# Regularization

Lecture series "Machine Learning"

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## **Agenda For Lecture**

- Training and test error
- Model complexity and overfitting
- Model selection and regularization



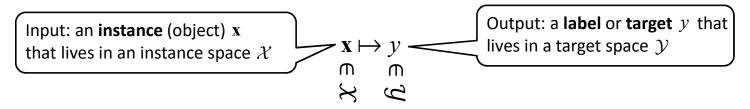
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## **Review: Supervised Learning**

Review: in supervised learning, the goal is to make predictions about objects



• To obtain predictions, we are looking for a **model** f that produces a prediction  $f(\mathbf{x}) \in \mathcal{Y}$  for an input instance  $\mathbf{x}$ 

$$f: \mathcal{X} \to \mathcal{Y}$$
 Input: instance  $\mathbf{x} \mapsto f(\mathbf{x})$  Output: prediction  $f(\mathbf{x})$ 

Model will be inferred from training data: a set of instances with observed targets

$$\mathcal{D} = \{(\mathbf{x}_1, y_1), ..., (\mathbf{x}_N, y_N)\}$$
Training instances  $\mathbf{x}_n \in \mathcal{X}$ : observed objects in training data, for example flowers, images of digits, or emails

Observed labels or targets  $y \in \mathcal{Y}$  in training data, for example classes of flowers, digits 0...9, or spam/legitimate classifications

### **Review: Assumptions About Data**

- For learning to work, we have to assume that there is some reasonably stable relationship between inputs and outputs that can be captured by a model
- Assumption: training example are independently drawn from (constant) joint distribution over inputs and outputs:

$$(\mathbf{x}_n, y_n) \sim p(\mathbf{x}, y)$$

- Because  $p(\mathbf{x}, y) = p(\mathbf{x})p(y | \mathbf{x})$ , the assumption can be reformulated as
  - The instances  $\mathbf{x}_n$  are sampled from a probability distribution over instances.
  - p(x) describes distribution over population of objects
  - For example, certain flowers, digits, or email texts are encountered with a certain probability

$$\mathbf{x}_n \sim p(\mathbf{x})$$
$$\mathbf{y}_n \sim p(\mathbf{y} \,|\, \mathbf{x}_n)$$

- Given an instance  $\mathbf{x}_n$ , its label is drawn from a distribution  $p(y | \mathbf{x}_n)$  that represents the relationship between input and output.
- The relationship could be deterministic (probabilities 0 or 1) but this formulation also allows for randomness or noise in data

#### **Goal: Low Error at Application Time**

• Model f is often a parameterized function  $f_{\theta}$ , and its parameters are learned by minimizing a loss function on the training data:

$$\mathbf{\theta}^* = \arg\min_{\mathbf{\theta}} L(\mathbf{\theta})$$

$$L(\mathbf{\theta}) = \frac{1}{N} \sum_{n=1}^{N} \ell(f_{\mathbf{\theta}}(\mathbf{x}_n), y_n)$$

- Alternatively, can maximize a "gain function" such as likelihood on training data
- However, the eventual goal of learning is not to perform well on training data
  - After training, the model will be deployed in an application domain
  - After deployment, the model has to make predictions for novel instances which have not been part of the training set
  - These are assumed to be drawn from the same distribution as the training data
  - The goal of learning is to obtain a model that performs well on these novel instances, not the training instances

#### **Test Error**

- The predictive performance on novel instances at application time can be defined by the expected loss or error of the model on a new, randomly drawn instance
  - Assume we are drawing a novel instance (not part of training data) with corresponding label

$$\mathbf{x}_{new} \sim p(\mathbf{x})$$
$$y_{new} \sim p(y \mid \mathbf{x}_{new})$$

– Given a function  $\ell_{eval}$  that measures the loss or error between the true label  $y_{new}$  and prediction  $f_{\theta}(\mathbf{x}_{new})$ , we can measure

$$\ell_{eval}(y_{new}, f_{\theta}(\mathbf{x}_{new})) \in \mathbb{R}$$

- The expectation of this quantity is obtained by integrating over  $\mathbf{x}$  and y:

$$R(f_{\theta}) = \mathbb{E}[\ell_{eval}(y, f_{\theta}(\mathbf{x}))] = \iint \ell_{eval}(y, f_{\theta}(\mathbf{x})) p(\mathbf{x}, y) d\mathbf{x} dy$$

- The quantity  $R(f_{\theta})$  is also called the expected risk or expected test error of the model
- Goal is to find a model with low  $R(f_{\theta})$

#### **Loss or Error Function On Test Data**

- How do we choose the evaluation loss  $\ell_{eval}$ ?
- For regression:
  - often squared loss  $\ell_{eval}(y, f_{\theta}(\mathbf{x})) = (y f_{\theta}(\mathbf{x}))^2$
  - or absolute loss  $\ell_{eval}(y, f_{\theta}(\mathbf{x})) = |y f_{\theta}(\mathbf{x})|$
- For classification:
  - most widely used is classification error:

$$\ell_{eval}(y, f_{\theta}(\mathbf{x})) = \begin{cases} 0 : y = f_{\theta}(\mathbf{x}) \\ 1 : y \neq f_{\theta}(\mathbf{x}) \end{cases}$$
 Expectation over this function: fraction of cases in which the model makes an error

 other options include likelihood as in training (higher is better ) or applicationspecific losses

