilde{h}[i]^2)^2} & \cdots & \frac{-2\tilde{h}[N]\tilde{h}[1]^2}{(\sum \tilde{h}[i]^2)^2} \\ \vdots & \ddots & \vdots \\ \frac{-2\tilde{h}[1]\tilde{h}[N]^2}{(\sum \tilde{h}[i]^2)^2} & \cdots & \frac{2\tilde{h}[N]\sum \tilde{h}[i]^2 - 2\tilde{h}[N]^3}{(\sum \tilde{h}[i]^2)^2} \end{pmatrix}$$

**Figure 4** Explicit expression of the Jacobian matrix in terms of the components  $\tilde{h}[i]$ 

$$\begin{aligned} \tilde{J}_k &= \|\mathbf{y}_{Tpe} - g_k(\mathbf{z}_{RR}, \mathbf{a})\|^2 + \beta^2 \|\mathbf{Dh}\|^2 \\ &= (\mathbf{y}_{Tpe} - g_k(\mathbf{z}_{RR}, \mathbf{a}))^T (\mathbf{y}_{Tpe} - g_k(\mathbf{z}_{RR}, \mathbf{a})) + \beta^2 \|\mathbf{Dh}\|^2 \end{aligned}$$

**Figure 5** Explicit expression of  $\tilde{J}_k$ 

each regression function  $g_k$ . The estimated  $\hat{\mathbf{y}}_{Tpe}$  can be expressed as  $g_k(\mathbf{z}_{RR}, \mathbf{a})$ , which depends on  $\mathbf{h}$  by the relationship  $\mathbf{z}_{RR} = \mathbf{x}_{RR} \cdot \mathbf{h}$ . In order to differentiate  $\tilde{J}_k$  with respect to the first variable vector  $\tilde{\mathbf{h}}$  the chain rule was applied (►Figure 2), where the first term corresponds to the estimation error and the second one to the regularization error.

In ►Figure 2 the derivative  $\frac{\partial \mathbf{h}}{\partial \tilde{\mathbf{h}}}$ , also

called Jacobian matrix, is defined as the matrix of the derivatives of a vector-valued function with respect to another vector. It represents the effect on  $\mathbf{h}$  of a perturbation  $\partial \tilde{\mathbf{h}}$  of the vector  $\tilde{\mathbf{h}}$ : (►Figure 3),

Therefore, the derivative  $\frac{\partial \mathbf{h}}{\partial \tilde{\mathbf{h}}}$  was computed

as can be seen in ►Figure 4). Also in

►Figure 2 there is the factor  $\frac{\partial \tilde{J}}{\partial g_k(\mathbf{z}_{RR}, \mathbf{a})}$ .

To compute it, first note that  $\tilde{J}_k$  can be expressed as in ►Figure 5. Therefore,

$$\frac{\partial \tilde{J}_k}{\partial g_k(\mathbf{z}_{RR}, \mathbf{a})} = -2(\mathbf{y}_{Tpe} - g_k(\mathbf{z}_{RR}, \mathbf{a}))^T \quad (7)$$

Another factor in ►Figure 2 is  $\frac{g_k(\cdot, \mathbf{a})}{\partial \mathbf{h}}$ .

Taking into account that  $g_k$  depends on  $\mathbf{z}_{RR}$ , and  $\mathbf{z}_{RR} = \mathbf{X}_{RR}\mathbf{h}$ :

$$\begin{aligned} \frac{\partial g_k(\mathbf{z}_{RR}, \mathbf{a})}{\partial \mathbf{h}} &= \frac{\partial g_k(\mathbf{z}_{RR}, \mathbf{a})}{\partial \mathbf{z}_{RR}} \frac{\partial \mathbf{z}_{RR}}{\partial \mathbf{h}} \\ &= \frac{\partial g_k(\mathbf{z}_{RR}, \mathbf{a})}{\partial \mathbf{z}_{RR}} \mathbf{X}_{RR} \end{aligned} \quad (8)$$

$\frac{\partial g_k(\mathbf{z}_{RR}, \mathbf{a})}{\partial \mathbf{z}_{RR}}$  is a matrix since  $\partial g_k(\mathbf{z}_{RR}, \mathbf{a})$

and  $\partial \mathbf{z}_{RR}$  are vectors. Besides, a perturbation of the  $i$ -th element of the vector  $\mathbf{z}_{RR}$  produces an effect only on the  $i$ -th element of the vector  $g_k(\mathbf{z}_{RR}, \mathbf{a})$ , and then

$\frac{\partial g_k(\mathbf{z}_{RR}, \mathbf{a})}{\partial \mathbf{z}_{RR}}$  is a diagonal matrix.

For the three regression model examples shown in ►Equations 2–4, the diagonals of are shown in ►Table 1.

