

JESSICA CLAIRE

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Summary

Family-practice naturopathic doctor who successfully ran a private practice from 2012 to 2015. Specialties include the diagnosis and management of complex, chronic disease such as Lyme, Autism Spectrum disorders, PANDAS/PANS, biotoxin illness and nutrigenomics (MTHFR). Experience and interest in pediatrics, women's health, endocrinology, SIBO, and autoimmune disorders.

Professional Experience

Naturopathic Doctor, Owner, 09/2012 to Current

Hamptons Naturopathic â€“ City, STATE,

Started and maintained a solo naturopathic practice, with increasing numbers of referrals from local doctors and other health care professionals as well as patient referrals. Areas of emphasis included Lyme disease, nutrigenomics (MTHFR), mold & biotoxins, menopausal health, pediatrics (including PANDAS/PANS and ASD) and SIBO. Developed and maintained website. Maintained medicinary and inventory, managed patient scheduling, marketing, bookkeeping. Used electronic charting.

Massage Therapist, Owner, 08/1998 to Current

BodyMinders Massage & Bodywork â€“ City, STATE,

Ran a busy and successful massage practice for high-end clientele in the Hamptons for 17 years, specializing in medical massage, elder care and pain management. Maintained excellent reputation and rapport with other health care practitioners in the area, with many mutual referrals. Managed bookkeeping, accounting, advertising and all aspects of the business personally.

Nutrition Educator, Project Coordinator, 2011 to 05/2012

National College For Natural Medicine â€“ City, STATE,

Co-taught twelve week nutrition education and culinary training program targeted to low-income families. Led practical classes on nutrition and cooking skills to groups of 10-15 people of mixed ages and ethnic backgrounds

Education and Professional Training

ND: Naturopathic Medicine, 2012

National College for Natural Medicine - Portland, OR

GPA:

Advanced coursework in obstetrics, botanical medicine, pediatrics, gastroenterology, women's health; Member of Herb Society

Preceptorships:

Satya Ambrose, ND, LAc - Lyme disease, autoimmune, chronic complex diseases

Russell Marz , ND, LAc - Nutrition, traditional naturopathic medicine

Liz Collins, ND - pediatrics, women's health, midwifery

Mary Grabowska, ND, LAc - pediatrics, women's health, midwifery

Leigh Ann Chapman, ND - Pediatrics with emphasis on autism and developmental disorder care, IV therapy

James Dillard, MD, DC, LAc - chronic pain management, physical medicine, prolotherapy, Lyme disease, integrative medicine

Jennifer Means, ND, LAc - Lyme disease, autism spectrum disorders, head injuries, neurology

Glenn Nagel, ND - detoxification cleanses and medical fasts, botanical medicine

Cascade Anderson-Geller - botanical medicine

1000 hour certification: Massage Therapy, 1989

New Mexico Academy of Massage and Healing Arts - Santa Fe, NM

GPA:

Training included Swedish massage, acupressure, sports massage, medical massage, prenatal massage, reflexology, Polarity therapy(Ayurveda), Orthobionomy, intuitive bodywork, aromatherapy

BA: Folklore, 1985

University of California - Berkeley, CA

GPA: Magna Cum Laude, Folklore, Phi Beta Kappa

Graduated Magna Cum Laude; Phi Beta Kappa Honors Society; 4.0 GPA Minor in Modern Dance; concentration in traditional medicinal practices, shamanism and humor

Certifications

Naturopathic Physician, Oregon License #1924
Naturopathic Doctor, California - license pending
Massage Therapist, New York State License # 9761
Certified Nutrition Specialist, #CNS16422 (Certification Board for Nutrition Specialists)
AHA Healthcare Provider CPR Certification - current

Affiliations

American Association of Naturopathic Physicians (AANP)
Oregon Association of Naturopathic Physicians (OANP)
New York Association of Naturopathic Physicians (NYANP)
American Massage Therapy Association (AMTA)
International Lyme and Associated Disease Society (ILADS)

Interests

Environmental health, nutrition, botanical medicine, folk medicine, anthropology, history, languages; special needs children, autism spectrum disorders; midwifery, pediatrics, elder care; ballroom and contra dance, yoga; travel, global medicine; photography; healing hot springs and hydrotherapy treatments.

Skills

Excellent writer, editor, proofreader; public speaker; PowerPoint, Word, Quicken, Quickbooks, familiar with EHR, particularly ChARM EHR; problem solver, team player

Community Involvement

Sag Harbor Special Education PTA, Sag Harbor, NY
Long Island Birth Network, Sag Harbor, NY - health classes for parents
Unitarian Church Health Fair - free nutrition evaluations
Speaker, Autism Society of Oregon parent panel
Honor Council Student Member, National College for Naturopathic Medicine Portland, OR (NCNM) Sept 2010 -June 2012
President for Second Year Naturopathic Class, Student Council, NCNM
Chair - Making a Difference Awards Banquet Committee, NCNM
Co-Chair - Graduation Committee, NCNM
Alternative Health Care Guild, Sag Harbor, NY 2000-2008 - donated massages during monthly clinics for low income families