### **Training Versus Test Error**

• To estimate the expected risk of a model on novel instances, we can use a **test set** of instances also drawn from the joint distribution  $p(\mathbf{x}, y)$ :

$$\mathcal{D}_{test} = \{ (\overline{\mathbf{x}}_1, \overline{y}_1), ..., (\overline{\mathbf{x}}_{\overline{N}}, \overline{y}_{\overline{N}}) \qquad (\overline{\mathbf{x}}, \overline{y}) \sim p(\mathbf{x}, y) \}$$

The expected risk can then be approximated by

$$\hat{R}_{test}(f_{\theta}) = \frac{1}{\overline{N}} \sum_{n=1}^{\overline{N}} \ell_{eval}(\overline{y}_n, f_{\theta}(\overline{\mathbf{X}}_n))$$
 Unbiased estimator: will approximate 
$$R(f_{\theta}) \text{ well given large enough } \overline{N}$$
 (more details in next lecture)

We can also measure the average risk of the model on the training data:

$$\hat{R}_{train}(f_{\theta}) = \frac{1}{N} \sum_{n=1}^{N} \ell_{eval}(y_n, f_{\theta}(\mathbf{x}_n))$$

• Depending on the choice of  $\ell_{eval}$ ,  $\hat{R}_{train}(f_{\theta})$  is similar (or identical) to the loss function used for training,

$$L(\mathbf{\theta}) = \frac{1}{N} \sum_{n=1}^{N} \ell(f_{\mathbf{\theta}}(\mathbf{x}_n), y_n)$$



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### **Training Versus Test Error**

- During learning, we choose the model only based on the training data
- The chosen model  $f_{\mathbf{\theta}^*}$  will typically have a low  $\hat{R}_{train}(f_{\mathbf{\theta}^*})$
- If everything goes well,
  - The trained model  $f_{\theta^*}$  has picked up the  $(\mathbf{x},y)$ -relationship that stems from the joint distribution  $p(\mathbf{x},y)$
  - This  $(\mathbf{x},y)$ -relationship then also holds on new data, therefore the model  $f_{\mathbf{\theta}^*}$  will also perform well on new data ( $R(f_{\mathbf{\theta}^*})$  and  $\hat{R}_{test}(f_{\mathbf{\theta}^*})$  will also be low)
- However, a low training error  $\hat{R}_{train}(f_{\mathbf{e}^*})$  does not guarantee a low test error  $\hat{R}_{test}(f_{\mathbf{e}^*})$
- If things go not so well,
  - The trained model  $f_{\theta^*}$  will perform well on the training data not because it has picked up an  $(\mathbf{x}, y)$ -relationship that will transfer to new data, but because it has picked up spurious, random patterns that are specific to the particular training set
  - In this case,  $\hat{R}_{train}(f_{\mathbf{e}^*})$  will be low, but  $\hat{R}_{test}(f_{\mathbf{e}^*})$  will be high
  - Fundamental problem in machine learning known as overfitting

## **Example: Toy Sine Data Set**

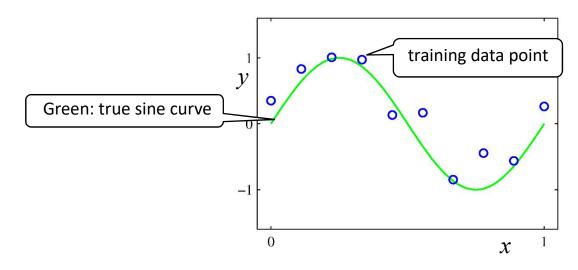
- As an example, let us look at a simple toy data set  $\mathcal{D} = \{(x_1, y_1), ..., (x_N, y_N)\}$ 
  - inputs  $x_n \in \mathbb{R}$ , randomly drawn from a uniform distribution over interval [0,1]:

$$x_n \sim p(x) = \mathcal{U}_{[0,1]}$$

-(x,y) -relationship is given by a sine curve plus normally distributed noise:

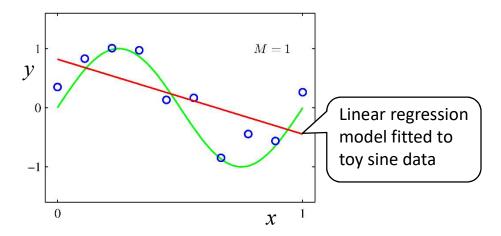
$$y_n = \sin(2\pi x_n) + \epsilon_n$$
  $\epsilon_n \sim \mathcal{N}(\epsilon \mid 0, \sigma^2)$ 

- That is,  $p(y|x_n) = \mathcal{N}(y|\sin(2\pi x_n), \sigma^2)$ 



## **Example: Polynomial Regression**

- What would be a good model for the toy sine data set?
- Clearly, the (x,y)-relationship in the data is not linear:



• Idea: we could estimate a model  $f_{\theta}$  for the toy data set using a polynomial regression of the form

$$f_{\theta}(x) = \theta_0 + \theta_1 x + \theta_2 x^2 + \dots + \theta_M x^M$$

- Here, M is a parameter of the model class under consideration
  - We need to pick a value for the parameter M a priori, before learning
  - M can be called a **hyperparameter** to distinguish from parameters  $\theta_0,...,\theta_M$

### **Example: Polynomial Feature Map**

• We can estimate a model  $f_{\theta}$  for the toy data set using a polynomial regression model:

$$f_{\theta}(x) = \theta_0 + \theta_1 x + \theta_2 x^2 + ... + \theta_M x^M$$

where M determines the degree of the polynomial

- How do we implement such a non-linear polynomial model?
- The simplest way to implement a polynomial model is to transform the original data using a **polynomial feature map**

