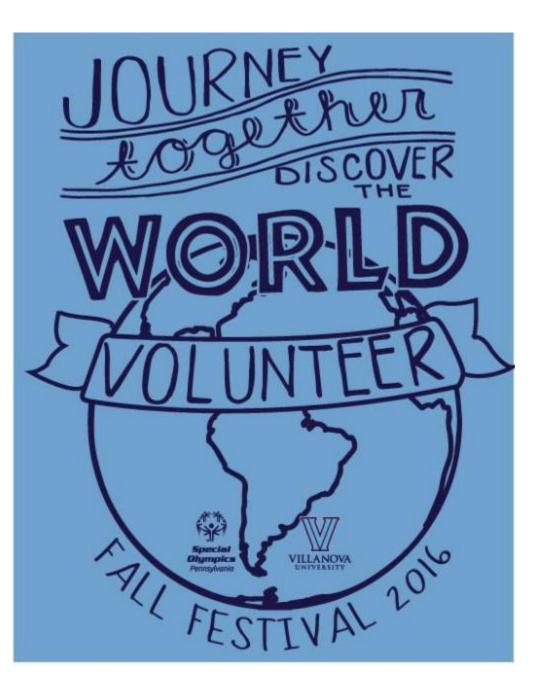


# **Head of Delegation Handbook**



#### **Villanova Special Olympics Committee**

215 Dougherty Hall Villanova University 800 E Lancaster Ave. Villanova, PA 19085

On behalf of Villanova University and the 2016 Fall Festival Committee, welcome to the 28<sup>th</sup> Special Olympics Pennsylvania Fall Festival! Over the past nine months, our 90-student Committee has been looking forward to your arrival and working to make this weekend the best it can be for you.

Get ready to travel with us around the world! With this year's theme, we will "Journey Together and Discover the World" of respect, friendship, and unity. Athletes will receive passports to attach to their credentials and collect stamps at venues around campus. Outside of competition, we will provide plenty of entertainment for all at Opening and Closing Ceremonies, in Olympic Town, and at the Victory Dance. We also encourage you to visit Healthy Athletes in Driscoll Hall, which provides free health screenings and other activities to promote healthy living for our athletes.

Please take the time to review this Handbook. It includes information to ensure a fun and safe weekend and will answer many of your questions. As you will notice, we have made several changes to venue and parking locations based on construction at Villanova, as well as your feedback from past Fall Festivals. Be sure to pay attention to all signage and take advantage of "Ask-Me!" booths and maps. Thank you in advance for your understanding and cooperation.

We hope you enjoy the spirit of competition, the encouragement of your fellow coaches and teammates, and the endless cheers and support from the Villanova community. The 28<sup>th</sup> annual Fall Festival will be a true celebration of the talents and accomplishments of our favorite adventurers, the athletes. We are excited to see you on campus and wish you safe travels!

Sincerely,

Jessica Ritchie

2016 Fall Festival Director

Jessico Ritchie

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### Special Olympics Pennsylvania 2016 Fall Festival at Villanova University

#### Friday, November 4, 2016

Volunteer Registration 7:00 a.m. Jake Nevin Field House 11:30 a.m. - 2:00 p.m. **Delegation Arrival Main** North Gate, Connelly Circle Roller Skating Athletes Arrival Marple Sports Arena 11:30 a.m.

**Delegation Registration** Connelly Center, the Villanova Room 12:30 p.m. - 2:00 p.m. Roller Skating Head Coaches' Briefing Marple Sports Arena 12:45p.m - 1:00 p.m. 1:00 p.m. - 5:00 p.m. Roller Skating (Speed) Preliminaries Marple Sports Arena

Bocce Head Coaches' Briefing The Pavilion 1:00 p.m. **Bocce Competition** The Pavilion 1:30 p.m. - 5:00 p.m.

Individual Skills Coaches' Briefing 1:30 p.m. Alumni Gym Shipley School (5v5) Shipley School

2:00 p.m.-2:15p.m Volleyball Head Coaches' Briefing Jake Nevin Field House, Stage

> Soccer Head Coaches' Briefing: Austin & Mendel Field Austin & Mendel (7v7) Stadium (11v11) Football Stadium

Head of Delegation Meeting 2:00 p.m. - 3:00 p.m. Connelly Center, Cinema 2:00 p.m. - 4:00 p.m. Soccer Competition (5v5) Shipley School

2:15 p.m. – 2:30 p.m. **Modified Serving Testing** Jake Nevin Field House

2:30 p.m. - 6:00 p.m. Volleyball Individual Skills (Preliminaries) Alumni Gym On-Campus Soccer (Preliminaries): 2:30 p.m. - 6:00 p.m.

Austin & Mendel Fields Soccer Competition (7v7) Stadium (11v11) Football Stadium

2:30 p.m. - 6:00 p.m. Volleyball (Preliminaries) Jake Nevin Field Hse. & The Pavilion Healthy Athletes Promotional Table Villanova Room, Connelly Center 2:30 p.m. - 6:00 p.m.

Law Enforcement Torch Run The Quad 3:00 p.m. - 3:45 p.m.

3:00 p.m. Powerlifting Head Coaches' Meeting Bartley Hall, Room 024 **Hotel Registration** Connelly Center, Villanova Room 3:00 p.m. - 5:00 p.m.

Soccer Individual Skills (Preliminaries) Austin Field 3:00p.m. – 5:00 p.m.

Powerlifting Weigh-Ins Connelly Center Haverford, Bryn Mawr & Devon Rooms 4:00 p.m. - 6:00 p.m.

4:00 p.m. - 5:30 p.m. LDR/W Course Inspection Tolentine Field Unified Sports Experience (invite only) The Oreo 4:45 p.m. – 5:30 p.m.

Dinner Dougherty Hall, Donahue Hall 5:00 p.m. - 7:00 p.m.

Volleyball Divisioning Meeting Jake Nevin Field House 6:15 p.m.

President's VIP Reception Connolly Center, President's Lounge 5:30 p.m. – 7:00 p.m. Roller Skating Head Coaches' Meeting Bartley Hall, Room 1010

6:00 p.m.

Staging for Opening Ceremonies The Pavilion 7:00 p.m. The Pavilion **Opening Ceremonies** 7:30 p.m.

Coaches Meetings:

9:00 p.m.

LDR/W Bartley Hall, Room 1001 Bartley Hall, Room 2001 Soccer (5v5) Soccer (7v7) Bartley Hall, Room 2010 Soccer (11v11) Bartley Hall, Room 2044 All Volleyball Jake Nevin Field House

**Bocce** Driscoll Hall, Room 240

### Saturday, November 5, 2016

6:00 a.m.	Volunteer Registration	Jake Nevin Field House
6:30 a.m. – 9:30 a.m.	Breakfast	Dougherty Hall, Donahue Hall
7:00 a.m. – 8:00 a.m.	Breakfast – Roller Skating (Speed)	Marple Sports Arena
7:15 a.m.	Athletes Stretching Program	Each Competition Venue
7:30 a.m.	Bocce Warm-Ups	The Pavilion
7:30 a.m.	Roller Skating (Speed)	Marple Sports Arena
, 3	Roller Skating Head Coaches' Briefing	Marple Sports Arena
8:00 a.m.	Roller Skating (Speed) Warm-ups	Marple Sports Arena
8:00 a.m. – 5:00 p.m.	Soccer Competition (5v5)	Shipley School
	Soccer Competition (7v7)	Austin & Mendel Fields
	Soccer Competition (11v11)	Football Stadium
8:00 a.m. – 6:00 p.m.	Family "Ask Me" Information Booths	Dougherty Dr., N. Main Gate, Oreo
8:00 a.m. – 6:00 p.m.	Bocce/Volleyball "BoVo" Town	Entrance to Pavilion
8:15 a.m.	Roller Skating (Speed) Finals	Marple Sports Arena
8:30 a.m. – 9:00 a.m.	LDR/W Warm-Ups	Tolentine Field
8:30 a.m. – 1:30 a.m.	Volleyball Individual Skills	Alumni Gym
8:00 a.m. – 4:00 p.m.	Bocce Competition	The Pavilion
8:30 a.m. – 6:00 p.m.	Volleyball Team Competition	The Pavilion, Jake Nevin Field House
8:30 a.m. – 6:00 p.m.	Powerlifting Competition	Connelly Center, Villanova Room
9:00 a.m. – 5:00 p.m.	Healthy Athletes:	Driscoll Hall
	(Clinician Screenings & Active Athletes)	
9:00 a.m. – 12:30 p.m.	LDR/W Competition	Tolentine Field
9:30 a.m. – 2:00 p.m.	Young Athletes Program	The Ellipse & The Exchange
9:30 a.m. – 11:30 a.m.	Soccer Individual Skills	Austin Field
10:00 a.m. – 5:00 p.m.	Olympic Town	The Quad
11:00 a.m. – 2:00 p.m.	Lunch	Dining Halls
11:00 a.m. – 4:00 p.m.	Healthy Athletes (Healthy Habits Fair)	Driscoll Hall
12:30 p.m.	Soccer Individual Skills Awards	Driscoll 134
1.00 p.m. – 4:00 p.m.	Unified Flag Football	Sheehan Beach
2:00 p.m.	Roller Skating (Speed) Awards	Driscoll 134
2:00 p.m.	LDR/W Awards (5K Run, 3K Walk, 3K Run)	Tolentine Field
3:30 p.m.	Volleyball Individual Skills Awards	Connelly Center, Cinema
5:00 p.m. – 7:00 p.m.	Dinner	Dougherty Hall
6:00 p.m.	All Competition Ends	
6:00 p.m 7:00 p.m.	Athlete Input Council	East Lounge, Dougherty Hall
7:00 p.m.	Doors Open to Pavilion	Athletes walk to the Pavilion
7:15 p.m.	Head Coaches' Meetings:	
	Soccer (5v5)	Bartley 2001
	Soccer (7v7)	Bartley 2010
	Soccer (11V11)	Bartley 2044
	Volleyball (All)	Bartley 1010
	(All other Head Coaches' Meetings immediately after	
7:30 p.m. – 9:30 p.m.	Victory Dance	The Pavilion
	Movie	Connelly Center, Cinema

#### Sunday, November 6, 2016

1:00 p.m. - 1:45 p.m.

1:45 p.m.

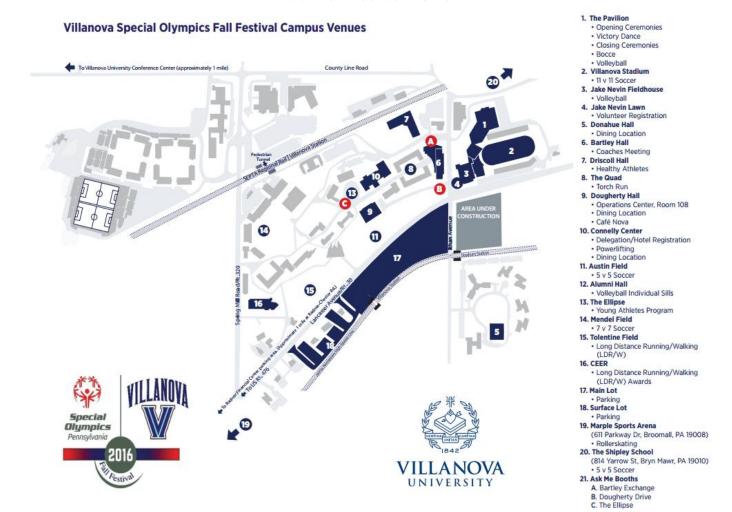
Jake Nevin Field House 6:00 a.m. Volunteer Registration Hotel Check-Out 6:00 a.m. - 11:00 a.m. Hotels 6:30 a.m. –7:30 a.m. Breakfast-Artistic Skating Marple Sports Arena Dougherty Hall, Donahue Hall 6:30 a.m. – 9:30 a.m. Breakfast 7:15 a.m. Roller Skating Head Coaches' Briefing Marple Sports Arena Roller Skating (Artistic) Warm-Ups Marple Sports Arena 7:45 a.m. - 11:30 p.m. Roller Skating (Artistic Finals) Marple Sports Arena Soccer Competition (Finals): 8:00 a.m. Soccer Competition (5v5) Shipley School Austin & Mendel Field Soccer Competition (7v7) Soccer Competition (11V11) Football Stadium Volleyball Team Competition (Finals) Jake Nevin Field Hse. & The Pavilion 8:00 a.m. – 11:30 a.m. 8:00 a.m. – 11:00 a.m. **Bocce Competition (Finals)** The Pavilion 8:10 a. m. – 8:45 a.m. LDR/W Warm Ups Tolentine Field 8:30 a.m. **Powerlifting Awards** Connelly Center, Villanova Room Tolentine Field Steve English Memorial 10K/5K Start 8:45 a.m. 9:00 a.m. – 11:30 a.m. Bocce/Volleyball "BoVo" Town Entrance to Pavilion Olympic Town The Quad 9:00 a.m. - 12:00 p.m. Driscoll Hall Healthy Athletes: (Health Screenings, Healthy Habits & Active Athletes) Volleyball Team Awards (Rolling) Driscoll 134 9:00 a.m. Bocce Awards (Rolling) The Pavilion, Press Room Young Athletes Program The Ellipse & The Exchange 9:30 a.m. - 1:00 p.m. Soccer Team Awards (11v11 & 7v7 - Rolling) Connelly Center, Villanova Room 10:30 a.m. 11:00 a.m. Head of Delegation Meeting Connelly Center, President's Lounge LDR/W Awards (1500K, 5k, 10K) Tolentine Field 11:00 a.m. The Pavilion 11:30 a.m. – 1:00 p.m. Lunch Roller Skating (Artistic) Awards Connelly Center, Cinema 12:00 p.m.

The Pavilion

Closing Ceremonies

Departure from Villanova

# Campus & Competition at a Glance: When & Where



			FRIDAY	SATURDAY	SUNDAY
Е	BOCCE	The Pavilion	1:30-5:00 P.M.	8:00 A.M4:00 P.M.	8:00 A.M11:00 A.M
L	DR/W	Tolentine Field	><<<<>><<<>><<<>><<>	9:00 A.M12:30 P.M.	8:15A.M-12:00P.M
Pow	ERLIFTING	Villanova Room (Connelly Center)	4:00–6:00 P.M. (Weigh-Ins)	8:30 A.M6:00 P.M.	
Rolle	ER SKATING	Marple Sports Arena	1:00-5:00 P.M.	8:15 A.M.–12:30 P.M.	7:45-11:30 A.M.
Soccer	Individual Skills	Austin Field	2:30-5:00 P.M.	9:30-11:30 A.M.	XXXXXXXXXXXXXX
	5V5	Shipley School	2:30-5:00 P.M.	8:00 A.M5:00 P.M.	8:00-11:30 A.M.
	7 <b>V</b> 7	Austin & Mendel Field	2:30-5:00 P.M.	8:00 A.M5:00 P.M.	8:00-11:30 A.M.
	11V11	Villanova Football Stadium	2:30–6:00 P.M.	8:00 A.M5:00 P.M.	8:00–11:30 A.M.
VOLLEYBALL	Individual Skills	Alumni Gym	2:00-4:00 P.M.	8:30 A.M11:30 A.M.	****
	Team	Jake Nevin & the Pavilion	2:30-6:00 P.M.	8:30 A.M6:00 P.M.	8:00–11:30 A.M.
Young Ath	letes Program	The Ellipse (The Oreo)	2222222222	9:30 A.M2:00 P.M.	9:30A.M-1:00P.M

# Competition Venue Location Overview

Bocce	The Pavilion
Long Distance Running/Walking	
Powerlifting Weigh-Ins	Haverford Room, Bryn Mawr Room, Rosemont Room, Connelly Center
	Villanova Room
Roller Skating	Marple Sports Arena
Soccer	
5v5 Fields 1, 2, 3, and 4	Shipley School
	Mendel Field
7v7 Field 2 & 3	Austin Field
11V11	Villanova Football Stadium
	Austin Field
Volleyball	
Team Courts 1 and 2	The Pavilion
	Jake Nevin Field House
	Alumni Gym
Young Athletes	The Ellipse

# **Important Information**

### **Smoking Policy**

Special Olympics Pennsylvania and Villanova University have a no-smoking policy. In addition, participants should not use any addictive substances during the events. Smoking is absolutely prohibited at all venues, special events, and building entrances.

### **Daylight Savings Time**

Please remind your athletes and coaches that on Sunday, November 6<sup>th</sup> at 2:00 a.m. daylight savings time will end and the clock will be turned back one hour. The good news is everyone will get one additional hour of much needed sleep.

#### **General Questions**

For general questions, please consult the "Ask Me!" booths. No answering service is available, but important information and updates will be posted to Facebook (facebook.com/VillanovaSpO), Twitter (twitter.com/@VillanovaSpO), and the Villanova Special Olympics Committee office voicemail (610-519-7244).

### **Operations Center and Command Center**

Security and Medical staff will be located in both the Operations Center and Command Center during all hours to assist you with any emergency issues that may arise. The Operations Center (Dougherty 108) will serve as a check-in place for medical and security personnel, as well as a central location for lost-and-found and general questions from HODs and coaches. EMS, Public Safety Officers, and Radnor Police will be monitoring all radio communications from the Command Center (Dougherty 206). Medical and Security Committee Members will be located at both the Operations Center and Command Center throughout the weekend.

#### Hours of Operation (for Operations Center and Command Center)

6:00 A.M.-10:00 P.M. for the duration of Fall Festival

#### The Operations Center will relocate to the Pavilion from:

- 7:00-10:00 P.M. on Friday (for the duration of Opening Ceremonies),
- 7:00–10:30 P.M. on Saturday (for the duration of the Victory Dance), and
- 12:30–2:30 P.M. on Sunday (for the duration of Closing Ceremonies).
- ➡ For Opening & Closing Ceremonies, the Operations Center will be run out of the Press Room (Below the North stands).
- → For the Victory Dance, the Operations Center will be run out of the Press Box (located in the Upper Northwest corner of the Pavilion).

### In case of a non-emergency, call the Operations Center

From a campus phone: 9-7211

From an off-campus phone: (610)519-7211

### In case of an emergency, call the Command Center

From a campus phone: 9-7203

From an off-campus phone: (610)519-7203 or 911

#### When calling the Command Center:

- 1. Talk to the dispatcher in a calm voice.
- 2. Give the dispatcher your name, delegation, location, and the nature of the emergency.
- 3. Stay on the phone so the dispatcher can get additional information from you if needed.

#### Lost and Found

Please ensure that all items are labeled with the athlete and delegation name so that lost items may be returned. Lost and Found items can be taken to or picked up at the Operations Center. After Fall Festival, call the SOPA Norristown office at (800) 235-9058 x234 for all lost items.

### **Suspected or Confirmed Concussion**

Effective January 1, 2015, a participant who is suspected of sustaining a concussion in a practice, game or competition shall be removed from practice, play or competition at that time. If a qualified medical professional is available on-site to render an evaluation, that person shall have final authority as to the removal or return to play of the participant.

### **Everybody Plays**

Article 1.03F of the Special Olympics General Rules States:

• Special Olympics celebrates and strives to promote the spirit of sportsmanship and a love of participation in sports for its own sake. To that end, Special Olympics aims to provide every athlete with an opportunity to participate in training and competition events which challenge that athlete to his or her fullest potential, regardless of the athlete's level of ability. Special Olympics therefore requires that Special Olympics Games and Tournaments offer sports and events which are appropriate for athletes of all levels of ability, and in the case of team sports, provide every athlete with an opportunity to play in every game.

Special Olympics Pennsylvania supports Article 1.03F as the guiding principle for participation of athletes registered as members of a team for competition at any <u>SOPA Sectional or State Competition</u>. As such, each athlete on a team roster must be given an opportunity to play in every game for which his or her team is scheduled. Special Olympics Pennsylvania will not dictate the amount of time that each athlete must play during a game, but the goal is to provide a meaningful competition experience for every athlete on every team.

The only exceptions to this requirement will be in cases of illness or injury, where an athlete is not physically able to play, or behavioral issues, where a coach chooses not to play an athlete in order to address inappropriate behaviors. In situations where an athlete will not be playing due to illness or injury or behavior issues, the athlete shall not dress in their competition uniform for the game and if appropriate supervision is available, will not be seated on the bench with the team for that game.

If the illness or injury or the behavior issue is such that an incident report or misconduct report is completed this report should be provided to the programs HOD who should then forward to the Program Manager and if appropriate, a representative of the Games Organizing Committee (GOC) or a SOPA staff person. The coach should also be prepared to provide an explanation to the GOC or SOPA staff, if requested, as to the reason why an athlete is not dressed and playing in a particular game. As a reminder, athletes who do not participate in preliminary games may not participate in pool play or medal round games.

