Hi Amita,

This is the description I wrote for my reiki website. This is for the intro page apart from this

I would like a page for fees and charges, contact

And bookings that comes to my phone and email

**🌿 Reiki Healing with [Your Name]**

**A Journey of Energy, Intuition, and Inner Peace**

**✨ What Is Reiki?**

Reiki is a Japanese healing technique that channels *universal life force energy* to support emotional, mental, and physical well-being. It is widely recognized as a **complementary therapy** that promotes deep relaxation, restores balance, and encourages the body’s natural healing processes.

**🌸 How Reiki Can Help You**

Clients come to Reiki for many reasons, including:

* 🌼 Emotional Healing
* 💫 Stress & Anxiety Relief
* 💖 Pain Management
* 🌿 Support During Illness or Recovery
* 🧘 Inner Peace & Spiritual Alignment

Most people report a deep sense of calm, clarity, and emotional release after a few treatments.

**🌟 My Reiki Journey**

I have been practicing Reiki for the past **14 years**, guided by my guru and my own spiritual path. During meditation and healing work, I began to receive **unique Reiki symbols** — sacred names and shapes that emerged from within.

My guru shared that these were **symbols from past lives**, awakened from my subconscious. I now incorporate these personal symbols — gifts from the universe — along with traditional **Usui Reiki** to offer a deeply intuitive and personalized healing experience.

**💖 My Healing Approach**

Each session is tailored to the individual’s energy and emotional state. Whether in person or through distance healing, Reiki is equally powerful and effective.

My focus is on **emotional well-being**, believing that emotional balance leads to physical and mental healing.

**Sessions Include:**

* Gentle, hands-on or hands-above techniques
* Intuitive use of both Usui and personal Reiki symbols
* Supportive energy for clarity, release, and renewal
* Optional distance healing upon request

**🌐 Distance Healing Available**

Energy knows no boundaries. Reiki can be sent and received across any distance, ideal for:

* Clients who are remote or unable to travel
* Support during life events or emotional moments
* Consistent healing over time

**🌠 A Gift from the Universe**

I believe Reiki comes into your life when you are ready for it. Through this sacred energy, I help people reconnect with their inner strength, emotional clarity, and self-healing potential.

Whether you're navigating a challenge or simply seeking peace, Reiki can help guide you back to balance.

**📞 Connect With Me**

Would you like to schedule a session, learn more, or ask questions? I would be honored to support your healing journey.

**[Your Name]**  
*Reiki Practitioner | Energy Healer | Spiritual Guide*  
📧 [Your Email]  
📱 [Phone Number or WhatsApp]  
🌐 [Website or Instagram handle (optional)]

Thank you

Dimple