#### New, transformed input:

Old input: 
$$x \in \mathbb{R} \qquad \mathbf{x} = \begin{pmatrix} 1 \\ x \\ x^2 \\ \dots \\ x^M \end{pmatrix} \in \mathbb{R}^{M+1}$$

### **Example: Polynomial Feature Map**

- The original training data  $\mathcal{D} = \{(x_1, y_1), ..., (x_N, y_N)\}$  is replaced with new training data  $\mathcal{D}' = \{(\mathbf{x}_1, y_1), ..., (\mathbf{x}_N, y_N)\}$ , where  $\mathbf{x}_n = (1, x_n, x_n^2, ..., x_n^M)^T$
- A linear model  $f_{\theta}: \mathbb{R}^{M+1} \to \mathbb{R}$  on the transformed feature representation than has the form  $f_{\theta}(\mathbf{x}) = \theta_0 \cdot 1 + \theta_1 x + \theta_2 x^2 + ... + \theta_M x^M$
- The linear model on the transformed feature representation is thus exactly identical to the polynomial model shown above
- Implementation is easy: Transform the old, one-dimensional input data  $\mathcal{D}$  into new data  $\mathcal{D}$ ', then learn a linear regression models as discussed in earlier lecture
- For example, can fit a polynomial of degree *M*=3 to toy sine data set:

Polynomial model captures non-linear (*x*,*y*)-relationship in data quite well

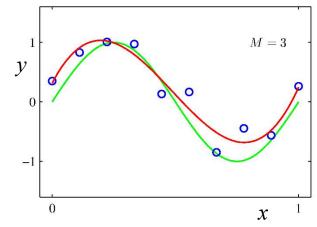




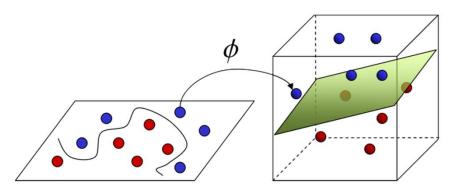
Figure: C. M. Bishop, "Pattern Recognition and Machine Learning", Springer, 2006

## **Nonlinear Feature Maps in General**

- Nonlinear feature maps are a general and powerful tool in machine learning: Capture non-linear dependency in data without moving away from linear models
- Nonlinear feature maps are not only applicable to one-dimensional data:
  - If the original data is of the form  $\mathcal{D} = \{(\mathbf{x}_1, y_1), ..., (\mathbf{x}_N, y_N)\}$  with  $\mathbf{x}_n \in \mathbb{R}^M$ , can define a non-linear feature map

$$\Phi: \mathbb{R}^M \to \mathbb{R}^{M'}$$

- With the nonlinear feature map, can transform the original data to  $\mathcal{D}' = \{(\Phi(\mathbf{x}_1), y_1), ..., (\Phi(\mathbf{x}_N), y_N)\}$
- Can then learn a linear model  $f_{\theta}(\Phi(\mathbf{x})) = \Phi(\mathbf{x})^{\mathrm{T}} \theta$  on the transformed data



### **Example: General Polynomial Feature Map**

• For example, as a feature map  $\Phi: \mathbb{R}^M \to \mathbb{R}^{M'}$  can use a general polynomial feature map of degree d,

$$\Phi(\mathbf{x}) = \begin{pmatrix} \Phi_1(\mathbf{x}) \\ \dots \\ \Phi_{M'}(\mathbf{x}) \end{pmatrix}$$

where the  $\Phi_m(\mathbf{x})$  contain all multivariate polynomials of degree  $\leq d$ 

The linear model is then given by

$$f_{\theta}(\Phi(\mathbf{x})) = \theta_0 + \sum_{m=1}^{M} \theta_m x_m$$
 (degree  $d = 1$ )
All polynomials of degree 1 (=original input features)

$$f_{\theta}(\Phi(\mathbf{x})) = \theta_0 + \sum_{m=1}^{M} \theta_m x_m + \sum_{m=1}^{M} \sum_{l=1}^{M} \theta_{m,l} x_m \underline{x_l} \qquad (\text{degree } d = 2)$$

All polynomials of degree 2 in original input features

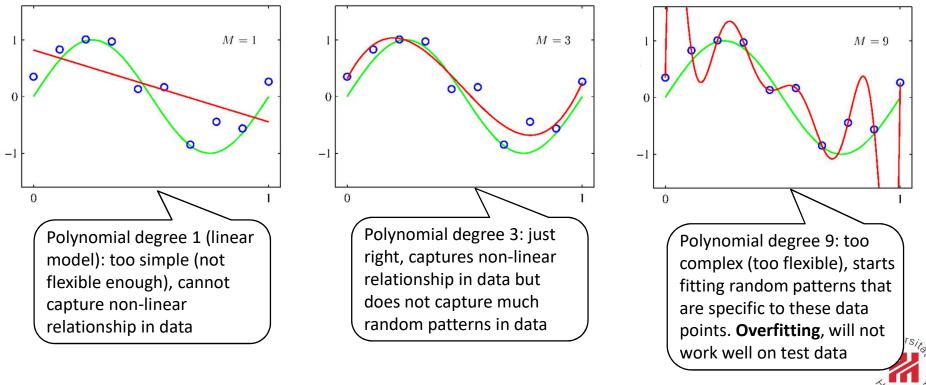
$$f_{\theta}(\Phi(\mathbf{x})) = \theta_0 + \sum_{m=1}^{M} \theta_m x_m + \sum_{m=1}^{M} \sum_{l=1}^{M} \theta_{m,l} x_m x_l + \sum_{m=1}^{M} \sum_{l=1}^{M} \sum_{k=1}^{M} \theta_{m,l,k} x_m x_l x_k \quad \text{(degree } d = 3)$$