#### At Events -

- Teams must complete lineup cards, with numbers & names
- Bottom of the card those who are not playing and why
- Scorekeeper will check the players as they enter the game
- Code of conduct will be filed on the coach if all players are not played

## Directions to Villanova

### 800 Lancaster Avenue, Villanova, PA, 19085

#### From the West

- Take the Pennsylvania Turnpike (I-76) to EXIT 326 Valley Forge
- Take I-76 (Schuylkill Expressway) to EXIT 331A (I-476 South/Chester)
- Follow I-476 South to EXIT 13 (US 30, St. David's/Villanova)
- At the bottom of the ramp, turn right onto Route 30 East (Lancaster Avenue)
- Proceed east on Route 30 (Lancaster Avenue) for one-half mile, and at the fourth traffic light you will see Villanova's main parking lot on your right

#### From the South

- Take I-95 North to EXIT 7 (I-476 Blue Route North Plymouth meeting)
- Take I-476-North (Blue Route) to EXIT 13 (US 30, St. David's/Villanova)
- At the bottom of the ramp, turn right onto Route 30 East (Lancaster Avenue)
- Proceed east on Route 30 (Lancaster Avenue) for one-half mile, and at the fourth traffic light you will see Villanova's main parking lot on your right

#### From the North

- Take I-476 South to EXIT 13 (US 30, St. David's/Villanova)
- At the bottom of the ramp, turn right onto Route 30 East (Lancaster Avenue)
- Proceed east on Route 30 (Lancaster Avenue) for one-half mile, and at the fourth traffic light you will see Villanova's main parking lot on your right

# Registration

### **Delegation Arrival**

Friday | 11:30 A.M.-2:00 P.M.\*

Main Campus, Villanova University

Your bus should head north on Ithan Avenue after turning off Lancaster and then turn left to enter the North Gate (across from the Davis Center and Pavilion), to drop off your athletes. You will be dropped off in Connelly Circle for registration and your bus will exit to park on West Campus for the day.

### **Delegation Registration**

Friday | 12:30-2:00 P.M.

Villanova Room, Connelly Center, Villanova University

- STEP 1: Only the delegation's **HEAD OF DELEGATION (HOD)** may attend Delegation Registration. The HOD will pick up the welcome packet for their delegation in the Villanova Room. The Welcome Packet contains:
  - Competition and Special Events Schedules
  - Updates to the HOD Handbook and Coaching Guides
  - Housing Forms (to make any necessary changes)
     No Housing changes may be made without the explicit permission of the Fall Festival Housing Chairperson.
  - Evaluation Forms
- STEP 2: The HOD must give the Computers & Registration Chairperson a cell phone number and the cell service carrier where he or she can be reached immediately in case of emergency.
- The HOD will pick up credentials for all currently activated coaches and athletes. **Alternates'** credentials will not be available unless the alternate is activated. The HOD must return all extra credentials to the Computers & Registration Chairperson, and must request all missing credentials using the included "Missing Credential" sheet. Missing credentials will be available to pick up upon conclusion of Housing Registration.
- The HOD will register with the Computers & Registration Chairperson. The HODs must present the Computers & Registration Chairperson with a list of scratches and activations\* at this time, as well as any missing information. Alternates\* will only be allowed to compete in the place of a scratched athlete or coach. Under no circumstances will additional housing be provided to accommodate the activation of an athlete. Alternates will not be activated after Registration is completed. Registration fees will not be refunded for scratched athletes.

\*Please note: Alternate athletes and unified partners may only be activated at Delegation Registration in team sports. The deadline to activate alternate athletes and unified partners in individual sports is 11:59 PM on Monday, October 31<sup>st</sup>.

### **Hotel Registration**

Friday | 3:00-5:00 P.M.

Villanova Room, Connelly Center, Villanova University

- STEP 1: HODs must come with a copy of the housing form that was filled out as part of the Delegation Registration packet. Please verify that every athlete has been housed in your hotel in accordance with the updated SOPA housing policy.
- STEP 2: After Hotel Registration, the HOD will pick up and distribute all room keys to the delegation. Room keys <u>WILL NOT</u> be available before this time. The HOD is responsible for returning the room keys of any scratched athletes who did not attend Fall Festival, by 4:30 P.M. on Friday.
- STEP 3: Any changes to housing arrangements **must** be made during Hotel Registration and coordinated with both the Hotel Representative and the Fall Festival Housing Chairperson no later than 5:00 P.M. on Friday. It is the HODs responsibility to ensure that all parties are notified of the changes. **Coaches and HODs are not** permitted to change hotel assignments without the explicit permission of the Fall Festival Housing Chairperson.

For security and medical reasons, no room assignments may be changed after the updated housing form is submitted.

### **Guidelines for Delegations While at Hotels**

- 1. All long distance phone services and pay television services (e.g., movies, games, etc.) will be turned off. Coaches who would like to reactivate these services must go to the hotel's front desk and make arrangements on their own.
- 2. Any hotel damages or additional charges will be billed to your delegation.
- 3. For emergency purposes, any changes to housing arrangements made after 5:00 P.M. on Friday must be reported to:
  - Hotel Representative
  - Fall Festival Housing Chairperson (Elizabeth Buonomo; Cell: 215-840-3105)
  - Operations Center (610-519-7211)

All parties must have an updated copy of all Housing Arrangements. Please retain at least one copy of the updated list for yourself. **The Fall Festival Housing Chairperson must explicitly approve any and all such changes.** 

4. The Fall Festival Housing Chairperson will designate medical and security rooms at each hotel. These rooms will be disclosed at the HOD meeting on Friday and posted in the lobby of each hotel.

#### **Courtesy Rules:**

HODs and Coaches are responsible for their athletes' conduct at all times.

- Quiet hours begin at 11:00 P.M. each night.
- There will be no running in the hallways.
- If going from your room late at night, be sure not to disturb people who may be trying to sleep.
- Refrain from horseplay or rowdy behavior.
- Refrain from playing radios or televisions loudly.

### **Hotel Check-Out**

Sunday | 6:00-11:00 A.M.

All hotels

The HOD is responsible for checking his/her delegation out of the hotels prior to competition on Sunday morning and for paying any incidental charges at this time. All Delegations must check out of their hotel by **11:00 A.M. on Sunday**.

# **Emergency Procedures**

### **Medical Emergencies**

### In Case of Injury or Illness During Competition

- All medical concerns, regardless of how minor they may appear, must be reported to the medical volunteers at the venue and or members of the Medical Committee and to the Command Center (Dougherty 206).
- Suspected or Confirmed Concussion Effective January 1, 2015, a participant who is suspected of sustaining a concussion in a practice, game or competition shall be removed from practice, play or competition at that time. If a qualified medical professional is available on-site to render an evaluation, that person shall have final authority as to the removal or return to play of the participant.
- If an injury occurs at an <u>off-campus</u> venue, medical volunteers should call 911 to request medical evaluation and then the Command Center to inform them of the emergency.
- Always stay with the athlete or person who needs assistance. If the injury or illness is severe, do not move the patient. Never leave a patient alone.
- Have someone else seek help at the nearest emergency medical station.
- Send someone to find the athlete's coach or guardian immediately.
- If the HOD of the patient's delegation cannot be found, Medical Personnel will try to reach him or her by cell phone and will leave a message at the delegation's hotel.
- A Medical or Security volunteer will fill out an incident report (First Report of Accident/Incident Page 69) and will leave the incident report form in the medical bag. The last medical volunteer of the day will return the medical bag with the incident report forms to the Operations Center (Dougherty 108).

### **Night Injury or Illness:**

If an illness or injury occurs during the night, the Head of Delegation is to report <u>directly</u> to the medical volunteers present at the hotel. HODs will be notified of these room numbers at the first HOD meeting on Friday afternoon and during check in at the hotel. Medical rooms will also be posted on a poster board at the entrance to the hotel.

#### **Medical Assistance Locations:**

There will be a medical assistance location at each competition venue and one central facility on Villanova University's campus in the Operations Center (Dougherty 108)\*. Familiarize yourself with these locations upon arrival to the venue. Medical assistance will also be available at the hotels during the night. There will be both ALS and BLS ambulances on campus to assist with any major injuries or emergencies and for transport to Bryn Mawr and Lankenau Hospitals.

\*EXCEPTIONS: The Operations Center will relocate to the Pavilion from:

- ⇒ 7:00–10:00 P.M. on Friday (for the duration of Opening Ceremonies),
- ⇒ 7:00–10:30 P.M. on Saturday (for the duration of the Victory Dance), and
- **2** 12:30−2:30 P.M. on Sunday (for the duration of Closing Ceremonies).

Medical assistance will be at all special events. The Press Room within the Pavilion, located in the northeast corner of the Pavilion, will be the Medical Triage Site for Opening and Closing Ceremonies, as well as for the Victory Dance.

#### Medical Forms and Recording Procedures:

- Athlete applications (medical forms) for the athletes will be kept on-site and will be accessible to medical personnel at all times. Coaches MUST have copies of their athletes' athlete applications with them at all times and/or in the athletes' credential holders.
- Coaches should notify the parent or guardian of an injured athlete when a serious injury occurs. In case of
  hospitalization, records of the incident will be completed in accordance with EMT protocol, held in the Fall
  Festival Games file and forwarded to American Speciality Insurance Services, Inc.

**Medications:** It is the responsibility of each coach to make sure that any athlete requiring medication has enough for the weekend and takes it as prescribed. Please remember to keep track of the times and dosages taken in case of a medical emergency.

#### Diet:

A balanced diet is essential to an athlete's performance at Fall Festival. The diet should contain extra carbohydrates, fresh fruits, and vegetables prior to and during the Festival, along with a normal intake of salt. Athletes should be discouraged from eating greasy, fried, or fatty foods during the Festival. Do not allow your athletes to overeat, especially before competition. Water stations will be provided at each venue site to help prevent dehydration.

#### Pre-Competition Warm-up:

Encourage your athletes to properly stretch with warm-up exercises before the competition. Stretching prevents muscle pulls, strains, and other injuries that may occur if these exercises are not performed. Every competition site will have warm-up areas where the athletes can stretch before competing.

#### **Past Medical History:**

Coaches should be aware of athletes' medical conditions and whether there are factors which would precipitate a medical emergency or complicate an injury situation.

### **Emergency Scenarios & Plans**

### Scenario 1 – An Athlete Needs Medical Attention

At each venue, there will be a designated Fall Festival Committee member and an appropriate number of security volunteers (wearing orange Security shirts) and medical volunteers (wearing red Medical shirts). In the event of an emergency, the security volunteers will help to control the situation, while a medical volunteer radios the Command Center to inform them of the emergency. All medical volunteers will be CPR certified. The Command Center will dispatch the appropriate personnel to the venue. If an injury occurs at an off-campus venue, medical personnel will call 1911 to request medical evaluation and then the Command Center to inform them of the emergency.

#### Scenario 2 – A Missing Athlete

When an athlete is missing, please immediately report the following information to the Command Center:

- County/Delegation
- 2. Head coach's name/Location
- 3. Team name/Location/Sport
- 4. Description of athlete including clothing color
- 5. Last known location of athlete
- 6. Any nickname(s)

The Command Center will send a text message to all Fall Festival Committee members informing them of the situation. An extensive lost athlete protocol has been developed and will be in place. Once the situation is resolved, a follow-up text message will be sent out informing the Committee that the athlete has been found.

Note: Athletes names will NEVER be mentioned over radios.

### Scenario 3 – A Located Athlete

When an athlete is located, the Command Center must be notified. Use the athlete's credential to get information that may lead you and the athlete back to the appropriate place. Stay with the athlete in the location where he or she was found until he or she meets up with his or her chaperone.

### Scenario 4 – A Reunited Athlete

When an athlete is located and reunited with their coach or delegation, the Command Center must be notified.

### Scenario 5 – Evacuation of the Pavilion during Opening/Closing Ceremonies

In the event of a fire alarm or another emergency: All people on the east side of the floor and east side bleachers will be directed out the northeast exit (stage left by pressroom) into the back parking lot. All people on the west side floor, the west bleachers and the south (student) bleachers will be directed out of the main exit (on the south side) and the Will-Call Entrance/Exit (on the southwest side) of the Pavilion.

### Scenario 6 – Evacuation of the Pavilion during the Victory Dance

People will be directed out of the Main West Entrance of the Pavilion and the Will-Call Entrance/Exit of the Pavilion, towards either the Jake Nevin Field House parking area or across Ithan Avenue into the Bartley Hall Exchange. In order to employ a safe crossing of Ithan Avenue, road guards will be posted accordingly.

### **Overall Points of Interest At All Times**

The safety of all Special Olympics participants is our utmost priority. As an HOD, it is your primary responsibility to ensure the safety of your athletes.

- All athletes and coaches must wear their credentials at all times.
- Be aware of your surroundings. Seek out a security volunteer, SOPA staff member, or hotel staff if you are suspicious of anything.
- Carry a copy of all athlete applications (medical forms) and coach volunteer forms (updated and listing medical concerns and insurance information) with you at all times.
- Carry emergency phone numbers (in this handbook) with you at all times.
- Meet and get to know any day-of volunteers who are assigned to your group.
- Be sure athletes know not to go off alone with unknown persons or to carry anything for anyone.
- Carry a cell phone if you have one and write down/carry cell phone numbers of other coaches in your delegation. If you are an HOD, ensure that the Games Committee has your number.
- Remember, there is a <u>zero tolerance</u> policy in effect for any pranks regarding safety of athletes, coaches, or volunteers. Anyone violating this policy will be asked to leave the event with potential for further action.
- Set up (if not already in place) a phone chain with parents and families back home so that they can be notified of an early arrival or a change/cancellation in the schedule that may happen before, during, or at the end of the Fall Festival.
- Carry a flashlight in your backpack.

### **Extra Precautions at the Hotels**

- For safety purposes, neither coaches nor HODs may change hotel room assignments without the explicit permission of the Fall Festival Housing Chairperson.
- Keep an up-to-date record of the athletes' hotel room numbers. Make sure that the Games Committee has your most updated list of all delegates' room numbers.
- Write down the room numbers of the medical and security rooms in your hotel.
- Write down any coaches' room numbers for the athletes so they can call if they need help.
- Give each coach a specific set of rooms to notify and account for in the event of an emergency.
- Confer with all coaches to confirm a meeting point for your delegation in the event of an emergency.
- Do a final room check before going to bed to ensure that all athletes are in their rooms.
- Have athletes leave their shoes and coats in a place near the door so they can quickly be put on before leaving the hotel in the event of a fire.
- Keep a backpack or bag with the following items in it near the door so that you can quickly grab it in case of emergency: car/van keys, cell phone, emergency numbers, athlete medications, wallet, shoes, coat, and flashlight.

### Meeting Points in the Event of Emergency

During Registration, HODs will receive a list of up-to-date meeting points for the hotels and venues, and the room numbers of the SOPA staff members and the medical and security rooms in their hotels.

#### Venues

In the event of an emergency, it is the HOD's responsibility to ensure that coaches have accounted for all their athletes and fellow coaches. When leaving a building, use the nearest exit and follow the instructions of Security Personnel. In the event that we need to transport away from a venue, gather your delegation and head towards the following meeting points:

**AT VILLANOVA** 

Opening/Closing Ceremonies Main Lot

Bocce Jake Nevin Parking Lot

Long Distance Running Sidewalk in front of the Villanova Church

Powerlifting Driscoll Field Soccer (Stadium) Main Lot

Soccer (Austin and Mendel) Sidewalk in front of the Villanova Church

Volleyball (Skills in Alumni) The Ellipse

Volleyball (Team) Jake Nevin Parking Lot

Dougherty Dining Hall Sheehan Field Connelly Center Driscoll Field

Driscoll Hall (Healthy Athletes) Sidewalk in Front of Exchange by Bartley Gate

The Quad (O-Town) Sheehan Field

Donahue Dining Hall Lawn in front of Stanford Hall

Young Athletes In front of Austin Hall (Lancaster side)

**OFF CAMPUS** 

Marple Sports Arena Parking Lot of Rink

Shipley Parking Lot

### Hotels

In the event of an emergency, it is the HOD's responsibility to ensure that coaches have accounted for all their athletes and fellow coaches. When leaving the building, use the nearest exit and follow the instructions of hotel staff and security personnel. Stay where instructed by hotel staff. In the event that we need to transport away from a hotel, gather your delegation and head towards the following meeting points:

Best Western King of Prussia | Upper parking lot behind building three

Comfort Inn Valley Forge | Exit front doors and meet in side parking lot (to the left of building)

DoubleTree Plymouth Meeting | Meet in the front parking lot

DoubleTree King of Prussia | Back parking lots; go right from the front doors and walk around the sidewalk to the right and follow out to back of parking lot; most emergency exit doors will lead to this side of building

Embassy Suites | Meet in the front parking lot

Hampton Inn King of Prussia | Front parking lot near flag pole

Holiday Inn Express | Meet in the front parking lot

Hyatt Place King of Prussia | Meet in the front parking lot

### **Evacuation**

In the event of evacuation, the Head of Delegation should assemble and account for all members of the delegation and report accountability status to SOPA as soon as possible after the evacuation.

### Procedures for Total Evacuation from Area

If SOPA has to ask delegations to evacuate from the Games completely, the following procedures will be followed:

- 1. SOPA or Committee will notify each HOD by mass text or through a meeting (if time permits) of need to evacuate. We have a master list to ensure we contact everyone.
- 2. If leaving the vicinity and not the Games entirely, we will provide a meeting point and directions.
- 3. If the Games have been cancelled and we are sending delegations home, we will give you any time constraints and any evacuation routes to follow if appropriate.
- 4. Heads of Delegation will account for all coaches and athletes and their belongings.
- 5. HODs will secure transportation for trip out of area; if transportation is needed contact the Operations Center at (610) 519-7211 or Gina Reid, Senior Sports Director for SOPA at (610)-247-2180.
- 6. If an athlete is missing and delegation is ready to depart, contact a staff person at your hotel or a staff person at the venue from which you are leaving. If time is crucial and you must leave the area, one staff person and one coach/volunteer from your delegation will stay behind to look for the missing athlete while the rest of the delegation departs. Once athlete is found, the coach and staff person will make plans to either meet up with the delegation if nearby or staff person will arrange to take all parties back to home program.

### **Inclement Weather Plan**

In the event of rain or other inclement weather, indoor events will continue as scheduled. Outdoor competitions will continue until Officials determine that competition is unsafe. Competition will then cease, and an announcement will be made at all venues. For inclement weather prior to the start of competition, the plan will be to wait it out.

*In the event of weather delay:* 

- ◆ Athletes and coaches should proceed to an indoor venue for shelter.
- Status updates about the delay will be announced at all competition venues and Olympic Town. Official weather delay updates will be posted in the Operations Center.
- All weather updates will be posted on our Fall Festival smartphone app, "NovaFallFest."
- ➡ When the inclement weather subsides, an announcement of time of competition resumption and sports-specific schedule adjustments will be made.

The Fall Festival Management Team will make every effort to conduct all events at the Fall Festival. However, all Officials and Referees have the authority to suspend or cancel any events for the health and safety of participants.

The most up-to-date information regarding weather delays and competition adjustments will be posted to the Fall Festival Facebook page (facebook.com/VillanovaSpO) and Twitter account (twitter.com/@VillanovaSpO).

- Important updates will also be recorded on the Villanova Special Olympics Committee office voicemail (610-519-7244)
- A text message blast using the mass text database for Fall Festival will be used in the event of emergency.

# Festival Responsibilities

### Head of Delegation (HOD)

- This individual is responsible for the coordination and management of the delegation in matters that affect the entire delegation, particularly as it relates to appropriate conduct of coaches, transportation, housing, meals, entertainment, etc.
- HODs **must attend ALL scheduled HOD Meetings**. Any concerns that an HOD may have should be addressed to the Fall Festival Management Team and/or SOPA officials at the HOD meetings. Any urgent issues, particularly those related to weather and competition, will be noted at each hotel's front desk and in the two dining halls for breakfast.
- HODs must ensure:
  - that all athletes arrive to all activities on time and at the appropriate location/venue;
  - that accident report forms are completed and submitted to the Operations Center (Dougherty Hall room 108) prior to Sunday at 12:00 P.M.;
  - that credential holders and athlete evaluations are returned before departure; and
  - that information is disseminated to Head Coaches.
- HODs are responsible for the conduct of their coaches at all times.

