


1. The Importance of Planning and Organising

2.

Why do you think planning is important during your study programme? Include the terms effective and efficient in your answer.

[learning goal](#)

 This assignment will be part of Portfolio 2024/2025.

Your answer

By planning for my studies I will know what course ,what assignments and what homework I have to do and I can find out what is the best way to do them and when is the best time for doing them.

 CHANGE



Tutor feedback

Grade: ★★★★★

Perfect

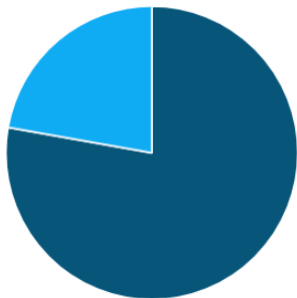
4 graph

This module is particularly useful if you see the benefit of learning something about planning and organising. That is why we first look at how you planned and organised in the past. To do so, answer the questions below:

Your result

yes

Your planning and time use are exactly as you want it. You will benefit greatly from this during your studies. This module can help you to become even better at this so that you can further develop this talent and make optimal use of your time.



Legend

● yes

● no

 RETRY


 YOUR ANSWER

 RESULT

4a.

To what extent are you satisfied with how you spend your time? Substantiate your answer on the basis of the questions above.

 [learning goal](#)

 This assignment will be part of Portfolio 2024/2025.

Your answer


I can tell that my schedule right now is the best it should be better and more organized but because of my experience I know as much as I go further the planning and the schedule would be better and more accurate.

 CHANGE

4c.

To what extent should or do you want to develop your planning skills further? Substantiate your answer with at least one example.

 [learning goal](#)

 This assignment will be part of Portfolio 2024/2025.

Your answer

I used to pain for my studies in high schools and I was very happy about it but ifac3d some problem about distracting while studying and also being perfectionist about the planning which it was confusing and hard to handle so I would like to enhance my planning skills so I can remove these problems and go even further.

 CHANGE



Tutor feedback

Grade: ★ ★ ★ ★ ★



4. Procrastination Behaviour

16.

Describe a situation in which you postponed something. Why did you do so?

[learning goal](#)

This assignment will be part of Portfolio 2024/2025.

Your answer

In most case when i plan to do something and i want to do it in the best way possible but im not able to do it for whatever reason i don't have enough time for being prefect or maybe i do not have enough knowledge to be prefect yet so i keep postponing to a time that i can do it 100% done but this day will never show up . but since i have experience i dont post pond that much and i take the control again .

[CHANGE](#)

Tutor feedback

Grade: ★★★★★

21a.

What specific procrastination behaviour are you showing? Give three examples. Argue in line with the reason for your procrastination behaviour.

[learning goal](#)

This assignment will be part of Portfolio 2024/2025.

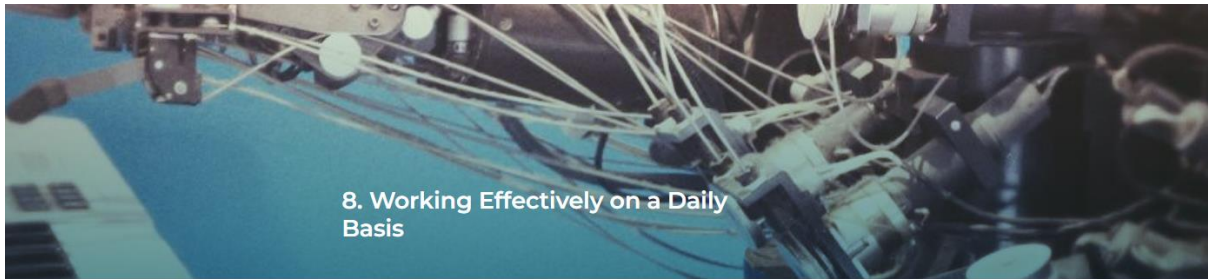
Specific procrastination behaviour	Rationale
i want to do my assignments but now i don't have enough knowledge i need to study more and explore more so when i do my assignments perfectly	I need to start doing and in future after studying and researching more i can start improving my assignments and make them better and better .
i want to work on project but i'm scared that i don't meet the standards and i would be ashamed so i postponed it to another time so i would have time to	Again i need to start working and improving process should be step by step .
i Set up a neat and prefect plan for my task and my assignments but them being prefect usually lead me to do nothing cause sticking to a restrict plan its	I need to set up a simple plan which is doable

✓ Answer saved!

[CHANGE](#)


Tutor feedback

Grade: ★★★★★



45.

Using at least two examples, describe how the tips from this module have helped you to achieve your goals on a daily basis.

 This assignment will be part of Portfolio 2024/2025.

