



LOVLEENA SHARMA

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Objective

As a licensed clinical psychologist with 4 years of experience, I am seeking a challenging and rewarding position where I can apply my expertise in assessment to help individuals achieve optimal mental health. With a passion for providing evidence-based therapy and a commitment to ongoing professional development, I am dedicated to improving lives through a collaborative and compassionate approach.

Experience

- Institute of Human Behaviour and Allied Sciences (IHBAS)** September 2020 - Present
Clinical Psychologist
- Trinity Institute of Professional Studies, Dwarka** January 2020 - August 2020
Clinical Psychologist
- Consultant Clinical Psychologist** October 2019 - December 2019
Roar Wellness, Chhatarpur
- Institute of Human Behaviour and Allied Sciences** -
Intern
- Civil Hospital, Gurugram** -
Clinical Trainee
- Citizen Hospital, Gurugram** -
Clinical Trainee
- Earth Saviour's Foundation, Bandhwari, Haryana** -
Clinical Trainee
- Administered Cognitive Assessments at Deep Ashram, Gurugram. -
- Administered Clinical Assessments and Brief therapy sessions at various fire station in Gurugram. -
- Actively involved with Deeksha School, Gurugram for the assessment and treatment of Behavioural Concerns. -
- Actively involved with Samarpan Foundation, Gurugram for Assessment and Therapy of Children -

Education

- Motilal Nehru College, University of Delhi** 2014
B.A. Political Science (Hons.)
58%
- Indira Gandhi National Open University** 2016
M.A. Psychology
76%
- Amity University, Gurugram** 2019
M.phil Clinical Psychology (RCI recognized A66045)
7.83 CGPA

Skills

- Psychotherapy
- Relaxation Therapy
- Time management
- Leadership
- Anger Management
- Crisis Resolution

Projects

- [Satisfaction in job, anxiety and medium of coping in mental healthcare experts, International Journal of Social Sciences Review 2019, Volume 7, issue 5- II, May 2019](#)
- [Research paper on Internet Addiction, International Journal of Social Sciences review, 2019](#)

Workshops/ Seminars Conducted

- Conducted Workshop on exam stress management at Ryan International School, Gurugram, 2019
- Facilitated talk at Aviva Life insurance company and brief therapy sessions on Stress management for the female employees on Women's day, 2019