All polynomials of degree 3 in original input features



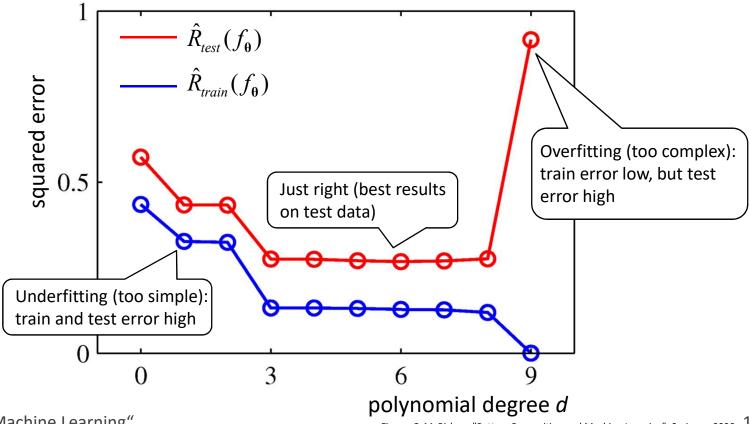
## **Example: Overfitting on Toy Data**

- Back to the problem of overfitting: learning spurious, random patterns that are specific to the particular training set rather than an (x,y)-relationship that transfers well to new data
- Learned models for different polynomial degrees on the toy sine data set (squared error as loss function):



## **Example: Overfitting on Toy Data**

• For the polynomial models on the toy sine data set, we can also plot training and test error as a function of the polynomial degree:

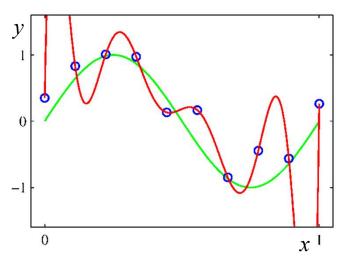




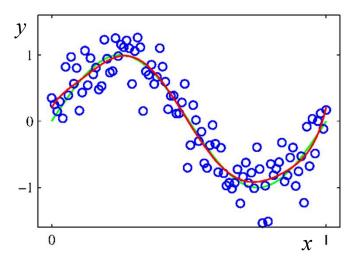
## **Overfitting Versus Number of Examples**

- The problem of overfitting can decrease if more training examples are available:
  - A polynomial model of degree d=9 overfits on the (small) toy data set with N=10 training examples
  - If we create a larger toy data set with N=100 training examples, a polynomial model of the same degree will not overfit

degree *D=9*, *N=10* examples

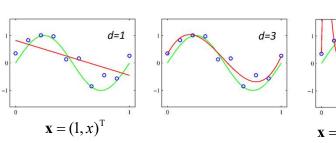


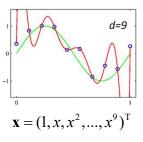
degree *D=9*, *N=100* examples

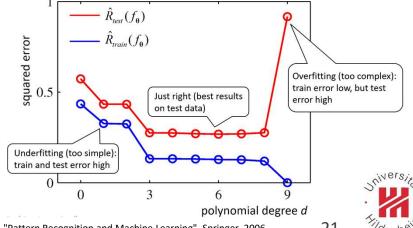


## **Summary: Overfitting on Toy Data**

- Summary overfitting on the toy sine data set:
  - Polynomial models for the toy sine data set can be learned by transforming the original one-dimensional data using a polynomial feature map
  - The higher the degree of the polynomial, the more flexible/complex the resulting model
  - Equivalently, we can say that model flexibility/complexity increases by adding more features to the data (e.g.  $\mathbf{x} = (1, x)^{\mathrm{T}}$  versus  $\mathbf{x} = (1, x, x^{2}, ..., x^{9})^{\mathrm{T}}$ )
  - Training error decreases with model complexity, test error first decreases then increases
  - More training instances reduce overfitting







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### **Model Selection: Empirical**

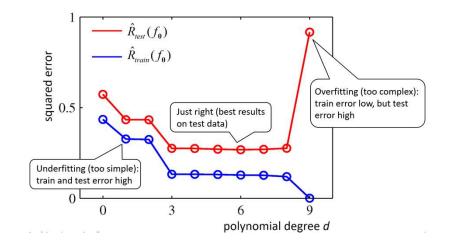
- Given a family of models whose complexity is controlled by a hyperparameter, how do we pick the best value?
- For example, polynomial degree d:

$$f_{d,\mathbf{\theta}}(x) = \sum_{m=1}^{d} \theta_m x^m$$

 One approach: choose the hyperparameter empirically, by comparing model performance on a separate test data set

Empirical approaches to model selection are widely used in practice

More details in evaluation lecture



#### **Model Selection Measures**

- Can we measure which model fits the data best without looking at a separate test set?
  - If we just look at the error, loss or likelihood on the training set, a more complex model will always outperform a simpler model
  - For example, any low-degree polynomial can be represented by a high-degree polynomial by setting some coefficients to zero
  - Therefore minimizing the loss for the high-degree model will lead to a lower or equal loss compared to the low-degree model
- A model selection measure tries to trade off training loss or likelihood against model complexity:

Minimize: low loss is good, but low complexity is also good model selection measure = training loss + complexity

Maximize: high likelihood is good, but low complexity is also good model selection measure = training likelihood - complexity

 More complex models are penalized compared to simpler models: try to strike a balance between training data fit and complexity

