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Height

Age

name

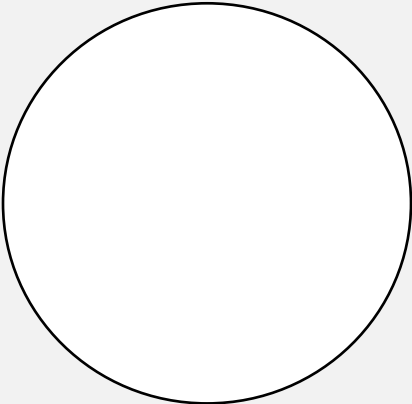
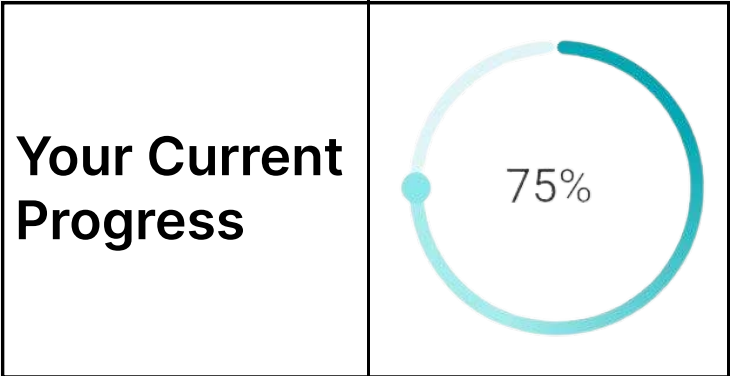
email

password

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Mode:
Gain Weight

Lacking Body
Part:



Exercises

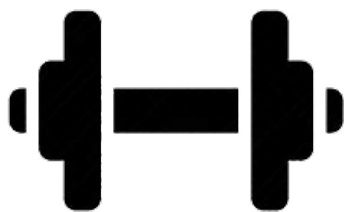
Body Part

Exercise 1

Exercise 2

Exercise 3

Show More



Exercises

Body Part

Exercise 1

Exercise 2

Exercise 3



Exercise 1

Tutorial 1



Tutorial 2



Tutorial 3