Your answer

I Know that im more energetic in the morning so when i have multiple tasks and assignments to do i put the hardest one which demands a lot of concentration and hard work for the morning like when i was working on project and school assignments , I plan to do assignments at the beginning of the day so i know in that time i have enough energy , confidence and clear mind for doing a harder task .
and a day before that i ask my self what i want to achieve tomorrow and i set up some goals and i divide those goals to smaller part .
this bring a lot of benefits for my planning For example when i wanted to study for a test like Webdev i would divide it to smaller parts like 1.PHP 2.HTML and even smaller part. in this way i know which part is harder and demand more work then i would know what are most important parts that is should not forget about them or which parts are easier or i know them and i can leave them at the end.
And last i would set up a time that all of these works take to be done so i would have clear overview of how much time should i spend for completing them.

 CHANGE



1. The Importance of Collaboration

1.

Your answer

Collaboration means you and your teammates are like different organs of a body . You all have different rules and duties but you are all depending on each other and follow a same goal .

 CHANGE



Additional feedback

Collaboration consists of the following elements:

- working with two or more people;
- making efforts;
- to achieve a specific goal;
- this goal has common elements – the group as a whole benefits from achieving the goal;
- this goal has individual elements – you as a group member benefit from achieving the goal;
- every group member contributes to achieving the goal;
- and applies their qualities in order to achieve the best possible result;
- successful collaboration strengthens those involved: the whole is greater than the sum of its parts.



Tutor feedback

Grade: ★★☆☆☆

Very good, here's a complete overview. Collaboration consists of the following elements: - working with two or more people; - making efforts; - to achieve a specific goal; - this goal has common elements – the group as a whole benefits from achieving the goal; - this goal has individual elements – you as a group member benefit from achieving the goal; - every group member contributes to achieving the goal; - and applies their qualities in order to achieve the best possible result; - successful collaboration strengthens those involved: the whole is greater than the sum of its parts

2b.


How many points did you score?

To what extent is collaboration part of your study programme?

Is there collaborative or cooperative learning and if so, how is this reflected in the course materials?

Which educational components feature collaboration and why?

 learning goal

 This assignment will be part of Portfolio 2024/2025.

Your answer

More than 65% of my study program is included with collaboration with my teammates during different assignments and also progressing the project, and in this way by working in a team we learn together, the members who don't have that much experience can learn from the others and because they want to reach to the same level as their teammates do their best. On the other hand, experts put a lot of effort so they can teach others properly. Mostly tasks which are related to the project like documentation or designing and even programming are mainly based on cooperation.

 CHANGE

3.

What is the importance of collaboration when it comes to your (future) work?

Is collaboration reflected in the competences and/or professional profile of your study programme?

Support your answers with examples.

[learning goal](#)

This assignment will be part of Portfolio 2024/2025.

Your answer

When it comes to doing important things like having a expensive project not only corporation is needed but also u should be very good at it and you need to use all of the experience you achieved before cause in a big company not only you need to corporate with your teammates but also you should deal with people from other department like analysts, financial department,software, hardware experts all these people should work together. So working as a group during the study program not only bring up the chances of getting credit but also enhance your knowledge and experience for future career.

CHANGE

Tutor feedback

Grade: ★★★★★

Good preview, you know what to expect

5.

On the basis of the above exercise, make an initial estimate of which aspects of the collaboration competence you already excel at, what you have yet to develop and what has priority.

This assignment will be part of Portfolio 2024/2025.

	Already excel at	Yet to develop (later)	Developing now
Knowledge		Something like different phase of team development would be developed	I'm enhancing all of the necessary knowledge that I need to work in a team
Skills	All factors about the communication and also my goal is very clear to me	Providing feedback /individual goals	All the factors that relates to corporation is being developed
Attitude	Communication with other team members in different ways and topics		Putting group desire on top of your own

✓ Answer saved!

CHANGE

Tutor feedback

Grade: ★★★★★




13.

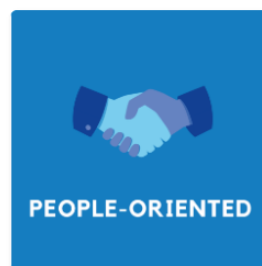
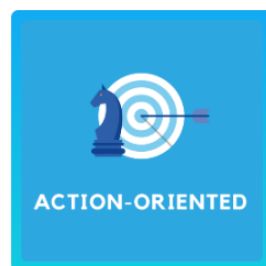
What type of behaviour do you display most in a collaborative setting? Are you oriented towards actions, people or thoughts? Please explain your answer.

[learning goal](#)

Write down your chosen option(s) as well.

 This assignment will be part of Portfolio 2024/2025.

Choose from the following options



Your answer

Although I have a creative mind and my relationship with my team members are very deep and I feel comfortable to communicate them but I believe when I do something no matter who has determine that I should do it I feel more powerful and useful for the group . Doing things gives me better feeling than bringing an idea to the group .

