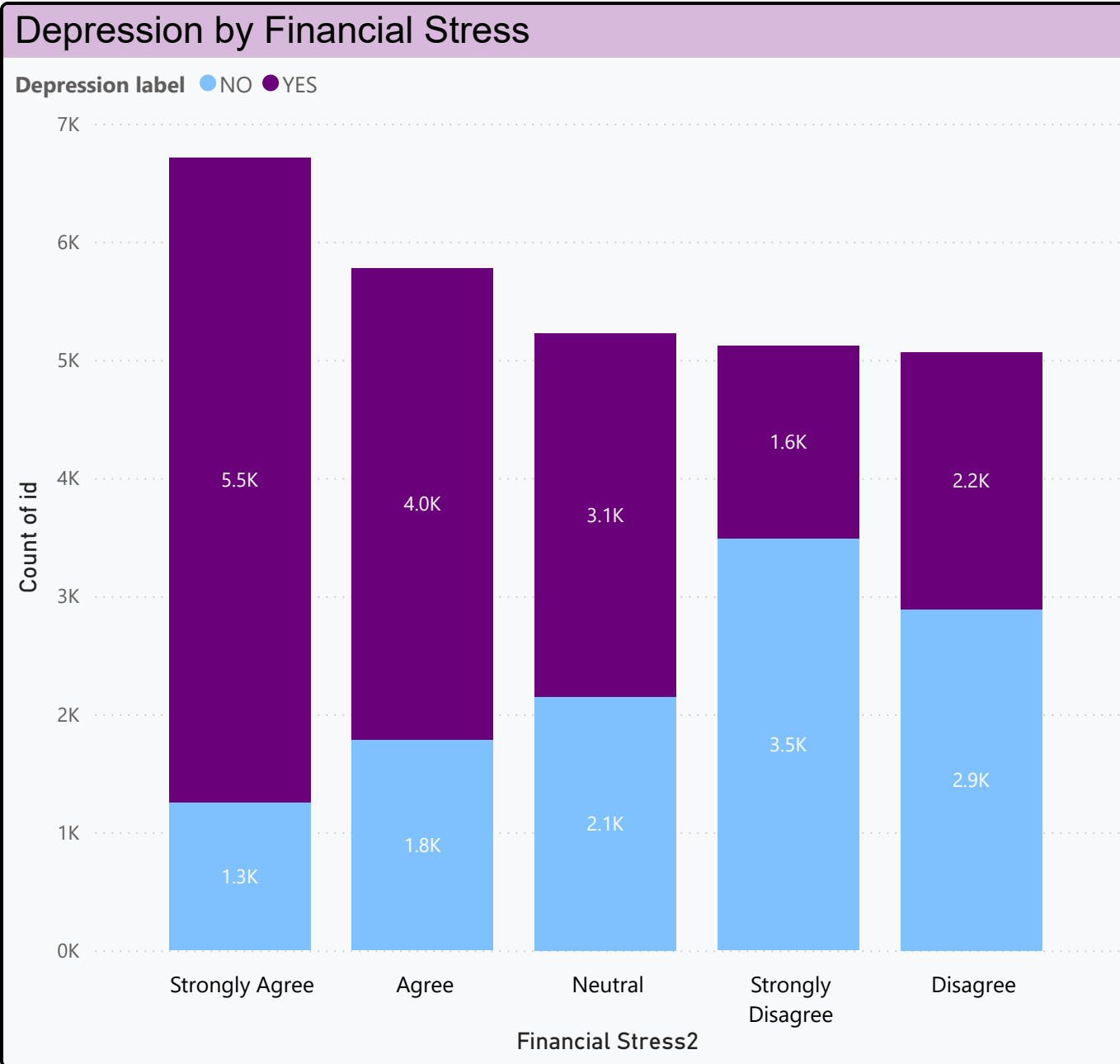


Key Findings

Technical degrees correlate with higher depression rates, likely due to heavy workloads or competitive environments