Finally, the derivative  $\frac{\partial \|\mathbf{Dh}\|^2}{\partial \mathbf{h}}$  in **Figure 2** can be calculated as:

$$\begin{aligned} \frac{\partial \|\mathbf{Dh}\|^2}{\partial \mathbf{h}} &= \frac{\partial}{\partial \mathbf{h}} (\mathbf{Dh})^T (\mathbf{Dh}) \\ &= 2(\mathbf{Dh})^T \mathbf{D} \end{aligned} \quad (9)$$

Eventually,  $\frac{\partial \tilde{J}}{\partial \mathbf{h}}$  was computed by introducing **Equations 7–9** into **Figure 2**.

In order to differentiate the cost function  $\tilde{J}$  with respect to the second variable vector  $\mathbf{a}$ , the chain rule was also applied:

$$\frac{\partial \tilde{J}}{\partial \mathbf{a}} = \frac{\partial \tilde{J}}{\partial \mathbf{g}_k(\mathbf{z}_{RR}, \mathbf{a})} \frac{\mathbf{g}_k(\mathbf{z}_{RR}, \mathbf{a})}{\partial \mathbf{a}}$$

The first term in the above expression was already calculated in **Equation 7**, while the second term is a  $N \times 2$  matrix where the

first column corresponds to  $\frac{\mathbf{g}_k(\mathbf{z}_{RR}, \mathbf{a})}{\partial a_0}$

and the second column to  $\frac{\mathbf{g}_k(\mathbf{z}_{RR}, \mathbf{a})}{\partial a_1}$ , both

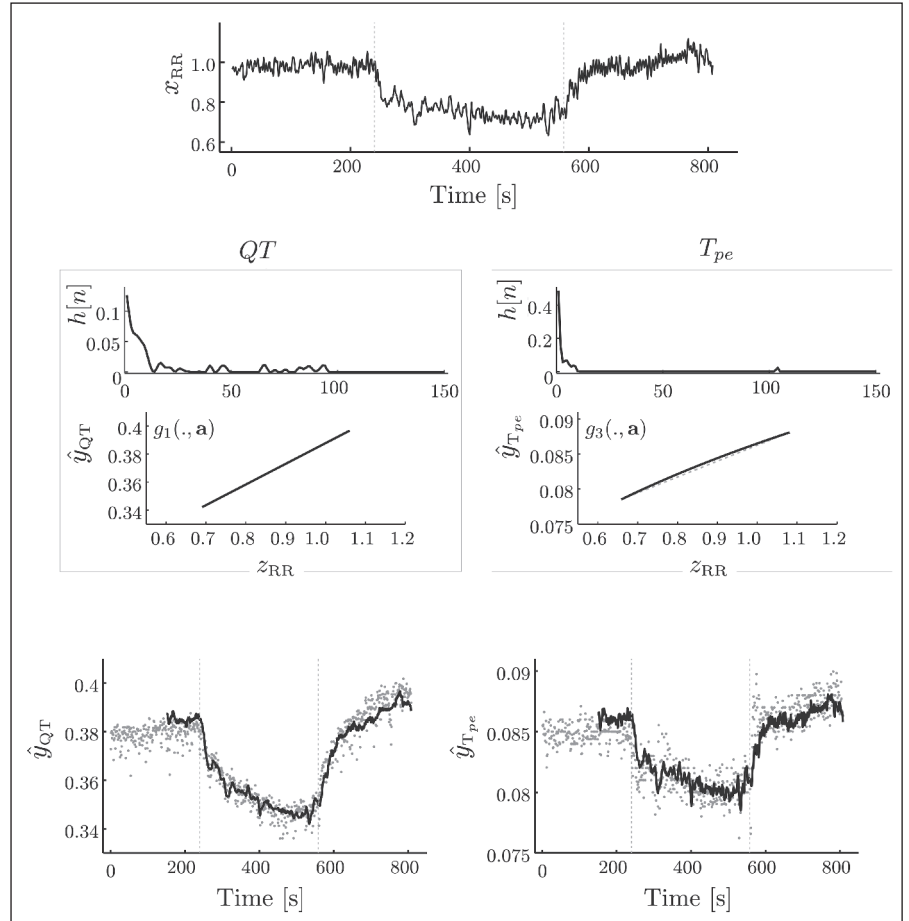
shown in **Table 1**.

### 2.3. Optimization Technique

In this work, a quasi-Newton optimization technique, the BFGS (Broyden-Fletcher-Goldfarb-Shanno), was used to minimize the cost function  $\tilde{J}_k(\mathbf{h}, \mathbf{a})$  [8]. BFGS quasi-Newton method estimates the Hessian (or the Hessian inverse) matrix preserving symmetry and positive definiteness. In each step, the estimation of the Hessian matrix is updated using the gradient information [8]. In order to compute the step size along each descent direction, obtained by the quasi-Newton method, a parabolic and a golden ratio line searches were used [9].

