

# Phrases That Matter

Pick the phrases that matter most for your trip and fill in the local-language column before you leave.

## Politeness & Basic Flow

| English Phrase                      | Local Language |
|-------------------------------------|----------------|
| Hello / Good morning / Good evening |                |
| Please                              |                |
| Thank you / Thank you very much     |                |
| You're welcome                      |                |
| Excuse me / Sorry                   |                |

## Getting Help or Clarification

| English Phrase         | Local Language |
|------------------------|----------------|
| Do you speak English?  |                |
| I don't understand     |                |
| Can you help me?       |                |
| Could you repeat that? |                |
| Slower, please         |                |

## Food & Ordering

| English Phrase         | Local Language |
|------------------------|----------------|
| I would like this      |                |
| What do you recommend? |                |
| Is this spicy?         |                |
| The bill, please       |                |

## Directions & Getting Around

| English Phrase          | Local Language |
|-------------------------|----------------|
| Where is...?            |                |
| How do I get to...?     |                |
| Is this close / far?    |                |
| Left / Right / Straight |                |

## Money & Shopping

| English Phrase       | Local Language |
|----------------------|----------------|
| How much is this?    |                |
| Too expensive        |                |
| Do you accept cards? |                |
| Cash only?           |                |
| I want that          |                |

## Logistics & Safety

| English Phrase                      | Local Language |
|-------------------------------------|----------------|
| Bathroom / Toilet                   |                |
| I'm lost                            |                |
| I need help                         |                |
| Call the police / Call an ambulance |                |