Download Vmware Workstation for Windows and install

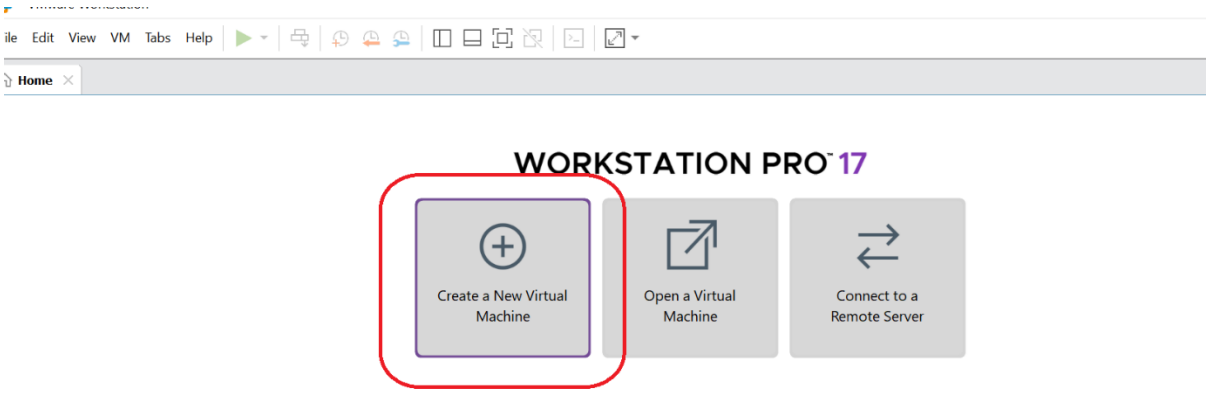
https://www.techspot.com/downloads/189-vmware-workstation-for-windows.html

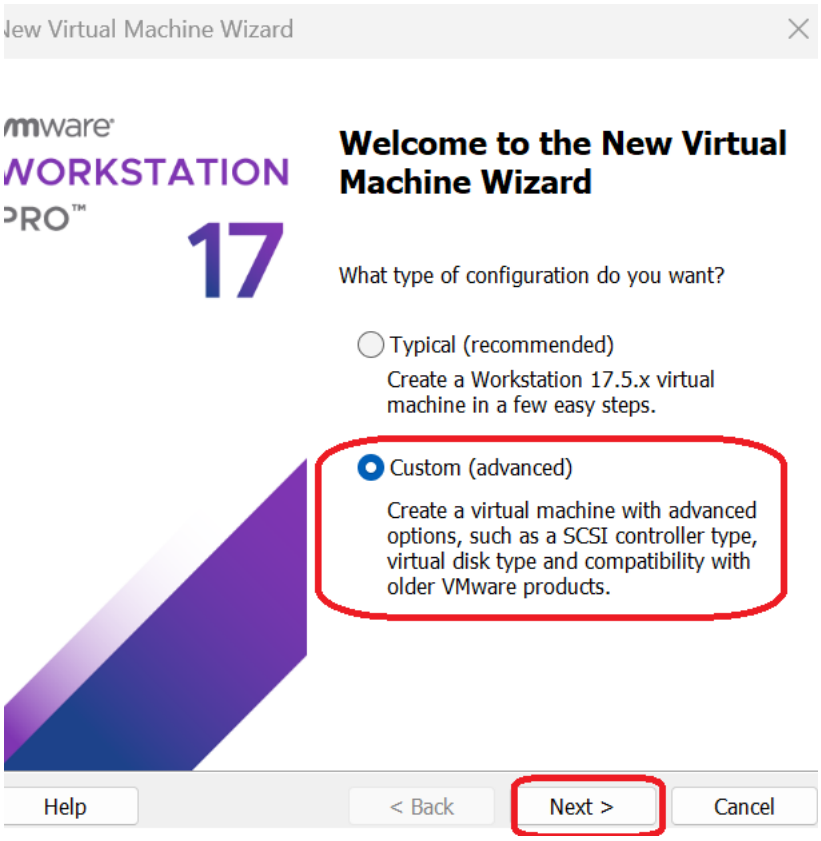
- Check above blog, and install VMware Workstation on your personal laptop
- Download ubuntu 22.04

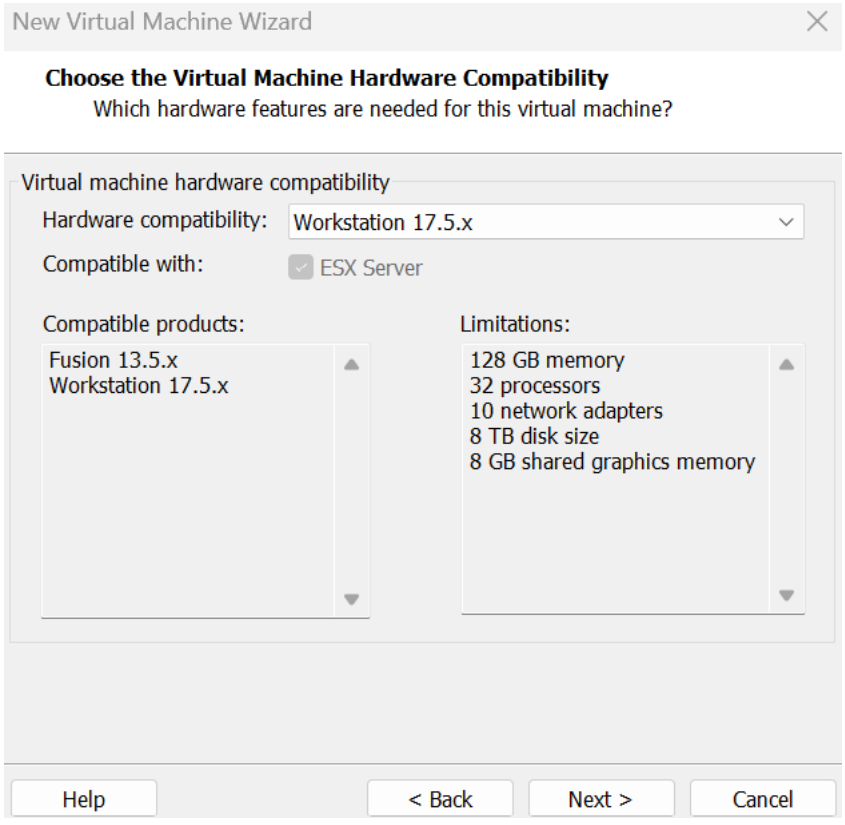
  https://releases.ubuntu.com/22.04/?_gl=1*18xj4v4*_gcl_au*MTc2NDg4Nzk3NS4xNzIzNDM1Nzcw&_ga=2.238615232.1313284686.1723435768-641863381.1723435768