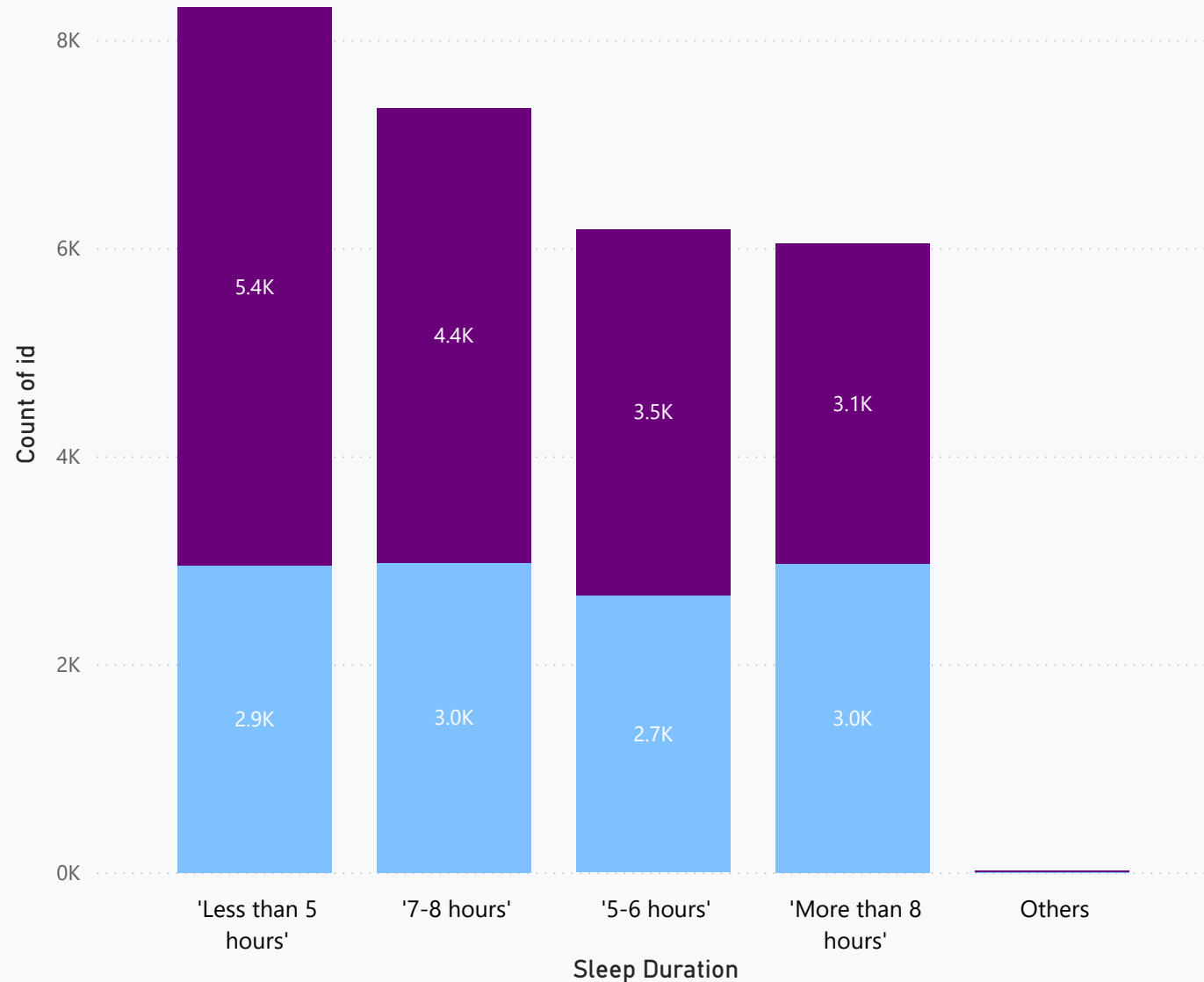


Key Findings

Financial stress is a significant predictor of depression among students.