 CHANCE



Tutor feedback


Grade: ★★☆☆☆

14.

Which team role did you choose?

To what extent do you recognize yourself in the explanation of this team role? Please explain your answer.

 [learning goal](#)

 This assignment will be part of Portfolio 2024/2025.

Your answer

I saw myself very close to Coordinator I can take charge I also can put people in charge of something .communication with teammates is easy for me and I have a good relation with them .reaching success as a group and competitive spirit is part of my personality. I can manage the relation between members and make sure they have proper duty in the group.

 CHANGE




Tutor feedback

Grade: ★★★★★

17a.

 [learning goal](#)

 This assignment will be part of Portfolio 2024/2025.

Belbin test

Which team roles do you fulfil according to the test?

Coordinator

Implementer

Plant

Does the result of the test match what you described on the basis of the theory? Listing everything you have learned in this section, which team roles suit you best?

Coordinator

Shaper

Monitor evaluator

In [this table](#) provides detailed descriptions of the team roles including strengths and pitfalls per role. Use this to determine which characteristics of the team role(s) you recognize yourself in.

Argue in which aspects of the team roles you recognise yourself and substantiate why with examples.

I find myself as Coordinator I can take the lead and also can take the charge in the first project I have been choose to be co leader someone who helps the leader so the group goes in the right direction and also take some charges from the leader and also put everyone in the right place and communicate with all of the team

✓ Answer saved!


 CHANGE



Tutor feedback


Grade: ★★★★★


17b.

 This assignment will be part of Portfolio 2024/2025.

Based on your team roles, what are your strengths in collaborative settings?	Based on your team roles, what are your weaknesses in collaborative settings?
I can communicate with other properly	I am not recognized by my creativity
i can lead my team to the right direction	sometimes i give hard jobs to the others.(its not a weakness)
I can do my duties in the best way possible.	

✓ Answer saved!


 CHANGE

 **Tutor feedback**
Grade: ★★☆☆☆

17d.


What is the most important feedback you received?


Describe how the feedback obtained relates to the characteristics of the team roles that suit you.

 This assignment will be part of Portfolio 2024/2025.

Your answer


The most important part in the feedback is I mentioned before im responsible about the duty which has been given to me I can communicate very well and help and orgnize the team when they struggle.

 CHANGE

 **Tutor feedback**
Grade: ★★☆☆☆


17e.


What **new information** about your strengths and weaknesses in a collaboration have you gained from the feedback?

 This assignment will be part of Portfolio 2024/2025.

Your answer


Apparently the ideas that I bring to the group are useful I was un doubt that if I should stick to my ideas or I should stick to my ideas or I should take other ideas .


 CHANGE

 **Tutor feedback**
Grade: ★★☆☆☆

18a.

According to the theory, which two roles do you collaborate best with? Is this reflected in the actual collaboration with your project group? Support your answer with an example.

 learning goal

 This assignment will be part of Portfolio 2024/2025.

Your answer

monitor and plant/ our project manager is a plant who I found her very easy to communicate and share ideas. we both take the lead and also take the charge and we both are very responsible team members.

 CHANGE




Tutor feedback

Grade: ★ ★ ★ ★ ★

18b.

According to the theory, which two roles do you collaborate less well with? Is this reflected in the actual collaboration with your project group? Support your answer with an example.

 This assignment will be part of Portfolio 2024/2025.


Your answer

shaper and teamworker/as soon as i receive more information about my teammates rules i provide more information

 CHANGE

19a.

