





#### novo nordisk fonden

### Multimodal Signal Modelling for Intervening and Managing Mental Disorders

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#### Outline



- Motivation
- General introduction
- Audio
- Biosignals
- Conclusions

#### Mental Health and Mental Disorders

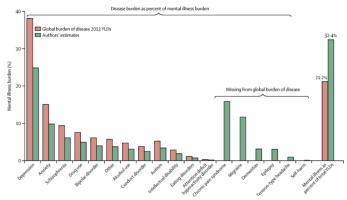


Figure: Original image from Vigo et al., 2016

- Mental illness is one of the leading causes of global disease burden (Prince et al., 2007; Vigo et al., 2016).
- In Denmark, 15% of youth will be diagnosed with a psychiatric disorder before their 18th birthday (Dalsgaard et al., 2020).

#### WristAngel: Intervention and Research for OCD Treatment I



Figure: Obsessions and compulsions behave cyclically. Original image from https://medium.com/amalgam/ocd-is-not-what-you-think-it-is-ee818028e79c

- Mental disorder wherein "People are caught in a cycle of obsession and compulsions".
- Obsessions → intrusive and disruptive urges, thoughts, images, etc.
- Compulsions → behavior to overcome obsessions, distress.
- In 2010, anxiety disorders including obsessive-compulsive disorders -alone cost Europe over €74 billion (Gustavsson et al., 2011).



#### WristAngel: Intervention and Research for OCD Treatment II

Identify and predict impending OCD events and provide useful interventions  $\rightarrow$  progression and severity of disorder.

Aid in delivering cognitive behavioral therapy to patients.

#### WristAngel

• Sneha Das DTU Compute

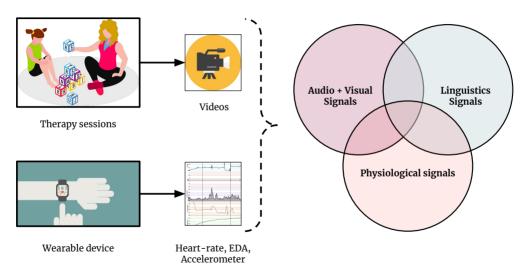
• Line H. Clemmensen DTU Compute

• Nicole Nadine Lønfeldt Child and Adolescent Mental Health Center, KU Hospital

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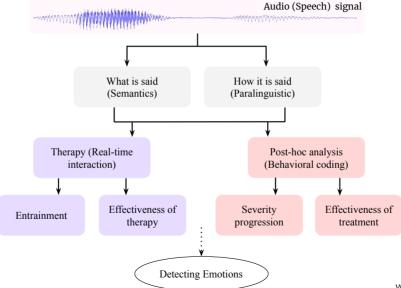
#### **Data and Signals**





### **AUDIO SIGNALS**

### Role of Audio (Speech) in OCD Treatment



#### **Speech Emotion Detection I**

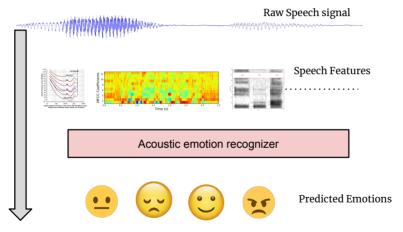


Figure: Image sources https://medium.com/prathena/the-dummys-guide-to-mfcc-aceab2450fd; https://commons.wikimedia.org/wiki/File:Lindos1.svg; https://commons.wikimedia.org/wiki/File:Spectrogram\_-iua-.png



#### **Speech Emotion Detection II**

#### Conventional approaches

• Statistical ML and signal processing | HMM, GMM, SVM

Deep learning (DL)
RNN, CNN, LSTM with deep architectures

Eg., DL +SVM

#### Persistent challenges

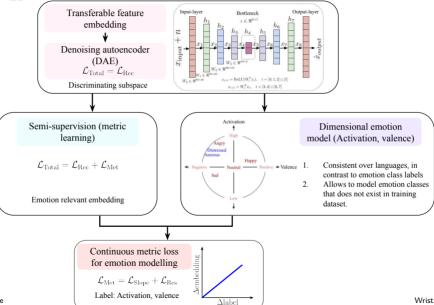
Hybrid

• Generalization | corpora, languages → cultural, phonetic differences

• Low-resource corpora | Small data set and lack of labels

Black-boxes
Small data set and lack of label

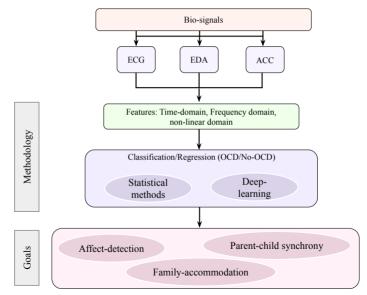
#### Methodology





### **BIOSIGNALS**

### Signals, Methods and Goals



#### Tying Modalities Together

