

## Relaxing Song Ideas

## Pieces that I find relaxing:

- Carnival of the Animals
  - The Well-tempered Clavier I
  - Claire de Lune

I like that all of these pieces are relatively slow, but also feel like they have a story behind them. I find it relaxing to listen to them because there is very little tension expressed in the music, and it doesn't feel like you, as the listener, are waiting for something to happen.

When I am studying it is most helpful for me to listen to music without lyrics, that doesn't feel like it has much tension or build in it. The piece can have a story, but I have a harder time focusing on my work when it feels like the stakes of the story are high, which usually happens when the tempo gets too extreme, the dynamics change rapidly, or there are sudden bursts of unusual notes/sounds in the piece.

Sequence of notes from virtual piano as a random first experiment:

Idea: use brown noise underneath for relaxation

- Brown noise = white noise but filter twice
  - Consists of very low tones only→use 2 lpfs
  - Brown noise is more effective at low volumes→keep it barely noticeable in the background

Want the general vibe to be like a magical forest library

- Synths with this vibe: Beep, kalimba, dark\_ambience, blade, fm, growl, hollow, organ\_tonewheel, pluck, tech\_saws
  - Bird sounds?
  - Water effects?
  - Somehow evoke floating lights
  - Lydian scale for “magical vibes”

Beginning = walking through the forest, being summoned on by tones/chimes that continue to get louder

Middle = entering the library, seeing floating lights

Some sort of discovery happens at the climax. Maybe a super magical book? A pulse of magic?

End = leaving the library, with sounds that make it feel like the library is saying goodbye

(chimes, lights, etc. but all softer)