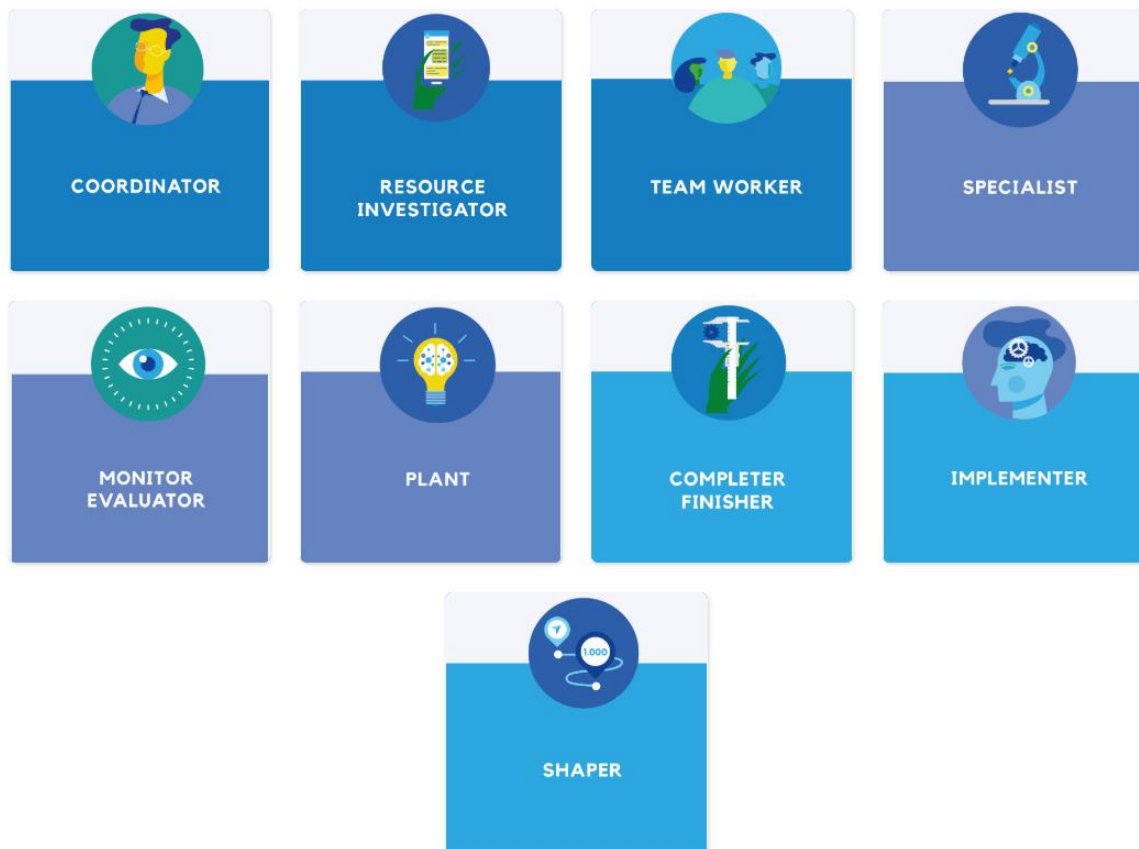
Which team roles are represented in your team? Use the first and second preferred role of each group member for your answer.

 This assignment will be part of Portfolio 2024/2025.

Your answer

we have team members with roles of Plant, Implementer, Coordinator, Complete Finisher, Resource Investigator, and a Team Worker

19b.



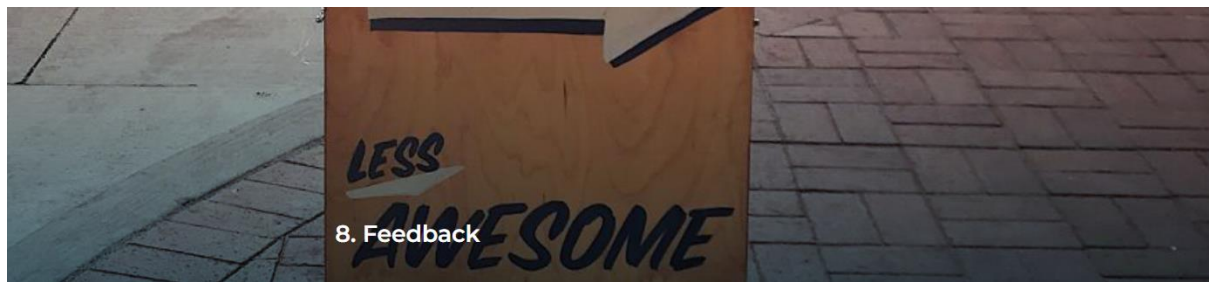
Your answer

we only have two from same role which is (Plant) and do not have a Shaper, Specialist, or Monitor Evaluator

19c.

This assignment will be part of Portfolio 2024/2025.


Question	Your answer
To what extent is the division of roles effective?	roles with individuals' skills and strengths enhances productivity by allowing them to work in positions which they are better at
Which roles reinforce each other?	Monitor Evaluators and Shapers can complement each other effectively. The Monitor Evaluator tends to
Which roles may get in each other's way?	creative ideas, while the Specialist concentrates on transforming those ideas into practical, actionable plans.
What can you change to improve collaboration?	To enhance teamwork, it's important to ensure that everyone clearly understands their roles and



8. Feedback

37a.

Describe the situation.

 This assignment will be part of Portfolio 2024/2025.


Your answer

this is rodrigo's feedback for me Amir, your willingness to get work done can be a motivator to other team members. But this might also make you overstress unnecessarily. This influences me to also get my work done whenever I'm feeling lazy or procrastinating. If you overstress, you can mess up your work as your mind won't be in the right place. In the future, you should keep a balance between work time and relaxing time.

37b.

Now describe the feedback using the theory discussed

1. Conditions for good feedback
2. I-message
3. BECD method

 This assignment will be part of Portfolio 2024/2025.