### Head of Delegation (HOD) Meetings

Friday, 2:00–3:00 P.M. | Cinema, Connelly Center Sunday, 11:00 A.M. – 12:00 P.M. | President's Lounge, Connelly Center

### **All Coaches**

Coaches attending the Fall Festival must accept and carry out the following responsibilities while providing for the general welfare, safety, health, and well-being of each Special Olympics athlete under their supervision:

- 24-hour supervision of athletes, working in cooperation with other coaches. If an athlete needs to leave at any time with a parent/guardian, the parent/guardian must fill out a release form and have it signed by the head coach. These forms will be available at the Operations Center in Dougherty Hall room 108. These forms once completed need to be signed by a SOPA Staff Member.
- Ensure that athlete credentials are worn at all times including during Victory Dance.
- Assist in reporting to competition area at the proper time.
- Assist in accounting for athletes' luggage and personal items at all times.
- Assist in taking full advantage of Special Events.
- Assist in maximizing the benefits achieved through participation in all events.
- Assist in moving to and from the hotels and venues.
- Assist in being assembled at the proper time and place for special events.
- Assist with taking prescribed medications and injections at the proper times.
- Ensure the whereabouts of athlete medications at all times.

### **Head Coaches**

- Head Coaches are responsible for the actions of all Assistant Coaches and all athletes in their respective sport (See the *Special Olympics Policies* on the Special Olympics website for more information).
- Any problems relating to a given athlete or coach during competition will be addressed to the Head Coach.
- Are responsible for having on site for competition all athlete and partner medicals.
- Head Coaches must:

- Ensure that athletes are at competition sites at least 15 minutes prior to competition and are properly equipped for that sport. Athletes will be scratched if they are more than 15 minutes late for competition. Heats will not be held for missing athletes;
- → Attend all Head Coaches' Meetings for their sport;
- Orient all athlete escorts to the athlete's schedule, behavior, and needs;
- Know NGB Rules and Official Special Olympics Summer Sports Rules Book (Revised Edition) for their sport;
- Dupdate competition times/scores before event for better divisioning (see Honest Effort Rule, p. 22); and
- ⇒ File a protest (if certified) within 30 minutes of the completion of the event. The Head Coach is the only person allowed to file a protest, and only if he/she is certified to do so.

### **Assistant Coaches**

- The Assistant Coach is responsible for assisting the Head Coach at all times.
- If a Head Coach is unable to attend a Coaches' Meeting, an Assistant Coach may attend in his/her place.
- Although Assistant Coaches may not file protests for athletes, they should be familiar with the rules of the particular sport that they coach.

### **All Participants**

- Participants must agree to abstain from the use of alcohol and other habit-forming drugs throughout the event. The abstention begins upon departure from the local pick-up point through the return of the athletes to their families.
- Participants should dress and act at all times in a manner that will be a credit to Special Olympics.
- Participants must evince good sportsmanship at all times.
- All emergencies <u>must be reported</u> to the appropriate authorities after immediate action is taken to ensure the health and safety of the participants (see Medical Emergency Procedures, page 14).

# **COMPETITION**

### Competition Schedule At-A-Glance

			FRIDAY	SATURDAY	SUNDAY
E	Bocce	Pavilion	1:30-5:00 P.M.	8:00 A.M4:00 P.M.	8:00 A.M11:00 A.M.
L	.DR/W	Tolentine Field		9:00 A.M12:30 P.M.	8:15A.M-12:00P.M
Pow	/ERLIFTING	Villanova Room (Connelly Center)	4:00–6:00 P.M. (Weigh-Ins)	8:30 A.M.–6:00 P.M.	
Rolli	ER SKATING	Marple Sports Arena	1:00-5:00 P.M.	8:15 A.M12:30 P.M.	7:45-11:30 A.M.
Soccer	Individual Skills	Austin Field	2:30-5:00 P.M.	9:30-11:30 A.M.	
	5 <b>v</b> 5	Shipley School	2:30-5:00 P.M.	8:00 A.M5:00 P.M.	8:00-11:30 A.M.
	<b>7V7</b>	Austin and Mendel Fields	2:30-5:00 P.M.	8:00 A.M5:00 P.M.	8:00-11:30 A.M.
	11V11	Villanova Football Stadium	2:30-6:00 P.M.	8:00 A.M5:00 P.M.	8:00–11:30 A.M.
VOLUEVBALL	Individual Skills	Alumni Gym	2:00-4:00 P.M.	8:30 A.M11:30 A.M.	
VOLLEYBALL	Team	Jake Nevin & the Pavilion	2:30-6:00 P.M.	8:30 A.M6:00 P.M.	8:00-11:30 A.M.
Young Atl	nletes Program	The Ellipse (The Oreo)		9:30 A.M2:00 P.M.	9:30A.M-1:00P.M

### **Head Coaches' Meetings and Briefings**

	FRIDAY	SATURDAY	SUNDAY
Воссе	Briefing at 1:00 P.M. The Pavilion		
	9:00 P.M. Driscoll 240		
LDR/W	9:00 P.M. Bartley 1001		
Powerlifting	3:00 P.M. Bartley 024		
ROLLER SKATING	6:00 Р.М. Bartley Hall 1010	7:30 A.M. at Marple (Speed Skating Coaches only)	7:15 A.M. at Marple (Artistic Skating Coaches only)
Soccer	2:00 Р.М. Pike, Mendel, Austin and Stadium	7:15 P.M. Bartley 2001 (5V5),	
	9:00 P.M. Bartley 2001 (5V5), Bartley 2010 (7V7) Bartley 2044 (11V11)	Bartley 2010 (7v7), Bartley 2044 (11v11)	
VOLLEYBALL	Team: 2:00 P.M. Jake Nevin Field House		
	Before Ind. Skills comp. Alumni Gym (~1:30	All Tas D.M. Dartlay Hallagas	
	P.M.)	All: 7:15 P.M. Bartley Hall 1001	
	All: 9:00 Р.м. Jake Nevin Field House		

### **Locker Rooms**

Locker rooms between Jake Nevin Field House and the Pavilion will be available for athletes whose competition ends late in the day. No towels or toiletries will be provided, so please plan accordingly.

### **General Rules**

The Official Special Olympics rules shall govern all Special Olympics competitions. As an international sports program, Special Olympics has created these rules based upon the International and National Governing Bodies (NGB). NGB rules shall apply except when they are in conflict with the Official Special Olympics rules. In such cases, the Official Special Olympics rules shall prevail.

- Only registered athletes will be eligible to participate in the Games. The Games Committee shall review decisions about ineligibility due to improper registration.
- Athletes must be at least eight years of age as of **November 4, 2016** to be eligible for competition. The Young Athletes Program is offered for those athletes less than eight years of age.
- Coaches will not be allowed access to the staging area and are not permitted in the competition area. However, coaches may be allowed to assist aurally or visually impaired athletes during competition, when appropriate. In instances where assistance is required, the Head Coach must request the exemption from the Sports Rules Committee at the Head Coaches Meeting. The request must fully explain the circumstances that mandate the on-course assistance.
- Athletes may be required to participate in time trials or preliminary events. Failure to do so may result in the disqualification of athlete(s) from competition.
- In case an athlete is too ill to participate in time trials or preliminaries, an exemption may be granted by the Games Committee or Sports Rules Committee prior to the event.
- All soccer and volleyball teams must stay at their respective venues until the end of preliminaries so that we may properly division all teams.
- Any team or athlete more than 15 minutes late will be automatically forfeited.
- Divisions will be determined based upon ability, age, sex, and final times/scores from sectional or prior competition, team skills assessment scores, and classification rounds. If an athlete is registered with no entry time or does not compete in preliminary competition, they will be placed in a heat of his/her own and will be given a participation ribbon.

### Honest Effort Rule (HER)

The Honest Effort Rule (HER) is in effect. Athletes, partners, and coaches who do not participate honestly and with maximum effort in all events, or in a sportsmanlike manner, will be disqualified from current and possibly future events. Any athlete or partner disqualified for an HER violation will receive a participation ribbon. It is the responsibility of the head coach or head of delegation to ensure that the best time or score be submitted to the committee and updated, if necessary, prior to the event.

- Team Sports (Bocce, Soccer, and Volleyball) The Divisioning Committee or Sports Rules Committee reserves the right to change a team's division during final competition. This will take place during the 1<sup>st</sup> or 2<sup>nd</sup> game in pool play.
- Individual Sports (LDR/W and Roller Skating) Athletes that are timed 25% better than their best time/score (either preliminary or entry score) will receive a participation award.

### Code of Conduct

Please see the *Festival Responsibilities* section of this handbook (page 19) and the *Special Olympics Policies* on the Special Olympics website for more information.

### **Forfeits**

Any coach who elects to forfeit a game or individual match must seek approval of the Sports Rules Committee. If approved, the team will take a loss for that game or match; if denied, the team must play the opposing team or be disqualified from the tournament. If a team tie occurs, all competition from the disqualified team will be disregarded from the standings. The team who forfeits receives zero (o) points. The opponent in bocce receives 12 points; the opponent in soccer receives two (2) points; and the opponent in volleyball receives 25 points (25 for two games; best of three (3) match).

#### **Protests**

**Protests may be filed by a Special Olympics** <u>certified</u> **head coach only**. Any other person attempting to file a protest will be immediately rejected. The head coach must file the protest within 30 minutes after the completion of the protested competition or event. Protests may only be filed for the following reasons:

- Misinterpretation of a playing rule
- Failure of a referee/judge/official to apply the correct rule or penalty for a given violation

Protests regarding judgment calls by officials will not be considered.

All forms must be submitted to the scorer/announcer's table at the venue or to the Fall Festival Committee member at the venue. The Rules Committee will then rule on the protest. The members of the Sports and Games Rules Committees will be announced at each Head Coaches' Meeting. The Head Coach filing the protest will be notified of the decision. He or she may then decide to appeal a rejected protest to the Games Rules Committee (submit to scorer's table) and have the Games Rules Committee paged.

Appeals of denied protests may be submitted to the officials' table at each venue or at the Head Coaches' Meetings that evening. An appeal will be decided within 24 hours after it is submitted.

Protest and appeal forms can be obtained from the officials' or scoring tables at each venue.

### Games Rules Committee

In case of an appeal to a denied protest, the following individuals will act as the deciding body to rule a final decision:

Matt Zabloudil - Director of Competition

Michelle Boone – SOPA Senior Sport Director

Gina Reid – SOPA Senior Competition Director

Head of Delegation & Alternate Head of Delegation - will be announced at the Head of Delegation Meeting

### **Sports Rules Committee**

Bocce | Deb Andrews, Peter Anastasiou, TJ Farrell, Gia Stolshek LDR/W | Scott Otterbein, Meredith Wade, Brendan Ahern Powerlifting | Joe Braca, Maddy Blaisdell, Amanda Brady Roller Skating | Al Garzon, Carl Sonnenschein, Emma Lang

Soccer Henry Lawley, Mike Ermer, Anita Morro, Jimmy O'Donnell, Brenna Swetman, Sean Burke, Hannah

Clarke

Volleyball | Maryellen Brown, Allis Soto, Elizabeth Shea, Erin Ferraro, Austin Joyal, Matt Bakey

\*\*Officials, Coaches, and Alternate Coaches will be announced at the Head Coaches' Meeting\*\*

### **Bocce**

National Governing Body: International Bocce Association

Fall Festival Chairperson: Peter Anastasiou (bocce@villanovaspo.com)

Fall Festival Assistants: TJ Farrell, Gia Stolshek

Sports Official: Deb Andrews

#### Location

The Pavilion, Villanova University

#### **Events**

- Traditional Doubles
- Unified Doubles

### **Head Coaches' Meetings**

The following meetings are scheduled for Head Coaches to obtain sports-specific information and address competition concerns. It is the Head Coaches' responsibility and obligation to attend all Head Coaches' Meetings.

Friday | Briefing at 1:00 P.M. in the Pavilion | Meeting at 9:00 P.M. in Driscoll 240

### **Attire**

Athletes participating in competition must wear appropriate sports attire. Please remember that the athlete may wear no commercial advertising during ceremonies, competition, or awards.

An athlete who is not appropriately dressed will not be able to participate in competition. Denim pants or shorts are not appropriate for any competition. Athletes traveling long distances who may not have time to change should arrive in appropriate attire.

**T-shirt color:** please refrain from wearing solid red or orange T-shirts. Red denotes the medical staff and orange, the security staff. We have chosen these colors so volunteers can be easily identified and guickly located.

Spikes may not be worn on the courts; only turf or tennis shoes will be allowed. Teams are encouraged to wear unified colors.

### **Equipment**

Bocce balls, object ball, and measuring tape will be provided for the athletes.

#### **Facilities**

All bocce competition will occur in the Pavilion at Villanova University. The Pavilion is located along North Ithan Avenue by the Davis Center gym. Look for the appropriate signage upon arrival to help you find your way. Villanova University will provide a hot lunch (location will be discussed at the Head Coach's Meeting on Friday). The awards ceremony will take place in the Pavilion following the close of competition on Saturday/Sunday.

Athletes should come to the venue ready for competition. Restrooms are available at the venue.

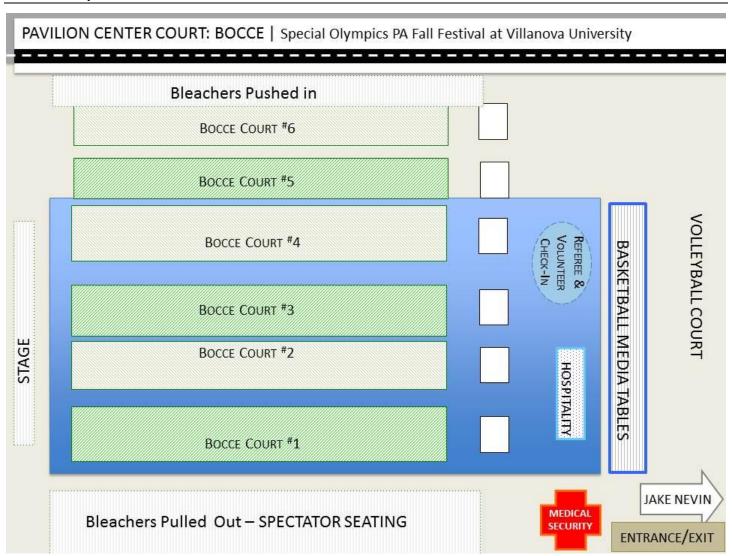
### **Spectator Seating**

Each venue will have designated seating or areas for spectators. Respect the areas designated for coaches and athletes. Note the following areas to be aware of for the safety and fun of all participants:

Acceptable areas: Spectator Seating

Unacceptable areas: on the court or the team area/benches

### Venue Map



### **Awards**

Saturday, as divisions finish, beginning around 3:00 p.m. in the Press Room behind the stage in the Pavilion. Additionally, ceremonies will be conducted as needed on Sunday in the same location.

### **Bocce Competition Rules**

#### A. Competition

- 1. Pool play or brackets will be used depending upon the size of the division.
- 2. Medal rounds may be played time permitting
- 3. Teams 10 minutes late from the scheduled start time will forfeit that game.
- 4. Games are played for 20 minutes or 12 points whichever comes first. The Scorekeeper will announce a 2 minute warning prior to the end of the 20 minute game end time. At this time the frame in play will be completed and one additional frame will be played.
- 5. Paddles will be used by the official to show the teams which team is up to roll the bocce.

#### B. Divisioning

- 1. Athletes will be placed in divisions by their submitted entry score.
- 2. Each athlete will play eight balls at three distances (30, 40, & 50 feet)
- 3. Each distance is measured and the three closest scores are recorded for each distance.
- 4. The entry score is the combined total of these nine distances.

#### C General Rules

- 1. Each team must designate a "Team Captain". The Captain will witness the coin toss and may request a measurement at the end of each frame.
- 2. A coin toss by the referee will determine which team has the pallina and choice of ball color.
- 3. Rotation of Players The players of any given team may elect to play their ball in any rotation, provided the one who tosses the pallina delivers the first bocce ball. The rotation may vary from frame to frame; however, no one player may deliver more that his/her allotted number of balls.
- 4. Balls may be rolled, tossed, bounced, banked, etc. They may also "spock" or hit opponents' balls to try to gain position or push opponents "out".
- 5. A player can grip the ball by placing his or her hand over or under the ball, as long as the ball is delivered in of an underhand style. An underhand delivery is defined as releasing the ball below the waist.
- 6. Volunteers will be provided to assist athletes in and out of the service box.

### D. Scoring

- 1. Points are given to the team who has established the "in" position by the end of the frame. That team is also given an additional point for every one of their balls that is closer to the pallina than their opponent's balls.
- 2. Measurements will be taken from the center side of the bocce ball to the center side of the pallina.

#### E. Coaches:

- 1. Coaches may coach their athletes during competition at the following times:
  - i. Prior to the match
  - ii. When the athlete is not in the service box
- 2. Coaches/spectators may not:
  - i. Call the athletes out of the service box
  - ii. Enter the service box
  - iii. Coach from the sideline
- 3. Any coach who disrupts the flow of the game will be given a warning. If the behavior continues, the athletes will forfeit that match.
- 4. No coaching from the sidelines by coaches, and/or spectators
- 5. Coaches/spectators may not enter the service box. One warning will be given and if the behavior continues, the athletes will forfeit that match.

#### F. Ties

- 1. Ties during frame: The team that rolled last will continue to roll until the tie is broken
- 2. Ties at the end of the frame: In the event that the two balls closest to the pallina belong to opposing teams and are tied, no points will be awarded. The pallina returns to the team that last delivered it. Play resumes from the end of the court from which the frame was last played.
- 3. Tournament ties: Tie breaking procedures for teams involved in the tie only:
  - a. Head to head competition (for a two-way tie)

- b. Least points scored against (all games for the teams tied within pool play)
- c. Point differential (all games for the teams tied within pool play)
- G. Unified Sports Team
  - 1. Each Unified Sports doubles team shall consist of one athlete and one partner.
  - 2. Each game shall commence with a coin toss. Either member of the team that wins the toss starts the game by throwing the pallina and the first ball. The second ball is thrown by either member of the opposing team.

# Long Distance Running/Walking

National Governing Body: United States Track & Field (USATF)
Fall Festival Chairperson: Meredith Wade (Idr@villanovaspo.com)

Fall Festival Assistant: Brendan Ahern

Venue Liaisons: Scott Otterbein and Joe Kraher

### Location

Tolentine Field, Villanova University

#### **Events**

- 5000 Meter Run/ Unified Sports© Run
- 3000 Meter Walk/ Unified Sports© Walk
- 3000 Meter Run/ Unified Sports© Run
- 1500 Meter Walk/ Unified Sports© Walk
- 1500 Meter Run/ Unified Sports© Run
- 5000 Meter Walk/Unified Sports© Run
- 10000 Meter Run/Unified Sports© Run

### **Head Coaches' Meetings**

The following meetings are scheduled for Head Coaches to obtain sports-specific information and address competition concerns. It is the Head Coaches' responsibility and obligation to attend all Head Coaches' Meetings.

Friday November 4<sup>th</sup> 9:00 P.M. | Bartley Hall, Room 1001

#### **Attire**

Athletes participating in competition must wear appropriate sports attire. Please remember that the athlete may wear no commercial advertising during ceremonies, competition, or awards.

An athlete who is not appropriately dressed will not be able to participate in competition. Denim pants or shorts are not appropriate for any competition. Athletes traveling long distances who may not have time to change should arrive in appropriate attire.

**T-shirt color:** please refrain from wearing solid red or orange T-shirts. Red denotes the medical staff and orange, the security staff. We have chosen these colors so volunteers can be easily identified and quickly located.

Proper running shoes are to be worn, with the exception of running spikes. Shirt must be tucked into running pants.

#### Race Numbers

Race numbers and safety pins will be provided during registration for all athletes. Race numbers should be displayed on the front of the athlete.

### **Facilities**

There will be a portable bathroom available at the venue for athlete and spectator use.

#### Course

Flags and/or pylons will mark the course. Course marshals will be situated along the course during the competition. Athletes and coaches will be able to inspect the course at the following times:

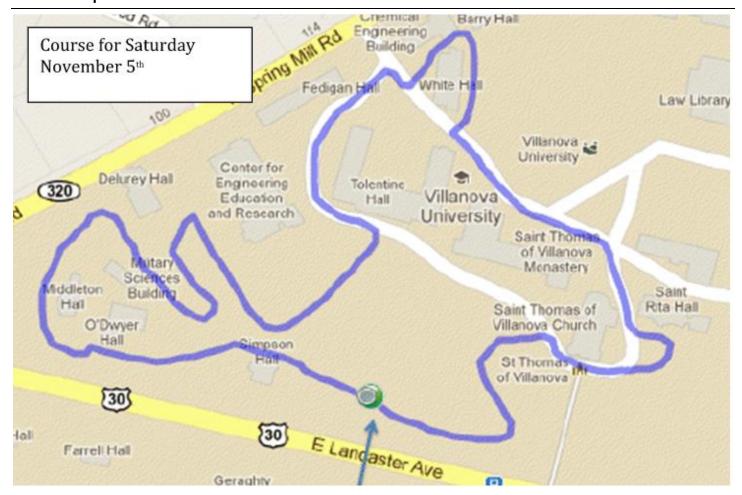
- 1. Prior to competition
- 2. Friday afternoon between 2:00 and 4:00 P.M.

