

APP LOGO

email

password

LogIn

SignUp

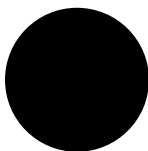


# **Progress Tracker**

**Open  
Camera**

**Current Mode**

**Lacking Body Part**



## **Exercises**

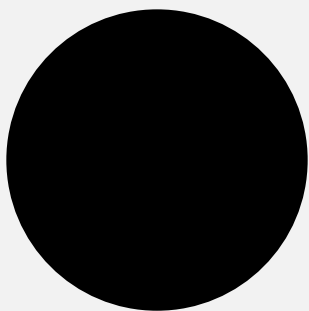
Body Part

Exercise 1

Exercise 2

Exercise 3

Show More



# Exercises

Body Part

Exercise 1

Exercise 2

Exercise 3

# Exercise 1

Tutorial 1



Tutorial 2



Alternative