Your answer(s)

Behaviour

Amir, your willingness to get work done can be a motivator to other team members. But this might also make you overstress unnecessarily

Emotion

This influences me to also get my work done whenever I'm feeling lazy or procrastinating

Consequence

If you overstress, you can mess up your work as your mind won't be in the right place


Here you give the other time to respond


Desirable

In the future, you should keep a balance between work time and relaxing time.

✓ Answer saved!


 CHANCE

 YOUR ANSWER

 CORRECT ANSWER


 COMPARE ANSWERS

37c.

 This assignment will be part of Portfolio 2024/2025.

Here you ask what the other thinks of your proposal.	Your answer(s)
This is your current feedback.	Amir, your willingness to get work done can be a motivator to other team members. But this might also make you overstress unnecessarily This influences me to also get my work done whenever I'm feeling lazy or procrastinating If you overstress, you can mess up your work as your mind won't be in the right place In the future, you should keep a balance between work time and relaxing time.
Does this feedback meet the aforementioned conditions?	Yes/No
Condition	Answer = no? Improve the feedback
Descriptive	<input type="text"/>
Specific	<input type="text"/>
Taking into account your own needs and those of the recipient	<input type="text"/>
Applicable	<input type="text"/>
Desirable	<input type="text"/>
At the right time	<input type="text"/>
Clearly and precisely formulated	<input type="text"/>
Correct	<input type="text"/>

✓ Answer saved!


 CHANGE

38a.

Giving feedback


- What was it like to give the other person feedback?
- To what extent have you succeeded in conveying the core of the feedback to the other?
- Which insights from this section have helped you with this?
- Is the other person going to do something with the feedback?


[@ learning goal](#)

 This assignment will be part of Portfolio 2024/2025.

Your answer

It really feels good to give feed back in the proper way to a friend or a college so not only they do not get offended about your opnion but also they will use It to get better and improve themselves and i think i did a great job and i mentioned my point clearly and my friend accepted it so they will use so both teamwork and their personal character would improve.

 CHANGE

 Tutor feedback


Grade: ★★★★★

38b.

Receiving feedback

- Describe as clearly as possible what feedback you have received.
- What was it like hearing this feedback?
- What are you going to do with this feedback?

 [learning goal](#)

 This assignment will be part of Portfolio 2024/2025.

Your answer

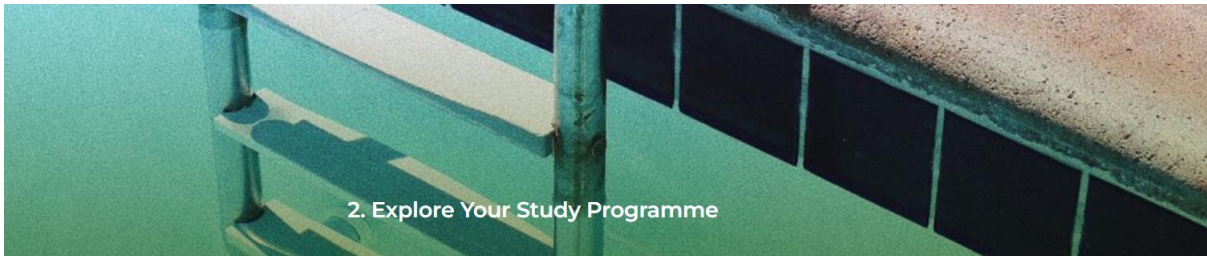
So as I mentioned before I've received that I can be a bit overstressed some time about some assignments and homework
I always love to hear accurate negative feedbacks because I think that's the point that people can grow and be a better person /friend/college etc.
by solving this problem I can be more effective and more efficient so I am going to take this with pleasure and use it for being better .

 CHANGE



Tutor feedback

Grade: ★★★★★




2. Explore Your Study Programme

4b.

What do you think of your current knowledge level with regard to your study programme?

What areas should you explore further?

 This assignment will be part of Portfolio 2024/2025.

Your answer

I have basic knowledge about some program language and also designing platforms I really need to enhance my knowledge about programming languages especially java and php. but my favorite part is designing so I really like explore more on these subjects.

 CHANGE



Tutor feedback

Grade: ★★☆☆☆

Questions

Study programme

- What will you be learning over the course of the study programme?
- How is the study programme structured?
- What are the possibilities for work after graduation?
- At what moments do you have the freedom to choose what?
- Can you go abroad during your study programme?

over my study program beside different programming languages which is the main part of my major i would learn to how behave like a professional person during education even enhance i want to work in a company during the projects i would learn how to enhance the collaboration skills and how to work in a team cause

Study programme requirements

- What are the profession-specific competences that you will develop over the course of this study programme?
- What knowledge is important for you future profession?
- What skills are important for your future profession?
- What kind of attitude is important for your future profession?

through these years I expect to be able work in teams and have deep understanding on working on projects which is very necessary for the future career. so apart of coding and designing i want to enhance my communication skills.

