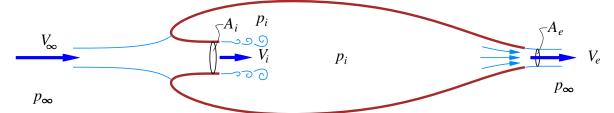
The diagram below shows an idealized aerodynamic body with some interior flow. The flow enters with velocity V_i through an inlet area A_i , and mixes out in in the interior plenum which has some pressure p_i . The flow then exits with a velocity V_e , through an effective exit area A_e .



Assuming incompressible flow, the mass flow relation gives the velocity ratio in terms of the area ratios.

$$\frac{V_e}{V_i} = \frac{A_i}{A_e} \tag{1}$$

The interior pressure and inflow velocity are related by the Bernoulli equation applied from the freestream to the interior jet, before it mixes out.

$$p_{\infty} + \frac{1}{2}\rho V_{\infty}^2 = p_i + \frac{1}{2}\rho V_i^2$$
 (2)

Applying Bernoulli from the nearly-still interior to the exit jet also relates the interior pressure to the exit jet, which is at the ambient p_{∞} .

$$p_i = p_\infty + \frac{1}{2}\rho V_e^2 \tag{3}$$

Combining the above equations gives the inflow and exit velocity ratios in terms of only the area ratio.

$$\frac{V_i}{V_{\infty}} = \frac{1}{\sqrt{1 + (A_i/A_e)^2}} \quad , \qquad \frac{V_e}{V_{\infty}} = \frac{A_i/A_e}{\sqrt{1 + (A_i/A_e)^2}} \tag{4}$$

Of particular interest is the mass flow and the interior mixing drag, both conveniently quantified in terms of their coefficients based on the exit area.

$$\frac{\rho V_e A_e}{\rho V_\infty A_e} = \frac{\dot{m}}{\rho V_\infty A_e} \equiv C_Q = \frac{A_i / A_e}{\sqrt{1 + (A_i / A_e)^2}} \tag{5}$$

$$\frac{\dot{m}(V_{\infty} - V_e)}{\frac{1}{2}\rho V_{\infty}^2 A_e} = \frac{D}{\frac{1}{2}\rho V_{\infty}^2 A_e} \equiv C_D = \frac{A_i/A_e}{\sqrt{1 + (A_i/A_e)^2}} \left[1 - \frac{A_i/A_e}{\sqrt{1 + (A_i/A_e)^2}} \right]$$
(6)

These are shown versus the area ratio in the plots below. It is evident that the least drag is obtained with a relatively large inlet area. The physical reason is that drag is the result of loss rate of flow kinetic energy via mixing, which here is equal to $\frac{1}{2}\dot{m}V_i^2$. Hence, for a fixed required mass flow, a large A_i gives a small V_i , and hence small mixing loss and low drag.