#### **Model Selection Measures: AIC and BIC**

#### Akaike information criterion (AIC):

 Trade off model complexity, as measured by number of model parameters, against the likelihood obtained on the training data for the learned parameters

Maximize  $AIC := \log L - p$  (equivalent formulation: minimize  $-2 \log L + 2p$ )

L is the likelihood on training data of the learned model

p is the number of parameters in the model

#### Bayes information criterion (BIC):

- Trade off model complexity, as measured by number of model parameters, against the likelihood obtained on the training data for the learned parameters
- Also takes into account number of training examples: to avoid that the log likelihood term dominates for large N, increase penalty with increasing N

Maximize 
$$BIC := \log L - \frac{p}{2} \log N$$

L is the likelihood on training data of the learned model

p is the number of parameters in the model



#### **Model Selection**

- If we have a family of models whose complexity is controlled by a hyperparameter, we can learn one model for each hyperparameter and then select a model afterwards by AIC or BIC
- For example, learn polynomial models of different degrees d:

$$f_{d,\theta}(x) = \sum_{m=1}^{d} \theta_m x^m$$

- Models with higher degree d will have a lower error on the training data, and (under a probabilistic model see lecture on Bayesian learning) higher likelihood. However, because they have more parameters, their AIC or BIC is not necessarily better
- From all models, can pick the best one by maximizing AIC or BIC

### Variable Selection: Projection

- The number of parameters a model has is one measure of its complexity
  - Models with more parameters tend to be more susceptible to overfitting
  - This idea is used in model selection measures such as AIC and BIC
- For linear models, the number of parameters is determined by the number of input variables
- **Idea of variable selection**: to prevent or reduce overfitting, try to select a subset of all available input variables to be included in the model
- We can project instances in a data set onto a subset of input variables  $\it V$  as follows:
  - Let  $\mathcal{D} = \{(\mathbf{x}_1, y_1), ..., (\mathbf{x}_N, y_N)\}$  denote a data set with  $\mathbf{x}_n \in \mathbb{R}^M$
  - Let  $\pi_V : \mathbb{R}^M \to \mathbb{R}^{\tilde{M}}$  denote a projection operator that projects an instance  $\mathbf{x} = (x_1, ..., x_M)^T \in \mathbb{R}^M$  onto a subset of its attributes,

$$\pi_V((x_1,...,x_M)) = (x_{m_1},...,x_{m_{\tilde{M}}})$$

where  $V = \{x_{m_1}, ..., x_{m_{\tilde{M}}}\} \subseteq \{x_1, ..., x_M\}$  is the subset of attributes

We can apply the projection operator to a complete data set by

$$\pi_{V}(\mathcal{D}) = \{(\pi_{V}(\mathbf{x}_{1}), y_{1}), ..., (\pi_{V}(\mathbf{x}_{N}), y_{N})\}$$



### Variable Selection: Problem Setting

• We can formalize the problem of variable selection as follows:

#### Given

- A data set  $\mathcal{D} = \{(\mathbf{x}_1, y_1), ..., (\mathbf{x}_N, y_N)\}$  with  $\mathbf{x}_n \in \mathbb{R}^M$
- A learning algorithm  $\mathcal A$  that produces a model  $f_{\theta^*}$  from a data set  $\mathcal D$ ,  $f_{\theta^*} = \mathcal A(\mathcal D)$
- A scoring function  $\mathcal{S}(f_{\theta^*})$  that returns a score for a model  $f_{\theta^*}$ . The scoring function could be a model selection measure such as AIC or BIC, or the accuracy of the model on a separate test data set

#### Find

– A subset of variables  $V = \{x_{m_1},...,x_{m_{\tilde{M}}}\} \subseteq \{x_1,...,x_M\}$  that maximizes model score:

$$V^* = \arg\max_{V \subseteq \{x_1, \dots, x_M\}} \mathcal{S}(\mathcal{A}(\pi_V(\mathcal{D})))$$
 data set reduced to subset of variables model learned on reduced data set score of model learned on reduced data set

#### Variable Selection as Search

How do we solve the optimization problem?

$$V^* = \arg\max_{V \subseteq \{x_1, \dots, x_M\}} \mathcal{S}(\mathcal{A}(\pi_V(\mathcal{D})))$$

- In principle, can go through all  $2^M$  subsets  $V \subseteq \{x_1,...,x_M\}$ , build the reduced data set  $\pi_V(\mathcal{D})$ , learn a model  $f_{\theta^*} = \mathcal{A}(\pi_V(\mathcal{D}))$ , compute the score  $\mathcal{S}(\mathcal{A}(\pi_V(\mathcal{D})))$ , and select the best subset V
- However, this will be computationally infeasible unless M is very small
- Instead, usually use greedy heuristic approaches
  - in **forward search**, start with  $V=\emptyset$  and successively add variables to the set, choosing at each step the variable to add that improves the score  $\mathcal{S}(\mathcal{A}(\pi_V(\mathcal{D})))$  the most
  - in **backward search**, start with  $V = \{x_1, ..., x_M\}$ , and successively delete variables from the set, choosing at each step the variable to remove that improves the score  $\mathcal{S}(\mathcal{A}(\pi_V(\mathcal{D})))$  the most
- Both forward and backward search are not optimal, that is, they will generally not solve the optimization problem above

#### Variable Selection: Forward Search

#### Greedy forward search in pseudocode:

Algorithm variable-selection-forward-search

**Input**: training data  $\mathcal{D} = \{(\mathbf{x}_1, y_1), ..., (\mathbf{x}_N, y_N)\}$ , learning algorithm  $\mathcal{A}$ , scoring function  $\mathcal{S}$ 

**Output**: set of parameters V

1. 
$$V_{used} := \emptyset$$

Initially, no input variables used in model 2.  $V_{left} := V$ 

- 3. improvement = True
- 4. while (*improvement*):

5. 
$$gain_{best} = 0$$

Try adding any of the input variables not currently used in model

6. for 
$$v \in V_{left}$$
.

