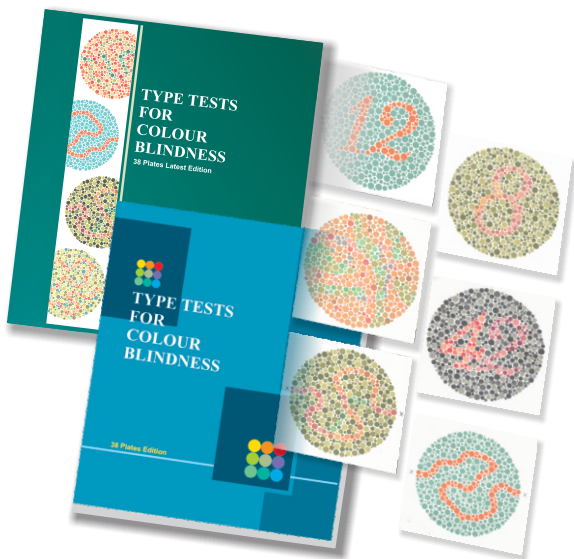


38 Plates Colour Vision Book



Near Vision Book

+0.1
0.1
0.15

Seeing is more -
10 63 59 27 38

0.125
0.2
0.32

Seeing goes beyond the five senses.
Seeing is being.
02 54 60 81 43

0.16
0.25
0.4

We see, we are seen and we perceive -
the optical experience has many facets.
36 75 82 94 19

0.2
0.32
0.5

To read a book, grasp nature's beauty, contemplate a picture -
nature's activity can be taken for granted. To see well is of vital
importance.
23 78 17 91 04

0.25
0.4
0.8

It has a crucial impact on our quality of life. It means communication, com-
prehension, discovery and experience. Of both principal means of interpersonal
communication, seeing is by rights the more significant.
78 32 51 01 49

0.32
0.5
0.8

Language can be misunderstood. But the way we see others and are in turn seen is a spontaneous
perception. It explicates an immediate reaction. Seeing, or to be precise the desire to see better,
is also what prompted our ancestors to get up on their first legs many millions ago.
28 98 63 14 70

0.4
0.5
1.0

It enabled them to spot potentially deadly enemies in the high grasses of the steppe. This great evolutionary leap was what freed
us from the clutches of the high grasses and led us to the high grasses of the sky and today, to him, we see our hands to produce things that
allow us to see even more precisely.
24 46 46 14 70

0.5
0.8
1.25

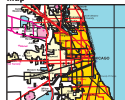
But our great abilities, which are the result of evolution, are limited and require constant attention to the way in which individual vision differs. Of no other
sense is this more true. The eye is a complex organ, and the brain is a complex organ. The eye is a complex organ, and the brain is a complex organ. The eye is a complex organ, and the brain is a complex organ.
24 46 46 14 70

The figures indicate the approximate eyesight value for reading distances of ■ 25 cm ■ 40 cm ■ 65 cm

Directory

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Map



Timetable

SHEFFIELD - NOTTINGHAM											
0845	0715	0845	1015	1145	1315	1445	1615	1745	1915	2045	2215
0845	0715	0845	1015	1145	1315	1445	1615	1745	1915	2045	2215
0845	0715	0845	1015	1145	1315	1445	1615	1745	1915	2045	2215
0845	0715	0845	1015	1145	1315	1445	1615	1745	1915	2045	2215
0845	0715	0845	1015	1145	1315	1445	1615	1745	1915	2045	2215
0845	0715	0845	1015	1145	1315	1445	1615	1745	1915	2045	2215
0845	0715	0845	1015	1145	1315	1445	1615	1745	1915	2045	2215
0845	0715	0845	1015	1145	1315	1445	1615	1745	1915	2045	2215
0845	0715	0845	1015	1145	1315	1445	1615	1745	1915	2045	2215
0845	0715	0845	1015	1145	1315	1445	1615	1745	1915	2045	2215
0845	0715	0845	1015	1145	1315	1445	1615	1745	1915	2045	2215

Newspaper

Weather forecast
Most parts will have showers, but not as frequent
as the north and west. North-west Scotland will stay
mainly cloudy with heavy rain.
Outlook
Temperature will rise into Scotland, south Wales and
western England later. Showers will be dry and bright
with sunny spells.

Internet

