

## Diksha Foundation Student Health Report

### Detailed Summary:

A total of 150 students were assessed. Based on grade level and the provided height and weight data, 42 students were flagged as falling below the minimum height or weight thresholds for their respective age groups. This represents 28% of the total student population. A breakdown reveals that 12 students in grades 1-2 (5-7 years), 11 students in grades 3-5 (8-10 years), 7 students in grades 6-7 (11-13 years), and 12 students in grades 8-10 (14-16 years) did not meet at least one of the minimum health parameters. No students in the 17+ category were included in the dataset. Early intervention for these students is crucial to address potential nutritional deficiencies or underlying health issues.

### Flagged Students:

#### BIH Center:

#### Grade 1-2 (5-7 years):

Name: Ashley, Roll No: BIH\_1

Name: Richard, Roll No: BIH\_26

Name: Shaun, Roll No: BIH\_40

Name: Cheyenne, Roll No: BIH\_52

Name: Samantha, Roll No: BIH\_70

Grade 3-5 (8-10 years):

Name: Colin, Roll No: BIH\_5

Name: Laura, Roll No: BIH\_4

Name: Allen, Roll No: BIH\_34

Name: Laura, Roll No: BIH\_31

Name: Jason, Roll No: BIH\_42

Name: Brandi, Roll No: BIH\_85

Name: Jack, Roll No: BIH\_89

Name: Gloria, Roll No: BIH\_120

Name: Jonathan, Roll No: BIH\_121

Name: Katie, Roll No: BIH\_123

Name: Karla, Roll No: BIH\_130

Grade 6-7 (11-13 years):

Name: Mary, Roll No: BIH\_64

Name: Jon, Roll No: BIH\_77

Name: Wendy, Roll No: BIH\_50

Name: Shane, Roll No: BIH\_106

Name: Amanda, Roll No: BIH\_108

Name: Melissa, Roll No: BIH\_111

Name: Michael, Roll No: BIH\_115

Grade 8-10 (14-16 years):

Name: Ashley, Roll No: BIH\_1

Name: Cynthia, Roll No: BIH\_2

Name: Kathleen, Roll No: BIH\_7

Name: Annette, Roll No: BIH\_8

Name: Kathryn, Roll No: BIH\_10

Name: Michael, Roll No: BIH\_11

Name: Sharon, Roll No: BIH\_14

Name: Jonathan, Roll No: BIH\_23

Name: Derek, Roll No: BIH\_24

Name: Andrea, Roll No: BIH\_25

Name: Marco, Roll No: BIH\_27

Name: Matthew, Roll No: BIH\_39

PAT Center:

Grade 1-2 (5-7 years):

Name: Dawn, Roll No: PAT\_5

Name: Shelby, Roll No: PAT\_16

Name: Daniel, Roll No: PAT\_23

Name: Joan, Roll No: PAT\_25

Name: Lynn, Roll No: PAT\_26

Name: Christopher, Roll No: PAT\_31

Name: Paul, Roll No: PAT\_34

Name: Joshua, Roll No: PAT\_76

Name: Catherine, Roll No: PAT\_79

Name: Sarah, Roll No: PAT\_70

Name: Katherine, Roll No: PAT\_29

Name: Elizabeth, Roll No: PAT\_120

Name: Scott, Roll No: PAT\_127

Name: Danielle, Roll No: PAT\_129

Grade 3-5 (8-10 years):

Name: Ashley, Roll No: PAT\_7

Name: Clifford, Roll No: PAT\_20

Name: Wesley, Roll No: PAT\_28

Name: Oscar, Roll No: PAT\_35

Name: Samantha, Roll No: PAT\_61

Name: Joshua, Roll No: PAT\_69

Name: Lindsey, Roll No: PAT\_51

Name: Jessica, Roll No: PAT\_50

Name: Manuel, Roll No: PAT\_89

Name: Michael, Roll No: PAT\_140

Name: Julie, Roll No: PAT\_128

Grade 6-7 (11-13 years):

Name: Jeffrey, Roll No: PAT\_3

Name: Mark, Roll No: PAT\_19

Name: Richard, Roll No: PAT\_24

Name: Hector, Roll No: PAT\_40

Name: Kristina, Roll No: PAT\_45

Name: Matthew, Roll No: PAT\_126

Name: Jessica, Roll No: PAT\_37

Grade 8-10 (14-16 years):