7. 
$$gain := \mathcal{S}(\mathcal{A}(\pi_{V_{used} \cup \{v\}}(\mathcal{D}))) - \mathcal{S}(\mathcal{A}(\pi_{V_{used}}(\mathcal{D}))) < 0$$

Gain in score when adding that variable (positive or negative)

8. if 
$$gain > gain_{best}$$
:

9. 
$$gain_{best} = gain$$

10. 
$$v_{best} := v$$

- 11.  $improvement := (gain_{best} > 0)$
- 12. if *improvement*:

13. 
$$V_{used} := V_{used} \cup \{v_{best}\}$$

 $V_{left} := V_{left} \setminus \{v_{hest}\}$ 14.

15. return  $V_{used}$ 

If a variable was found that improved score when

added to model, add it to set of variables and remove it from candidate set



#### Variable Selection: Backward Search

Greedy backward search in pseudocode:

```
Algorithm variable-selection-backward-search
Input: training data \mathcal{D} = \{(\mathbf{x}_1, y_1), ..., (\mathbf{x}_N, y_N)\}, learning algorithm \mathcal{A}, scoring function \mathcal{S}
Output: set of parameters V
                                            Initially, all input variables are used
1. V_{usad} := V
2. improvement = True
3. while (improvement):
4.
         gain_{hest} = 0
                                           Try removing any of the input variables currently in model
        for v \in V_{used}:
5.
               gain := \mathcal{S}(\mathcal{A}(\pi_{V_{used} \setminus \{v\}}(\mathcal{D}))) - \mathcal{S}(\mathcal{A}(\pi_{V_{used}}(\mathcal{D}))) < \mathcal{S}(\mathcal{A}(\pi_{V_{used}}(\mathcal{D})))
6.
                                                                                  Gain in score when removing
                                                                                  that variable (positive or negative)
7.
               if gain > gain_{hest}:
8.
                      gain_{best} := gain
9.
                      V_{host} := V
10.
        improvement := (gain_{best} > 0)
11.
        if improvement:
                                                If a variable was found that improved score when
            V_{used} := V_{used} \setminus \{v_{hest}\}
12.
                                                removed from model, remove it from set of variables
13. return V_{used}
```

### **Motivation: Shrinkage**

• For linear models such as linear regression or logistic regression, which have the form

$$f_{\theta}(\mathbf{x}) = g(\sum_{m=1}^{M} \theta_m x_m)$$
 g is identity function (for linear regression) or sigmoid/softmax (for logistic regression)

removing a variable  $x_{\scriptscriptstyle m}$  from the model is equivalent to forcing its model parameter  $\theta_{\scriptscriptstyle m}$  to zero

- Idea: rather than forcing a parameter to zero, can make it small
  - smaller parameters can be interpreted as a simpler/less complex model
  - limiting the parameters to small values can therefore reduce overfitting
- This idea can be implemented by adding a term to the objective function during learning (loss or likelihood) that penalizes large parameter values
  - During learning, we trade off training loss or likelihood versus small parameters
  - Called shrinkage, because the term "shrinks" parameters towards zero

### **L2** and **L1** Regularization

- There are various types of shrinkage techniques for different problem settings
- Techniques such as shrinkage that add a term to control model complexity to the optimization objective during learning are also called **regularization** techniques
- Most widely used are so-called **L2 regularization** and **L1 regularization**:

**L2 ("Tikhonov") regularization:** added term is 
$$\lambda \sum_{m=1}^{M} \theta_m^2 = \lambda \|\mathbf{\theta}\|_2^2$$

**L1 ("Lasso") regularization:** added term is 
$$\lambda \sum_{m=1}^{M} |\theta_m| = \lambda \|\mathbf{\theta}\|_1$$

L1 and L2 regularization can also be combined:

"Elastic Net" regularization: added term is 
$$\lambda_1 \|\mathbf{\theta}\|_1 + \lambda_2 \|\mathbf{\theta}\|_2^2$$

#### **Ridge Regression**

Review: learning a linear regression model with quadratic loss function

$$\boldsymbol{\theta}^* = \arg\min_{\boldsymbol{\theta}} L(\boldsymbol{\theta}) \qquad L(\boldsymbol{\theta}) = \frac{1}{N} \sum_{n=1}^{N} (f_{\boldsymbol{\theta}}(\mathbf{x}_n) - y_n)^2$$

Adding an L2 regularization term results in

$$\boldsymbol{\theta}^* = \arg\min_{\boldsymbol{\theta}} L(\boldsymbol{\theta}) \qquad L(\boldsymbol{\theta}) = \frac{1}{N} \sum_{n=1}^{N} (f_{\boldsymbol{\theta}}(\mathbf{x}_n) - y_n)^2 + \lambda \|\boldsymbol{\theta}\|_2^2$$

- Linear regression with L2 regularization is also called ridge regression
- The optimization problem of ridge regression has a closed-form solution:

$$\mathbf{\theta}^* = (\mathbf{X}^T \mathbf{X} + N\lambda \mathbf{I})^{-1} \mathbf{X}^T \mathbf{y} \qquad \mathbf{I} = \begin{pmatrix} 1 & \dots & 0 \\ \dots & \ddots & \dots \\ 0 & \dots & 1 \end{pmatrix} \in \mathbb{R}^M, \text{ "identity matrix"}$$