Environment

- Are you able to find your way around the building?
- Are you able to find your way in the electronic learning environment?

im not gonna lie in the two first weeks i was lost to work with digital platforms like blackboard and teams and find all of the assignments and homework there but after that i got used to it and working with it makes me feel very close to digital lifestyle which is basically my major.

Relevant people during your studies

- Are you familiar with the main teachers?
- Are you able to consult your coach/supervisor when necessary?
- Who can you turn to in the event of problems?

Professional possibilities

- What are the possibilities for working after graduation?
- What type of work can you do with this study programme?

working in different companies , hospitals, governments, multinational as web developer, software manager , network administrator , project manager or starting your own business as an IT manager so you can be an employee or you could be CEO of a company.

Professional orientation

- During which part of the study programme can you explore the various career options?
- When will you do an internship and what kind of internships are possible?

in the last two years of education especially the 3rd year because of the internship but working in companies which nhl standen's partner you can explore what are the best options for you after graduation there are three kind of internship grand tour , Run Eu , Exchange

Working method/educational vision of the study programme

- What did you learn about the educational methods of your study programme?

because my university is a applied since university we learn more practical skills than other student's from other university and the focus on the working in a team for project is one of the important part of my study program education methods and diversity of courses in my program covers all type of digital experience which

✓ Answer saved!

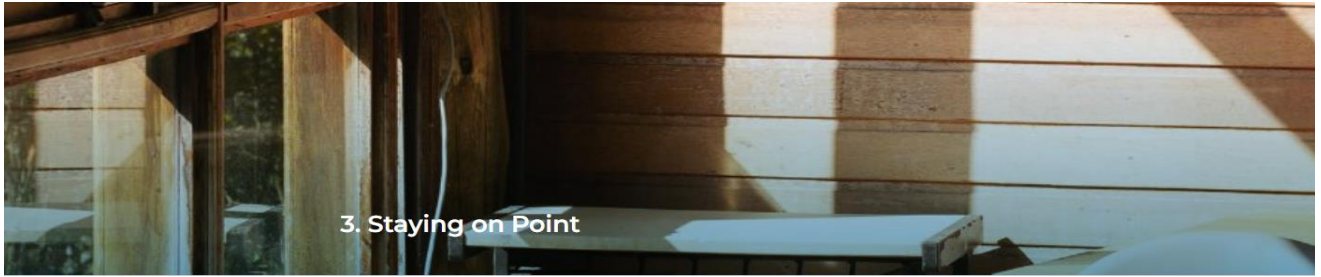
CHANGE



Tutor feedback

Grade: ★★★★★

You forgot a very important part, the study programme requirements. I'd be interested to see what the profession-specific competences are in your opinion. Naturally, this 1 star is not a grading, but meant to draw your attention



22.

Your answer

Score 95 / 100

Correct answer 23 / 24

Wrong answers 1 / 24

More effective	Less effective
Actively participate in exercises	Don't go
Writing down the main points	Keep your questions to yourself
Listen actively	Sit by someone fun
Make notes on paper	Phone on the table
Prepare	Only listen
Phone off	Make notes on a laptop or tablet
Pose questions	Sit at the back
Sit at the front	Listen partially or don't listen at all
Go	Doing something else during exercises
Sit by yourself	Look at the teacher and their board or screen
Take notes	Don't prepare anything
	Writing down everything
	Look at your own screen or look around

RETRY

Additional feedback

This exercise most likely went well for you. You know what is more effective and what is less effective. **But do you also act on it?** That may be more difficult. There are often two reasons for this, which we will discuss below.

24.

Social disincentives

- How positive is the social climate in your class or group of friends to perform?
- To what extent do you let your social environment stimulate or inhibit you?
- Support your answers with examples.
- Do you see reasons for yourself to change this?

 learning goal

 This assignment will be part of Portfolio 2024/2025.

Your answer

I usually sit with bunch of people who actually know a lot about the lessons or the are passionate about learning them cause I believe your performance would be more or less like people in your close environment as example when I see my friend who is next to me is actually participating the class actively I don't like to felt left behind so I also try to be active during the class and prepare better and pay more attention to the lecturer now I'm happy with my friends and I would consider if they try to change their way and pay less attention to class and try to talk or spend time on phone change my environment so I don't get effected

 CHANGE Tutor feedback

Grade: ★ ★ ★ ★ ☆

25a.

