



Professional Summary

Skilled multitasker with superior work ethic and good teamwork, problem-solving and organizational skills. Willing to take on any task to help team. Qualified in offering expertise in mental health with focus on assessing and measuring mental capabilities of individuals. Qualified to contract, administer, score and interpret psychometric tests of personality, psychopathology and intelligence. Well-versed expert at leveraging test results and assessments to objectively review patient specific proficiencies and needs.

Experience

Delhi Public School

May 2023- Present

- Performing assigned day to day tasks
- Taking life skills classes with students and teaching them about mental health.
- Organizing various programs for parents and discussing upon how right parenting is important for children.
- Resolving students day to day problems and managing the problems effectively.

VIMHANS Hospital

Oct 2022- Dec 2022

- Observed cases under the observer of psychiatrists
- Attended classes with counselors and clinical psychologists for understanding of various topics

Mental Wellness Centre

Jul 2022 - Aug 2022

- Communicated effectively with faculty and staff and accepted critiques and suggestions for areas of improvement.
- Analyzed cases by being a part of the client's sessions and used it as a learning.
- Maintained case history of client as per the sessions observed.

California Institute of Hypnosis

Oct 2021 - Dec 2021

- Communicated effectively with faculty and staff and accepted critiques and suggestions for areas of improvement.
- Covered daily topics as given by the faculty

Counsel India

May 2020- Aug 2020

- Had online classes with Clinical Psychologists and observed cases
- Communicated effectively with faculty and staff and accepted critiques and suggestions for areas of improvement.
- Reported back to instructor to receive day-to-day tasks and responsibilities.

Fortis Hospital

June 2019- July 2019

- Communicated effectively with faculty and staff and accepted critiques and suggestions for areas of improvement.
- Analyzed problems and worked with teams to suggest solutions.
- Participated in workshops and presentations related to projects to gain knowledge.

Education

2021- Present

Amity University

Masters of Science: Clinical Psychology

2018-2021

Amity University

Bachelors of Science: Clinical Psychology

Research Work

- Explored researches and conducted tests to understand "Effect of Smartphone Addiction on Stress and Sleep".
- "Relationship between Relationship satisfaction, Relationship Adjustment and Level of Trust among couples: A Cross-Cultural Study."

Languages

- Spanish
- English
- French

Skills

- Case Management
- Research Management
- Data Entry
- Behavior Observation
- Activity Planning
- Experiment Supervision