- The value  $\lambda$  is is a hyperparameter that trades off model complexity and fit to data
  - low  $\lambda$ : do not control model complexity much ( $\lambda = 0$ : normal regression)
  - high  $\lambda$ : emphasize low model complexity, avoid overfitting

### **Review: Gradient Descent for Linear Regression**

- Can also learn ridge regression via gradient descent
- Review: gradient descent for standard (non-regularized) linear regression
  - gradient of loss function, as derived in lecture on linear regression:

$$L(\mathbf{\theta}) = \frac{1}{N} \sum_{n=1}^{N} (f_{\mathbf{\theta}}(\mathbf{x}_n) - y_n)^2$$

$$\nabla L(\mathbf{\theta}) = \frac{1}{N} (-\mathbf{X})^{\mathrm{T}} 2(\mathbf{y} - \mathbf{X}\mathbf{\theta})$$

Optimize model by gradient descent:

- 1.  $\theta_0$  = randomInitialization()
- 2. for  $i = 0,...,i_{max}$ :
- 3.  $\mathbf{\theta}_{i+1} = \mathbf{\theta}_i \eta \nabla L(\mathbf{\theta}_i)$
- 4. if  $L(\mathbf{\theta}_i) L(\mathbf{\theta}_{i+1}) < \epsilon$ :
- 5. return  $\theta_{i+1}$
- 6. raise Exception("Not converged in  $i_{max}$  iterations")

### **Gradient Descent for Ridge Regression**

• Gradient for the objective function of ridge regression can be derived as

$$L(\mathbf{\theta}) = \frac{1}{N} \sum_{n=1}^{N} (f_{\mathbf{\theta}}(\mathbf{x}_n) - y_n)^2 + \lambda \|\mathbf{\theta}\|_2^2$$

$$\nabla L(\mathbf{\theta}) = \frac{\partial}{\partial \mathbf{\theta}} \frac{1}{N} \sum_{n=1}^{N} (f_{\mathbf{\theta}}(\mathbf{x}_n) - y_n)^2 + \frac{\partial}{\partial \mathbf{\theta}} \lambda \|\mathbf{\theta}\|_2^2 = \frac{1}{N} (-\mathbf{X})^{\mathrm{T}} 2(\mathbf{y} - \mathbf{X}\mathbf{\theta}) + 2\lambda \mathbf{\theta}$$

Optimize model by gradient descent:

Derivative of regularization term:

$$\frac{\partial}{\partial \boldsymbol{\theta}} \|\boldsymbol{\theta}\|_{2}^{2} = \frac{\partial}{\partial \boldsymbol{\theta}} \langle \boldsymbol{\theta}, \boldsymbol{\theta} \rangle = 2\boldsymbol{\theta}$$

#### **Gradient descent algorithm**

1. 
$$\theta_0$$
 = randomInitialization()

2. for 
$$i = 0,...,i_{max}$$
:

3. 
$$\mathbf{\theta}_{i+1} = \mathbf{\theta}_i - \eta \nabla L(\mathbf{\theta}_i)$$

4. if 
$$L(\mathbf{\theta}_i) - L(\mathbf{\theta}_{i+1}) < \epsilon$$
:

5. return 
$$\theta_{i+1}$$

6. raise Exception("Not converged in  $i_{max}$  iterations")

### **Review: Logistic Regression**

- Similarly as for linear regression, can also add a regularization term to logistic regression
- Review (see lecture "Linear Classification"): learning logistic regression
  - Objective function is log-likelihood of training data (maximize):

$$\mathbf{\theta}^* = \arg\max_{\mathbf{\theta}} L_{cll}(\mathbf{\theta}) \qquad L_{cll}(\mathbf{\theta}) = \log p(y_1, ..., y_N \mid \mathbf{x}_1, ..., \mathbf{x}_N, \mathbf{\theta})$$

- We have derived the gradient  $\nabla L_{cll}(\mathbf{\theta}) = \sum_{n=1}^{N} \mathbf{x}_n (y_n f(\mathbf{x}_n))$
- Learn model using gradient ascent in likelihood

#### **Gradient ascent algorithm**

- 1.  $\theta_0$  = randomInitialization()
- 2. for  $i = 0,...,i_{max}$ :
- 3.  $\mathbf{\theta}_{i+1} = \mathbf{\theta}_i + \eta \nabla L_{cll}(\mathbf{\theta}_i)$
- 4. if  $L_{cll}(\boldsymbol{\theta}_{i+1}) L_{cll}(\boldsymbol{\theta}_{i}) < \epsilon$ :
- 5. return  $\theta_{i+1}$
- 6. raise Exception("Not converged in  $i_{max}$  iterations")



### **L2-Regularized Logistic Regression**

 Add L2 regularization to logistic regression: because we are maximizing objective function, need to substract the penalty term

$$L_{cll}(\mathbf{\theta}) = \log p(y_1, ..., y_N \mid \mathbf{x}_1, ..., \mathbf{x}_N, \mathbf{\theta}) - \lambda \|\mathbf{\theta}\|_2^2$$

The gradient then becomes

$$\nabla L_{cll}(\mathbf{\theta}) = \sum_{n=1}^{N} \mathbf{x}_{n} (y_{n} - f(\mathbf{x}_{n})) - 2\lambda \mathbf{\theta}$$

