# RESUME

**GULAB SINGH** 

Village - Khanak , Tehsil-Tosham

Distt. -Bhiwani Haryana - 127040 Mob.- +91 7015018987

Email- gulabsingh.khanak@gmail.com



#### Career Objective

To work in an organization where my credential shall be used with full enthusiasm and dedication so that my professional and organizational objective shall be achieved. Working in a healthy and great organization can lead me at great heights with my hard work and determination.

# Qualifications

S. No.	Name of course	Board / University	Grade/Marks (%)	Year
1	10th	HBSE Bhiwani	54	2004
2	12th	HBSE Bhiwani	63	2006
3	DOAP	RGCSM	<i>7</i> 5	2011
4	B.A.	KUK Kurkshtera	51	2011
5	Short NIS Course	SAI NS NIS,Patiala	61	2013
6	B.P.Ed	RTMNU ,NAGPUR	<i>75.75</i>	2014
7	M.P.E.S	CRSU,Jind	65.67	2018
8	WUSHU ( CEP )	SAI NS NIS PATIALA	В	2020
9	SPORTS SCICENCE (CEP)	SAI NS NIS PATIALA	С	2020
10	DIPLOMA IN SPORTS COACHING	SAI NS NIS PATIALA	В	2022

### **Computer Proficiency**

- One year computer diploma (DOAP)
- Ms-Office (Word, Excel, Power Point)
- ❖ Internet & Email

#### **Professional Education**

- 1 Year Diploma in Sports Coaching Wushu Martial Art from Sports Authority of India Netaji Subhash National Institute of Sports, Patiala (Punjab) in the year 2022 with B Grade.
- Six Week Course cum Short NIS in Wushu from Sports Authority of India Netaji Subhash National Institute of Sports, Patiala (Punjab) in the year 2013 with B Grade.
- Certificate of food nutrition and diet from Kurukshetra University Kurukshetra
- Certificate in Strength and Conditioning from Rajiv Gandhi University, Arunachal Pradesh
- District, State Zone, Haryana State, & National qualified with Gold Medal in Wushu.

- Full Knowledge of Gym , Weight lose & Sliming
- \* Knowledge of Football, Volleyball and Cricket
- Knowledge of Cross Fit and Aerobic

# Professional Experience

- ❖ I have six month experience as Self Defense Instructor only for girl in Govt. school under Serve Shiskha Abhiyan (SSA).
- More than 3 Year Experience of working in The Indian Public School Sultanpur hisar As a Wushu Coach, Self Défense and Martial Art.
- I have 6 months experience of sports teacher in Bharat Ram Global School Gurugram
- ❖ I have 1 year and six months experience in The pine crest School Gurugram
- ❖ Worked as a Trainer with Balance Fitness Gym Sec. 10A Gurgaon for two Month
- Presently working in Gurgaon at Suncity heights Sec. 57 and Ridgewood Phase 1 as a Wushu Coach, Cross Fit and Physical fitness Coach

## Personal Details

Father's name : Late Shri Hari Singh

Mother's name : Smt. Anguri Date of Birth : Aug. 15, 1987

Nationality : Indian

Language Known : Hindi, English and Punjabi

Gender : Male Marital status : Unmarried

Hobbies : Writing songs and Poems, Reading books.

#### **Declaration:**

I do hereby declare that the statement made in the application is true, complete and correct to the best of my knowledge and if anyone fact are found false or incorrect by the organization as per rules may take action against me.

	( GULAB SINGH )
Place :	
vate:	