



## The Spa Retreats of The Empire

Splendid surroundings.  
Rejuvenating experiences.  
Massage, Body Treatments  
and Spa packages.

## SPA Q & A

### When

#### Should I arrive for my Spa Treatment?

We suggest that clients arrive at least 15 minutes early, to get changed and relax, before their appointment time. It is suggested that clients make full use of our spa facilities.

### What

#### If I am late for my appointment?

Arriving late will unfortunately limit the time for your treatment. Client should plan their special time out and ensure they arrive to experience the total benefit and pleasure of pampering.

### What

#### If I need to cancel my appointment?

As treatments are especially reserved for each client, a minimum of one (1) hour notice is kindly requested for any cancellation or change. Cancellations made with less than one (1) hour notice will incur a 50% cancellation fee. A No Show for any appointment will incur a 100% cancellation fee.

### How Do

#### I make an appointment for a Spa Treatment?

Please call our Spa Reception between 8:00 am to 8:00 pm daily and speak to any of our staff who will help you choose the right treatment for your needs.

- Non members & non hotel guests, credit card details are required to secure the appointment.
- The last booking at 6:30pm
- The local laws provides that male clients must be served by male therapists and female clients will be served by female therapists respectively.

## ESSENTIAL BODY MASSAGES

### The Empire Signature Massage

Indulge your senses in The Empire Signature Massage, a unique fusion of techniques: Balinese, Taksu, and Swedish massages to replenish and soothe the body and soul.

**B\$120**

Duration: 1 Hr 30 Mins

### Balinese Massage

Traditional Balinese massage, a technique passed down through generations. A sophisticated, soothing and indulgent massage using long, stretching sweeping movements for deep relaxation

**B\$100**

Duration: 60 Mins

### Taksu Massage

Deep tissue massage with dynamic massage techniques. Opens the flow of inner healing energy and increases blood circulation. Helps to relieve tight, tired muscles and headaches.

**B\$100**

Duration: 60 Mins

### Sport Massage

The perfect after-workout treatment, suitable for anyone who has muscle pain due to an active lifestyle or long working hours. Leaves you balanced and revitalized. Massage focuses on key areas of the back, neck, shoulders and legs.

**B\$75**

Duration: 45 Mins

### Back and Shoulder Massage

Designed to relieve tension. This massage focuses on the back, neck, head and shoulders to loosen tight muscles and alleviate stress, anxiety and headaches.

**B\$50**

Duration: 30 Mins

## BODY TREATMENTS

### Herbal Body Scrub

Indulge in this fully herbal body scrub. It exfoliates your skin, removes dead cells and leaves your body refreshed and cleansed with your skin feeling smooth and revitalized.

**B\$85**

Duration: 45 mins

### Javanese Lulur

One of the great secrets of Javanese Royalty. Made from a blend of exotic Javanese Flora, Rice Powder, Sandalwood, Curcuma, Coriander and softly colored with turmeric.

**B\$85**

Duration: 45 mins

### Green Tea Scrub

Indulge in this sensational treatment of Green Tea, Rice Powder and White Clay. Green Tea has been getting the attention it deserves lately with its strong anti-oxidant properties.

**B\$85**

Duration: 45 mins

### Tropical Body Rub

Enjoy the aroma of fresh-cut pineapple, orange, flakes of coconut and sea salt as they polish your skin to a gentle glow.

**B\$85**

Duration: 45 mins

### Chocolate Scrub

Moisturizes the skin, leaving it silky smooth with a delicious calming aroma of chocolate. This beautifying skin ritual rejuvenates and radiates the skin. Contains with Ground Cocoa Beans, White Clay, and Rice Powder.

**B\$85**

Duration: 45 mins

## HERBAL BODY WRAPS

### Balinese Boreh

An ancient village remedy from the rice farmers of Bali handed down as a form of traditional medicine. It is intended to help warm your body, relieving aching joints as well as soothing sore muscles .Boreh is a herbal mix concocted from Clove, Cinnamon, Rice Powder and Ginger Root.

**B\$85**

Duration: 60 Mins

### Mineral Volcanic Mask

Traditionally used as a remedy for rheumatism. It is especially good for sun-burnt skin. Rich sulfur, minerals and fortified with sensuous essential oils.

**B\$85**

Duration: 60 Mins

## FACIAL TREATMENT

### Mini Facial

This is a facial experience. We begin with a ritual cleansing, toning, and exfoliation followed by a rejuvenating facial massage. Next stop is the application of a hydrating mask. Your skin will feel toned, polished, delicately scented and quite simply radiant at journey's end.