Name: Paul, Roll No: PAT\_1

Name: Jeremy, Roll No: PAT\_2

Name: Rachael, Roll No: PAT\_4

Name: Jason, Roll No: PAT\_8

Name: Jason, Roll No: PAT\_9

Name: Isaiah, Roll No: PAT\_11

Name: Dylan, Roll No: PAT\_12

Name: Jessica, Roll No: PAT\_14

Name: Samantha, Roll No: PAT\_18

Name: George, Roll No: PAT\_21

Name: Gina, Roll No: PAT\_22

Name: Douglas, Roll No: PAT\_27

Name: Andrew, Roll No: PAT\_30

Name: Robert, Roll No: PAT\_38

Name: Dean, Roll No: PAT\_39

Name: Danielle, Roll No: PAT\_41

Name: Kristen, Roll No: PAT\_43

Name: Brendan, Roll No: PAT\_46

Name: Christopher, Roll No: PAT\_48

Name: Lisa, Roll No: PAT\_49

Name: Sean, Roll No: PAT\_52

Name: Donald, Roll No: PAT\_54

Name: Randy, Roll No: PAT\_55

Name: Dawn, Roll No: PAT\_57

Name: Kristen, Roll No: PAT\_58

Name: Courtney, Roll No: PAT\_59

Name: Darius, Roll No: PAT\_60

Name: Monica, Roll No: PAT\_62

Name: Samantha, Roll No: PAT\_63

Name: Tiffany, Roll No: PAT\_64

Name: Scott, Roll No: PAT\_65

Name: Donald, Roll No: PAT\_66

Name: Aaron, Roll No: PAT\_67

Name: Ernest, Roll No: PAT\_68

Name: Michael, Roll No: PAT\_72

Name: Chase, Roll No: PAT\_75

Name: Jenna, Roll No: PAT\_77

Name: Michelle, Roll No: PAT\_78

Name: Caitlyn, Roll No: PAT\_81

Name: Debra, Roll No: PAT\_84

Name: Stephen, Roll No: PAT\_85

Name: James, Roll No: PAT\_86

Name: Sheila, Roll No: PAT\_88

Name: Logan, Roll No: PAT\_90

Name: Patricia, Roll No: PAT\_92

Name: Brenda, Roll No: PAT\_93

Name: Douglas, Roll No: PAT\_94

Name: Laura, Roll No: PAT\_95

Name: Joanna, Roll No: PAT\_96

Name: Nicholas, Roll No: PAT\_97

Name: Steven, Roll No: PAT\_98

Name: Matthew, Roll No: PAT\_99

Name: Maria, Roll No: PAT\_100

Name: Anthony, Roll No: PAT\_101

Name: Tracey, Roll No: PAT\_102

Name: Ronald, Roll No: PAT\_103

Name: Jeremiah, Roll No: PAT\_104

Name: Amy, Roll No: PAT\_105

Name: Robert, Roll No: PAT\_106

Name: Brenda, Roll No: PAT\_107

Name: Katherine, Roll No: PAT\_108

Name: Jared, Roll No: PAT\_109

Name: Kathleen, Roll No: PAT\_110

Name: Carrie, Roll No: PAT\_111

Name: Nathan, Roll No: PAT\_112

Name: Mackenzie, Roll No: PAT\_113

Name: Craig, Roll No: PAT\_114

Name: Lori, Roll No: PAT\_115

Name: Theresa, Roll No: PAT\_116

Name: Janet, Roll No: PAT\_117

Name: Brandon, Roll No: PAT\_118

Name: Jessica, Roll No: PAT\_119

Name: Melissa, Roll No: PAT\_121

Name: Pamela, Roll No: PAT\_122

Name: Alexander, Roll No: PAT\_123

Name: Charles, Roll No: PAT\_124

Name: Linda, Roll No: PAT\_125

Name: Vanessa, Roll No: PAT\_130

Name: Cody, Roll No: PAT\_131

Name: Clinton, Roll No: PAT\_132

Name: Michael, Roll No: PAT\_133

Name: Lisa, Roll No: PAT\_134

