## LOCALIZATION SCHEMES FOR CHR

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We extensively use the results and terminology of [CE22].

## §1. The Discrete Setting

In this section, we analyze mixing time bounds for the pinning procedure of coordinate hit-and-run over the discrete set  $[m]^n$ . The case m=2 is analyzed in [ALG20, CE22].

We embed the points of  $[m] \mathbb{R}^{m-1}$  as the m-simplex, so a point in  $[m]^n$  lives in  $\mathbb{R}^{(m-1)n}$ . Let the vertices of the simplex be  $y_1, \ldots, y_m$  (where  $||y_i||^2 = 1$  for all i). We perform the analysis of each step of the pinning process separately, so it suffices to assume n = 1 if we know which coordinate we are going to pin.

Let the measure before pinning be  $\nu_t$ , and the measure after pinning be  $\nu_{t+1}$ . For ease of notation, denote  $\nu_t(\{k\})$  as  $\alpha_k$ . The probability that the coordinate is fixed as  $k \in [m]$  is then  $\alpha_k$ . Denote the barycenter of the distribution as  $b_t$ . Observe that  $b_t = \sum \alpha_k y_k$ .

The pinning procedure is performed using a linear tilt localization. Suppose that the relevant  $Z_t$  is such that it is equal to  $Z_k$  with probability  $\nu_t(\{k\})$  (this corresponds to the case where the coordinate is pinned as k). There are three properties we desire.

- 1.  $\langle Z_k, y_i b_t \rangle = -1$  for  $i \neq k$ .
- 2.  $\langle Z_k, y_k b_t \rangle = 1/\alpha_k 1$ .
- 3.  $\sum \alpha_k Z_k = 0$ .

It turns out that all three properties are satisfied by

$$Z_k = \left(1 - \frac{1}{m}\right) \frac{y_k}{\alpha_k},$$

as is easily checked – this uses the fact that  $\alpha_k = \frac{1}{n} + \frac{n-1}{n} \langle b_t, y_k \rangle$ .

The general case with any n is similar. Let  $C_t = \operatorname{Cov}(Z_t \mid \nu_t)$ . It remains now to bound  $\left\|C_t^{1/2} \operatorname{Cov}(\nu_t) C_t^{1/2}\right\|_{\operatorname{op}} = \left\|\operatorname{Cov}(\nu_t) C_t\right\|_{\operatorname{op}}$ .

## References

- [ALG20] Nima Anari, Kuikui Liu, and Shayan Oveis Gharan. Spectral independence in high-dimensional expanders and applications to the hardcore model. *CoRR*, abs/2001.00303, 2020.
- [CE22] Yuansi Chen and Ronen Eldan. Localization schemes: A framework for proving mixing bounds for markov chains. Mar 2022.