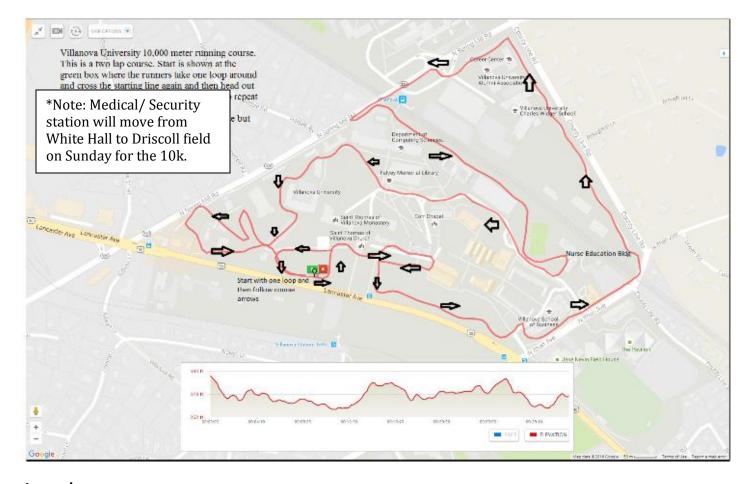
### **Spectator Seating**

Each venue will have designated seating or areas for spectators. Respect the areas designated for coaches and athletes. Note the following areas to be aware of for the safety and fun of all participants:

Acceptable areas: In the <u>marked areas</u> near start/finish line **Unacceptable areas**: On the course or at the start/finish line

### **Venue Maps**





### **Awards**

Saturday | 2:30 P.M., Tolentine Field Sunday | 11:00 A.M., Tolentine Field

### Long Distance Running/Walking Rules

- A. *Divisioning* Athletes will be divisioned based upon entry times. Please be sure to submit the best competition time for this season to the hundredths of a second (e.g., 1:06:16) to ensure more accurate divisions.
- B. Finish The winner will be determined by the fastest person in each division
- C. Unified -
  - 1. One Unified Sports® Team will consist of a Special Olympics athlete and a non-Special Olympics Partner of comparable ability
  - 2. The place of finish will be determined by the combined time of both partners

# Powerlifting

National Governing Body: USA Powerlifting

Fall Festival Chairperson: Maddy Blaisdell (powerlifting@villanovaspo.com)

Fall Festival Assistant: Amanda Brady Technical Delegate: Joe Braca

#### Location

The Villanova Room, Connelly Center, Villanova University

#### **Events**

- Bench Press

- Deadlift
- Squat
- Combination (Bench Press and Deadlift)
- Combination (Bench Press, Deadlift and Squat)

### **Head Coaches' Meetings**

The following meetings are scheduled for Head Coaches to obtain sports-specific information and address competition concerns. It is the Head Coaches' responsibility and obligation to attend all Head Coaches' Meetings.

Friday 3:00 P.M. | Bartley: Room 024

### **Attire**

Athletes participating in this competition must wear appropriate sports attire. Please remember that no commercial advertising may be worn by the athlete during ceremonies, competition or awards.

If an athlete is not appropriately dressed they will not be able to participate. Denim pants or shorts are not appropriate for any competition. Athletes traveling long distances who may not have time to change should arrive in appropriate attire.

**T-shirt color:** please refrain from wearing solid red or orange T-shirts during Special Events (including Opening and Closing Ceremonies, the Victory Parade, the Victory Dance and Olympic Town). Red denotes the medical staff and orange, the security staff. We have chosen these colors so volunteers can be easily identified and quickly located during a time or need at our Special Events.

Proper attire should be worn (no jeans or sweat suits)

- 1. A one-piece lifting suit or wrestling singlet should be worn. The only exception is the full-length aerobic suit worn in the bench press by athletes with physical disabilities (see modifications under 4). Long pants are not permitted.
- 2. Wraps may be used: maximum size=8cm wide and 2m long. The wrap may not be more than 10cm above or 2cm below the wrist.
- 3. Participants in the squat or bench press must wear a T-shirt during competition. Women must also wear a T-shirt when competing in the deadlift.
- 4. Athletes with physical disabilities (ex. wheelchair, cerebral palsy, amputees), may wear a two-piece outfit with both upper and lower pieces being form fitting, either snug fitting track trousers or snug fitting shorts may be worn. A full-length aerobic suit may be worn while performing the bench press. Lifting with a prosthesis is allowed and orthotics with shoes will be allowed.

### **Equipment**

- 1. Leather or vinyl belts may be worn. They can be no more than 10 cm wide, 13 mm thick and may encircle the body only once.
- 2. Wrist wraps may be used: maximum size=8cm wide and 1m long. The wrap may not be more than 10cm above or 2cm below the wrist.
- 3. Athletes not properly attired (including belt/wrist wrap size) will be disqualified.

### **Facilities**

The Bryn Mawr Room and Haverford Room (upstairs, Connelly Center) will serve as the changing/locker rooms. Signs will designate the gender of the changing/locker rooms. There are restrooms downstairs next to the Villanova Room.

There will be a warm-up area for the athletes separated by wooden panel doors from the competition area in the Radnor/St. David's Room. This area will be available to athletes participating in squat events to clearly demonstrate that they are able to perform the necessary motion to compete safely.

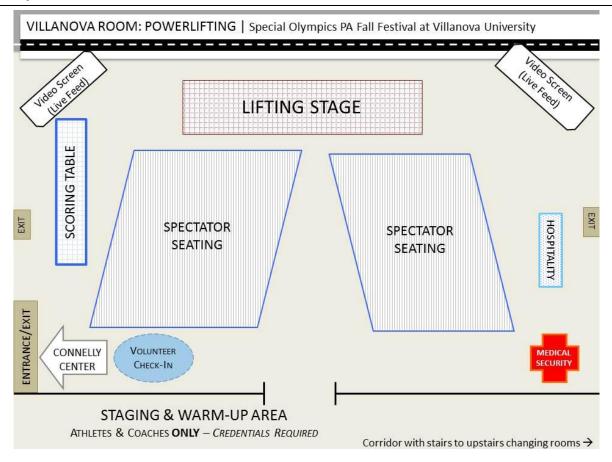
### **Spectator Seating**

Each venue will have designated seating or areas for spectators. Respect the areas designated for coaches and athletes. Note the following areas to be aware of for the safety and fun of all participants:

Acceptable areas: Designated spectator seating areas

Unacceptable areas: Heating/warm-up area and competition platform

### Venue Maps



Sunday | Beginning at 8:30 A.M., Villanova Room

### **Powerlifting Rules**

- A. Divisioning Athletes will be divisioned according to Special Olympics rules, which consider the gender, age, weight class, and starting attempt:
  - 1. Divisions of fewer than three athletes may be combined by age group first, then by weight class to ensure divisions have at least three participants.
  - 2. The Wilkes Formula will be applied to score events if divisions consist of multiple weight classes. The Wilkes Formula is also applied in case of ties to determine placement.
  - 3. The Wilkes coefficient is determined from the lifter's body weight (BW) as listed in the Summer Sports Rules. That coefficient is multiplied by the lifter's total score/best lift. This equals the lifter's Wilkes Formula Total (WFT), which is used for placement.
  - 4. Divisions will never combine male and female participants.
- B. Equipment The following guidelines should be followed for all safety equipment
  - 1. No gloves are allowed.
  - 2. Non-stretch/non-metal (with the exception of the buckle) belts may be worn. The belt is to be no more than 10 cm wide, 13 mm thick, and can circle the body only one time.
  - 3. Chalk and powder are legal substances to be added to the body and/or attire.
  - 4. All scored events will be in the metric system (kilograms). Conversion charts will be provided on Friday; additional charts will be available during competition.
- C. Finish Scoring of the events shall be the maximum weight lifted for each event multiplied by the WFT (if applicable) and the combination maximum weight for both events or for all three events.
- D. Qualifications All athletes must be at least 14-years-old to compete in powerlifting
- E. Weigh-In All athletes must be weighed in prior to competition. The weigh-in results will not be made known until all the lifters in a particular weight class have been weighed in.
  - 1. Only those greater or lighter than the category limit are allowed to return to the scales within the limits of the hour and 30 minutes allowed from the beginning of the weigh-in.
  - 2. An athlete weigh-in above the upper limit for a weight class will be moved to the next heavier weight class.
  - 3. An athlete weighing in below the minimum limit for a weight class may, at the discretion of the chief referee, be permitted to lift in the next lightest weight class if that competition is available.
  - 4. If competition in the lighter weight class is not available, the athlete will be permitted to lift outside the official competition and receive a participation ribbon.
  - 5. Weigh-ins will occur upstairs in the Connelly Center on Friday from 4:00–6:00 P.M. For those athletes unable to attend Friday weigh-in for a valid reason\*, an alternate weigh-in will occur on Saturday from 6:00–8:00 A.M. Weigh-ins will take place in the Devon Room. \*The coaches of athletes requiring Saturday morning weigh-in must contact SOPA Sports Director Gina Reid at greid@specialolympicspa.org and Powerlifting Chairperson Maddy Blaisdell at powerlifting@villanovaspo.com prior to Thursday, November 5<sup>th</sup>.
  - 6. Coaches must give starting weights for the competition at weigh-in.
- F. Squat Competition Head coaches who have attended an approved squat lift clinic may enter their athletes in the squat lift.
  - 1. Those athletes wishing to perform the squat must be assessed during weigh-in Friday afternoon, unless they were assessed during Fall Sectionals.
  - 2. Squat competition for approved athletes will take place before the deadlift and bench press competitions. It is expected that squat lifters will do all lifts in the morning; those doing one or two lifts will lift in the afternoon (and should report around 11am).
- G. Next Attempts- The coach has 1 minute to give the scoring table the weight for their next attempt. Next attempt forms will be available at the scoring table and must be used.

### **Powerlifting Divisioning and Competition Classes**

MEN WOMEN

- 53.0 kg/111.0 lbs
- 59.0 kg/130.0 lbs
- 66.0 kg/145.5 lbs
- 74.0 kg/163 lbs
- 83.0 kg/183.0 lbs
- 93.0 kg/205.0 lbs
- 105.0 kg/231.0 lbs
- 120.0 kg/264.50 lbs
- Over 120.0 kg/ over 264.50 lbs

43.0 kg/95.75 lbs
47.0 kg/103.0 lbs
52.0 kg/114.50 lbs
57.0 kg/125.50 lbs
63.0 kg/139.0 lbs
72.0 kg/158.5 lbs

84.0 kg/185.0 lbs

- Over 84.0 kg/over 185.0 lbs

# Roller Skating

National Governing Body: USA Roller Sports (USARS)

Fall Festival Chairperson: Carl Sonnenschein (<a href="mailto:rollerskating@villanovaspo.com">rollerskating@villanovaspo.com</a>)

Fall Festival Assistants: Emma Lang

Technical Delegate: Al Garzon (Speed/Artistic)

#### Location

Marple Sports Arena, Broomall, PA (611 South Park Way, Broomall, PA, 19008)

#### **Events**

#### **Speed Events**

- 100 m individual
- 300 m individual
- 500 m individual
- 1000 m individual
- 2×100 m relay
- 2×200 m relay
- 4×100 m relay
- 30 m straight line race \*^
- 30 m slalom \*^
- 50 m half lap^

#### **Artistic Events**

- School Figures (Level II, III, & IV)
- Freestyle Singles (Level II & III)
- Freestyle Pairs (Level I & II)
- Solo Dance (Level II, III, & IV)
- Co-Ed Team Dance (Level II, III, & IV)
- School Figures (Level I)\*
- Freestyle Singles (Level I)\*
- Solo Dance (Level I)\*
- Co-Ed Dance Team (Level I)

### **Head Coaches' Meetings**

The following meetings are scheduled for Head Coaches to obtain sports-specific information and address competition concerns. It is the Head Coaches' responsibility and obligation to attend all Head Coaches' Meetings.

Friday 6:00 P.M. in Bartley Hall Room 1010

Coaches' Briefings will be held prior to the start of competition as follows:

Friday 12:45 P.M. at Marple (Speed Skating Coaches Only)
Saturday 7:30 A.M. at Marple (Speed Skating Coaches Only)
Sunday 7:15 A.M. at Marple (Artistic Skating Coaches Only)

#### **Attire**

Athletes participating in competition must wear appropriate sports attire. Please remember that the athlete may wear no commercial advertising during ceremonies, competition, or awards.

An athlete who is not appropriately dressed will not be able to participate in competition. Denim pants or shorts are not appropriate for any competition. Athletes traveling long distances who may not have time to change should arrive in appropriate attire.

**T-shirt color:** please refrain from wearing solid red or orange T-shirts. Red denotes the medical staff and orange, the security staff. We have chosen these colors so volunteers can be easily identified and quickly located.

Leotards and tights, jumpsuits, stretch pants, shorts and shirts must be worn.

<sup>\*</sup> Designates events that provide meaningful competition for athletes with lower ability levels

<sup>^</sup> These are entry-level events. Athletes entered in these events may <u>not</u> participate in other individual events. They may, however, be listed as alternates for team events.

## **Equipment**

All competitors in speed events must wear a helmet (Anzi 90.4 Rated or Snell) when on the floor.

#### **Facilities**

All roller skating competition will be held at Marple Sports Arena in Broomall, PA. The sport court floor of Marple Sports Arena is 75 feet wide by 170 feet long. There are restrooms at the skating arena.

NOTE: The jungle gym and arcade areas will be off-limits to all during the course of the weekend.

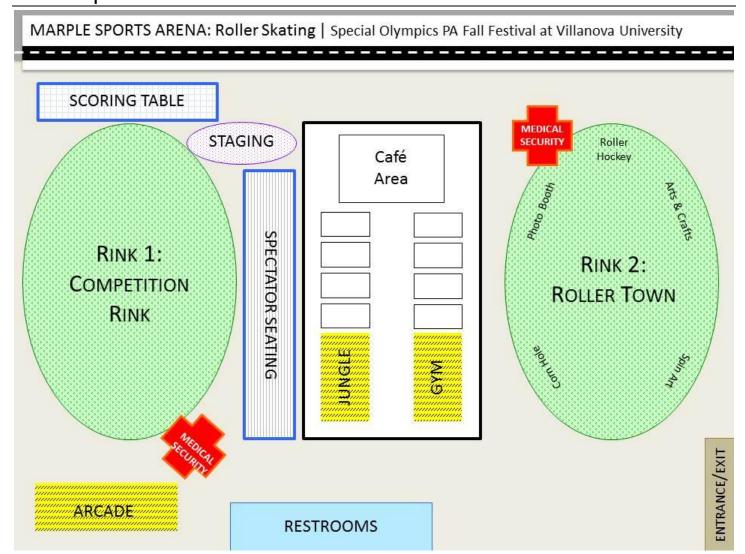
# **Spectator Seating**

Each venue will have designated seating or areas for spectators. Respect the areas designated for coaches and athletes. Note the following areas to be aware of for the safety and fun of all participants:

Acceptable areas: Bleachers around rink or in concession stand area

Unacceptable areas: On the rink or in the jungle gym area

#### Venue Map



#### **Awards**

Speed: Saturday | 2:00 P.M., Driscoll Hall, Room 134, Villanova University Artistic: Sunday | 12:00 P.M., Cinema, Connelly Center, Villanova University

## **Roller Skating Rules**

Please be aware of the following rule changes to be implemented in accordance with Special Olympics International.

- 1. Equipment for Speed Events
  - a. Helmets are required.
  - b. No gum or jewelry will be allowed on the Field of Play.
- 2. Personnel for Speed Events: A Starter will be responsible for commencing the race by utilizing a starter gun or whistle. The Starter is also responsible for signaling the last lap of the race with a bell and a flag to signal the finish of the race.
- 3. Rules of Competition for Speed Events: Disqualification will be the penalty for any of the following infractions:
  - a. Skating inside a pylon or straddling a pylon (when a skate is in contact with the floor on the inside or outside of the pylon).
  - b. Falling in a place that limits another skater's ability to compete.
  - c. If a skater falls in the finals and does not get up.
- 4. Rules of Competition for Relay Races:
  - a. There is a box marked on the skating surface inside the track, across from the finish line. The relay area should be large enough for all the skaters waiting to make a relay. These dimensions are generally 5 meters (16 feet, 5 inches) by 3 meters (9 feet, 10.25 inches).
  - b. For relays, one partner starts on the line while the other partner(s), wait in the relay box. Once the race has begun, the relaying partner skates to the legal hand tag area between pylons 4 and 1 attempting to match their partner's speed by the time of the hand tag. A hand tag must be used. Athletes leaving the relay box area shall not enter the track until the tag between pylons 4 and 1. Once the tag is made, the partner must remain on the floor at the end of the floor without leaving the skating surface.
  - c. Disqualification will be the penalty for any of the following infractions:
    - i. Missing a hand tag
    - ii. Using a push tag
    - iii. Relieved partner(s) not remaining at the end of the skating floor until the event is completed.

For full details of the Rule Changes please contact the Regional Sport Director.

# Soccer

National Governing Body: United States Soccer Federation

Fall Festival Chairperson: Anita Morro (7v7 – Austin Field) (soccer@villanovaspo.com)

Fall Festival Assistants: Hannah Clarke (7v7 – Mendel Field)

Brenna Swetman (11v11 – Shipley School) Jimmy O'Donnell (5v5 – Shipley School) Sean Burke (Individual Skills – Austin Field)

SOPA Contact: Henry Lawley

#### Location

Villanova University: Villanova Stadium (11v11), Austin and Mendel Fields (7v7), Austin Field (Individual Skills)

**Shipley School:** Shipley Upper Fields (5v5)

#### **Events**

- Team Competition (5v5)
- Team Competition (7v7)
- Team Competition (11V11)
- Individual Skills Competition\*

\*This is an entry-level event. Athletes entered in this event may <u>not</u> participate in other events.

# **Head Coaches' Meetings**

The following meetings are scheduled for Head Coaches to obtain sports-specific information and address competition concerns. It is the Head Coaches' responsibility and obligation to attend all Head Coaches' Meetings.

Friday 1:30 P.M. | Shipley School (5v5)

2:00 P.M. | Pike Field (5v5), Austin and Mendel Fields (7v7), Villanova Stadium (11v11) All: 9:00 P.M. | Bartley Hall, Room 2001 (5v5), Room 2044 (11v11), Room 2010 (7v7)

Saturday All: 7:15pm | Bartley Hall, Room 2001 (5v5), Room 2044 (11v11). Room 2010 (7v7)

#### **Attire**

Athletes participating in competition must wear appropriate sports attire. Please remember that the athlete may wear no commercial advertising during ceremonies, competition, or awards.

An athlete who is not appropriately dressed will not be able to participate in competition. Denim pants or shorts are not appropriate for any competition. Athletes traveling long distances who may not have time to change should arrive in appropriate attire.

**T-shirt color:** please refrain from wearing solid red or orange T-shirts. Red denotes the medical staff and orange, the security staff. We have chosen these colors so volunteers can be easily identified and quickly located.

Shorts, jerseys, stockings, and soccer shoes with soft and yielding cleats (no metal studs) must be worn. Jerseys must be marked with 25-cm numbers on the back. Goalies must wear distinguishing colors from other teammates.

# Equipment

All athletes must wear shin guards during competition.

#### **Facilities**

Players should come dressed for competition. All games will be played on grass or turf. There will be heated tents located at Austin, Pike, and Mendel Fields. All 11v11 soccer teams may use the same locker rooms as the volleyball players in the Pavilion on Friday. All 5v5 soccer athletes may use the facilities and restrooms provided at Shipley school in the gymnasium or the Porta Potties. 7v7 soccer athletes will have access to restrooms in Dougherty and Mendel Halls.