Image name: ubuntu-22.04.4-live-server-amd64.iso

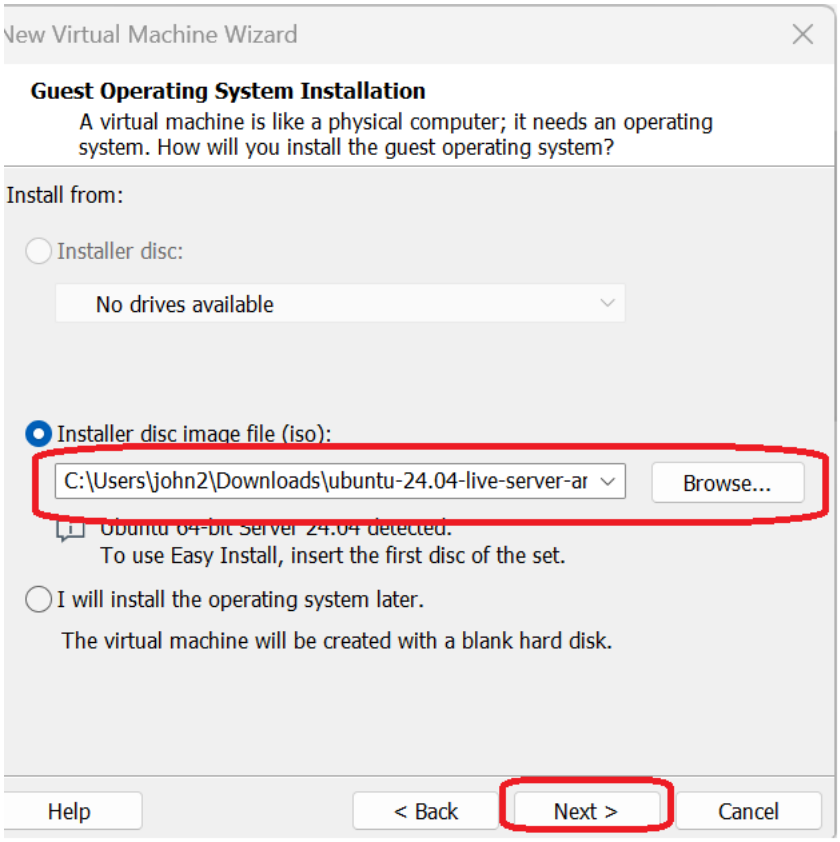
Open VMware Workstation, and click



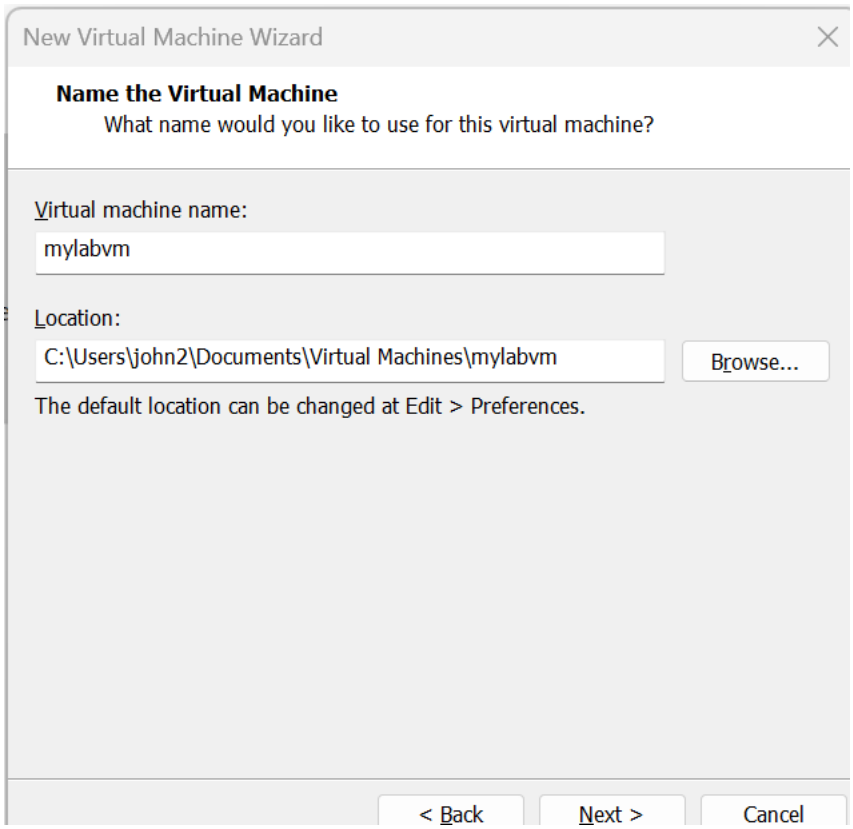


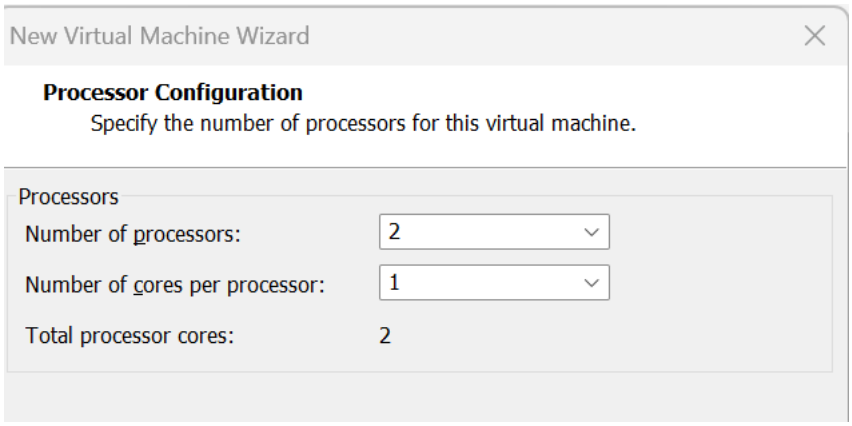


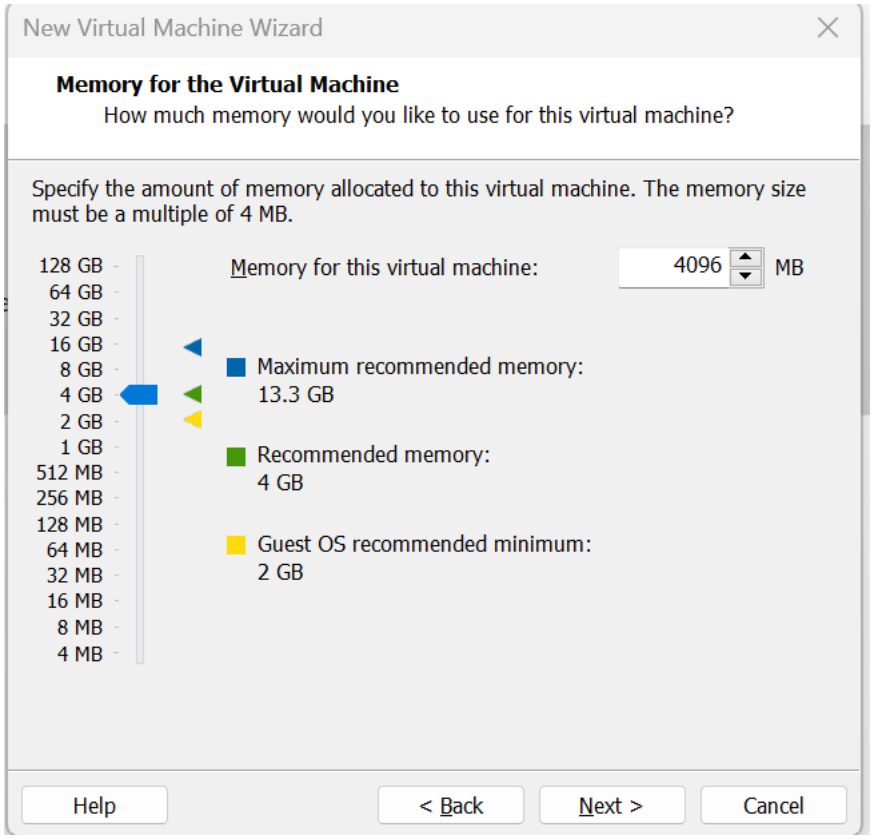
Select the iso which you downloaded

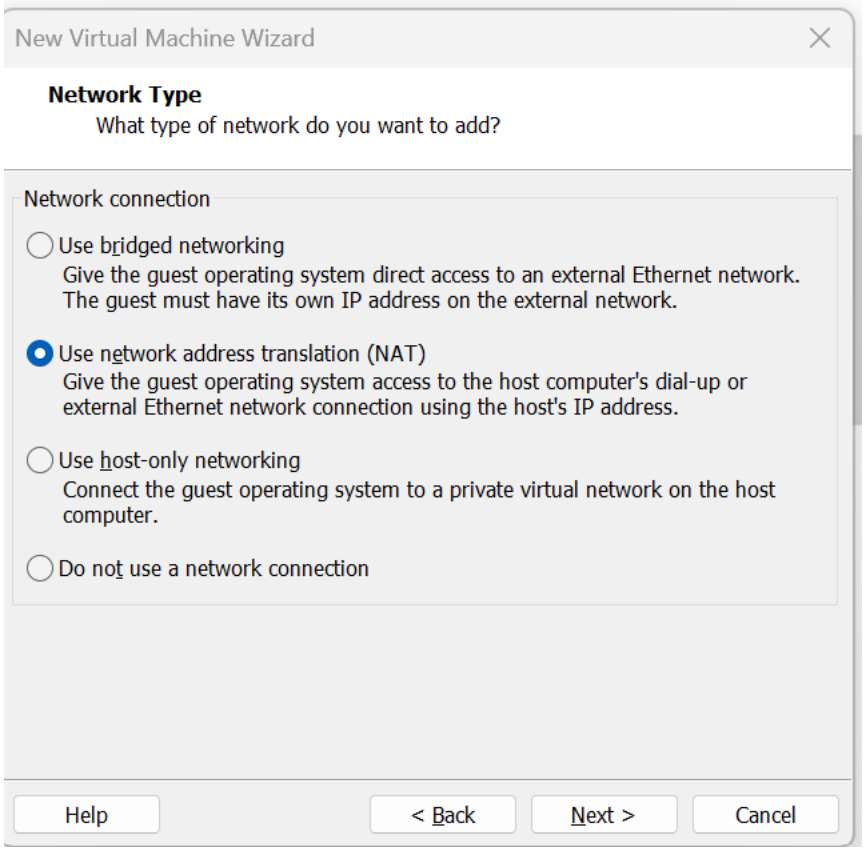


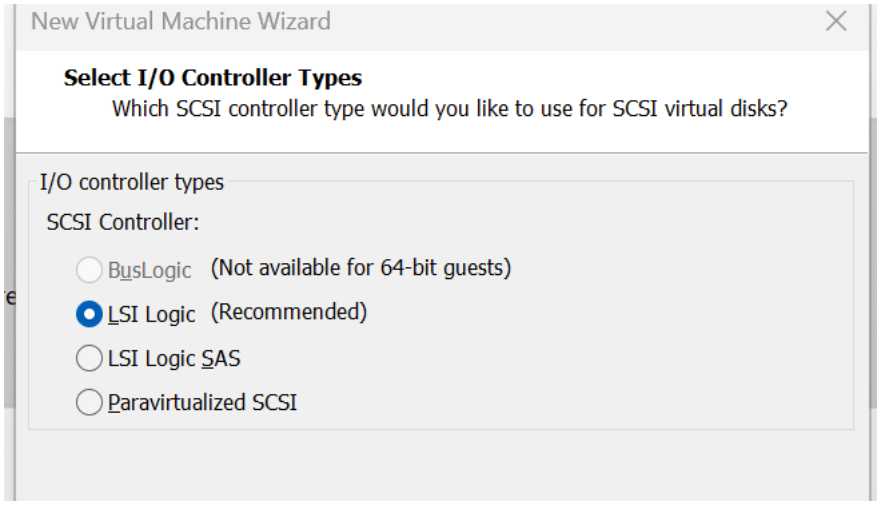
Provide a name and location

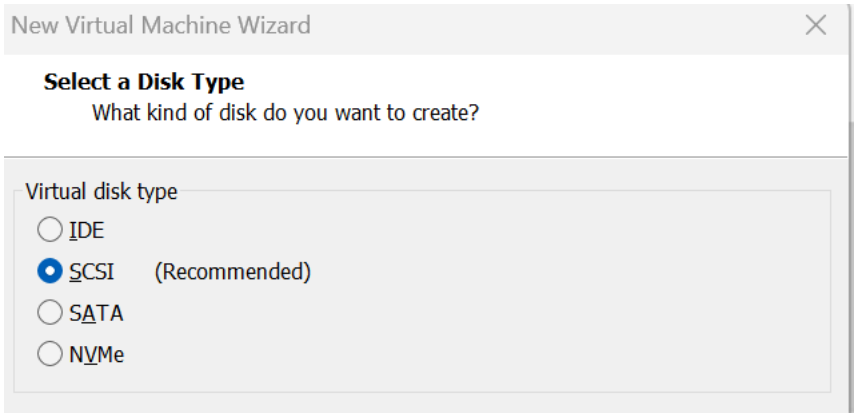


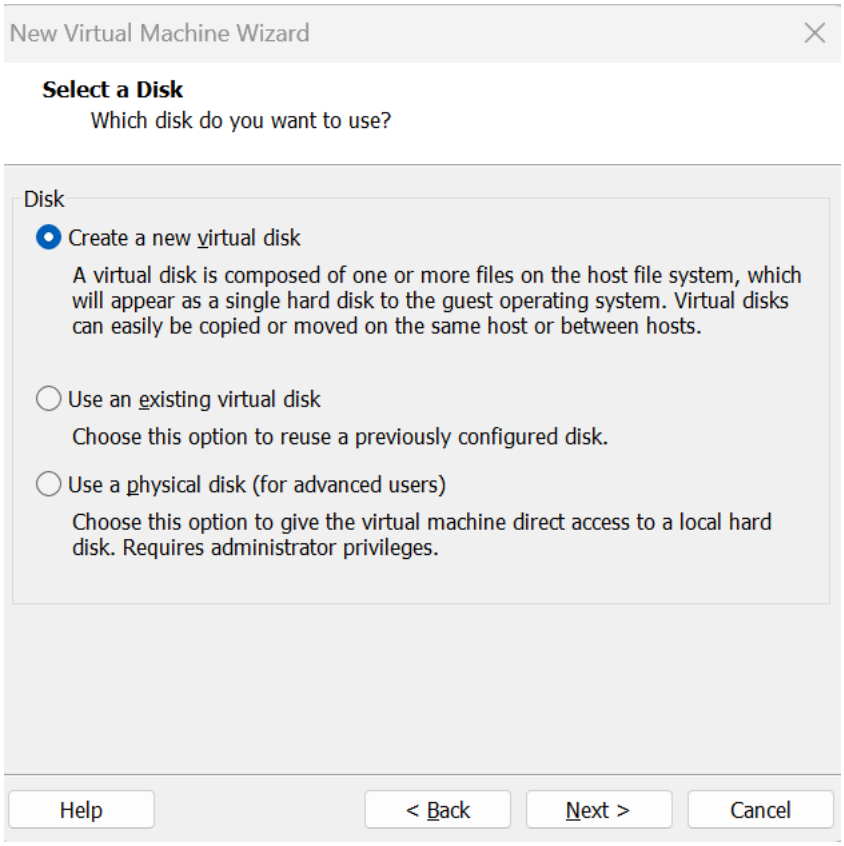

New Virtual Machine Wizard
Processor Configuration
Specify the number of processors for this virtual machine.
Processors
Number of processors:
2
Number of cores per processor:
1
Total processor cores:
2


New Virtual Machine Wizard
Memory for the Virtual Machine
How much memory would you like to use for this virtual machine?
Specify the amount of memory allocated to this virtual machine. The memory size must be a multiple of 4 MB.