**B\$75**

Duration: 60 Mins

### Traditional Facial

A tropical facial treatment with ingredients freshly picked from nature's abundant living shelf; cleansing minerals, soothing fruits, nourishing vegetables and plant extracts. All natural elixirs to cleanse, refine, restore and hydrate your skin.

**B\$100**

Duration: 60 Mins

## HAND AND FOOT TREATMENTS

### Express Manicure

Express yourself. A hand treatment including shaping, cuticle work and choice of nail polish

**B\$40**

Duration: 45 Mins

### Classic Manicure

An intensive hand and nail treatment including exfoliation, shaping, cuticle work, paraffin wax treatment and your choice of nail polish.

**B\$75**

Duration: 1 Hr 15 Mins

**Express Pedicure**

Express yourself. A foot treatment including shaping, cuticle work and choice of nail polish

**B\$45**  
Duration: 45 Mins

**Classic Pedicure**

An intensive foot and nail treatment including exfoliation, shaping, cuticle work, paraffin wax treatment and choice of nail polish

**B\$80**  
Duration: 1 Hr 15 Mins

**Nail Polish**

Choice of nail polish including shaping

**B\$20**  
Duration: 15 Mins

**Foot Reflexology**

Holistic technique using finger pressure on the soles of your feet to stimulate the circulation of your inner body. Helps release toxins and brings out the positive energy in you.

**B\$75**  
Duration: 60 Mins

**SPA PACKAGES**

**The Ultimate Healing**

Experience The Ultimate Healing package to help you pursue the ultimate in rest and relaxation. This Treatment includes a Balinese Massage to reduce physical aches followed by a relaxing Traditional Facial.

**B\$190**  
Duration: 1 Hr 45 Mins

**Body and soul (The Ultimate in Pampering)**

Treat yourself to an invigorating full body scrub or enjoy an enriching body wrap and then float away with a Taksu Massage.

**B\$190**  
Duration: 2 Hrs

**The Traveller's Retreat**

The Perfect treatment to overcome jet lag or to relieve stiffness, aches and pains. Combines the Sport Massage and foot reflexology treatments to either uplift or relax.

**B\$135**  
Duration: 1 Hr 30 Mins

**Detoxifying Treatment**

The detoxifying treatment begins with an herbal body scrub to exfoliate and invigorate, leaving the skin silky, smooth and soft. Balinese Boreh serves to relax the muscles, remove impurities and nourish the skin. The treatment concludes with a body massage.

**B\$250**  
Duration: 2 Hrs 30 Mins

**Morning Glow**

Begin your day with a full body scrub to remove dead skin, followed by a mini facial and refreshing leg massage

**B\$150**  
Duration: 2 Hrs

**The Renewal Therapy**

Alleviate stress with a scalp treatment including back, neck and shoulder massage. This is followed by a Mini Facial to freshen you up.

**B\$130**  
Duration: 1 Hrs 30 Mins

**The Royal Touch**

Total pampering with the combination of science and hands-on therapy that leaves you totally refreshed from top to toe. You will be treated to a Herbal Body Scrub that leaves your skin smooth and soft. This is followed by a Balinese Massage to help bring harmony to your physical, mental and emotional well-being. The treatment ends with a Traditional Facial to ensure that you leave The Spa feeling totally pampered.

**B\$265**  
Duration: 2 Hrs and 45 Mins

**OTHER SERVICES**

**Aromatherapy Scalp Treatment**

This traditional scalp treatment incorporates a cream bath and also makes use of aromatic oils to stimulate hair growth and relax the body. All treatments will include head, shoulders and back massage.

**B\$65**  
Duration: 45 Mins

**Depilation**

Using only the finest natural ingredients, enjoy fast and painless hair removal.

Upper lip / chin

**B\$25**  
Duration: 10-15 Mins

Underarms

**B\$35**  
Duration: 10-15 Mins

Half Arm

**B\$35**  
Duration: 15-20 Mins

Full arm

**B\$45**  
Duration: 15-30 Mins

Bikini

**B\$35**  
Duration: 15-30 Mins

Brazilian

**B\$65**  
Duration: 45-75 Mins

Half Leg

**B\$40**  
Duration: 20-30 Mins

Full Leg

**B\$55**  
Duration: 30-45 Mins

Full Back

**B\$50**  
Duration: 30-45 Mins