# **Spectator Seating**

Each venue will have designated seating or areas for spectators. Respect the areas designated for coaches and athletes. Note the following areas to be aware of for the safety and fun of all participants:

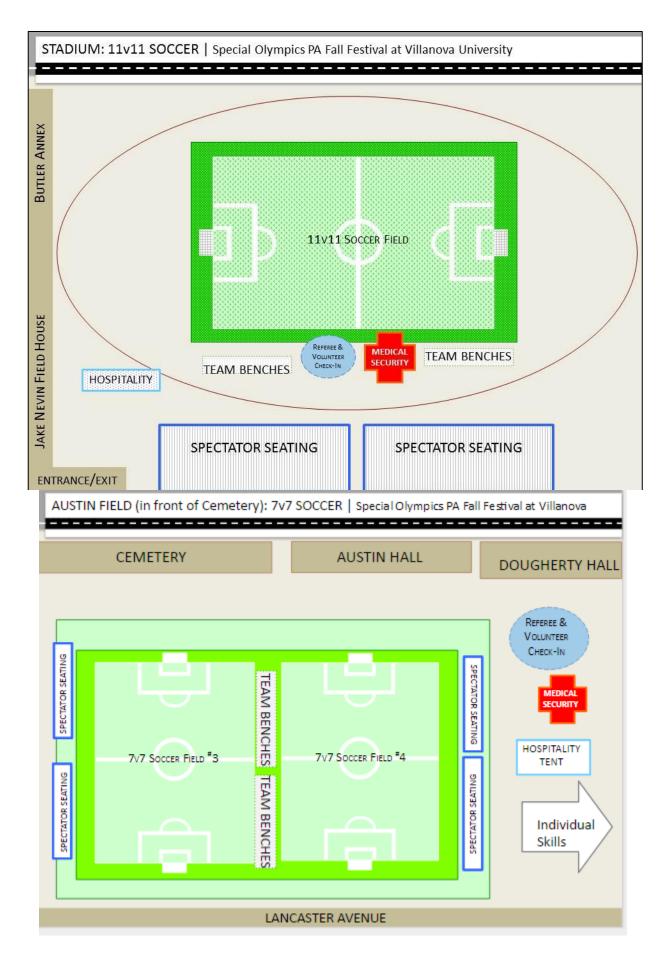
Acceptable areas: Spectator Tent or along the field marked for spectators

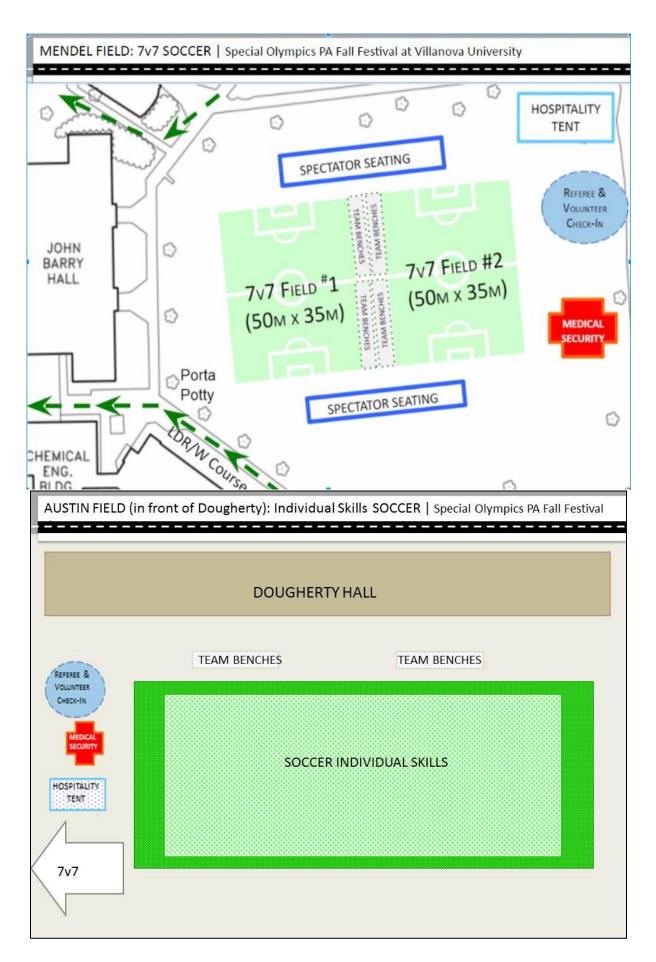
Unacceptable areas: on the field or on the team area/benches

#### **Awards**

All Individual Skills awards will be given on Saturday at 12:30 P.M. in Driscoll 134. Team 5v5 awards will be held in the Shipley School Gymnasium on Sunday beginning at 10:30<sub>A.M</sub>. Team 7v7 and 11v11 awards will be rolling on Sunday beginning at 10:30 A.M. in the Villanova Room of the Connelly Center.







#### Soccer Rules

#### A. 11v11 Competition:

- 1. The roster size may not exceed 15 players for this competition.
- 2. Divisions are based upon the team skills assessment tests, results from sectional competition and preliminary round of play. The top 11 players must start each preliminary or classification game on Friday.
- 3. The duration of the game shall be minimally two, 20-minute halves.
- 4. Round-robin tournament play will be used for divisions of three or more teams. A best of three series will be used for divisions of two teams.
- 5. If overtime is used to break a tie, two 7 1/2-minute sudden death overtime periods are used (first goal scored wins). If the game is still tied after the overtime periods, penalty kicks will be used to break the tie: five players shall be selected from the competing players on the field for each team.
  - Each kick is taken by a different player and after five kicks if the game is still tied other eligible players (those who were on the field at the end of play) must take a kick before any player can take a second kick. After the initial five kicks, kicks continue to be taken until one team has scored a goal more than the other from the same number of kicks.
- 6. The process to be used to break a tie record for the tournament will be as follows:
  - a. Head to head competition (for a two-way tie)
  - b. Least points scored against (all games for the teams tied within pool play)
  - c. Point differential (all games for the teams tied within pool play)
  - d. Tie.
- \* In the final standings of round robin competition, a team can only win or lose by a maximum of four goals per match.

  For example, a team that wins a match 8-2 will get the maximum +4 point differential. A team that loses 6-1, will get the maximum –4 point differential.
- 7. "Everyone Plays" For Prelims and Finals See handout with your lineup cards.

#### B. 5v5 Competition:

- 1. The roster size may not exceed ten players for this competition.
- 2. Divisions are based upon the team skills assessment scores and preliminary round of play. The top 5 players must start each preliminary or classification game on Friday.
- 3. The duration of the game shall be two equal periods of 15 minutes with a half-time interval of five minutes.
- 4. Round-robin tournament play will be used for divisions of three or more teams. A best of three series will be used for divisions of two teams.
- 5. If overtime is used to break a tie, one 5-minute, sudden death overtime period is used (first goal scored wins). If the game is still tied after the first overtime, another 5-minute sudden death overtime is used. If the game is still tied after the overtime periods, penalty kicks will be used to break the tie: five players shall be selected from the competing players on the field for each team.
- 6. If a player is expelled from the game (two yellow or one red card issued), the team is to play with one player down for either two minutes or until the next goal is scored. The player ejected may not return to play.
- 7. The process to be used to break a tied record for the tournament will be the same as in 11v11.
- 8. "Everyone Plays" For Prelims and Finals See handout with your lineup cards.

#### C. 7v7 Competition:

- 1. The roster size may not exceed 12 players for this competition.
- 2. Divisions are based upon the team skills assessment scores and preliminary round of play. The top 7 players must start each preliminary or classification game on Friday.
- 3. The duration of the game shall be two equal periods of 20 minutes with a half-time interval of 5 minutes.
- 4. Round-robin tournament play will be used for divisions of three or more teams. A best of three series will be used for divisions of two teams.
- 5. If overtime is used to break a tie, one 5-minute, sudden death overtime period is used (first goal scored wins). If the game is still tied after the first overtime, another 5-minute sudden death overtime is used. If the game is still tied

after the overtime periods, penalty kicks will be used to break the tie: five players shall be selected from the competing players on the field for each team.

- 6. If a player is expelled from the game (two yellow or one red card issued), the team is to play with one player down for either two minutes or until the next goal is scored. The player ejected may not return to play.
- 7. The process to be used to break a tied record for the tournament will be the same as in 11v11.
- 8. "Everyone Plays" For Prelims and Finals See handout with your lineup cards.

#### D. Individual Skills Competition:

- 1. Individual skills athletes may not participate with the 11-a-side, 5-a-side, or 7-a-side teams.
- 2. In the medal round, each player should perform each event twice. The total score from the two rounds (in the medal round) is added together to give the final score for awards placement.
- 3. After kicking, the athlete must return to the starting line.
- 4. Individual skills-athletes **will not** be able to be alternates for teams due to the different ability levels of the players. Athletes must be registered as *either* an individual skills athlete *or* a team athlete.

#### E. Substitutions:

Substitutions are unlimited in number; players may return to the field after being substituted. Substitutions can be made any time the ball is out of bounds, between periods, after a goal is scored, or during a timeout for an injury. The coach must signal the referee or linesman in order to make a substitution. A substituted player can only come on to the field when given a signal by the referee.

# Volleyball

National Governing Body: United States Volleyball Association (USVBA)
Fall Festival Chairperson: Elizabeth Shea (all venues, primarily Jake Nevin)

(volleyball@villanovaspo.com)

Fall Festival Assistants: Erin Ferraro (Jake Nevin), Austin Joyal (Pavilion), Matthew Bakey (Individual

Skills in Alumni Gym)

Sports Director: Maryellen Brown

#### Location

The Pavilion, Jake Nevin Field House, and Alumni Gym (Individual Skills), Villanova University

#### **Events**

- Team Competition

- Individual Skills Competition\*

\*This is an entry-level event. Athletes entered in this event may <u>not</u> participate in other events.

# Head Coaches' Meetings/Briefings

The following meetings are scheduled for Head Coaches to obtain sports-specific information and address competition concerns. It is the Head Coaches' responsibility and obligation to attend all Head Coaches' Meetings.

Friday Team: 2:00 P.M. in Jake Nevin Field House

Individual Skills: Before preliminaries in Alumni Gym by designated Group Time.

All: 6:15 P.M. Divisioning meeting in Jake Nevin Field House (Competition schedules will be posted at

**Opening Ceremonies**)

9.00 p.m. Jake Nevin Field House

Saturday All: 7:15PM Bartley Hall 1010 Lecture Hall on First Floor

#### **Attire**

Athletes participating in competition must wear appropriate sports attire. Please remember that the athlete may wear no commercial advertising during ceremonies, competition, or awards.

An athlete who is not appropriately dressed will not be able to participate in competition. Denim pants or shorts are not appropriate for any competition. Athletes traveling long distances who may not have time to change should arrive in appropriate attire.

**T-shirt color**: please refrain from wearing solid red or orange T-shirts. Red denotes the medical staff and orange, the security staff. We have chosen these colors so volunteers can be easily identified and quickly located.

Shorts, jerseys, and light pliable shoes (leather or rubber soles without heels) shall be worn. Jerseys shall be marked with numbers no less than 3-inches high on the front and 6-inches high on the back.

# **Equipment**

All competition equipment will be provided. Close-toed shoes must be worn at all times.

#### **Facilities**

Restrooms will be available in the Pavilion, Jake Nevin Field House, and Alumni Gym.

# **Spectator Seating**

Each venue will have designated seating or areas for spectators. Respect the areas designated for coaches and athletes. Note the following areas to be aware of for the safety and fun of all participants:

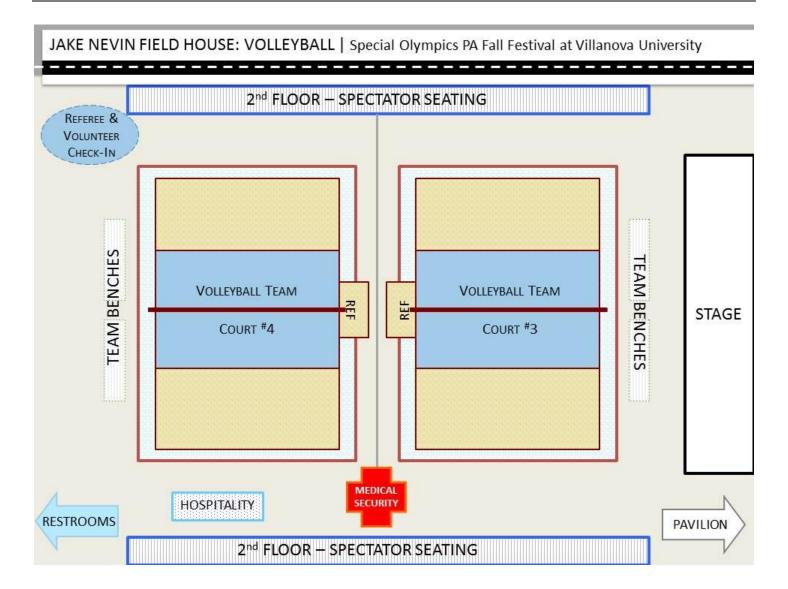
Acceptable areas: at the end of the courts

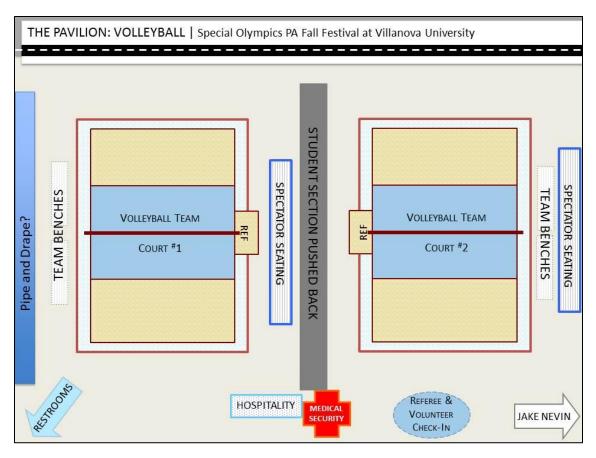
Unacceptable areas: on the court or on the team area/benches

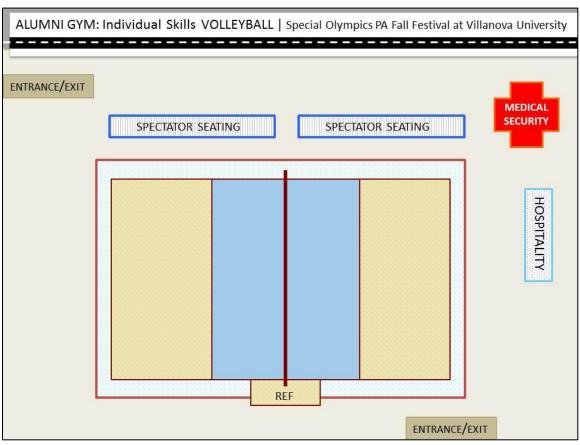
#### **Awards**

Volleyball individual skills awards will be given following competition on Saturday afternoon in the Cinema (Connelly Center) at 3:30 P.M. Volleyball team awards will be given on Sunday morning beginning at 9:00 A.M. in the Bartley Exchange.

## **Venue Maps**







# **Volleyball Rules**

#### A. Individual Skills:

- 1. Individual skills athletes may not participate in team competition.
- 2. They will perform each event once for preliminaries and once for finals.
- 3. Individual skills athletes **will not** be able to be alternates for teams due to the different ability levels of the players. Athletes must be registered as either an individual skills athlete or a team athlete.

#### B. Libero Player:

- 1. Any team has the option of using a Libero player. This player must be listed on the roster.
  - a) You may only have one (1) Libero player per set.
- 2. The Libero player must wear a uniform of a different and contrasting color than the rest of the team.
- 3. The Libero may replace a player in the back row position. The Libero may not serve, block, or attempt to block or attack when the ball is higher than the net. The Libero may not come into the front zone.
- 4. When the Libero replaces a player in the back zone, it is not counted as a substitution.
- 5. These replacements are unlimited. Only the players whom he/she replaced may replace the Libero.

#### C. Serving:

- 1. A served ball touching the net shall remain in play and the receiving team has three plays to return the ball to the opponents.
- 2. All teams must serve within designated areas. (If service area does not have a minimum of a three-foot perimeter, then one step past the designated service line is permissible.)
- 3. There will be no modified servers for the highest division competition.
- 4. In the lowest division, there will be a maximum three-side out serving format.

#### D. Substitutions:

1. Each team may have a maximum of 12 substitutions per game (except for the Libero).

#### E. Team Competition:

- 1. The roster size may not exceed 10 players for this competition.
- 2. Divisions will be based upon the team skills assessment scores, prior to competition, and preliminary round of play. Top players must start each preliminary or classification game on Friday.
- 3. After divisions are selected, round-robin tournament play will be used for divisions of three or more teams. If there are only two teams, a best of three series will determine the outcome.
- 4. Final competition will be conducted as follows:
  - a) Rally scoring shall be used. When the serving team wins a rally, it scores a point and continues to serve. If the receiving team wins the rally, it scores a point and gains the right to serve. A game is won by the team which first scores 25 points with a minimum lead of two points.
  - b) The first team receiving shall rotate upon the first side out.
  - c) A match is won by the team that wins the best of three games.
  - d) If there is a tie, the deciding (third) game is played as a tiebreaker with rally point scoring procedures to 15 points. A 45-minute time limit will be used for all matches.
- 5. The process to be used to break a tied record for the tournament for teams involved in the tie only will be as follows:
  - a) Head to head competition (for a two-way tie)
  - b) Least points scored against (all games for the teams tied within pool play)
  - c) Point differential (all games for the teams tied within pool play)
- 6. If time permits, medal rounds will be played to determine the final standings. In medal round competition, the following format will be used:
  - a) A one-game playoff match will be played and won by the team that scores 15 or more points.
  - b) Teams change sides when one team has scored eight points.
- 7. "Everybody Plays" For Prelims and Finals See handout with your lineup cards.

#### **Modified Servers**

If athletes were not tested during sectionals, then they may be tested on Friday from 2:15–2:30 P.M. in Jake Nevin Field House to determine modified server status. Those athletes considered modified servers will receive a wristband at this time. There will be no modified servers allowed in Division I.

# Young Athletes Program

Fall Festival Chairperson: Steph Krakower (athleteinvolvement@villanovaspo.com)

Fall Festival Assistant: Dana D'Amico, Shaun Topper

#### Location

The Ellipse, Villanova University
The Exchange, Villanova University Bartley Hall

#### **Events**

# Saturday, November 5

9:30 A.M.	Registration	The Ellipse
10:00 A.M.	Young Athletes Program Activities	The Ellipse
11:15 A.M.	Awards	The Ellipse
11:30 A.M.	Arts and Crafts	The Exchange
12:30 P.M.	Lunch	Dougherty Hall
1:15 P.M.	Young Healthy Athletes Visit	Driscoll Hall
		<b>-</b> 10

1:45 P.M. O-town Visit/Venue visit Quad/Various venues

# Sunday, November 6

9:30 A.M.	Registration	The Ellipse
10:00A.M.	Young Athletes Program Activities	The Ellipse
11:15 A.M.	Awards	The Ellipse
11:30 A.M	Young Healthy Athletes Visit	Driscoll Hall
12:15 P.M.	Lunch/Crafts	The Exchange
1:00 P.M.	Closing Ceremonies	The Pavilion

# Description

Special Olympics International developed the Young Athletes Program to engage future Special Olympics athletes, children ages two through seven. Young Athletes™ is a unique sport and play program for children with intellectual disabilities. The focus is on immersing children in fun activities that are important to mental and physical growth.

Children ages two to seven enjoy games and activities that develop motor skills and hand-eye coordination. Young Athletes is an early introduction to sports and to the world of Special Olympics. The children learn new skills, play and have lots of fun!

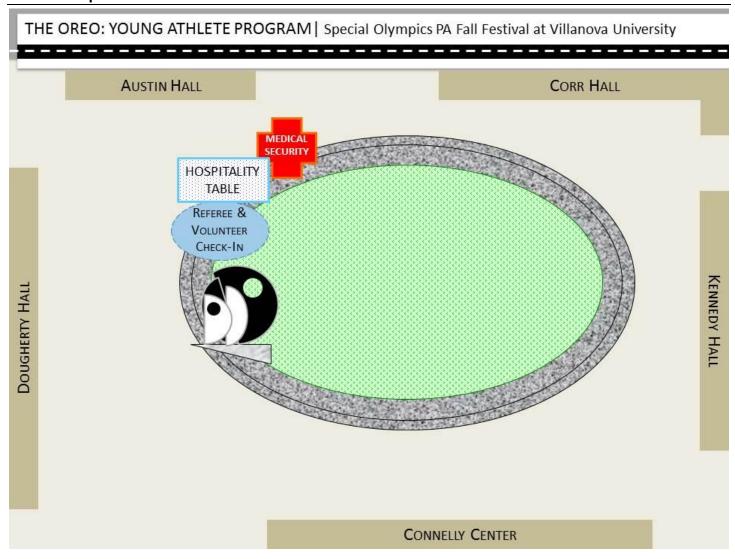
Athletes will also be given the opportunity to express their creativity during an arts and crafts portion. The children will be able to take home their handmade souvenirs to serve as a memento.