128 GB
64 GB
32 GB
16 GB
8 GB
4 GB
2 GB
1 GB
512 MB
256 MB
128 MB
64 MB
32 MB
16 MB
8 MB
4 MB
Memory for this virtual machine:
4096
MB
Maximum recommended memory:
13.3 GB
Recommended memory:
4 GB
Guest OS recommended minimum:
2 GB
Help
< Back
Next >
Cancel

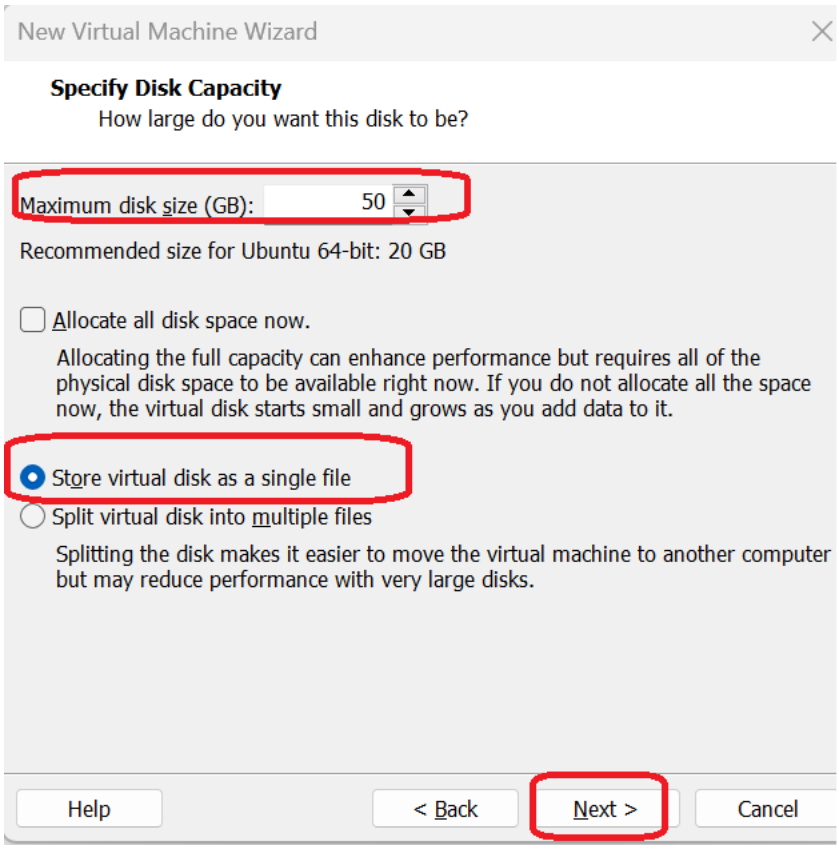

New Virtual Machine Wizard
Network Type
What type of network do you want to add?
Network connection
Use bridged networking
Give the guest operating system direct access to an external Ethernet network.
The guest must have its own IP address on the external network.
Use network address translation (NAT)
Give the guest operating system access to the host computer's dial-up or external Ethernet network connection using the host's IP address.
Use host-only networking
Connect the guest operating system to a private virtual network on the host computer.
Do not use a network connection
Help
< Back
Next >
Cancel