? 1/7 Not required

Completely
applies to me



Doesn't apply to me at all

? 2/7 Not useful

Completely
applies to me



Doesn't apply to me at all

? 3/7 Don't feel like it

Completely
applies to me



Doesn't apply to me at all

? 4/7 Have something better to do

Completely
applies to me



Doesn't apply to me at all

? 5/7 My friend isn't going either

Completely
applies to me



Doesn't apply to me at all

? 6/7 The teacher adds too little value in class

Completely
applies to me



Doesn't apply to me at all

? 7/7 Too busy/noisy

Completely
applies to me




Doesn't apply to me at all

YOUR ANSWER

25b.

What are your most important reasons not to go to class? Argue why you think this is good reason or not.

 learning goal

 This assignment will be part of Portfolio 2024/2025.

Your answer

It is unusual that i skip a class because this can happen PURPOSLY very rare like if i have a very urgent thing to do like meeting a forgotten deadline (which is not related to the class) i would skip the class on work on that which i mention again its not common but i think the most applicable reason for me to not attend the class purposely

 CHANGE



Tutor feedback

Grade: ★★★★★


26a.

Reason	Mark 1-10
You gain insight into the broad lines of the course	8
You receive an explanation regarding the material	8
You can ask questions on what is not clear	8
You gain insight into what is important to the teacher	9
It saves time because you don't have to study everything	6
You'll be at school anyway, and you will be able to work with other students, or you'll have personal study time	8
It helps you to stay up to date throughout the period	9
You can tap into the enthusiasm of the teacher	7
You will learn more about why this course is important in professional practice	9
Classes exist for a reason; these have a role in the study programme	9
You rather listen or watch than read	10
You can show who you are	9
It is pretty interesting	7
You get to know the teacher	8
You'll have a better idea of what will be asked of you in a test	10
It helps you obtain discipline or structure	8
It is an opportunity for contact with fellow students	10

26b.

What are your most important reasons to go to class? Explain to what extent these reasons already encourage you to go to class.

[learning goal](#)

 This assignment will be part of Portfolio 2024/2025.

Your answer

Well class is the most classic material for education there is a lot of things about a class which make it on of the most important materials during education like knowing your teacher and his values and what they want from you to do and also showing your values besides that having fellow student next to you and paying attention to class makes a environments that your brain would realize that is study time and what you should think about right now is your teacher teaching.

 CHANGE



Tutor feedback

Grade: ★★★★★

28.

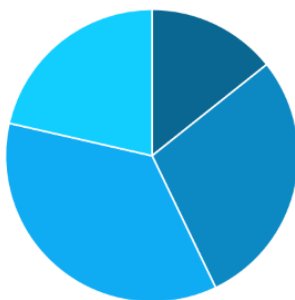
What is a pleasant way of teaching for you that you learn a lot from? What conditions does such a lesson meet?

Tip in advance:

- Rate a class taught by a teacher you think is a good teacher.
- Also rate a class taught by a teacher you think is less good of a teacher.

Now determine for each condition what is most pleasant and educational for you. You can indicate with a scale where you prefer.

Your result



Legend

- very good
- good
- sufficient
- moderate
- insufficient

 RETRY

 YOUR ANSWER

 RESULT

29.

Which side of the spectrum do you prefer?

Is it true that it is easier for you to go to classes of a teacher who you think is good at teaching?

Do you also participate well in these classes?

Your answer

Personally i am pleased to attend classes of a teacher whom has a good relation with his students and students are free to talk and share ideas also there is enough amount of humour. these classes not also teach you and they are useful educational wise it very good to enhance the relation between the teacher and students .



Tutor feedback

Grade: ★★☆☆☆

Your addition:

Give an addition to your earlier answer.

SAVE

31.

What three reasons do the resources above mention as to why taking notes on a laptop is less effective than with pen and paper?

Your answer

First when you take notes with laptop and you are able to type fast you would be able to type a lot and not only you will not listen to teacher and just take not and also when you take a lot of notes they are usually are not that usefull as when u take notes with pen and paper which u only juts write down important parts and also when you have your laptop open you might check social medias and check internet which is not do able when your taking note with pen and paper also personally i think pen and paper more traditional for a classroom.



Additional feedback

1. Distraction: students are more quickly distracted because of social media, Netflix, etc., which are only a single click away. In this way, they spend (part of) the teaching time on non-educational matters (source: www.commonwealthtimes.org).
2. Shallower processing: students can often type much faster than they write. Due to this speed, they process the material to a lesser extent in their brain.
3. Less good notes: because students can type quickly, they literally copy things. In doing so, they make no distinction between main and minor concepts and do not use their own words. This is to the detriment of the quality of the notes and the processing of the material.