Young Athletes starts everybody on the right track. The children learn skills and push their limits in a fun way. Family members and supporters see more of the children's abilities, not their disabilities. And everyone becomes part of the Special Olympics community.

## Young Healthy Athletes

It is with great excitement that we announce the Healthy Athletes® initiative will be offered for participants in the Young Athletes Program. Healthy Athletes® is a great opportunity for athletes to partake of free health screenings and to receive free health information. The services that will be extended to children in Young Athletes include Healthy Hearing and Special Smiles. Professional doctors, clinicians, and therapists volunteer their time and talents to improve the health and well-being of the athletes and conduct all screenings. All participants are asked to bring the completed waiver form included in the entry information packet. Forms will also be available at the registration desk is a legal guardian is present.

#### Venue Map



# SPECIAL EVENTS

# **Active Athletes**®

Saturday | 9:00 A.M.—5:00 P.M.
Sunday | 9:00 A.M.—12:00 P.M.
Driscoll Hall, Field Outside Driscoll Hall

Active Athletes will be located right outside Healthy Athletes in Driscoll Hall. Active Athletes will be offering free group exercise classes and stretching led by trained volunteers. Come stop by to learn fun new ways to exercise!

#### \*Schedule for Active Athletes

Saturday, November 5th (9:00-3:00) Zumba Barre & Ballet Tennis Skills & Relays Yoga Games & Activities

Sunday, November 6th (9:00-12:00)
Basketball Open Gym
\*11:30 Zumba in O-Town\*
\*Dance Dance Revolution Booth in O-Town\*

"Dance Dance Revolution Booth in O-10w

# **Athlete Input Council**

What is an Athlete Input Council? An Athlete Input Council is an open forum for athletes to not only share their feedback on the event with SOPA staff, but also learn more about Athlete Leadership and share input on important athlete related issues beyond the event.

Why should athletes attend? This is a leadership opportunity for athletes to provide valuable feedback to SOPA's competition staff, as well as learn how to take step towards making Special Olympics Pennsylvania a more athlete led and athlete centered organization!

Who is invited? All competing athletes are invited! Athletes attending as coaches/volunteers may attend, however they may not provide their own input.

When is it? Saturday, November 5<sup>th</sup> from 6:00-7:00 PM.

Where is it? East Lounge of Dougherty Hall.

#### **Awards**

#### Saturday and Sunday, Various Locations

- Athletes finishing first, second, and third will receive a gold, silver, or bronze Special Olympics PA medal, respectively. Athletes placing fourth, fifth, sixth, seventh, and eighth in their division will receive a ribbon.
- Any athlete who does not finish or is disqualified will receive a participation ribbon. **Athletes who are disqualified for misconduct or who do not compete will not receive an award.**
- If a tie occurs, the two teams/individuals will receive the same placement and the next team/individual will receive the placement for the order they crossed the finish line. Example: if two teams tie for first place, both teams will receive gold medals and the next placed team will receive bronze medals.

The following chart details awards presentations by sport. Times are subject to change.

SATURDAY Awards Presentations				
Sport	Location	Time		
Soccer Individual Skills	Driscoll 134	12:30 р.м.		
Roller Skating (Speed)	Driscoll 134	2:00 P.M.		
LDR/W (5k run, 3k walk, 3k run)	Tolentine Field	2:00 P.M.		
Bocce	Press Room, Pavilion	3:00 P.M. (rolling)		
Volleyball Individual Skills	Connelly Cinema	3:30 P.M.		
SUNDAY Awa	ards Presentations			
Sport	Location	Time		
Sport Powerlifting	Location Villanova Room	Time 8:30 а.м.		
Powerlifting	Villanova Room	8:30 a.m.		
Powerlifting Volleyball – Team	Villanova Room Driscoll 134 Press Room,	8:30 A.M. 9:00 A.M. (rolling)		
Powerlifting Volleyball – Team  Bocce  LDR (1500 walk, 1500 run 10k	Villanova Room Driscoll 134 Press Room, Pavilion	8:30 A.M. 9:00 A.M. (rolling) 9:00 A.M. (rolling)		
Powerlifting Volleyball – Team  Bocce  LDR (1500 walk, 1500 run 10k run, 5k walk)	Villanova Room Driscoll 134 Press Room, Pavilion Tolentine Field	8:30 A.M. 9:00 A.M. (rolling) 9:00 A.M. (rolling) 10:00 A.M.		

- Philadelphia Insurance Award of Valor: Recipients can be nominated using the form provided at the
  end of this Handbook. All submissions will be due to the Operations Center (Dougherty Hall room 108) by
  12:00 P.M. on Saturday.
  - O Awarded to a Fall Festival participant who may not be the most talented athlete but is the hardest worker and the very best teammate he or she can be. Through hard work, dedication, and the right attitude, this athlete has gotten the most out of his or her abilities and has helped others around him or her to achieve more through his or her support and work ethic. The way this athlete approaches his or her area of competition should be emulated.

# **Closing Ceremonies**

Sunday | 1:00–1:45 P.M.
The Pavilion, Villanova University

Closing Ceremonies will celebrate all of the achievements of the athletes who competed in Fall Festival.

#### Highlights of the Event

Appearances by Fr. John Stack and Jay Wright Fall Festival 2016 Video

# **Family Events**

Throughout the weekend there will be activities for family and friends of athletes competing at Fall Festival. All spectators are responsible for providing their own housing and meals.

All friends and family are invited and encouraged to attend:

- Opening Ceremonies
- Closing Ceremonies
- All Competitions and Awards Ceremonies
- Olympic Town

Please visit our "Ask Me!" booths for more information. Family Packets will also be available at the "Ask Me!" booths. These packets will contain schedules, guides to local attractions, and information on local restaurants.

There will also be family and spectator sign making stations scattered around campus, take an opportunity to make a sign to cheer on the athletes.

# Healthy Athletes<sup>®</sup> Initiatives

Saturday | 9:00 A.M.—5:00 P.M. Sunday | 9:00 A.M.—12:00 P.M. Driscoll Hall, Villanova University

Healthy Athletes is a great opportunity for athletes to partake in free health screenings and to receive free health information. Professional doctors and therapists volunteer their time and talents to improve the health and well-being of the athletes and conduct all screenings. All participants are asked to bring the completed "Consent for Athlete Participation in Healthy Athletes" included in this packet. Forms will also be available at the registration desk within Driscoll Hall. Healthy Athletes will be in Driscoll Hall again this year. One rule to note is that no cleats will be allowed in Driscoll Hall, so please tell your athletes to bring another pair of shoes. Healthy Athletes has incorporated a Photo Booth, cornhole, Wii games, and Johnson & Johnson giveaways. In addition, athletes who visit Healthy Athletes will have several changes to be entered into a raffle to win a Fitbit at Closing Ceremonies. Come stop by and enjoy the Healthy Athletes experience!

#### **Healthy Hearing**

is designed to assess the prevalence of possible hearing loss among Special Olympics athletes and to identify specific athletes who need audiological evaluations to determine if hearing loss exists and requires treatment.

#### **Special Smiles**

offers free dental checkups, dental hygiene tips, and items including sports mouth guards, toothbrushes, toothpaste, and dental floss.

#### Fit Feet

professionals will examine and evaluate the condition of athlete's feet and ankles, as well as focus on gait and footwear in regards to competition. This year, we will be having a doctor making insoles on site! Come and get your feet checked and leave with a brand new pair of insoles!

#### **Health Promotions**

Volunteers and Villanova Nurses will take athlete's height, weight, and blood pressure, bone density, and provide important information about nutrition, exercise, and sun safety.

#### **FUNfitness**

Provides instruction to participants about how to stretch, strengthen and improve balance and fitness.

#### **Opening Eyes**

Gives athletes the opportunity to get their vision checked and if needed, receive a pair of glasses on-site!

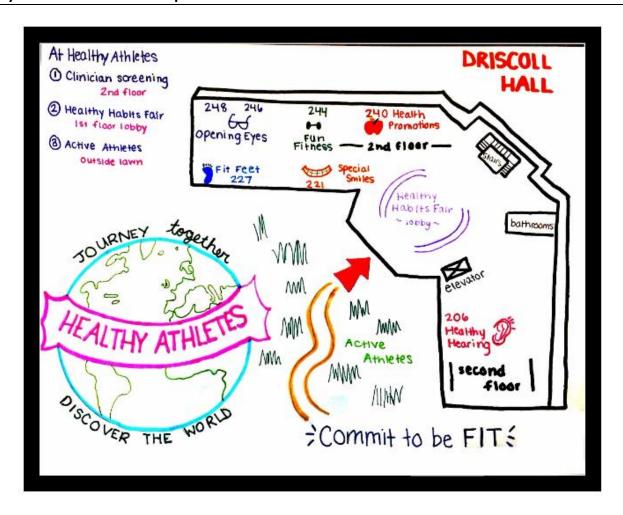
# **Healthy Habits Fair**

Saturday | 11 A.M. -4 P.M.

Sunday | 9 A.M. - 12 P.M.

#### Driscoll Hall, Lobby

The Healthy Habits Fair will include tables from various groups that will have fun games, interactive activities, and healthy snacks for the athletes to participate in, while learning ways to carry out a healthier lifestyle. This is guaranteed to be fun and enjoyable, while delivering important information.



# Consent for Athlete Participation in Healthy Athletes Special Olympics Pennsylvania 2016 Fall Festival

Special Olympics, Inc. offers non-invasive, free of charge, health care screenings to athletes at local, state, national, and World Games venues through the Healthy Athletes and Healthy Young Athletes Program. These services for Athletes OR Young Athletes have included individual screening assessments of health status and health care needs, provision of health education, routine preventive series (e.g. protective mouth guards) educational services and in the case of vision, provision of needed eyewear (e.g. glasses and protective eyewear). Athletes or Young Athletes are informed as to their health status and advised as to the need for follow-up care. In addition, information collected at the time services are provided has been invaluable for developing policies, securing resources, and implementing programs to better meet the health needs of Special Olympics Athletes or Young Athletes. These services will be delivered by qualified health professionals who, in addition to training in their respective fields, have received training specific to Special Olympics. Many of the volunteer health professionals have previous experience in serving Special Olympics athletes.

Our goal is to have every athlete healthy on their road to success. To help achieve this, Special Olympics Pennsylvania will be offering **Healthy Athletes (HA) and Healthy Young Athletes (HYA)** screenings to athletes who are registered with Special Olympics Pennsylvania. If you are interested in participating please fill out this form and return it to cdrob@specialolympicspa.org or bring it with you to this year's event.

During the 2016 Fall Festival, you will be able to find Healthy Athletes and Healthy Young Athletes within **Driscoll Hall.** 

Program Nama (i.a. Adams County/Area P

riografii Nafi	ie (i.e. Adams County/Area P, etc.)	<del></del>
May participat Pennsylvania and that autho health service that may be re process may b	e in the checked Healthy Athletes discipline, all of which will be held at Special Summer Games. I understand that the participation in the Healthy Athletes orization can be withdrawn at any time without penalty. I understand that the is not intended as a substitute or alternative to regular care that has been ecommended in the future. I understand that information that is gathered at the used in group form to assess and communicate the overall health needs ams to address those needs.  Authorized signature(s) required below:	s venue is voluntary ne provision of this received in the past or s part of the screening
$\wedge$	Signature of Adult Athlete (If over 18 yrs old) OR parent/guardian  X  Signature of On-Site Witness for Adult Athlete  X  Signature of Parent/Guardian for Minor Athlete OR Young Athlete  Participant (2-7 yrs old)  X	This table MUST be filled in and signed for athlete to participate!
Athletes who visit Healthy Athletes will be entered into a raffle to win a Fitbit®	FUNfitness (	ete is to participate:))))))

Healthy Young Athletes may only participate in Special Smiles.

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## **Movie Night**

Saturday | 7:30-9:30 P.M.

Cinema, Connelly Center, Villanova University

The Movie Night provides an alternative to the Victory Dance for athletes and coaches who prefer a more relaxed atmosphere. We will be screening Disney Pixar's *Up* in the Connelly Center Cinema!

## **Olympic Town**

Saturday | 10:00 A.M.-5:00 P.M.

Sunday | 9:00 A.M.-12:00 P.M.

"The Quad," Villanova University (between Sheehan and Sullivan Halls and extending up to the Connelly Plateau)

Olympic Town provides entertainment and recreational fun for all those attending the Festival. This year's fun includes exciting games, arts and crafts, snacks, special guest appearances, and performances by a multitude of diverse groups, including Villanova student performers.

# **Opening Ceremonies**

Friday | 7:30 P.M.

The Pavilion, Villanova University

Athletes, spectators, VIPs, and families should arrive at the Pavilion at 7:00 P.M. Please have the athletes designated as banner carriers report behind the Student Section stands of the Pavilion by 6:45 P.M. to pick up their delegation's banner.

It is **very important** that athletes and coaches follow the posted seating chart for Opening Ceremonies. Coaches should direct their athletes to their seats as quickly as possible.

#### Highlights of the Event

Welcome by Jessica Ritchie, 2016 Fall Festival Director

Appearances by Fr. Peter, Villanova Multicultural Dance Groups, State Street Miracles, and Joybells of Melmark 28th Anniversary Celebration Video

#### **Victory Dance**

Saturday | 7:30-9:30 P.M.

The Pavilion, Villanova University

The Victory Dance will be a great way for athletes, their family members, and coaches to enjoy dancing, food, and live music at the conclusion of Saturday's events! Credentials are required to enter the Victory Dance. Family members and guests must register prior to the dance at the Family Registration Table located in the lobby of the Pavilion; they will be given credentials that are valid only for the duration of the Victory Dance. Fall Festival Committee members will be checking for credentials at the entrance to the Pavilion. Credentials MUST be worn at all times. We will also have a designated section of the bleachers called the "Cool Down Station" for anyone who'd like to take a break from dancing or crafting with LPH's, committee members and volunteers while still taking part in the Victory Dance atmosphere.

NOTE: Masks are not allowed at the dance.

# **Support Services**

#### Transportation

- Each delegation is responsible for arranging their own transportation to and from all events.
- We emphasize prompt arrival for Opening Ceremonies staging (Friday evening at 7:00 P.M.).
- Two shuttle buses will be provided for Roller Skating and Soccer athletes and coaches if needed (for Shipley and Marple venues).
- A small, on-campus shuttle bus will be running to all venues for volunteers and families throughout the weekend.

#### Wheel Chair Reservations

This year we have wheelchairs available for athletes on a first come first serve basis. Please contact <u>transportation@villanovaspo.com</u> as early as possible to reserve a wheelchair. Wheel chairs are available upon appointment, for specific hourly time slots. Pick up at Dougherty Hall.

#### **Golf Cart**

Athletes and coaches are **not** allowed to ride in the golf carts.

#### **Directions**

Please allow extra time for traffic and other considerations, especially for arrival on Friday. These directions are acceptable for buses. Alternate routes to and from the venues (especially Villanova University and the hotels) may not accommodate buses due to road limitations. If taking alternate routes, it is recommended that the delegation confirm that the road permits bus use.

#### **Directions to Competition Venues**

VILLANOVA UNIVERSITY | LDR/W, Powerlifting, Soccer (Individual Skills, 7v7, 11v11), Volleyball 800 Lancaster Avenue, Villanova, PA, 19085

#### From the West

- Take the Pennsylvania Turnpike (I-76) to EXIT 326 Valley Forge
- Take I-76 (Schuylkill Expressway) to EXIT 331A (I-476 South/Chester)
- Follow I-476 South to EXIT 13 (US 30, St. David's/Villanova)
- At the bottom of the ramp, turn right onto Route 30 East (Lancaster Ave.)
- Proceed east on Route 30 (Lancaster Ave.) for one-half mile and at the fourth traffic light you will see
   Villanova's main parking lot on your right

#### From the South

- Take I-95 North to EXIT 7 (I-476 (Blue Route) North Plymouth Meeting)
- Take I-476 (Blue Route) North to EXIT 13 (US 30, St. David's/Villanova)
- At the bottom of the ramp, turn right onto Route 30 East (Lancaster Ave.)
- Proceed east on Route 30 (Lancaster Ave.) for one-half mile and at the fourth traffic light you will see
   Villanova's main parking lot on your right

#### From the North

- Take I-476 South to EXIT 13 (US 30, St. David's Villanova)
- At the bottom of the ramp, turn right onto Route 30 East (Lancaster Ave.)
- Proceed east on Route 30 (Lancaster Ave.) one-half mile and at the fourth traffic light you will see Villanova's main parking lot on your right

\*\* Note for West Campus Soccer Complex (7v7 Soccer): When proceeding east on Route 3o(Lancaster Ave) from I-476, take a left at the second light onto Spring Mill Road. Proceed 1/5 mile and the entrance to West Campus will be on your right. Continue to bear right under the bridge by the train station towards the guard gate where you will be directed to the Soccer Complex.

#### Marple Sports Arena | Roller Skating

#### 611 South Park Way, Broomall, PA, 19008

#### From Villanova University

- Take 476 South towards Chester
- Take Exit 9 Broomall/Upper Darby
- Off ramp, make a Left onto West Chester Pike/Route 3
- Turn Right onto Lawrence Road
- Go thru 3 lights
- At the 4th light, make a left onto Parkway Drive
- Go thru 2 intersections and continue onto East Park Way Drive
- Marple Sports Arena will be on the left

#### *The Shipley School* | Soccer (5v5)

#### 814 Yarrow Street, Bryn Mawr, PA, 19010

#### From Villanova University

- Head **north** on Ithan Ave. and until you reach Montgomery Ave.
- Turn right onto Montgomery Ave. and stay on for about 1.0 mi

The Shipley School entrance will be on the left just past the turf soccer fields

# **Directions to Hotels from Villanova University**

#### Best Western King of Prussia

127 South Gulph Road, King of Prussia, PA, 19406

- 1. Start out going west (toward the church) on E Lancaster Avenue (US-30) 0.7 mi
- 2. Merge onto I-476 N toward Plymouth Meeting 2.8 mi
- 3. Merge onto I-76 W via EXIT 16B toward Valley Forge 4.1 mi
- 4. Merge onto W Dekalb Pike/US-202 N via EXIT 328B toward King of Prussia 0.4 mi
- 5. Turn right onto S Gulph Rd 0.09 mi
- 6. Arrive at Best Western King of Prussia on right

#### The Inn of King of Prussia (previously Comfort Inn)

550 West DeKalb Pike, King of Prussia, PA, 19406

- 2. Take ramp on right to I-476 N toward Plymouth Meeting.........2.8 mi
- 3. Take exit 16B on right for I-76 W (toward Valley Forge).................................4.1 mi
- 5. Continue on S Henderson Rd. Make left onto W. Dekalb Pike and continue until destination on your right.