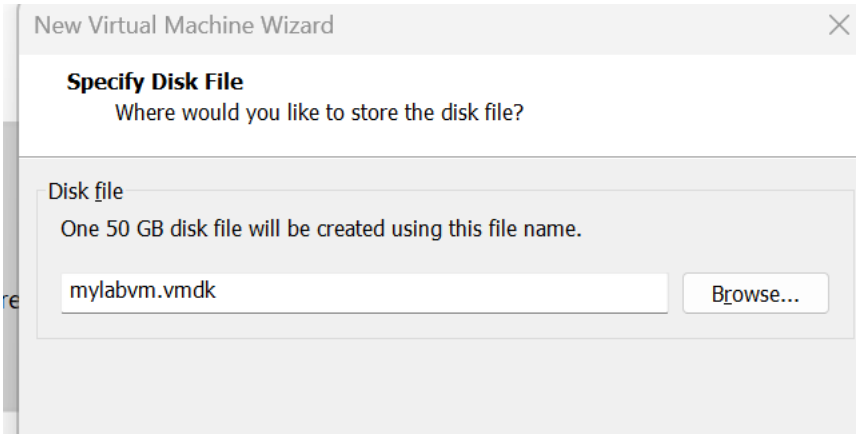

New Virtual Machine Wizard
Select I/O Controller Types
Which SCSI controller type would you like to use for SCSI virtual disks?
I/O controller types
SCSI Controller:
BusLogic (Not available for 64-bit guests)
LSI Logic (Recommended)
LSI Logic SAS
Paravirtualized SCSI


New Virtual Machine Wizard
Select a Disk Type
What kind of disk do you want to create?
Virtual disk type
IDE
SCSI (Recommended)
SATA
NVMe