Learn parameters by gradient ascent as before

#### **Gradient ascent algorithm**

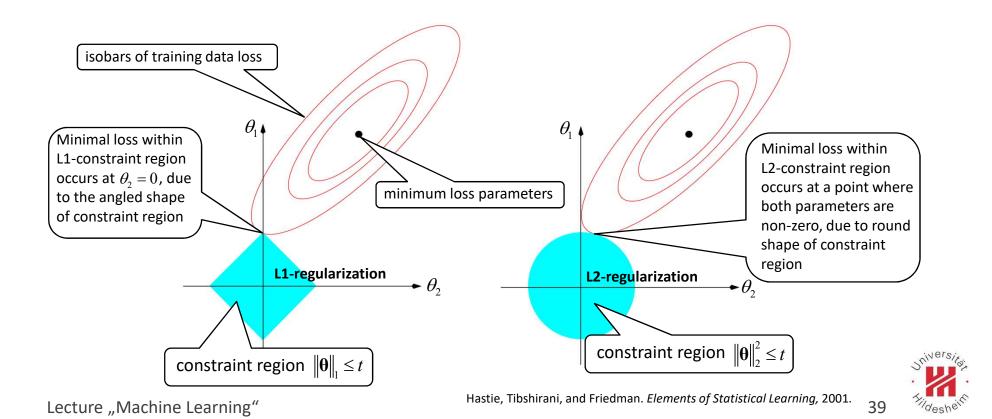
- 1.  $\theta_0$  = randomInitialization()
- 2. for  $i = 0,...,i_{max}$ :
- 3.  $\mathbf{\theta}_{i+1} = \mathbf{\theta}_i + \eta \nabla L_{cll}(\mathbf{\theta}_i)$
- 4. if  $L_{cll}(\boldsymbol{\theta}_{i+1}) L_{cll}(\boldsymbol{\theta}_{i}) < \epsilon$ :
- 5. return  $\theta_{i+1}$
- 6. raise Exception("Not converged in  $i_{max}$  iterations")



#### **L2 Versus L1 Regularization**

 L2 regularization is most widely used, but L1 regularization has the advantage that it can lead to sparse solutions, where some parameters are zero

Example: two-dimensional parameter space,  $\theta = (\theta_1, \theta_2)$ . If we minimze the loss under a constraint for the parameter norm, L1 can lead to sparse solutions



### Toy Example: Regularization and Overfitting

- Regularization can control model complexity and thereby prevent overfitting
- For example, in the toy sine data set, training a ploynomial model of degree d=9,

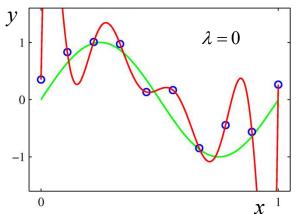
$$f_{\theta}(x) = \sum_{m=1}^{9} \theta_m x^m$$

but with a L2-regularization term in the objective,

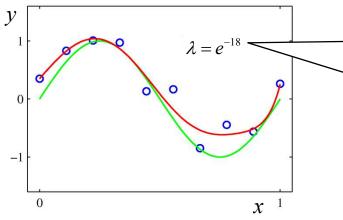
$$\boldsymbol{\theta}^* = \arg\min_{\boldsymbol{\theta}} L(\boldsymbol{\theta}) \qquad L(\boldsymbol{\theta}) = \frac{1}{N} \sum_{n=1}^{N} (f_{\boldsymbol{\theta}}(\mathbf{x}_n) - y_n)^2 + \lambda \|\boldsymbol{\theta}\|_2^2$$

does not result in overfitting for N=10 training data points:

#### without regularization, model overfits



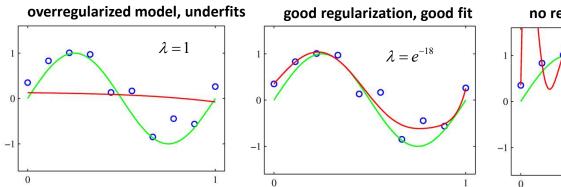
#### with regularization, no overfitting

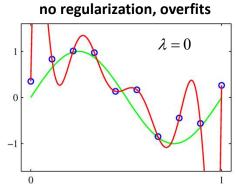


Regularization weight is set to  $\log \lambda = -18$ . The hyperparameter  $\lambda$  typically moves on a logarithmic scale.

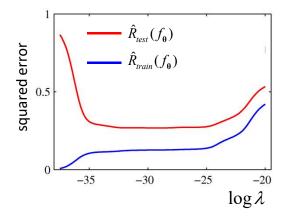
## **Regularization and Overfitting**

- The regularization weight  $\lambda$  now controls model complexity, in a similar way as the polynomial degree d before
- Learning polynomial models of degree d=9, with different regularization weights:





- The regularization weight also has a corresponding effect on training and test error:
  - Regularization too low: low training error, but high test error
  - Regularization correct: ok training error, lowest test error
  - Regularization too high: high training error, high test error





#### Summary

- When learning a model from data, the complexity/flexibility of the model needs to be matched to the data set
  - If the model is too complex, it might pick up spurious, random patterns that are specific to the particular training set, called **overfitting** the training data
  - If the model is not complex enough, it might not be able to fully pick up the true (x,y)-relationship represented in the data, called underfitting the training data
- Regularization controls model complexity and thereby reduces overfitting
  - An additional term is added to the objective function during learning that penalizes complex models
  - During learning, there is thus a trade-off between fitting the training data well while not making the model too complex
- The most widely used regularization technique is parameter shrinkage, where the regularization term penalizes large values of model parameters