

User manual: Using the stress monitoring application to interpret and view the results

Getting Started:

To begin using the Stress Identification Application, you will need to log in with your username and password. Once you have logged in, you will be taken to the application dashboard. By tracking changes in the heart rate over time, the application can provide insights into your stress identification and help you take appropriate measures to manage your stress.

Overview:

Dashboard:

The dashboard provides an overview of healthcare employees. You will be able to see a table of employees who have completed the stress test with their id, first name, last name, test date, test time, and test results.

Healthcare worker Personal Cards:

The Employee Personal Cards feature provides detailed information about individual employees, including their stress presence. You can access an employee's personal card by clicking on their name in the dashboard or by searching for them using the search bar. The personal card provides a comprehensive overview of an employee's stress and allows you to view their progress over time.

Step-by-step guide:

1. To begin, you will need to open the app. Log in with given credentials and you will be redirected to the home page.
2. From the navigation bar, you can select the dashboard to get access to the healthcare workers dashboard
3. On the dashboard page, you can see all of the employees in the database including their id, first name, last name, test date, test time, and test results.
4. By clicking on the name of the employee, you will be directed to the healthcare worker's profile page where you can see his personal information including the stress prediction details.
5. Returning back to the dashboard, you can click "Add user" on the left bottom corner of the page to add a new healthcare worker to the system.
6. To log out, you can click on the logout button found in the navigation bar.

Conclusion:

Thank you for choosing the Stress monitoring Application for Healthcare workers. We hope that this application will help you to better understand the stress within your workforce and take appropriate measures to address them. If you have any questions or feedback, please do not hesitate to contact us.