Tutor feedback


Grade: ★★★★★

Very good Amir, also think of this: - Distraction: students are more quickly distracted because of social media, Netflix, etc., which are only a single click away. In this way, they spend (part of) the teaching time on non-educational matters (source: www.commonwealthtimes.org). - Shallower processing: students can often type much faster than they write. Due to this speed, they process the material to a lesser extent in their brain. - Less good notes: because students can type quickly, they literally copy things. In doing so, they make no distinction between main and minor concepts and do not use their own words. This is to the detriment of the quality of the notes and the processing of the material.

33.

Substantiate the extent to which you make effective notes during class and use the theory and feedback to describe at least two things you will be doing starting tomorrow to make your notes more effective.

 learning goal

 This assignment will be part of Portfolio 2024/2025.

Your answer

Im usually not a good note taker but what i used to do and i would probably do is taking note of head titles and also thing that i dont know much about them and i need to do some research and also thing that my teacher find them valuable and mention them as a hint for test or etc and i might forget .

 CHANGE



Tutor feedback

Grade: ★★☆☆☆

Poll1

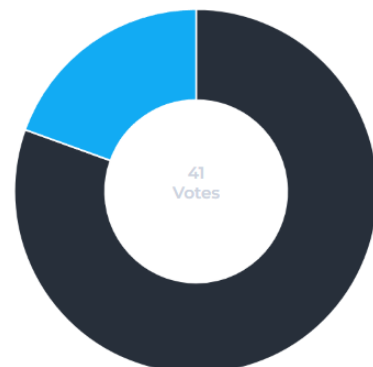
How do you feel about a classmate who exhibits one or more of the above-mentioned behaviours?

Your answer

☐ Lovely, totally my type of person! (80.49%)

☒ Ew, what a show off! (19.51%)

 SAVE



Poll2

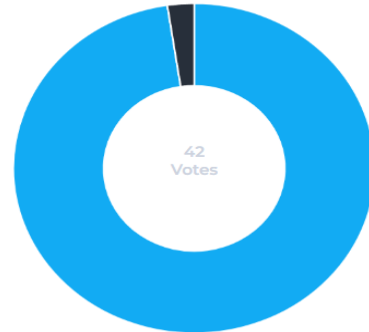
For a practical lesson, a certain exercise is prescribed as a preparatory assignment. If you don't prepare, can you or are you allowed to take part? Do you prepare?

Your answer

☒ Yes (97.62%)

☐ No (2.38%)

 SAVE



Poll3

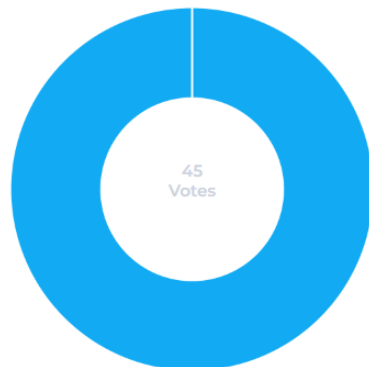
You have an interview with a potential client for a practical assignment. Do you prepare?

Your answer

☒ Yes (100%)

☐ No (0%)

 SAVE






1. The Importance of Reflection

6.

Which of the three above-mentioned instruments are used in your study programme?

 [learning goal](#)

 This assignment will be part of Portfolio 2024/2025.


Your answer

In my opinion all three of them in course are necessary for and they are useful in their own way and all of them are being used. a mentor who you can talk to him about your progress and they will shar their knowledge and experience to you so you would be able to achieve best lessons from your different experience. having a logbook which you track your most important experience so you do not forget them and once a while you go through them and see what you can achieve from these experience. my study program includes different period which in each of them i would face different challenges a personal portfolio helps me so i can go back to previous period and see in that specific situation what did i face and how did i behave and what was the result so in case of happening the same situation i can have better outcome.

 CHANGE

7.

Conclusion: substantiate the extent to which learning to reflect more effectively is important for you and your study programme and/or work.

 This assignment will be part of Portfolio 2024/2025.

Your answer

During education and work career we would face lots of different situation that might be challenging and we have to deal with them if we learn that what behaviour of us lead to what type of result we can ensure that in case that same scenario happens we know what we have to do know to get better result than the last time and by doing this again and again and keep recording what we are learning. after couple of years we can be sure that if a challenge happens or i face a difficult situation i know how can i handle it and i can get best outcome out of it.

 CHANGE

5. STARR(T)-method

33a.



ONE FOLLOWS FROM THE OTHER

EDIT

YOUR ANSWER

CORRECT ANSWER

COMPARE ANSWERS



Tutor feedback

Grade: ★★★★★

Well applied STARRT

33b.

To conclude

Yes/No

Verify your complete STARR(T) analysis. Is there a clear relationship between the S-T-A-R-R-T parts? If not, adjust your answers where necessary.

Yes

✓ Answer saved!

CHANGE



Tutor feedback

Grade: ★★★★★