### 2.4 Study Population and Characterization of Repolarization Adaptation

ECG recordings of fifteen volunteers sampled at 1000 Hz were obtained during a head-up tilt test trial and used to characterize  $T_{pe}$  and QT rate adaptation. The tilt test



**Figure 6** Top panel:  $\mathbf{x}_{RR}$  series obtained from a subject of the study population. Middle and bottom panels: on the left, an example of how the reconstruction  $\hat{y}_{QT}$  (black solid line) of the QT interval series  $y_{QT}$  (gray dots), is obtained by  $\mathbf{x}_{RR}$  through the estimations of  $\mathbf{h}$  and  $\mathbf{g}_k(\cdot, \mathbf{a})$ . In this example, the optimum regression model for the QT interval is the linear one ( $k = 1$ ). On the right, analogously for the  $T_{pe}$ , the reconstruction  $\hat{y}_{Tpe}$  (black solid line) is shown. The optimum model regression in this case is the parabolic function ( $k = 3$ ). In dashed gray line, the linear function is also depicted for comparison purposes.

protocol generated two step-like RR changes with stabilized RR intervals after each of them (**Figure 6**, top panel).

ECG delineation was performed using a wavelet-based delineator [10]. RR, QT and  $T_{pe}$  intervals were computed from the ECG delineation marks in leads V2 and V4.

The time required for  $T_{pe}$  and QT to complete 90% of their rate adaptation, denoted by  $t_{90}$ , was computed by setting a threshold of 0.1 to the cumulative sum of the filter impulse response:

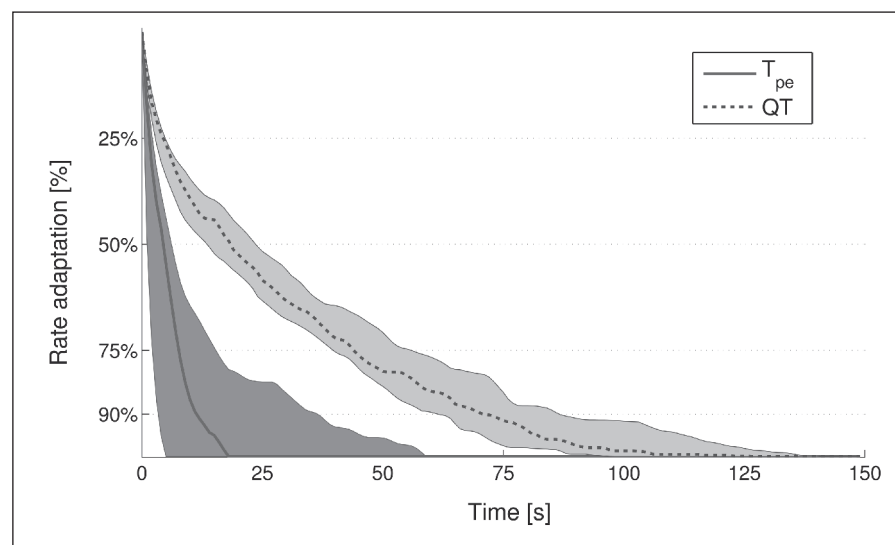
$$t_{90} = \frac{1}{f_s} \arg \max_n \left( \sum_{i=n}^N h[i] > 0.1 \right).$$

## 3. Results and Discussion

An example of the reconstruction of the  $y_{QT}[n]$  and  $y_{Tpe}[n]$  series, after estimating the corresponding  $h[n]$ , the regression model  $k$  and the coefficient vector  $\mathbf{a}$  are shown in **Figure 6**. The reconstructed  $\hat{y}_{Tpe}[n]$  and  $\hat{y}_{QT}[n]$ , shown in black solid lines, begin after 150 seconds corresponding to the length of the filter  $h[n]$ . The estimated regression functions in this example are different for the QT (linear model) and for the  $T_{pe}$  series (parabolic model).

In **Figure 7**, the median, first and third quartile of the  $T_{pe}$  rate adaptation,

$\sum_{i=n}^N h[i]$ , across the 15 recordings are shown



**Figure 7** Median, first and third quartile of the rate adaptation  $\sum_{i=1}^N h[i]$ , of  $T_{pe}$  and QT intervals.

and compared to those of the QT interval.  $t_{90}$  values are 23 s, in mean, for  $T_{pe}$  to complete 90% of the rate adaptation and 74 s for QT which is within clinical ranges [5]. The characterization of  $T_{pe}$  rate adaptation shows that  $T_{pe}$  is rate related and it has a shorter memory lag than the QT interval.

The cost function from ►Equation 6 with the

constraints  $\sum_{i=1}^N h[i] = 1$  and  $h[i] \geq 0$ , is a

convex function in a convex domain. Therefore, the problem has a unique solution. When comparing the proposed methodology with the one used in [5], which solved the model using a derivative free optimizer such as DiRect method, we obtained a ten times faster convergence for

the present method (obtaining the same results within the floating point precision). The algorithm proposed is faster since the restrictions are included in the cost function, resulting in an unconstrained optimization problem. Furthermore, the gradient was computed explicitly.

## 4. Conclusions

In this work an estimation strategy for the parameters of a model aimed at characterizing rate adaptation of repolarization features has been proposed. Physiological restrictions have been included into the cost function, which allowed the use of descent unconstrained optimization methods with a fast convergence and efficiency. The

evaluation of the method on a tilt test database shows results on rate adaptation times that are within clinical ranges.

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