# Recipe

## Panakam

## By

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## Ingredients

- Dried ginger powder (sonth powder) ¼ tsp
- Black pepper powder (kali miri powder) ¼ tsp
- Salt ¼ tsp
- Juice of one large lemon (2 tbsp)
- Cardamom Powder
- Jaggery 4-5 tbsp
- Water 3-4 cups

### Preparation

- 1. In a large pitcher take 4-5 tbsp of crushed or grated jaggery.
- 2. It also depends upon on the sweetness of your jaggery.
- 3. Stir in 3-4 cups of drinking water.
- 4. Stir them till they get completely dissolved.
- 5. Add salt, cardamom powder, lemon juice, black pepper, and dried ginger powder to it.
- 6. Filter it through a muslin cloth to remove any impurities in the liquid.
- 7. Stir well and serve chilled.

#### Serves

4-5 Persons

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