

CURRICULUM-VITAE

HEENA DHARIWAL

House No. B - 78, Nirman Vihar,

Delhi - 110092

Contact No. – 8130089838

E-mail: heenadhariwal6@gmail.com



CAREER OBJECTIVE

- To join an organization in a fast growing industry that provides opportunities to learn and take responsibilities where I can contribute to the growth of the organization as well as grow as an individual.

EXPERIENCE

- Working as PGT History & HOD of Social Science in Nilgiri Hills Public School, Noida since 2017.
- Working as School CBSE Training Nodal Coordinator in Nilgiri Hills Public School, Noida.
- Worked as Admission Incharge & Event Organizer in Nilgiri Hills Public School, Noida. (2019-20)
- Worked as TGT English in Tagore Public School, Delhi. (2017)

EDUCATIONAL QUALIFICATIONS

- Pursuing Ph.D from Shyam University, Rajasthan.
- Passed M.A History from Indira Gandhi National Open University, Delhi in 2016 with 56%.
- Certification in Disaster Management from Indira Gandhi National Open University, Delhi in 2014 with 59%.
- Passed B.A History (**hons.**) from Mata Sundri College for Women (UNIVERSITY OF DELHI) in 2013 with 52%.

- Passed 12th standard from C.B.S.E. Board in 2010 with 69%.
- Passed 10th standard from C.B.S.E. Board in 2008 with 66.2%.

PROFESSIONAL QUALIFICATIONS

- Passed B.ed. from Maharshi Dayanand University, Rohtak in 2017 with 74%.

EXTRA CO-CURRICULAR ACTIVITIES:-

- CTET Exam Invigilation 2019.
- UPSC Civil Services Exam Invigilation 2019.
- NIOS Exam Invigilation 2019.

CONFERENCE AND SEMINAR

- CBSE Webinar on **Experiential Learning** in Practice on 24th June 2021.
- CBSE Webinar on **Essential Components** of a Lesson Plan on 2nd June 2021.
- CBSE Webinar on **Anger Free Schools** on 17th May 2021.
- CBSE Webinar on **Understanding Multiple Intelligence** on 7th May 2021.
- **Competency based Education** Modules on Diksha App on 1st May 2021.
- CBSE Webinar on **Understanding Bloom's Taxonomy in History** on 28th April 2021.
- CBSE Webinar on **Innovation Teaching Pedagogy in Social Science - Experiential Learning** -(X category) on 12th January 2021.
- Seminar on **Management Development Programme** on 25th June 2018, Noida.
- Workshop on **Art & Craft** at National Museum, New Delhi.

CERTIFICATION

- Certification on Training in **Self-Defence Techniques**.
- E-Certificate in **Basic Nutrition** conducted by **Ministry of Women and Child Development (Govt. of India)**.
- E-Certificate in **Mother Health & Nutrition** conducted by **Ministry of Women and Child Development (Govt. of India)**.
- E-Certificate in **Yoga** conducted by **Ministry of Women and Child Development (Govt. of India)**.
- E-Certificate in **Food Fortification** conducted by **Ministry of Women and Child Development (Govt. of India)**.
- E-Certificate in **Infant & Young Child Feeding** conducted by **Ministry of Women and Child Development (Govt. of India)**.
- E-Certificate in **Wash** conducted by **Ministry of Women and Child Development (Govt. of India)**.
- E-Certificate in **Immunisation** conducted by **Ministry of Women and Child Development (Govt. of India)**.
- E-Certificate on the topic – **Nutrition for Optimal Health** conducted by **Gaples Institute, US**.
- E-Certificate in **International Day of Yoga (2021) Quiz** conducted by **Ministry of AYUSH & MyGOV**.

SUBJECTS OF INTEREST

- Ancient History
- Medieval History

STRENGTHS

- Highly results oriented with excellent communication and inter personnel skill
- An adaptive, detail oriented, multi-taskers, with strong organizational skills matched with the ability to manage stress, time and people effectively.
- Ability to identify key aspects of any issue at hand and develop a systematic approach to deal with it combined with a desire to excel.
- A good team leader with ability to lead a team by example and motivate them to achieve desired objective.

PERSONAL DETAILS

Father's Name	:	Mr. Ashok Dhariwal
Mother's Name	:	Mrs. Sanju Dhariwal
Date of Birth	:	25 th May 1993
Gender	:	Female
Marital Status	:	Unmarried
Nationality	:	Indian
Language Known	:	English and Hindi

I hereby declare that the above information is true to the best of my knowledge and belief.

Date:

(HEENA DHARIWAL)

Place: Delhi-110092