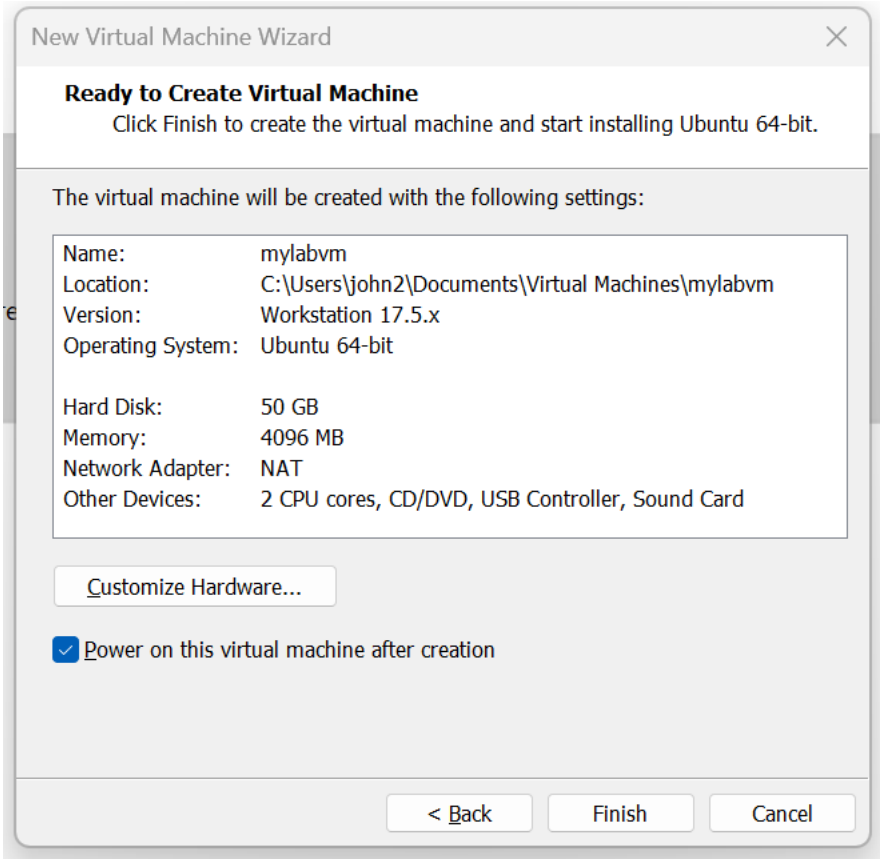


50 HD, and store as single file

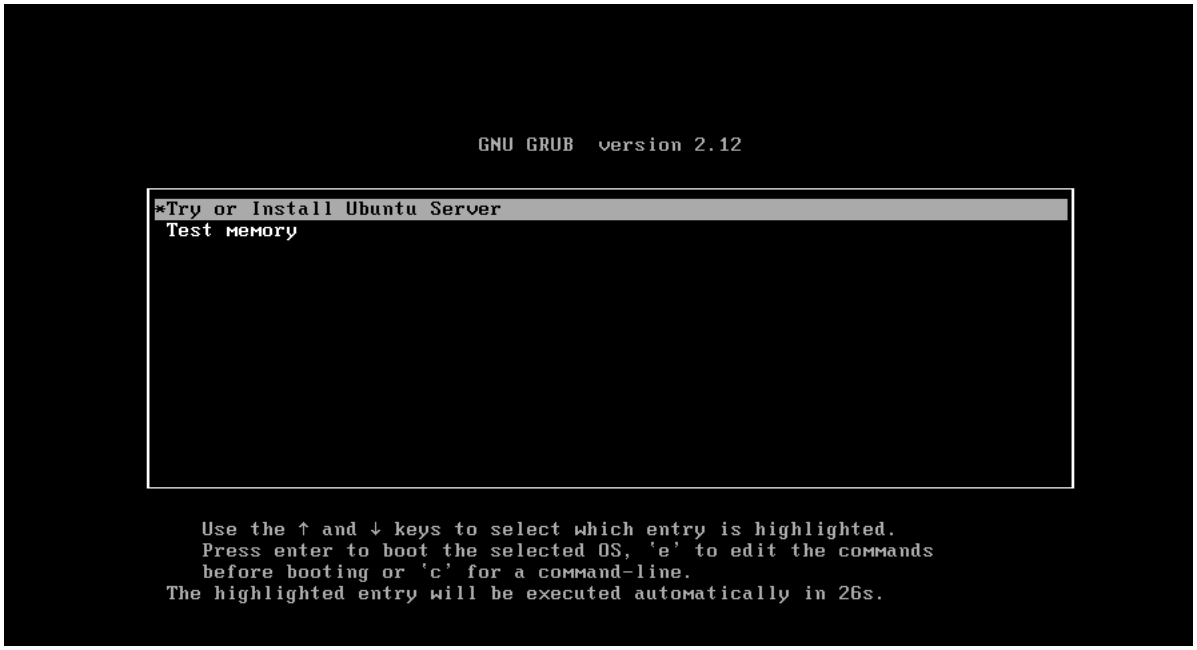




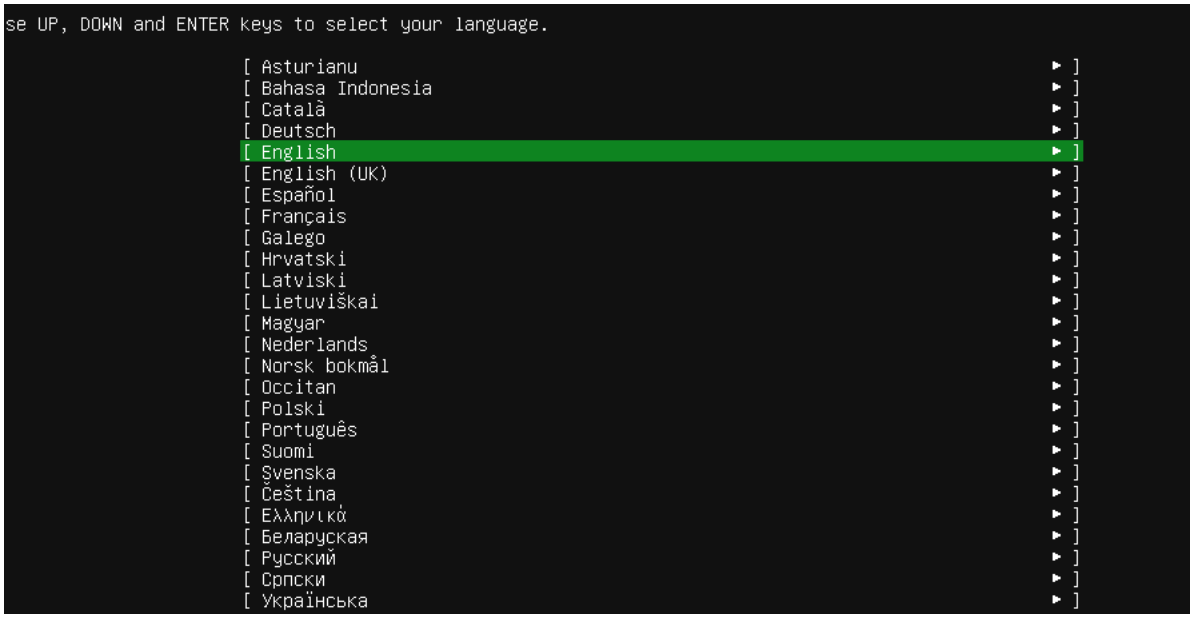
Click on finish

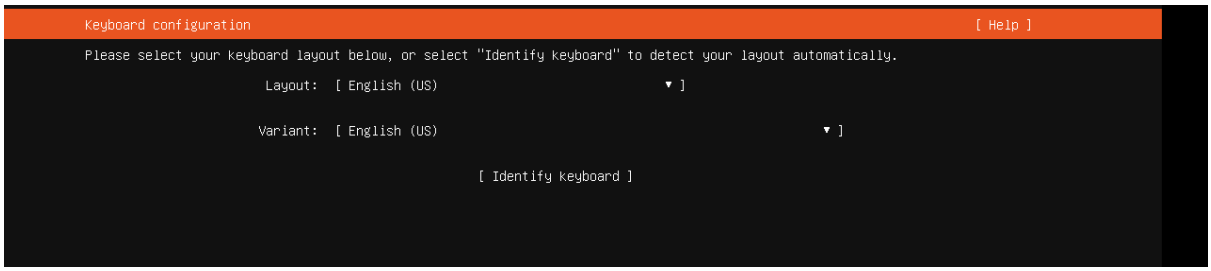


Using keyboard, Enter on Install ubuntu server

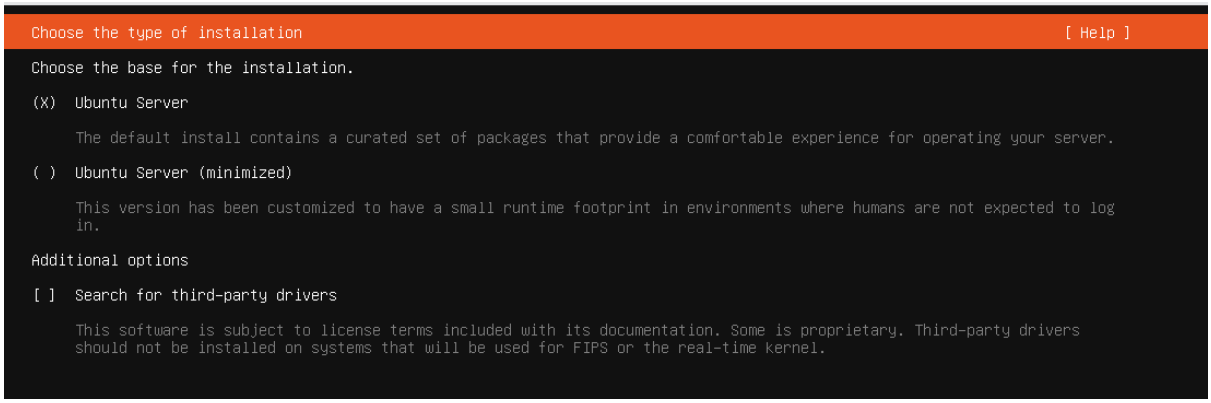


Select the language and press enter