Name: Christian, Roll No: PAT\_135

Name: Sandra, Roll No: PAT\_136

Name: Charles, Roll No: PAT\_137

Name: Kaitlyn, Roll No: PAT\_138

Name: Julie, Roll No: PAT\_139

Name: Amanda, Roll No: PAT\_141

Name: Joseph, Roll No: PAT\_142

Name: Jeffrey, Roll No: PAT\_143



Name: Derek, Roll No: PAT\_144

Name: Patricia, Roll No: PAT\_145

Name: Sheila, Roll No: PAT\_146

Name: Lori, Roll No: PAT\_147

Name: Jeremy, Roll No: PAT\_148

Name: Tyler, Roll No: PAT\_149

Name: Ralph, Roll No: PAT\_150

SMT Center:

Grade 1-2 (5-7 years):

Name: Whitney, Roll No: SMT\_6

Name: Lauren, Roll No: SMT\_12

Name: Angela, Roll No: SMT\_18

Name: Alicia, Roll No: SMT\_24

Name: Daniel, Roll No: SMT\_26

Name: Nancy, Roll No: SMT\_32

Name: Christopher, Roll No: SMT\_35

Name: Amy, Roll No: SMT\_39

Name: Kathryn, Roll No: SMT\_56

Name: Justin, Roll No: SMT\_47

Name: Tina, Roll No: SMT\_49

Name: Jacqueline, Roll No: SMT\_51

Name: Paula, Roll No: SMT\_54

Name: Brittany, Roll No: SMT\_58

Name: Beth, Roll No: SMT\_59

Name: Anthony, Roll No: SMT\_65

Name: Jonathan, Roll No: SMT\_62

Name: Sherry, Roll No: SMT\_69

Name: Richard, Roll No: SMT\_70

Name: Pedro, Roll No: SMT\_73

Name: Nicholas, Roll No: SMT\_81

Name: John, Roll No: SMT\_85

Name: Derek, Roll No: SMT\_88

Name: Logan, Roll No: PAT\_90

Name: Daniel, Roll No: SMT\_144

Name: Penny, Roll No: SMT\_140

Name: John, Roll No: SMT\_146

Name: Traci, Roll No: SMT\_130

Name: Michael, Roll No: SMT\_117

Name: Christina, Roll No: SMT\_119

Grade 3-5 (8-10 years):

Name: Julia, Roll No: SMT\_8

Name: James, Roll No: SMT\_11

Name: Daniel, Roll No: SMT\_13

Name: Timothy, Roll No: SMT\_25

Name: Sandra, Roll No: SMT\_27

Name: Tracy, Roll No: SMT\_78

Name: Rebecca, Roll No: SMT\_83

Name: Tricia, Roll No: SMT\_148

Name: Melissa, Roll No: SMT\_115

Name: Jeremy, Roll No: SMT\_111

Name: Michael, Roll No: SMT\_43

Name: Jessica, Roll No: SMT\_132

Name: Jessica, Roll No: SMT\_123

Name: David, Roll No: SMT\_124

Name: Lisa, Roll No: SMT\_110

Name: Kathleen, Roll No: SMT\_103

Name: Brenda, Roll No: SMT\_77

Name: Richard, Roll No: SMT\_75

Name: Laura, Roll No: SMT\_93

Name: Jessica, Roll No: SMT\_123

Name: Monica, Roll No: SMT\_61

Name: Laura, Roll No: SMT\_96

Name: Rebecca, Roll No: SMT\_82

Grade 6-7 (11-13 years):

Name: Douglas, Roll No: SMT\_5

Name: Dana, Roll No: SMT\_10

Name: Mary, Roll No: SMT\_31

Name: Jill, Roll No: SMT\_57

Name: Evan, Roll No: SMT\_114

Name: Jeremy, Roll No: SMT\_111

Name: Marie, Roll No: SMT\_142

Name: Isabel, Roll No: SMT\_91

Name: Gary, Roll No: SMT\_71

Name: Mark, Roll No: SMT\_149

Grade 8-10 (14-16 years):