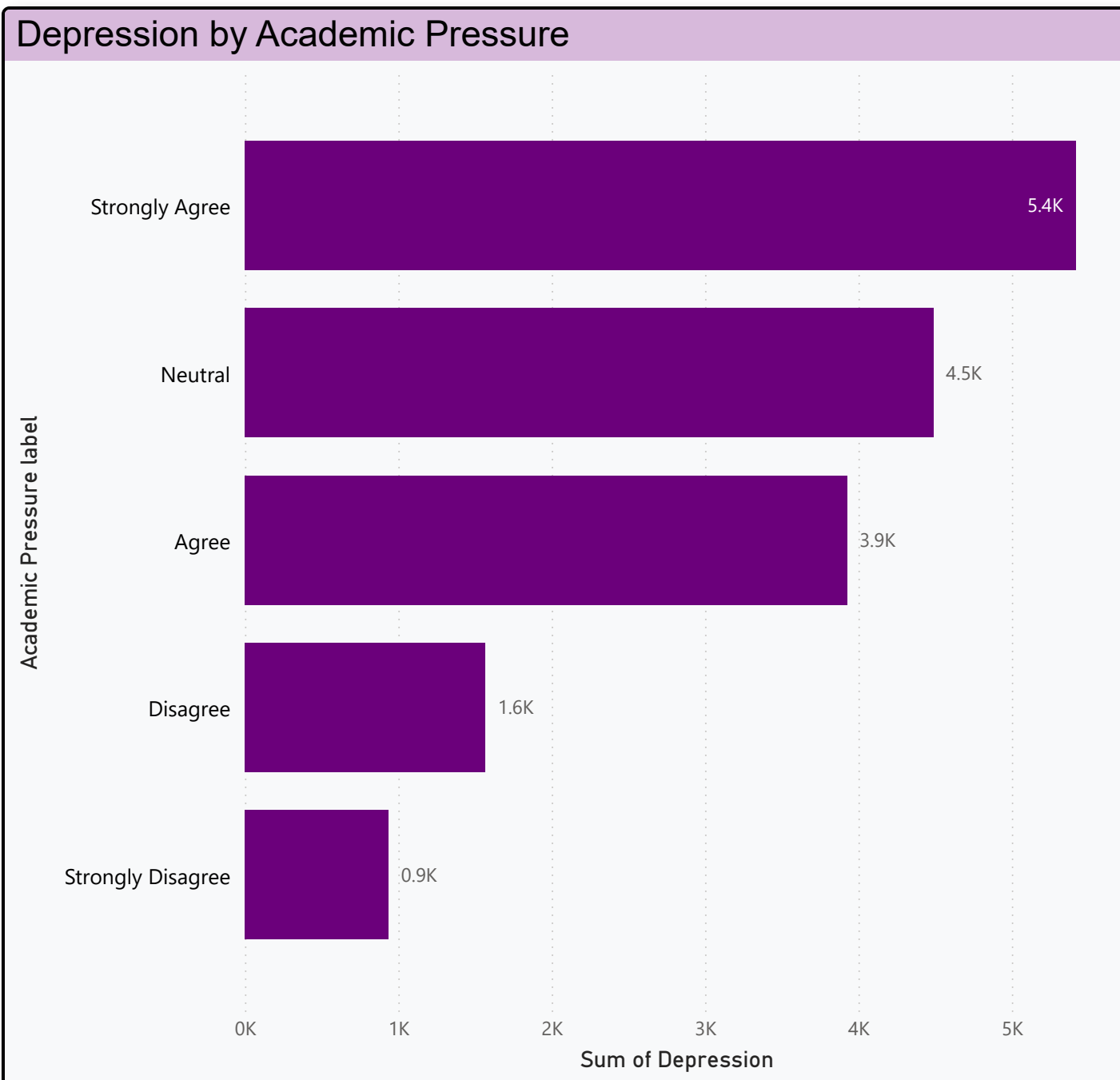
Impact of Sleep Duration on Depression

Depression label ● NO ● YES



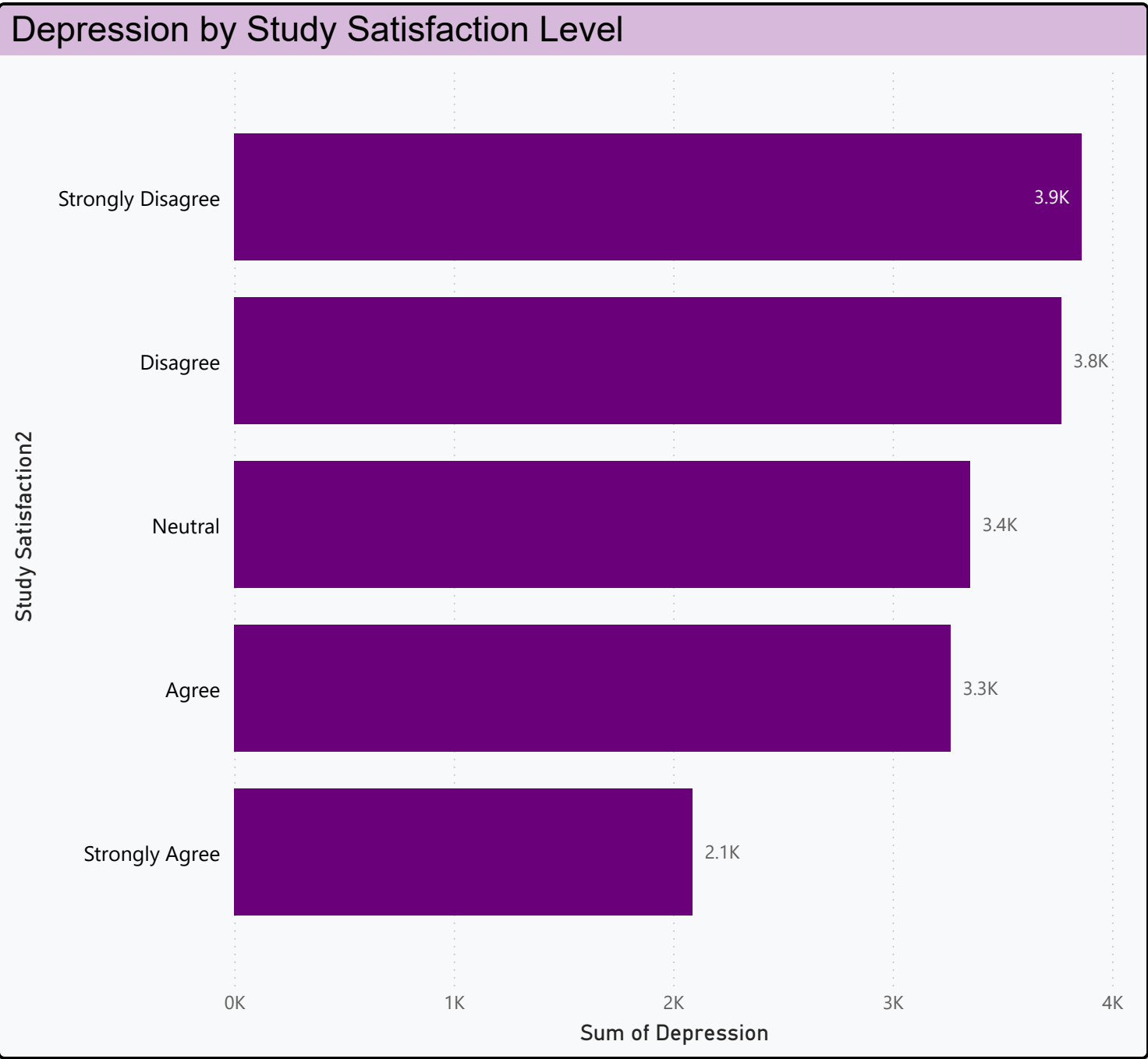
Key Findings

There is a clear link between sleep duration and depression. Students with less than 5 hours of sleep show the highest depression, while those sleeping more show better mental health.