#### DoubleTree Plymouth Meeting

640 Fountain Road Plymouth Meeting, PA 19462

- 3. Take exit 20 on right for Germantown Pike West......o.4 mi

4. 5. 6.	Stay right on ramp towards West Germantown Pike	0.1 mi
7.	Arrive at DoubleTree Plymouth Meeting on right  e King of Prussia	
	PeKalb Pike, King of Prussia, PA, 19406	
301 West 2	Start out going west (toward the church) on E Lancaster Avenue (US-30)	o z mi
2.	Take ramp on right to I-476 N toward Plymouth Meeting	
3.	Take exit 16B on right for I-76 W (toward Valley Forge)	
4.	Stay right to exit 328B US-202 N (West DeKalb Pike)	
· 5.	Follow US-202 N/ W Dekalb Pike then turn right onto King Circle	
6.	Arrive at DoubleTree King of Prussia on right	
Embassy S	uites	
888 Cheste	erbrook Boulevard, Chesterbrook, PA, 19087	
1.	Start out going west (toward the church) on E Lancaster Avenue (US-30)	0.2 mi
2.	Take ramp on right to I-476 N toward Plymouth Meeting	
3.	Take exit 16B on right for I-76 W (toward Valley Forge)	4.1 mi
4.	Stay right for exit lane 328B-A towards US-202	o.5 mi
5.	On exit ramp, stay left and take exit 328A towards US-202 S	4.0 mi
6.	Take exit on right for Chesterbrook Blvd (no number)	
7.	Take right at end of ramp to go on Chesterbrook Blvd	0.1 mi
8.	Arrive at Embassy Suites on right	
-	nn King of Prussia	
530 W Dek	alb Pike, King of Prussia, PA, 19406	
1.	Start out going west (toward the church) on E Lancaster Ave (US-30)	•
2.	Merge on I-476 N toward Plymouth Meeting	
3.	Merge onto I-76 W via EXIT 16B toward Valley Forge	
4.	Take exit 329 toward King of Prussia/Norristown	
5.	Slight right onto South Henderson Road	· ·
6.	Turn left onto West Dekalb Pike	0.9 mi
7.	Arrive at Hampton Inn King of Prussia on right	
	_	
Holiday Inr	·	
	Gulph Road, King of Prussia, PA, 19406	
1.	Start out going west (toward the church) on E Lancaster Avenue (US-30)	
2.	Take ramp on right to I-476 N toward Plymouth Meeting	
3.	Take exit 16B on right for I-76 W (toward Valley Forge)	
4.	Stay right for exit lane 328B-A	
5. 6	In exit lane, stay left to take exit 327 for Mall Blvd	
6.	At end of ramp, take right onto Mall BlvdAt end of Mall Blvd, take right onto North Gulph Road (PA-363)	
7. 8.	Arrive at Holiday Inn Express on right	0.2 1111
0.	Autive de Hollady IIII Express on right	
Hyatt Plac	2	
-		
7.7.0 AMERI		
1.	can Ave., King of Prussia, PA, 19406 Head West (toward the church) on E. Lancaster Ave. (US-30)	o a mi

2. Merge onto I-476 N toward Plymouth Meeting	2.8 mi
3. Merge onto I-76 W via EXIT 16B toward Valley Forge	4.1 mi
4. Merge onto W Dekalb Pike/US-202 N via EXIT 328B toward King of Prussia	0.9 mi
5. Turn left onto Allendale Rd	
6. Turn left onto 1st Ave	_
7. Take the 1st left onto American Ave	0.1 mi
Directions to Nearby Hospitals	
Directions to recarby mospicals	
From Villanova University	
BRYN MAWR HOSPITAL   130 S. Bryn Mawr Avenue, Bryn Mawr, PA, 19010	
(Approximately 2 miles from campus)	
Head east on Lancaster Ave (US 30)	1.3 mi
At the McDonald's, turn right onto County Line Rd	-
Turn left onto S Bryn Mawr Ave, Bryn Mawr Hospital is on the left	
, , , , ,	
LANKENAU HOSPITAL   100 Lancaster Avenue, Wynnewood, PA 19096	
(Approximately 6 miles from campus)	
Head east on Lancaster Ave (US 30)	5.7 mi
Take a slight right, Lankenau Hospital is on the left	
KINDRED HOSPITAL, PHILADELPHIA   20000 Old West Chester Pike, Havertown, PA 19083	
(Approximately 6 miles from campus)	
<ul> <li>Head west on E Lancaster Ave toward Aldwyn Ln/N Spring Mill Rd 0.9 mi</li> </ul>	
Turn left to merge onto I-476 S 4.2 mi	
Take exit 9 for PA-3 E	
Turn left at PA-3 E/W Chester Pike     o.5 mi	
<ul> <li>Turn right at Old West Chester Pike to Kindred Hospital 0.1 mi</li> </ul>	
From The Shipley School	
Provide Marine Hospital Land C. Diran Marine Arrange Diran Marine DA	
BRYN MAWR HOSPITAL   130 S. Bryn Mawr Avenue, Bryn Mawr, PA, 19010	
(Approximately 1 mile from Shipley) - Head south on Yarrow St toward Morris Ave	o ft
- Turn right onto Morris Ave	
- Turn left to stay on Morris Ave Continue onto Elliott Ave	
- Turn right onto Old Lancaster Rd	
- Turn left at the 1st cross street onto S Bryn Mawr Ave, Bryn Mawr Hospital on the right	
- Tom left at the 1st closs street onto 3 bryn Mawr Ave, bryn Mawr Hospital on the right	L IIII
LANKENAU HOSPITAL   100 Lancaster Avenue, Wynnewood, PA 19096	
(Approximately 4.5 miles from Shipley)	
- Head south on Yarrow St toward Morris Ave	449 ft
- Turn right onto Morris Ave	
- Turn left onto Montgomery Ave	1.3 mi
- Turn right onto Woodside Rd	o.1 mi
- Turn left onto Lancaster Ave (US 30)	
Take a slight right, Lankenau Hospital is on the left	
2046 F. W	E 1 110 D 11

## KINDRED HOSPITAL, PHILADELPHIA | 20000 Old West Chester Pike, Havertown, PA 19083 (Approximately 5 miles from Shipley) Head south on Yarrow St toward Morris Ave.....449 ft Turn right onto Morris Ave......o.1 mi Turn left to stay on Morris Ave......o.2 mi Turn left onto Wayside Rd......240 ft Turn right onto County Line Rd.....413 ft Turn left at PA-3 E/W Chester Pike 0.5 mi Turn right at Old West Chester Pike to Kindred Hospital 0.1 mi From Marple Sports Arena BRYN MAWR HOSPITAL 130 S. Bryn Mawr Avenue, Bryn Mawr, PA, 19010 (Approximately 7 miles from Marple) Turn left onto Parkway Dr 0.5 mi Turn right at Reed Rd 318 ft Turn left to stay on Reed Rd......o.4 mi Turn right onto Sproul Rd......1.3 mi Turn right onto S Bryn Mawr Ave......2.5 mi Destination on the left: Bryn Mawr Hospital LANKENAU HOSPITAL | 100 Lancaster Avenue, Wynnewood, PA 19096 (Approximately 7 miles from Marple) Turn left onto Parkway Dr 0.5 mi Turn left onto Reed Rd 0.7 mi Turn left onto Eagle Rd......436 ft Continue onto Burmont Rd......o.4 mi Turn right to stay on Burmont Rd......o.6 mi KINDRED HOSPITAL, PHILADELPHIA | 20000 Old West Chester Pike, Havertown, PA 19083 (Approximately 2.5 miles from Marple) Turn left at Parkway Dr o.5 mi Turn right at Reed Rd 295 ft Continue onto Parkway Ave 0.5 mi Turn right at Lawrence Rd 1.3 mi Turn right at PA-3 E/W Chester Pike 0.3 mi

Turn right at Old West Chester Pike to Kindred Hospital 0.1 mi

# **Parking**

Due to heavy construction on Villanova's campus this year, the parking situation will be considerably different than years past. Thank you in advance for your participation and understanding!

- Athletes will be dropped off on the main campus at Villanova University behind the Connelly Center
- Buses will be required to park off site on West Campus throughout the day
- All vans, mini-vans, and vehicles transporting **athletes** will be parked behind the Pavilion
- A limited number of handicap-accessible parking will be available at the St. Augustine Center parking garage
- SOPA staff will also be parking at the St. Augustine Center parking garage after 2 PM Friday (11/4) prior to 2 PM will be in the Main Lot
- **Volunteers and spectators** may park in the main lot off of Lancaster Avenue (US-30) free of charge with overflow parking in the Surface Lot (across the street from the Church and west of Main Lot)

# **Shuttle Services**

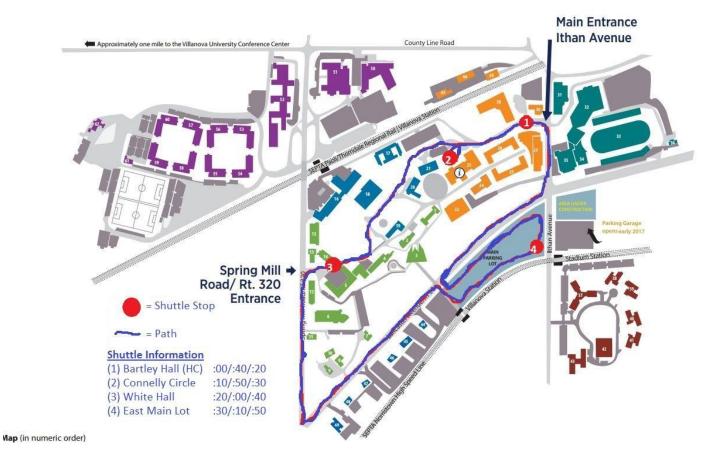
#### **On-Campus Shuttle**

• Corresponding shuttle stops will occur as close to on campus venues as possible. NO on campus shuttle will be running Friday (11/4). The following are schedules for Saturday (11/5) and Sunday (11/6):

Saturday					
Bartley Hall	Connelly Circle	White Hall	East Main Lot		
6:00 AM	6:10 AM	6:20 AM	6:30 AM		
6:40 AM	6:50 AM	7:00 AM	7:10 AM		
7:20 AM	7:30 AM	7:40 AM	7:50 AM		
8:00 AM	8:10 AM	8:20 AM	8:30 AM		
8:40 AM	8:50 AM	9:00 AM	9:10 AM		
9:20 AM	9:30 AM	9:40 AM	9:50 AM		
10:00 AM	10:10 AM	BREAK	BREAK		
10:40 AM	10:50 AM	11:00 AM	11:10 AM		
11:20 AM	11:30 AM	11:40 AM	11:50 AM		
12:00 PM	12:10 PM	12:20 PM	12:30 PM		
12:40 PM	12:50 PM	1:00 PM	1:10 PM		
1:20 PM	1:30 PM	1:40 PM	1:50 PM		
2:00 PM	2:10 PM	2:20 PM	2:30 PM		
2:40 PM	2:50 PM	3:00 PM	3:10 PM		
3:20 PM	3:30 PM	BREAK	BREAK		
4:00 PM	4:10 PM	4:20 PM	4:30 PM		
4:40 PM	4:50 PM	5:00 PM	5:10 PM		
5:20 PM	5:30 PM	5:40 PM	5:50 PM		
6:00 PM	6:10 PM	6:20 PM	6:30 PM		
6:40 PM	6:50 PM	7:00 PM			

Sunday					
Bartley Hall	Connelly Circle	White Hall	East Main Lot		
6:00 AM	6:10 AM	6:20 AM	6:30 AM		
6:40 AM	6:50 AM	7:00 AM	7:10 AM		
7:20 AM	7:30 AM	7:40 AM	7:50 AM		
8:00 AM	8:10 AM	8:20 AM	8:30 AM		
8:40 AM	8:50 AM	9:00 AM	9:10 AM		
9:20 AM	9:30 AM	9:40 AM	9:50 AM		
10:00 AM	10:10 AM	BREAK	BREAK		
10:40 AM	10:50 AM	11:00 AM	11:10 AM		
11:20 AM	11:30 AM	11:40 AM	11:50 AM		
12:00 PM	12:10 PM	12:20 PM	12:30 PM		
12:40 PM	12:50 PM	1:00 PM	1:10 PM		
1:20 PM	1:30 PM	1:40 PM	1:50 PM		
2:00 PM		_			

<sup>\*\*</sup>Detailed instructions and directions will be communicated via email closer to Fall Festival\*\*



# **Shipley Shuttle**

• The Soccer (5v5) shuttle to The Shipley School will be running throughout the weekend. The shuttle stop will be across from Bartley Hall along the path leading to the Pavilion. Times for the shuttle are as follows:

Shipley (Green Shuttle Loop)								
Fride	Friday		Saturday Sunday			Saturday		lay
Leave Villanova	Leave Shipley	Leave Villanova	Leave Shipley	Leave Villanova	Leave Shipley			
12:00 PM	12:20 PM	7:00 AM	7:20 AM	7:00 AM	7:20 AM			
12:40 PM	1:00 PM	7:40 AM	8:00 AM	7:40 AM	8:00 AM			
1:20 PM	1:40 PM	8:20 AM	8:40 AM	8:20 AM	8:40 AM			
2:00 PM	2:20 PM	9:00 AM	9:20 AM	9:00 AM	9:20 AM			
2:40 PM	BREAK	9:40 AM	10:00 AM	9:40 AM	10:00 AM			
BREAK	3:40 PM	BREAK	BREAK	BREAK	BREAK			
4:00 PM	4:20 PM	11:00 AM	11:20 AM	11:00 AM	11:20 AM			
4:40 PM	5:00 PM	11:40 AM	12:00 PM	11:40 AM	12:00 PM			
		12:20 PM	12:40 PM	12:20 PM	12:40 PM			
		1:00 PM	1:20 PM	1:00 PM	1:20 PM			
		1:40 PM	2:00 PM	1:40 PM	2:00 PM			

#### Marple Shuttle

• The Rollerskating shuttle to the Marple Sports Arena will be running throughout the weekend. The shuttle stop will be outside Bartley Hall (the Exchange) at the North Gate. Times for the shuttle are as follows:

Marple (Yellow Shuttle Loop)						
Friday		Saturday		Sunday		
Leave Villanova	Leave Marple	Leave Villanova	Leave Marple	Leave Villanova	Leave Marple	
11:30 AM	12:00 PM	6:00 AM	6:30 AM	6:00 AM	6:30 AM	
12:30 PM	1:00 PM	7:00 AM	7:30 AM	7:00 AM	7:30 AM	
1:30 PM	BREAK	8:00 AM	8:30 AM	8:00 AM	8:30 AM	
2:30 PM	3:00 PM	9:00 AM	9:30 AM	9:00 AM	BREAK	
3:30 PM	4:00 PM	10:00 AM	BREAK	10:00 AM	10:30 AM	
4:30 PM	5:15 PM	11:00 AM	11:30 AM	11:00 AM	11:30 AM	
		12:00 PM	12:30 PM	12:00 PM	12:30 PM	
		1:00 PM	1:30 PM			

# **Transportation Map**

#### Villanova Special Olympics Fall Festival Campus Venues and Transportation



# **Food Services**

All meals will be catered and served by Villanova University Dining Services. To improve mealtime efficency, it is imperative that all teams adhere to the designated dinner time and location.

- On Friday, dinner will be served in Dougherty and Donahue Halls. Dinner venues will be noted on athletes' credentials.
- On Saturday, breakfast <u>and</u> lunch will be served in Dougherty <u>and</u> Donahue Dining Halls. Roller Skating athletes will be served breakfast according to their competition schedule at Marple Sports Arena. Saturday night dinner will be served <u>only</u> at Dougherty.
- ⇒ Be sure to check out all of the healthy dining options offered during all meal times.

Please enter and exit dining halls promptly so that other delegations may enter the halls.

FRIDAY	MENU	DOUGHERTY HAL	L	DONAHU	DONAHUE HALL	
Dinner 5:00 P.M. – 7:00 P.M.	<ul> <li>Roast Beef</li> <li>Whole Green Beans</li> <li>Vegetable Blend</li> <li>Mashed Potatoes</li> <li>Orzo Stuffed Peppers</li> <li>Harvest Vegetable Ragout</li> <li>Jello Bar</li> </ul>	5:00–6:00 P.M. LDR/W, Volleyball 6:00–7:00 P.M. Bocce, Powerlifting, Roller Skating		P.M.		
SATURDAY	MENU	DOUGHERTY HALL	DONA! HALL	HUE	MARPLE SPORTS ARENA	
Breakfast 6:30 A.M. – 9:30 A.M.	<ul> <li>- Hard Boiled eggs</li> <li>- Scrambled eggs</li> <li>- Turkey sausage</li> <li>- Pork Sausage</li> <li>- Oatmeal/Cream of Rice</li> <li>- Hash brown patty</li> <li>- Assorted breakfast pastry</li> <li>- Fresh fruit salad</li> <li>- Belgian waffles</li> </ul>	Bocce, LDR/W, Volleyball	Powerlifting, Roller Skating (Artistic), Soccer (all)		Roller Skating ( <b>Speed</b> )	
Lunch 11:00 A.M. – 2:00 P.M.	<ul> <li>- Hamburgers/cheeseburgers</li> <li>- Grilled chicken</li> <li>- Hot dogs</li> <li>- French fries</li> <li>- Broccoli</li> <li>- Vegetable Wrap</li> <li>- Chicken Noodle Soup</li> <li>- Salad bowl</li> <li>- Fruit salad</li> </ul>	Bocce, LDR/W, Powerlifting, Rollerskating, Volleyball	HALL Soccer			
Dinner 5:00 P.M. – 7:00 P.M.	- Meatballs (rolls for sandwiches) - Baked ziti - Chicken parmesan - Steamed Vegetables with Tofu brown rice - Broccoli, cauliflower blend - Salad bowl - Long Dinner rolls - Cookies, ice cream, pudding, Jello	DOUGHERTY HALL  5:00- 6:00 P.M.  LDR/W, Rollerskating, Soccer (all), Rollerskating  6:00-7:00 P.M.  Bocce, Powerlifting, Volleyball				
					Continual HOD Hamedle	

SUNDAY	MENU	DOUGHERTY	DONAHUE	MARPLE
		HALL	HALL	SPORTS ARENA
Breakfast	- Oatmeal, Grits	Bocce, LDR/W,	Powerlifting,	Roller Skating
6:30 а.м. –	- Scrambled eggs	Volleyball	Roller Skating	(Artistic)
9:30 A.M.	- Hard Boiled eggs		(Speed),	
	- Bacon		Soccer (all)	
Dougherty &	- Turkey Sausage			
Donahue	- French Toast sticks			
Halls	- Tater tots			
	- Breakfast pastries			
	- Fresh cut fruit			
Lunch	Bagged lunches from Sheetz			
11:30 A.M. –	containing:			
1:00 P.M.	- Sandwich	LUNCH WILL BE SERVED IN THE PAVILION		
The Pavilion	- Drink			
	- Chips			

#### **Limitation on Trans Fats**

Villanova University does not use trans fats in its dining halls. However, a portion of the food that is prepared and donated by outside vendors for Fall Festival may contain trans fats.

#### Gluten Free

There will be gluten free options available in both Dougherty and Donahue Dining Halls at all meals. Please note that there will not be gluten free options for lunch on Sunday.

#### **Guest Rates**

Family and guests may eat in Dougherty and Donahue Dining Halls. The guest cash rates are as follows:

Breakfast \$5.00 Lunch \$5.00 Dinner \$7.50

These prices are all subject to change at the door. Guests will pay as they enter the Dining Hall.

# **Dining Hall Procedures**

- Dougherty Dining Hall: Athletes should enter the main door of Dougherty and follow volunteer directions to
  enter the Dining Hall via the inside stairwells on either side of the building. Athletes requiring handicappedaccessible accommodations will eat in Café Nova on the first floor of Dougherty Hall.
- Every athlete and coach MUST wear his or her credentials at all times. **Entrance will not be permitted without** a credential.
- Athlete credentials will have an identification indicating the athlete's assigned Dining Hall. In order to avoid overcrowding and confusion, you will only be served at that time and location. It is imperative that teams adhere to the designated dinner time and location.
- Notify the Food Committee member checking your team into the dining hall if an athlete has prescribed dietary specifications.
- Remember to arrive during Dining Hall Hours of Operation; dining halls will close on time and latecomers will not be permitted to enter.
- Coaches should assist Dining Services staff by having their athletes leave the Dining Hall immediately after they have finished their meal. This will help move everyone through efficiently with less confusion.

-

# **ADMINISTRATION**

#### Credentials

Credentials are to be worn at **ALL TIMES** including during competition. If a credential is lost during the weekend, contact the Operations Center (610-519-7211), and a new credential will be issued. All plastic credential holders **must be returned** to boxes near the exits of the Pavilion after Closing Ceremonies. If your delegation departs prior to Closing Ceremonies, please return all plastic credential holders and to the Operations Center or to your LPHs.

# Format of Credential Name (Bold Print) County/Delegation Name

Age

Sport

Role

Friday and Saturday Night Dining Location (on back of credential)

All HODs, Head and Assistant Coaches, SOPA Staff and Board Members, and Fall Festival Committee Members will also be issued an around-the-neck credential to be worn at all times during the Festival Weekend. The credentials will be color-coded according to the position of its bearer. *Credentials are NON-TRANSFERABLE*.

<u>Position</u>	Color of Credential
Head of Delegation	Green
Head Coach	Gray
Assistant Coach	Orchid
Athlete	White
Athlete Escort	Canary Yellow
Evaluations Team	Salmon
Fall Festival Committee	Orange
SOPA Staff/Board Members	Peach
Volunteer Coordinators	Red
LPH	Lime Green
Medical	Goldenrod
Delegation Volunteer	Pink
Miscellaneous	Ivory
Young Athletes	Cherry
Photography Volunteers	Bright Blue

#### The SOPA Registration Policy states:

All Special Olympics Pennsylvania programs will register athletes with SOPA (on a local or state level competition) according to the procedures governing any particular event. If anyone is not pre-registered at any given event and it is brought to the attention of a volunteer or staff member, the following will take place: The coach will be directed to stop the activity until arrangements for home transportation are finalized. This transportation will be the responsibility of the program in violation.

