

SHYAMA MANOHAR

SUMMARY

Post graduate in Applied Psychology with a specialization in Counselling & Psychotherapy, seeking an opportunity, to have hands-on experience in the field, looking forward to exploring, learning, growing and improving skills together. Having a good understanding of techniques and approaches, and eager to contribute to the team through hard-work and dedication.

EXPERIENCE

Visual Arts Teacher (part-time), 08/2021 - Current **WhiteHatJr (Byjus)**

Visual Arts Teacher in the Beta phase of Art, Animation, and Video program and Frame by Frame Animation program. Contributed to developing LMS resources.

Intern, 12/2021 - 02/2022

Bureau of Police Research and Development (BPR&D) - Mahipalpur, Delhi, India

Interned under National Police Mission (NPM) division. Part of the organizer committee in the 3rd National Conference of Micro Missions of National Police Mission. Completed research, compiled data and assisted in timely reporting. Took meeting notes and compiled paperwork to support department.

Student Intern

Dr. Vijayakumar's Clinic - Chennai, India

Case study, case observation, and taking the case history. Proved effective performance within tight deadlines.

Student Intern

MITHRA Rehabilitation Center - Chennai, India

Attended case study providing behavior modification techniques under supervision. Used critical thinking to break down problems, evaluate solutions and make decisions.

Student Intern

Sevalaya (NGO) - Chennai, India

Conducted workshops and classes for children. Sorted, organized, and maintained files. Data entry. Gained operational knowledge and supported departmental needs.

Student Intern (online)

Umeed Counselling and Consulting Services - Kolkata, India

Student Intern (online)

Aatman Counselling and Rehabilitation Center - Bhopal, India

Student Intern (online)

Human Care Foundation - Calicut, India

EDUCATION

M.Sc. Applied Psychology, specialized in Counselling and Psychotherapy, 2021

Women's Christian College - Chennai, Tamil Nadu, India

75.71%, First Class with Distinction

B.Sc. Psychology, 2019

Farook College (Autonomous) - Calicut, Kerala, India

86.8%, First Class with Distinction

- UG Subject Topper

- Member of College Softball Girls' Team

XIIth (Science), 2016

Kadambur Higher Secondary School - Kannur, Kerala, India

93.4%

Xth, 2014

Salafi English Medium Senior Secondary School -

Kannur, Kerala, India

91.2%

- Elected as School Headgirl



CONTACT

Address: Sarang, Pallipoyil, (P.O) Mowancheri, Kannur, Kerala, India 670613

Phone: 8547226942

Email: shyamamanoh@gmail.com

CERTIFICATIONS

Certificate Course in Art Therapy

Psychoflakes, Bangalore, India

74.6%, First Class

SKILLS

- Active Listening
 - Adaptability
 - Communication
 - Leadership
 - Research and Analysis
 - Team Collaboration
 - Microsoft Office
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ACHIEVEMENTS

- 'A' grade holder in National Cadet Corps (NCC) 'C' Certificate examination
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INTERESTS

- Art (Painting and Drawing)
- Travel
- Dance
- Books

