My first Year in IT studies has been a mix of new experiences, challenges, and learning opportunities. Now In this report I Reflect on my experiences, my decisions for future my personal development plan and answering to some questions like whether I would continue on this course or not and what are my plans for my future career.

1. Consequences or Impact of My Actions on My Studies

During the second period of my first year, I had a theory course in Database Engineering. The assignments were quite difficult, and for two to three weeks, I wasn't able to complete any of them. I felt completely lost and didn't even know where to begin. Emotionally, this was a really difficult time for me it disturbed my focus and confidence. I've always seen myself as a student who takes homework and academic responsibility seriously, so falling behind was frustrating and disappointing.

Over the Christmas break, I decided to take action. I spent an entire week watching online tutorials and teaching myself how to do all of these assignments. This decision had a huge impact on my studies because not only I managed to catch up on the assignments but also I achieved my highest score of the year: a 9.4 on the final exam.

I am genuinely proud of myself for that achievement. It reminded me how much succeeding in my education is valuable for me . with choosing to spend my holiday time on my studies I showed that I'm willing to make sacrifices to reach my personal goals .

2. Warnings Issued or Received (Code of Conduct)

In our second project, one of my team members missed several group meetings and even one assessment because he overslept. Although he was very knowledgeable and contributed a lot to the team, I believe that it always important to follow our Code of Conduct. I told him about the issue and I gave him a minor strike not to punish him, but just to remind him of his responsibilities to his teammates.

He took the feedback well, and from then on, he was always on time for every class, team meetings or assessments.

3. Feedback Given or Received and Its Influence

In one of our projects, I had a team leader who was an excellent student, dedicated, helpful, and always focused on delivering high-quality work. But, they sometimes struggled with managing the team, especially when they needed to make tough decisions or when certain members weren't paying attention to their responsibilities.

I believe that one of the most important roles of a leader is to guide the team effectively toward a common goal, even if that means making difficult choices. So, I gave them feedback and encouraged them to take action on some issues that were affecting the group dynamic.

Thankfully, they listened and handled the situation quickly and effectively. As a result, the team worked more smoothly, and we all succeeded in passing the project.

4. Evaluation of My Study Choice

I started my journey in the Information Technology program in September 2024, and now, almost a year later has been passed, I can say that it has truly met my expectations. Of course just Like any course, there have been ups and downs that for period of time can make you feel overwhelmed, but overall, IT has satisfied my passion for problem-solving and learning how technology works.

I believe the second year will be even more exciting, with more complex projects where real clients are involved and a deeper dive into the world of technology. I'm genuinely looking forward to it, and I couldn't be happier with the path I've chosen.

5. Study Progress: Current Status, Maximizing It, and Pride

I'm very happy with my current progress in my studies. I've passed all of my theory exams with highest grades on the first try . So far, I've successfully completed every project, with just one left to go.

Beyond academic results, I've earned the respect and trust of my teachers and mentors. For me especially because of the family that I come from , being recognized as a hardworking and reliable student is just as important as getting high grades maybe even more.

I've also taken part in several extracurricular activities in the university. I have been selected as a student advisor on the program committee and also was busy with interviewing new students. These roles shows that my contributions go beyond academics, and they align with my values.

6. Evaluation of My Personal Development Plan (PDP) and Three Goals

My PDP included three goals one personal and two academic.

The first was listening to audiobooks to broaden my general knowledge. This is important to me, as reading is a core value in my family my father is a professor of Persian literature and he always advices me to read / listen to books . I've completed *The Midnight Library* and *The Suicide Shop*, a summery of each of them can be fined as the measurable result in my portfolio .

The second goal was improving my knowledge on Dutch language . I have made a great progress since now I can hold some simple conversation in Dutch with locals

at work or school. A proof of my success is the result of the recent exam that has been taken in extra Dutch calss which can be found in portfolio.

My third goal was to successfully complete the MDT project and earn the Storyteller certificate. So far, my team and I have made excellent progress, with consistent positive feedback from project organizer. Our product is developing well, and I'm confident that we'll finish strong

7. Description of One Goal via STARRT Method

I'm going to elaborate on my second goal learning Dutch using the STARRT method.

Situation:

a few month after starting my education in Netherlands I realized that for better integration with people and raising the chance of being employed in the country is to have basic knowledge in Local Language

Task:

My goal was to reach a level where I could hold basic conversations in Dutch and understand simple spoken and written communication.

Action:

To achieve this, I enrolled in an extra Dutch class and committed my self in active participation in classes I also practiced daily through language apps, and tried to use Dutch in daily situations like shopping.

Result:

After while I became more confident. I am now able to hold simple conversations and recently passed an exam in my Dutch course, which approves my progress.

Reflection:

This experience showed me that consistency is key although that I was very busy because of school projects but Even small daily efforts added up to noticeable improvement.

Transfer:

Improving my Dutch has not only helped with integration but also helped me to become more effective at workplace. I plan to continue learning and use these skills in future internships or job opportunities in the Netherlands.

8. Statement on Whether I Will Continue with This Study

Yes, I've decided to continue with my IT studies. This decision comes from thinking carefully about my experiences and future goals. I believe that staying determined

and being flexible are important for success, and my IT studies have helped me build these skills. I've worked hard to keep up with my studies, and I feel motivated by the idea of building a career in IT. Deep down, I know that I'm passionate about technology and enjoy learning new things, even when it's hard.

9. Actions Undertaken to Orientate (for Future Jobs) on the Professional Field

To prepare for my future career in the IT field, I've started planning actions that covers both academic calendar and summer, I intend to take online courses that complement my studies and help me build relevant skills. Additionally, I aim to follow extra courses throughout the academic year that connect directly with my ongoing projects like online tutorials on PHP language on second period. I also plan to focus heavily on internships, as they are basically 1 year of working experience and they are fundamental for my future career. Another key part of my plan is continuing to improve my Dutch language skills, which will increase my chances of being hired by not only international companies but also local companies and help me integrate better into the professional environment in the Netherlands.