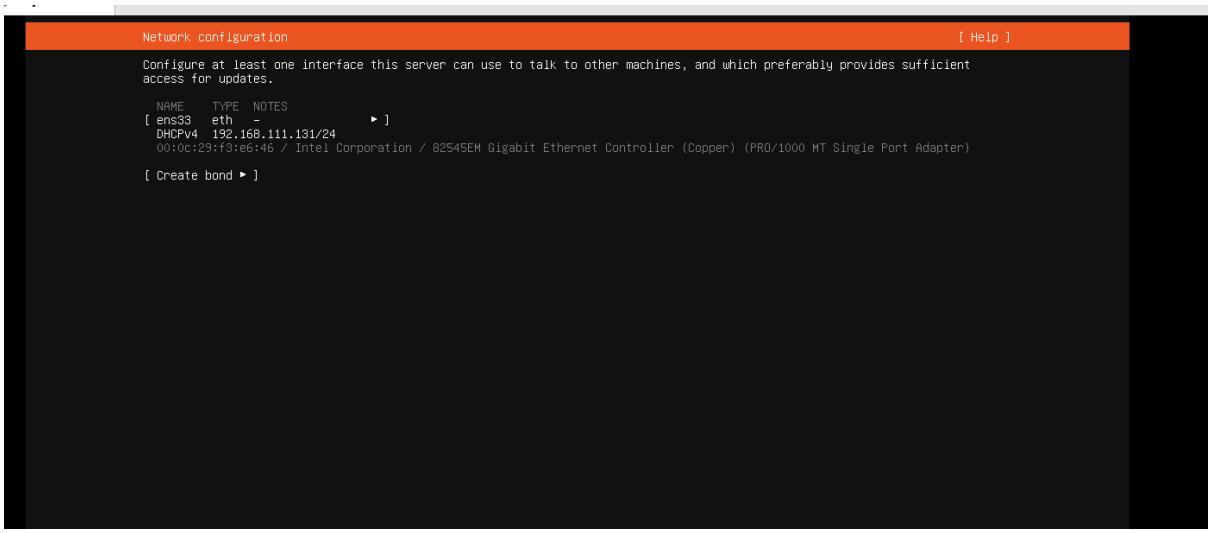




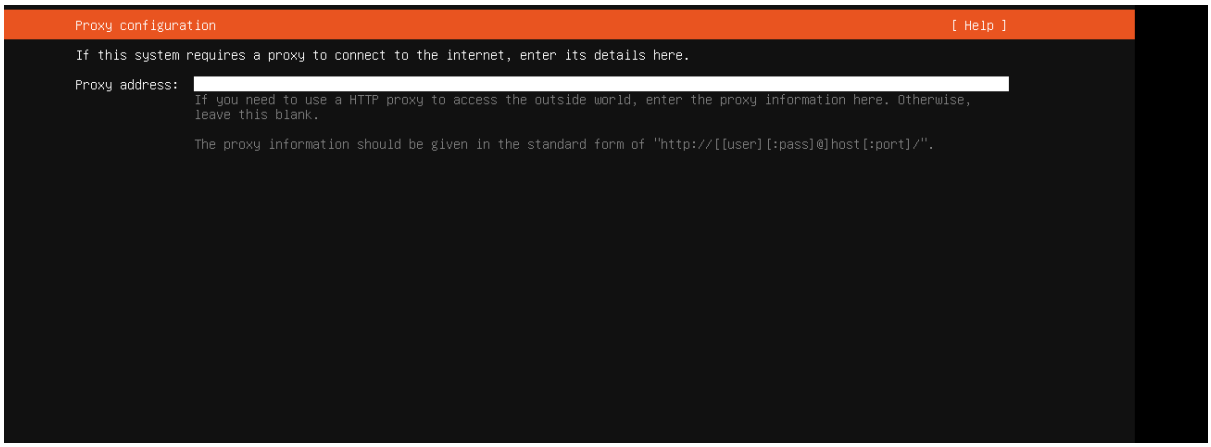
Press enter



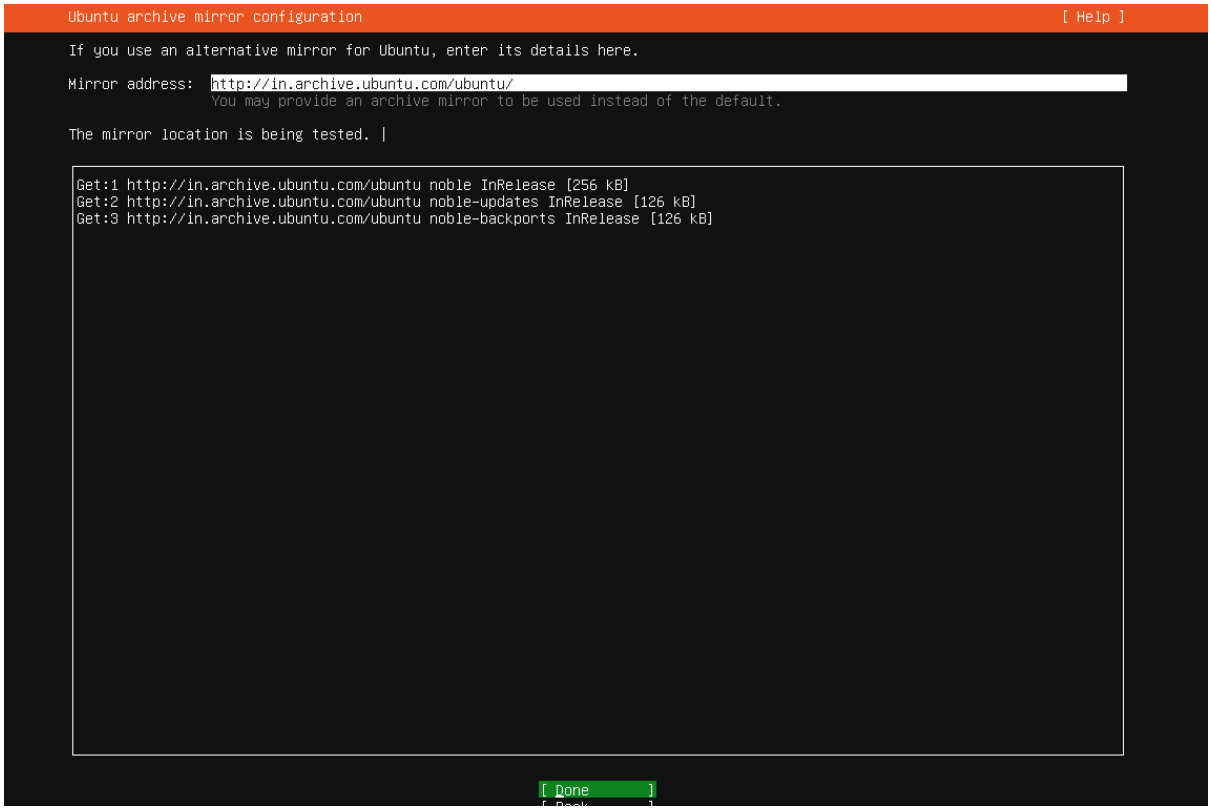
Default ip range, press enter



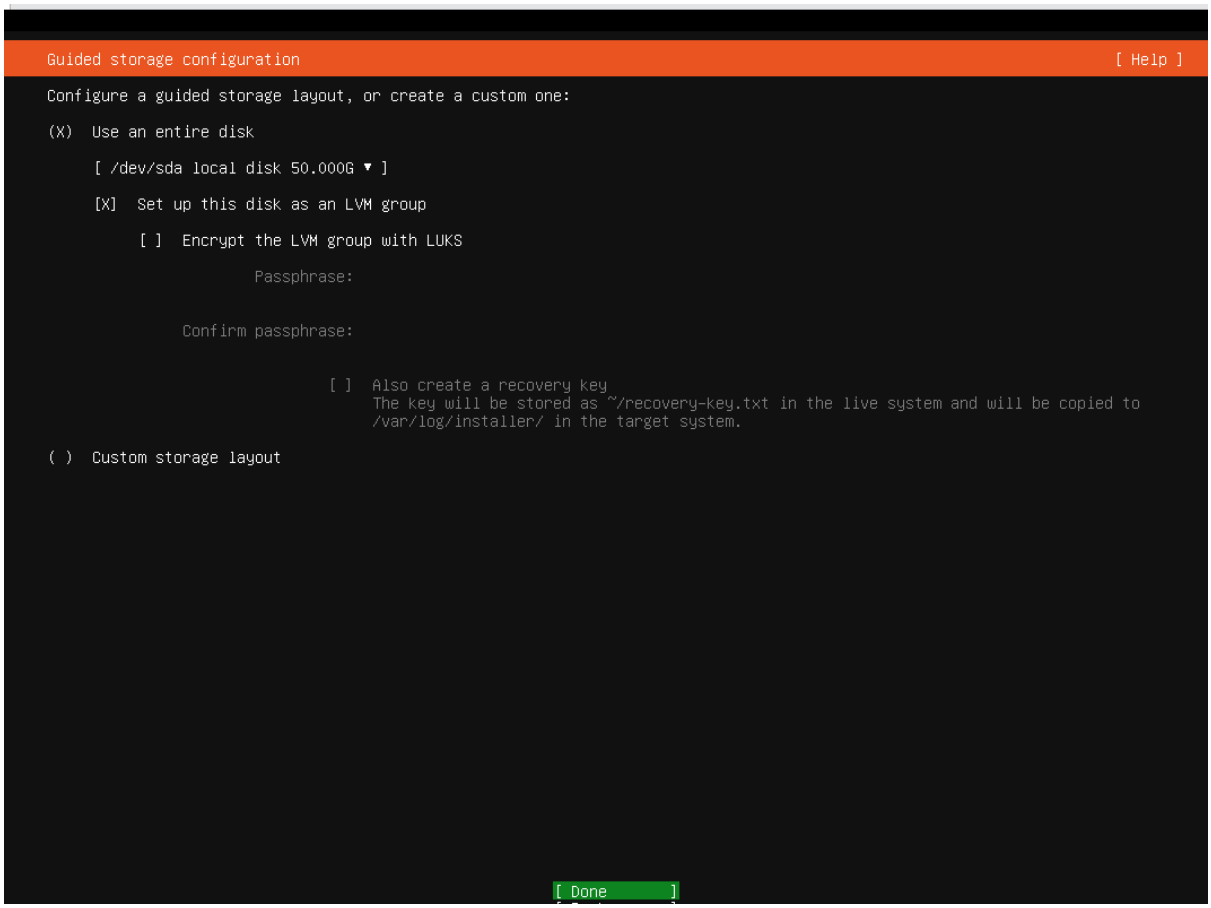
No proxy



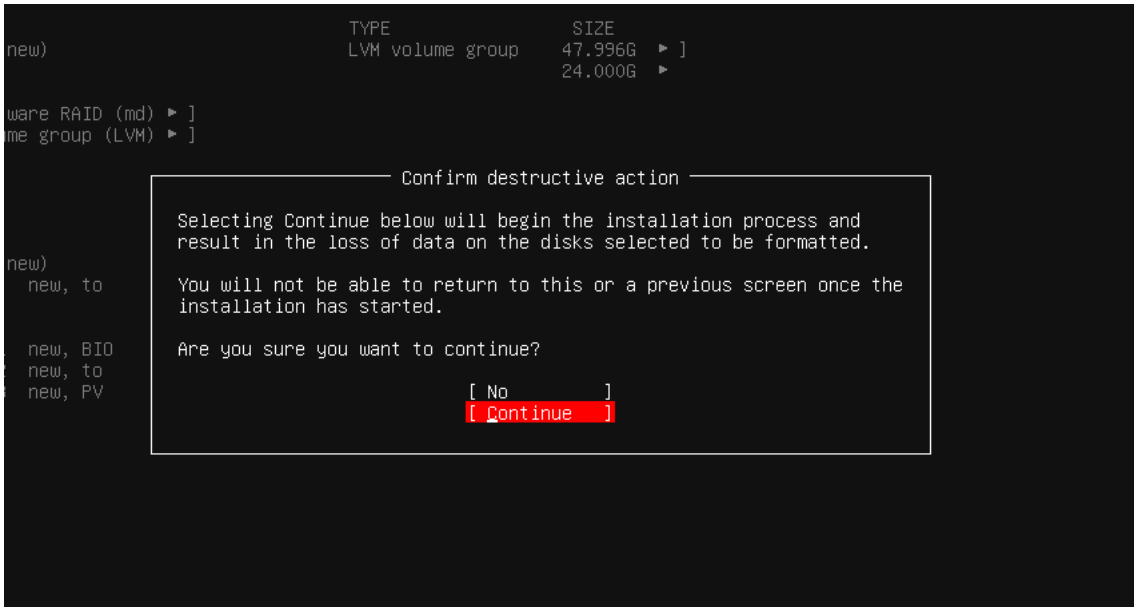
Press Enter



Using Tab go to done, and press Enter

