



**b fit**

Stay in shape, stay healthy

Sign Up

Login

Forget your password?



Hello  
**Amith**

Mon  
**8**

Tue  
**9**

Wed  
**10**

Thu  
**11**

**Fri  
12**

Sat  
**13**

Sun  
**14**



Today you run  
for

**5.31 km**

Details



**3680**

Steps



**98**

bpm



**460**

Calories

Live tracking





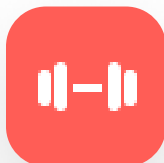
## Current Progress



## Workout Type



Cardio



Power



Endurance



Mon



Tue



Wed



Thu

Fri

Sat

Sun





# FireFit

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