Key Findings

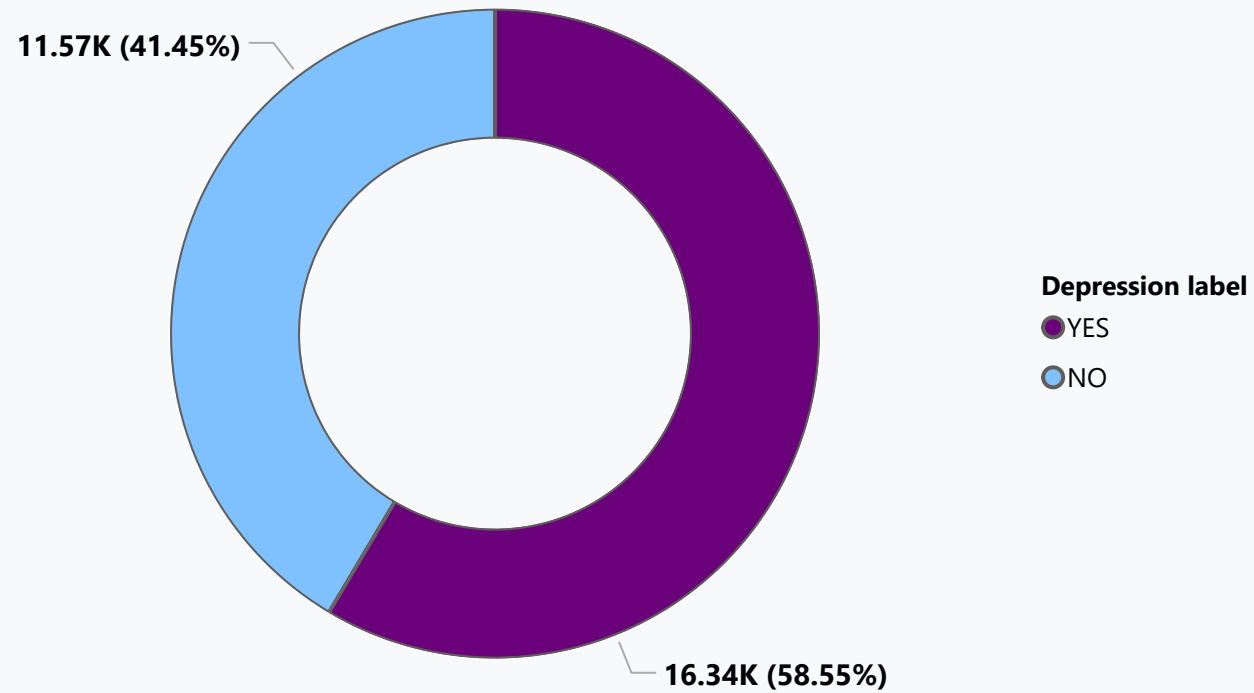
Higher depression levels are found in students who strongly agree that academic pressure is high. There is a positive correlation between academic pressure and depression.



Key Findings

Depression decreases with increasing study satisfaction, indicating that student engagement and academic contentment play a protective role.

Depression Label (Yes/No)



Key Findings

Over half of the surveyed students are experiencing symptoms of depression.

Student Mental Health Analytics Dashboard

City

☐ Agra

☐ Ahmedabad

☐ Bangalore

☐ Bhopal

☐ Chennai

☐ Delhi

☐ Faridabad

☐ Ghaziabad

☐ Hyderabad

☐ Indore

Gender

☐ Female

☐ Male

Family History of Mental Illness

☐ No

☐ Yes

Dietary Habits

☐ Healthy

☐ Moderate

☐ Others

☐ Unhealthy

Total Students Surveyed

28K

Avg Age of Student

26

Suicidal Thoughts %

63

Avg Work/Study Hours

7.16

Depression Ratio %

59