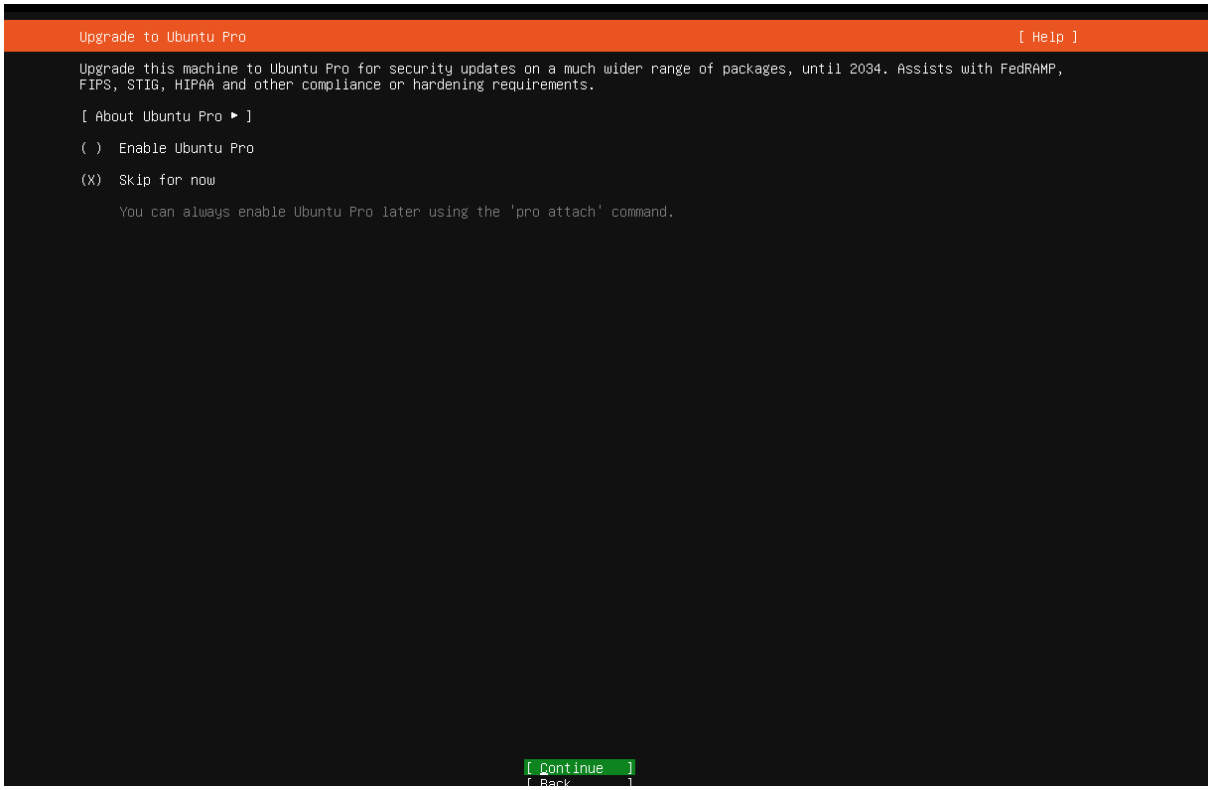


Enter on Continue

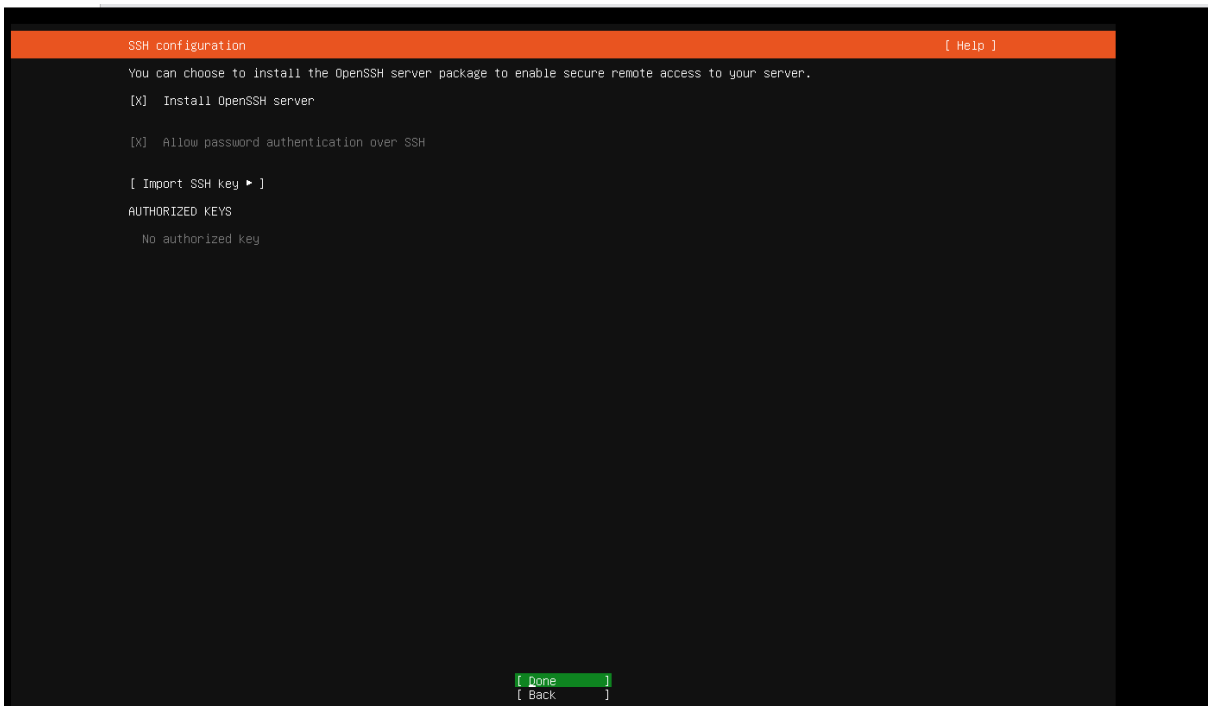


Fill the profile detail and using tab go to done, and press Enter

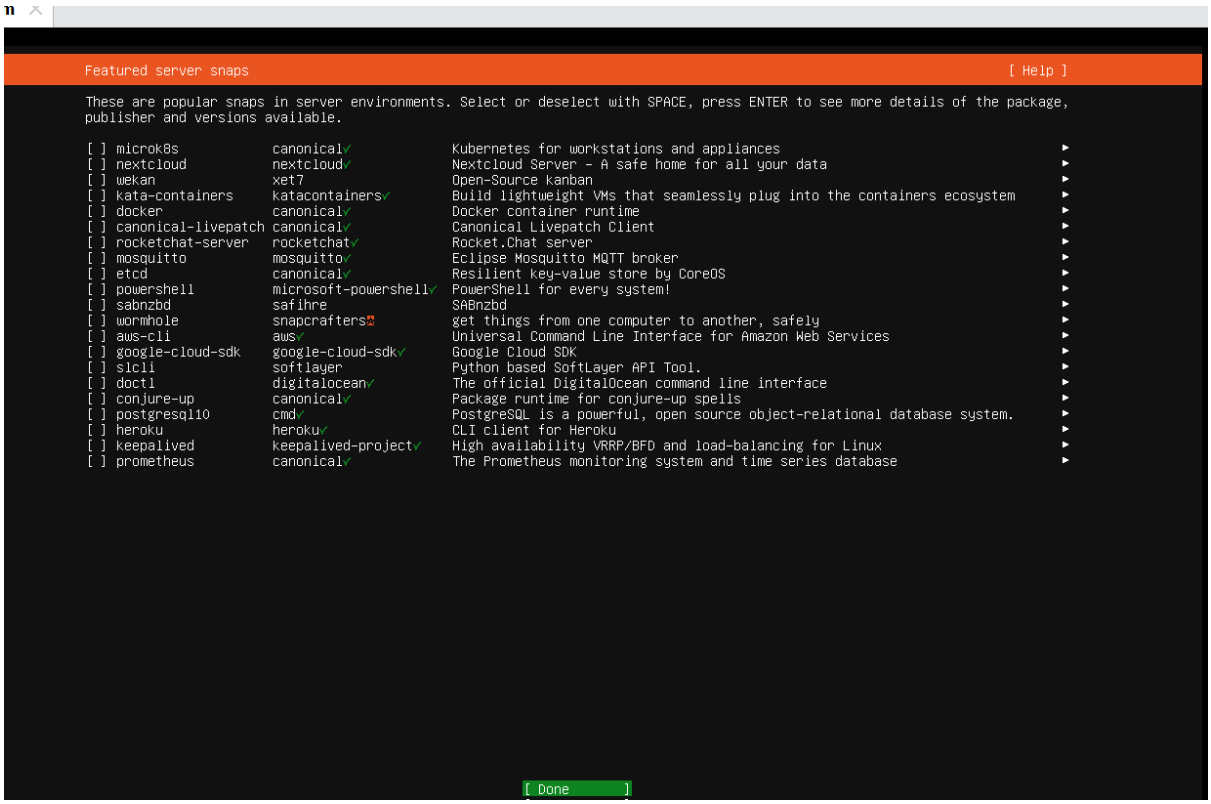
Press enter



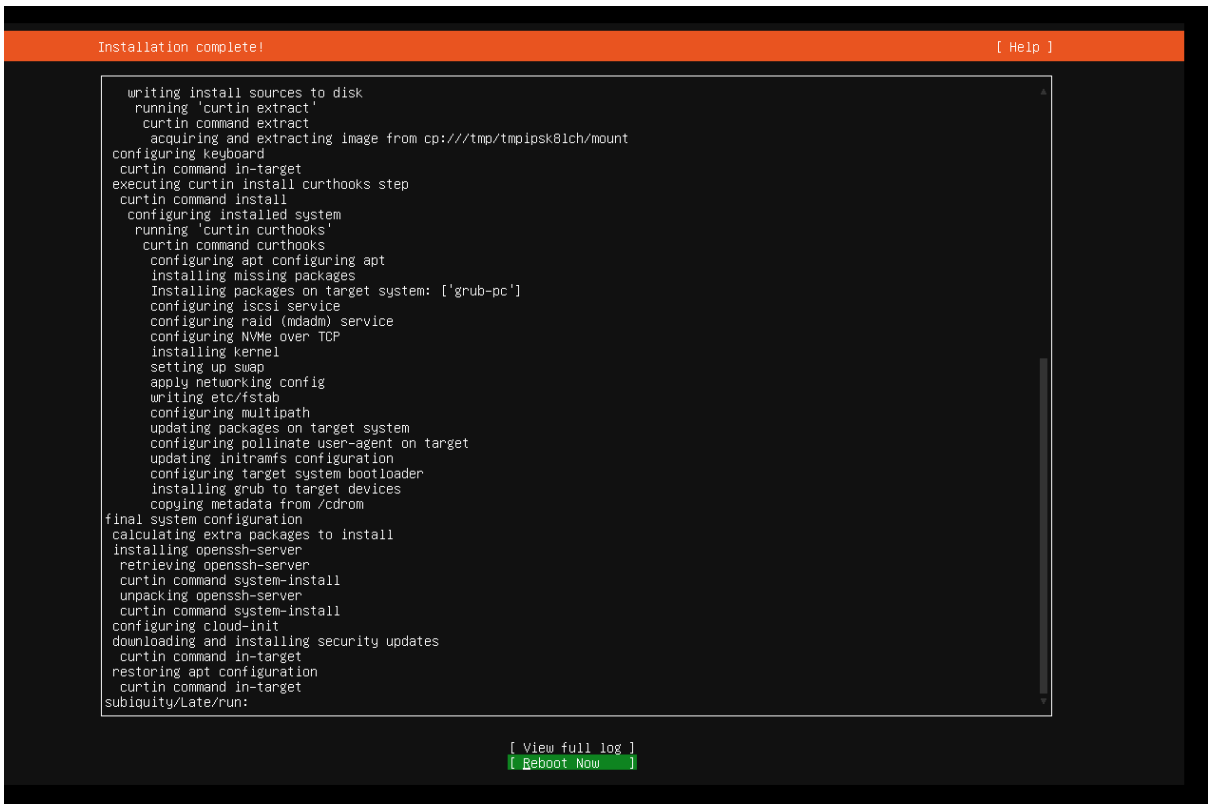
Using Space bar , select insall openssh , press tab and Enter on done