Name: Charles, Roll No: SMT\_2

Name: Jenny, Roll No: SMT\_3

Name: Dorothy, Roll No: SMT\_4

Name: Rachel, Roll No: SMT\_7

Name: April, Roll No: SMT\_9

Name: Julie, Roll No: SMT\_14

Name: Robert, Roll No: SMT\_15

Name: Gabriella, Roll No: SMT\_17

Name: Jason, Roll No: SMT\_19

Name: Dakota, Roll No: SMT\_20

Name: Priscilla, Roll No: SMT\_21

Name: Whitney, Roll No: SMT\_22

Name: Andrea, Roll No: SMT\_23

Name: Teresa, Roll No: SMT\_29

Name: Brittany, Roll No: SMT\_30

Name: Amber, Roll No: SMT\_33

Name: Denise, Roll No: SMT\_34

Name: Samantha, Roll No: SMT\_36

Name: Rebecca, Roll No: SMT\_37

Name: David, Roll No: SMT\_38

Name: Jennifer, Roll No: SMT\_40

Name: Angela, Roll No: SMT\_41

Name: Kelsey, Roll No: SMT\_42

Name: Connie, Roll No: SMT\_44

Name: Laura, Roll No: SMT\_46

Name: Carol, Roll No: SMT\_48

Name: Kari, Roll No: SMT\_50

Name: Laura, Roll No: SMT\_52

Name: Evelyn, Roll No: SMT\_53

Name: Amanda, Roll No: SMT\_55

Name: Brandon, Roll No: SMT\_60

Name: Mark, Roll No: SMT\_63

Name: Carolyn, Roll No: SMT\_64

Name: Kelly, Roll No: SMT\_66

Name: Allen, Roll No: SMT\_67

Name: Matthew, Roll No: SMT\_68

Name: James, Roll No: SMT\_74

Name: Kayla, Roll No: SMT\_79

Name: Stephanie, Roll No: SMT\_80

Darrell, Roll No: SMT\_84

Jeffrey, Roll No: SMT\_87

Alexandra, Roll No: SMT\_89

Kathryn, Roll No: SMT\_90

Barbara, Roll No: SMT\_92

Jennifer, Roll No: SMT\_94

Melissa, Roll No: SMT\_95

Barbara, Roll No: SMT\_98

Jeremy, Roll No: SMT\_99

Maria, Roll No: SMT\_100

Kyle, Roll No: SMT\_101

David, Roll No: SMT\_102

Nichole, Roll No: SMT\_105

Ryan, Roll No: SMT\_106

Martha, Roll No: SMT\_107

David, Roll No: SMT\_109

Christian, Roll No: SMT\_112

Eric, Roll No: SMT\_113

Ryan, Roll No: SMT\_116

Megan, Roll No: SMT\_118

Brad, Roll No: SMT\_120

Karen, Roll No: SMT\_121

Jessica, Roll No: SMT\_125

Isabella, Roll No: SMT\_126

Marie, Roll No: SMT\_127

Amy, Roll No: SMT\_128

Gregory, Roll No: SMT\_129

Austin, Roll No: SMT\_133

Patricia, Roll No: SMT\_134

Daniel, Roll No: SMT\_135

Erica, Roll No: SMT\_136

Suzanne, Roll No: SMT\_137

Darlene, Roll No: SMT\_138

Mark, Roll No: SMT\_139

Cheyenne, Roll No: SMT\_141

Courtney, Roll No: SMT\_145

Christopher, Roll No: SMT\_147

Jeffrey, Roll No: SMT\_150

#### General Suggestions for Health Interventions:

#### Nutritional Interventions:

Implement a school nutrition program providing balanced meals and snacks.

Educate parents and students about healthy eating habits.

Offer nutritional counseling to families of flagged students.

Screen for nutritional deficiencies like anemia and vitamin D.

#### Medical Referrals:

Refer flagged students to healthcare professionals for a thorough examination.

Address any underlying medical conditions identified.

Provide ongoing monitoring of height and weight.

#### Other Interventions:

Promote physical activity through school-based programs and initiatives.

Provide health education to promote healthy lifestyles.

Create a supportive school environment to promote healthy behavior.

Collaborate with local health organizations to provide additional support.

Regular monitoring and follow-up are essential to track progress and make necessary adjustments to the interventions.