Recipe

Chili Paneer

Ву

Anand Lila devi dasi



Ingredients

500 gm paneer, cut into 1/2 -inch cubes

34 C cornstarch/cornflour

1 Tbsp soy sauce

11/2 Tbsp ginger, finely grated

1/4 Tsp red chili powder

2 Tsp salt

34 C water

Oil for deep frying

2 Tsp oil

½ Tsp yellow asafetida powder

2 hot green chilies, chopped

1 C tomato puree

1/2 Tsp sugar

3 bell peppers (capsicum), diced into ½ -inch squares

3 Tbsp chopped fresh coriander leaves

Preparation

- 1. In a small mixing bowl, combine the cornstarch, 1 Tsp of soy sauce, ½ Tbsp of ginger, chili powder, ½ Tsp salt and water until smooth. (You can adjust the consistency of the batter accordingly by adding more cornstarch or water so that it just coats the paneer cubes to be able to deep fry them)
- 2. Heat oil in a frying pan. Dip the paneer pieces in the batter prepared and deep fry it in oil until golden brown (the cornstarch in the batter might sit at the bottom so keep stirring the batter often). Drain the paneer on paper towels and keep aside.
- 3. Heat 2 Tsp oil in a saucepan over moderate heat, sprinkle asafetida powder, and drop the green chilies and the remaining ginger. Stir-fry for a few seconds. Pour the tomato puree, the remaining soy sauce, salt and sugar. Reduce the heat to low and cook until oil comes on top.
- 4. Add the diced bell peppers and cook covered until softened. Add the fried paneer, coriander leaves and combine well. Cook for 5 more minutes and serve hot.

Serves

4-6

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