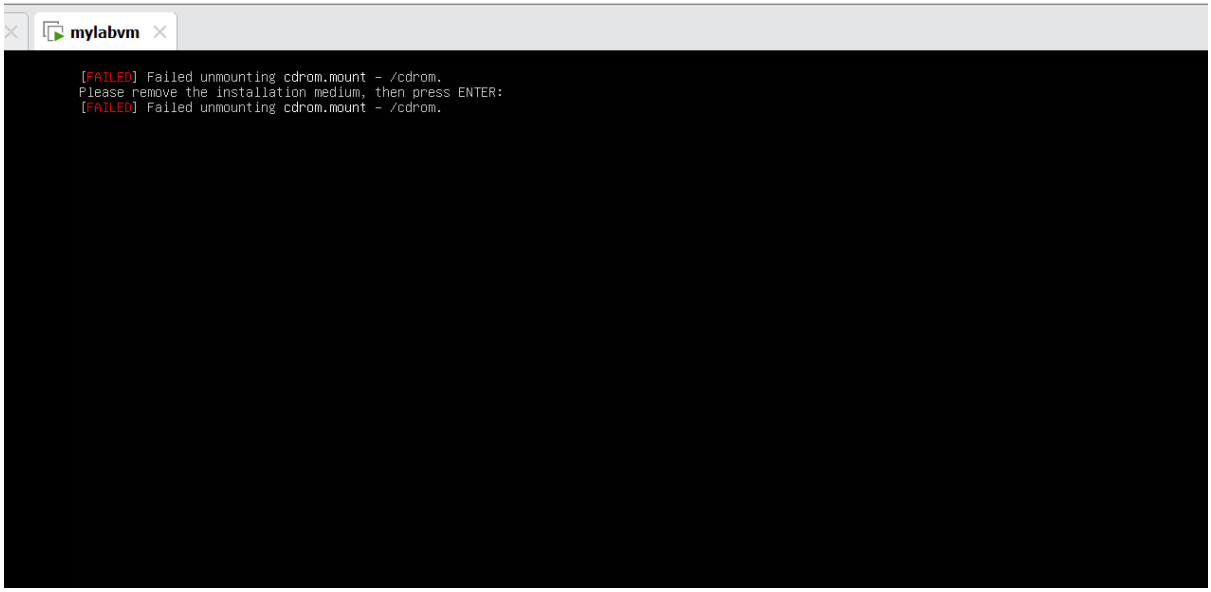
No need to select any module, press tab and enter on done



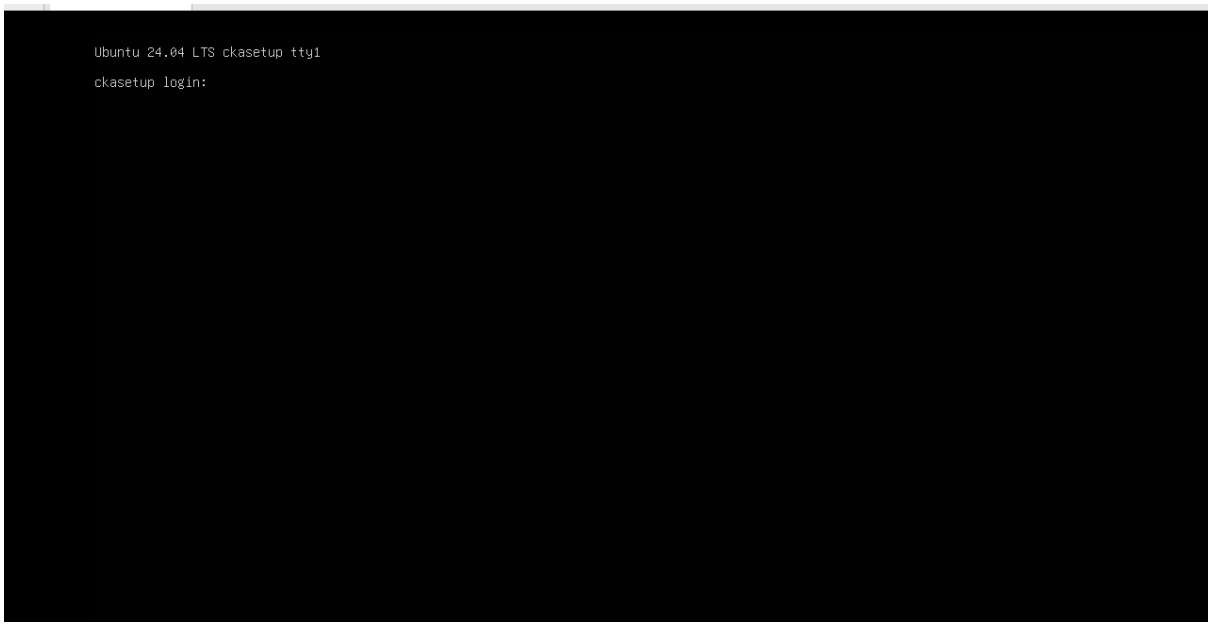
Once Installation is finished, press tab and enter on reboot now



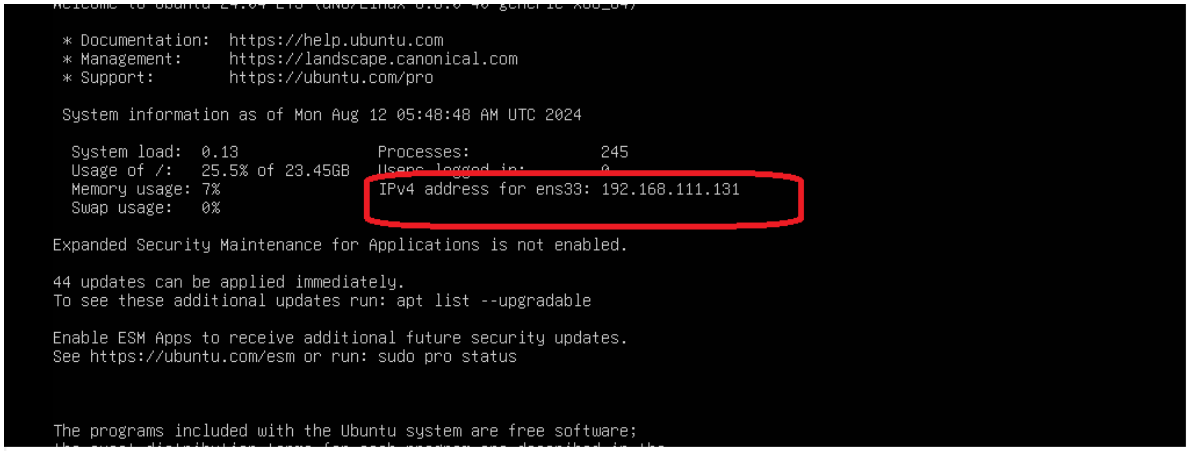
Press Enter



Once system is booted, login with your user



Note down the ip address


* Documentation: https://help.ubuntu.com
* Management: https://landscape.canonical.com
* Support: https://ubuntu.com/pro
System information as of Mon Aug 12 05:48:48 AM UTC 2024
System load: 0.13
Usage of /: 25.5% of 23.45GB
Memory usage: 7%
Swap usage: 0%
Processes: 245
IPv4 address for ens33: 192.168.111.131
Expanded Security Maintenance for Applications is not enabled.
44 updates can be applied immediately.
To see these additional updates run: apt list --upgradable
Enable ESM Apps to receive additional future security updates.
See https://ubuntu.com/esm or run: sudo pro status
The programs included with the Ubuntu system are free software;