After a complete review and verification of the circumstance by the manager of the home program, the event
liaison and the president of SOPA, and it is determined that the coach/volunteer did in fact cause the deception
intentionally, she will be removed from our volunteer listing for no less than one year.

# **Evaluations**

Please assist us in improving future Fall Festivals by completing the Fall Festival Evaluation at the end of the Handbook and returning it to the Operations Center (Dougherty Hall room 108). Your advice and input is greatly appreciated!

# **HUMAN RESOURCES**

## **Laundry Facilities**

Washing machines and dryers are available for HOD use in Corr and Alumni Halls, located near the center of Villanova University's campus. Machines run on the University's Wildcard system and do not accept change or bills. Please visit the Wildcard Office in Dougherty Hall room 108 to obtain a temporary Wildcard. From there, you will be directed as to where to go to do your laundry.

#### Volunteer and Staff Identification

For your convenience, all shirts for volunteers and staff members have been color-coded as follows:

Fall Festival Committee White T-Shirts, Maroon Fleece | Orange Credentials

Volunteer Coordinators Pink T-Shirts | Red Credentials

Medical Red T-Shirts w/ White Cross | Goldenrod Credentials

Security Orange T-Shirts

Local Program Hosts Tie-Dye Purple T-Shirts | Salmon Credentials

## Local Program Host (LPH)

Through our Local Program Host (LPH) program, each delegation will be designated two or three Villanova freshmen to serve as their personal tour guides, ambassadors, and cheerleaders for the duration of Fall Festival.

#### LPHs will:

- Be designated by tie-dye purple shirts and salmon credentials;
- Meet you immediately following the HOD meeting on Friday afternoon;
- Present you with a personal introduction letter for your delegation;
- Work hard to be present at nearly all sports competitions and awards presentations;
- Act as a tour guide of the Villanova campus and answer any VU questions;
- Stay with you during the day in case you have any suggestions or concerns;
- Cheer on your athletes at all their competition venues;
- ⇒ Eat meals with members of your delegation;
- Attend the Victory Dance with your athletes; and
- ➤ Work with you to distribute and collect athlete evaluations.

#### LPHs will **NOT**:

- Be responsible for chaperoning athletes at any time;
- Stay in the hotels with your delegation;
- Volunteer at sports venues as timers, officials, etc.;
- Do laundry;
- ⇒ Be able to go to off-campus activities with your athletes;
- Hold medications or other personal items; or
- ⇒ Act as a "gopher."

# **Hospitality Tents**

The VIP/Finance committee will have hospitality tables located at all venues and various tents on Villanova's campus. Each table will provide refreshments for families, coaches, and VIPs.

#### "Ask Me Booths"

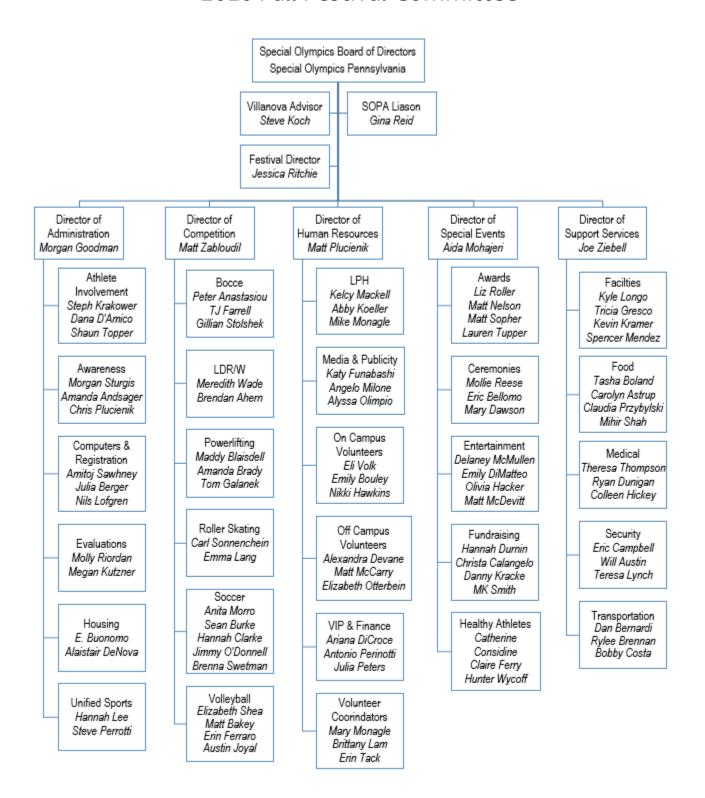
General Festival information, as well as Lost and Found Information, can be obtained at the "Ask Me Booths" located at Bartley Lane (near the Crosswalk), Bartley Exchange (between Bartley Hall and the Health Services Building), and on the The Ellipse (next to The Oreo). The booths will be operated during the following times:

Friday 12:00 P.M.—6:00 P.M.
Saturday 8:00 A.M.—6:00 P.M.
Sunday 8:00 A.M.—2:00 P.M.

## **Family Packets**

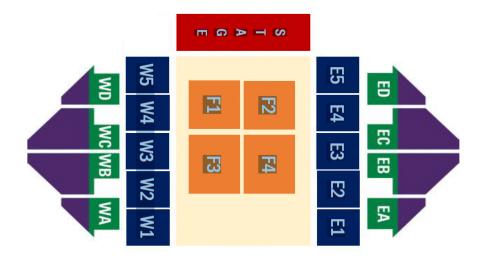
Family packets will be available at the "Ask Me Booths." These packets contain schedules, guides to local attractions, and information on restaurants and places of worship in and around Villanova. These will also be handed out at the HOD meeting.

# 2016 Fall Festival Committee

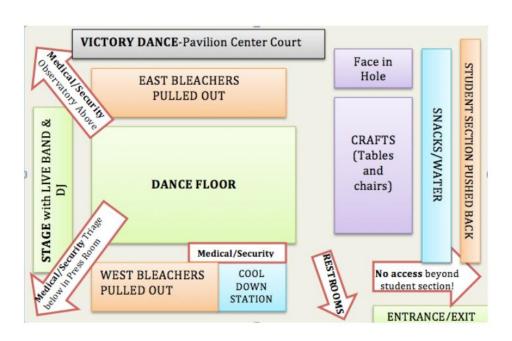


# Special Events Venue Maps

#### Ceremonies



# **Victory Dance**



# **Event Evaluation**

Please complete this event evaluation prior to your departure. Your input will assist in the development and organization of future events. Thank you for your time and cooperation! I am (please check one of the following): Athlete Event: 2016 FALL FESTIVAL ☐ Coach Sport: \_\_\_ County/Delegation: ☐ Family Member/Friend □ Volunteer/Spectator Date: \_\_\_ Please provide any and all comments and suggestions for the following areas to help us continually improve Fall Festival: **Pre-Event Information** Registration **Opening Ceremonies Facilities** Competition/Sports Special Events/Olympic Town **Awards Presentations Healthy Athletes Initiatives Closing Ceremonies** Medical / Security Supervision **Volunteers Overall Event Comments** Please return to: Villanova University Special Olympics 215 Dougherty Hall

215 Dougherty Hall 800 E. Lancaster Avenue Villanova, PA 19085 evaluations@villanovaspo.com



# Special Olympics First Report of Accident / Incident



U.S. Program/Area:		Date of I	nciden	t:		pe of Injury/	
Injured Person/Party Information	: Date of Birth:	//_		Age:		ccident: Bodily Injury	
Name:						Property Damage Automobile	
(Last)	(First)			(MI)		Other:	
Address:(Street)	(City)		State)	(Zip)	,	Indiana d Danta	
Home Phone: ()	Work Phone: (	•		(LIP)	]	Injured Party: □ Athlete	
Gender: ☐ Male ☐ Female	Social Security Nun	nhor:		_	]	□ Volunteer □ Coach	
Gender. Li Maie Li Temale	Social Security Num	ibei				□ Employee □ Spectator	
<b>Description of Accident</b> (If automo	bile accident occurred, please attac	th a copy of	f the pol	ice report).		□ Unified Partner □ Property	
Describe how the accident occurr	ed (Attach a separate sheet if necess	sary):				$\neg$	
				Sp	ort		
				oine Skiing uatics	☐ Power Lifting ☐ Relay Game	Body Pai	rt Injured:
Site / event where accident occur	red:		☐ Atl	nletics	☐ Roller Skating	☐ Head	t III,uI cui
Accident Occurred During:	Disposition:			dminton seball	☐ Sailing ☐ Snowboarding	□ Neck □ Torso	
☐ Training/Practice	☐ Released to parent☐ Refusal of care			sketball	☐ Snowshoe	□ Back	(I / D)
□ Competition □ Traveling to or from SO event	□ Refer to doctor		□ Bo □ Bo	cce wling	□ Soccer □ Softball	☐ Hand☐ Finger	(L / R) (L / R)
□ Other:	☐ Refer to hospital or clinic☐ Medical attention		□ Ch	eerleading	☐ Speed Skating	□ Elbow	(L / R)
Type of Injury:	☐ EMS transport		□ Cro	oss Country Ski	☐ Swimming ☐ Table Tennis	☐ Shoulder ☐ Leg	(L / R) (L / R)
□ Severe cut w/ bleeding □ Less serious bruise or cut	☐ Patient requested EMS transp			uestrian	☐ Team Handball	□ Knee	(L / R)
☐ Break/fracture	☐ Released to personal vehicle☐ Police☐			ure Skating	□ Tennis	□ Thigh	(L / R)
□ Concussion	☐ Ambulance		□ Flo	or Hockey If	□ Track & Field □ Volleyball	☐ Shin ☐ Toe	(L / R) (L / R)
□ Paralysis □ Other:	☐ Report only ☐ Other:			mnastics	Other:	☐ Other:	
Contact / Care Provider Info	<b>Drmation</b> If an athlete or underage	e volunteer v	vas injure	d, please identify	the care provider and/o	ır responsible party (e.g	;.
Relationship to the injured persor	າ:	Emplo	yer Na	me:			
Name:				er Address:			
Address:		- ,,	المساء الما	/	١		
Home Phone: ()	 d person have medical insuran		Vork Pr ] Yes		)		
If yes, insurance					Care Provider/Res	ponsible Party	
<del>-</del>	name of Company and Policy N		-			•	
Witness Information (Please prov	vide names and phone number	rs of any	witnes	ses to the inci	dent)		
Witness #1 Name:		aytime P	hone: (	)			
Witness #2 Name:	D	aytime P	hone: (	)	<del>_</del>		
Special Olympics Official / Repres	sentative (other than claimant	t)					
Name:		D	aytime	Phone: (			
Signature:							
Send completed form to: American Spe <b>AND</b> Special Olympic	ecialty Insurance Services, Inc., 7609 es Pennsylvania, 2570 Blvd. of the G						9

**If injury was serious or a fatality:** IMMEDIATELY notify American Specialty Insurance Services, Inc.,

Telephone: (800) 566-7941 (24 hours a day / 7 days a week)

# Misconduct/Behavior Report

This form is to be used to document (kept on file) or report misconduct or behavior incidences involving anyone (athlete, volunteer, staff, spectator, etc.) with Special Olympics Pennsylvania. Once fully completed, please forward to the appropriate individual(s) (Program Manager, Event Director, SOPA Staff, etc.) who will follow up as appropriate. Please be sure that your Program Manager receives a copy for his/her files and any future incidences involving the same individual(s). *Note*: Please consult your Program Manager or SOPA staff before imposing suspensions.

This report should be completed and forwarded for follow-up within 24 hours of the incident.

١٨/	HILL	MAC	invo	NACL
vv		was	HIVO	veu:

WHO was involved?		
Name:	Name:	
Address:	Address:	
City, State:	City, State:	
Day Phone #: ( )	Day Phone #: ( )	
Evening Phone #: ( )	Evening Phone #: ( )	
E-Mail:	E-Mail:	
SOPA Program:	SOPA Program:	
Name:	Name:	
Address:	Address:	
City, State:	City, State:	
Day Phone #: ( )	Day Phone #: ( )	
Evening Phone #: ( )	Evening Phone #: ( )	
E-Mail:	E-Mail:	
SOPA Program:	SOPA Program:	
WITNESS	PERSON completing this report	
Nama.	Nama	

Name:	Name:
Address:	Address:
City, State:	City, State:
Day Phone #: ( )	Day Phone #: ( )
Evening Phone #: ( )	Evening Phone #: ( )
E-Mail:	E-Mail:
SOPA Position:	SOPA Position:
SOPA Program:	SOPA Program:

#### WHERE (venue court, hotel room, training site locker room, fundraising event, etc.) did the incident occur?

Name of SO Event:	2010 Fall Festival	Exact Location:
City:		

#### WHEN did the incident occur? (Please provide as much detail as possible.)

Date	Day	Time

#### -SIDE TWO –

WHAT	occurred? (Please provide as much detail as possible	2.)
	·	
WHAT	action or follow up occurred on side or to date? $\sqrt{1}$	nere if not involved with the follow up:
If more	room is needed, please attach additional sheets.	
For SO	PA or Local Program Use Only	
RESUL	T/ACTION taken?	
Date b	y which authority (Manager, SOPA, official, etc.) will r	notify parties involved:
	ame for the result/action? (i.e. Suspended for a year,	
	ing Date	End Date
	,	
WHO d	onducted the result/action?	
Name:	,	
Addres	S:	
City, St	rate:	
	one #: ( )	
	g Phone #: ( )	
E-Mail:		
SOPAI	Program:	
	Position/Relationship to Athlete:	
	IONAL information pertinent to this situation/athle	ete(s):
	· · · · · · · · · · · · · · · · · · ·	
Cc:	Manager, SOPA (Event Staff Liaison, Field Director,	etc.)
	Parent/Guardian of Athlete	,
	Other:	Revised Oct. 21, 2003

# **STAY HEALTHY with GOOD HABITS!**

Your safety and well-being are our number one priority!

Dear Special Olympics Pennsylvania Games participant,

Since we are now in the cold and flu season, the health and safety of all volunteers and athletes is of particular importance to us. The purpose of this document is to inform you of things that can be done to reduce the introduction and spread of any virus.

#### **HEALTH TIPS:**

Please practice good hygiene habits and take the following everyday precautions:

- o Cover your nose and mouth with a tissue when you cough or sneeze and throw the tissue in the trash after you use it. If you don't have a tissue, sneeze into the arm area of your clothing.
- Wash your hands often with soap and water, especially after you cough or sneeze or touch surfaces that you suspect could be contaminated (e.g., hand holds on public transportation).
   Alcohol-based (50% alcohol) hand sanitizers are also effective.
- Avoid touching your eyes, nose or mouth. Germs spread that way. One may also need to think about how liberal they are with handshakes and remember periodic hand washing.
- Most importantly, please stay home if you get sick, or if you need to care for your dependent who gets sick. Contact a doctor if you have flu-like symptoms-fever, sore throat, aching and/or joints, cough, stuffy or runny nose. If you get sick, you should stay home from work, school or camp and limit contact with others to keep from infecting them.
- Keep cuts and scrapes clean and covered with a bandage until they are healed and avoid contact with other people's wounds or bandages.
- o Avoid sharing personal items such as towels, razors, or clothing.
- Routinely clean all areas and items that are more likely to have frequent hand contact (like doorknobs, faucets and handrails).
- o Do not share cups, glasses, dishes, or cutlery.

#### **WARNING SIGNS OF ILLNESS:**

Do you have a sore throat? Do you have a fever of 100 degrees or more? If you are unable to take your temperature using a thermometer, look for these signs:

- Your face may become red in color
- Your skin may be hot to touch or moist

If you have a fever and answered "yes" to the other questions above, you may have the flu and are encouraged to seek medical attention and avoid attending work, school, camp or our Games.

#### **UNIVERSAL PRECAUTIONS (see second side):**

With the recent spread of a variety of infectious diseases world-wide, Special Olympics Pennsylvania urges everyone to employ standard precautions while at the Games. Standard precautions, or universal precautions, require everyone, to assume that anyone's blood and body fluids may carry an infectious agent.

Standard precautions require you to always have a barrier between any infectious substance and your skin, eyes, gums or the inside of your nose. Infectious substances include blood and all body fluids, secretions and excretions, (except sweat) even if they do not contain any visible blood.

#### **UNIVERSAL PRECAUTIONS:**

The following steps must be taken to protect against contamination from infected blood or body fluids of another person, or from injury by a contaminated sharp object:

- Wash hands frequently to reduce the risk of exposure to blood borne diseases.
- Wear gloves if there is even a possibility you might have contact with another person's body
  fluids. [Note: Gloves are a barrier and are your defense between your body and the body fluids
  from someone else. Barriers will help prevent infectious diseases like HIV, Hepatitis A & B,
  Staphylococcus (Staph), and Streptococcus (Strep). If gloves are not available, in an emergency
  use a plastic bag, gauze, newspaper, or paper towel.]
- After the removal of gloves or after exposure to blood or other potentially infectious materials, wash hands with antibacterial soap.
- Wear gloves once and discard; do not attempt to wash and reuse.
- Clothing or supplies contaminated with body fluids should be placed in doubled plastic bags and tied.

# Assume all blood or body fluids are contaminated and potentially harmful to your health.

#### **Competition Guidelines:**

- Athletes who have open lesions, wounds, dermatitis, etc., should cover the area with a dressing that will prevent contamination from other sources.
- Competitions should be interrupted when an athlete has a wound in which a large amount of exposed blood is present, to allow the bleeding to be stopped, and the area and athlete to be cleaned.
- If blood or body fluids are transferred from an injured or bleeding athlete to the intact skin of another athlete, the event must be stopped, the skin cleaned with antimicrobial wipes to remove gross contaminate, and the athlete instructed to wash with soap and water as soon as possible.
- Return to play is determined by appropriate medical staff personnel and/or sport officials.

#### Clean Up and Disposal of Waste:

Spills of blood and body fluids must be handled using Universal Precautions Procedures. The spill must be cleaned up immediately. The method recommended by The Center for Disease Control (CDC) is:

- Wear protective gloves.
- Mop up spill with paper towels or other absorbent material.
- Clean contaminated area using a disinfectant (Bleach and Water).
- Soiled linen, towels, uniforms, and so forth should be tagged and washed in hot water with a detergent this is known to inactivate HIV and HBV.
- When possible, disposable towels should be used. Dispose of all gloves, towels, dressings, table paper and other waste in sealed doubled plastic bags.

<u>Sources</u>: 2011-12 NCAA Sports Medicine Handbook; 2014 Amateur Athletic Union Trampoline & Tumbling Handbook; Louisburg, KS Unified School District 416 Guidelines.

# Fall Festival Achievement Award Award of Valor Presented by Philadelphia Insurance

Special Olympics Pennsylvania is looking for Fall Festival athletes who may not necessarily win a medal at the Festival, but their effort, determination and sportsmanship is award-winning and inspirational. We're looking to recognize the power of the human spirit to overcome challenges and to inspire greatness. Please use this form to highlight an athlete who should be considered.

Applications need to be submitted by 12:00 p.m. on Saturday at the Operations Center in Dougherty Hall Room 108.

Name of Athlete:		
County:	Sport:	
Coach & Cell Phone		
HOD & Cell Phone		
	please write about the athlete's determination, hard work and inspirational at the Fall Festival. Use the back of this form for additional space if necessa	ıry.
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# **Important Reference Information**

#### PRIMARY INFORMATION SOURCES

Android and iPhone App NovaFallFest

Facebook Villanova Special Olympics Fall Festival

Twitter @VillanovaSpO

Instagram @villanovaspecialolympics

Flickr (how to find Fall Fest photos) Go to flickr.com, search "villanovaspo" in search people

Operations Center (Dougherty Hall, Room 108): (610) 519-7211

#### Use #novaspo & #sopafallfest to connect with us on social media!

#### **EMERGENCY**

Command Center (Dougherty 206)	(610) 519-7203
VEMS: Villanova University Emergency Medical Services	(610) 519-4444
Bryn Mawr Hospital	(610) 526-3577
Lankenau Hospital	(610) 645-2000
Kindred Hospital Philadelphia-Havertown (Hospital Closest to Marple)	(610) 853-2572
Marple Sports Arena	(610) 338-0111
Radnor Fire Company	(610) 688-0500
Bryn Mawr Fire Company	(610) 649-4200
SOPA Emergency Number	(855) 701-9030
Gina Reid (SOPA Staff Liaison)	(610) 247-2180

In the event of an emergency, coaches are to contact the Command Center at (610) 519-7023

OR call 911.

Be sure to explain:

WHAT the emergency is WHERE the emergency is

WHO is reporting the emergency

GIVE a telephone number

REMAIN on the phone until released by the officer

ASSIST in directing emergency personal