

**School
Outreach
On Drug
Addiction
Prevention**



**HIV/AIDS Sensitization Campaign
To UNRA project Workers.**



**Training Of Peer
Educators At
Kyambogo University**



MENTAL HEALTH AWARENESS & BEYOND (MHAAB)

P.O. Box 146419, Kampala, Uganda.
Church road street, Kamwokya,
St Paul complex building, 2nd Floor
mhaabug@gmail.com
www.mhaab.org
+256 772 843872 | +256 741 971 758
mhaab OR MHAAB

Background

Mental health awareness and beyond (MHAAB) is non-governmental, non-partisan and not for profit organization. It was created in June 2016 with an aim of promoting mental health awareness and preventing mental disorders.

This was after realizing how clients with mental illness were neglected and abandoned by their own families and communities in hospital even after recovery. It was duly incorporated in November 2017 with registrar of companies and is fully registered under the Republic of Uganda the Non-Governmental Organizations Act, 2016 as a national NGO.

Vision

Empowering communities to promote mental health and prevent mental health disorders.

Mission

To promote mental health in our communities by laying down strategies for prevention of sexual and gender-based violence, HIV/AIDS infection and reduction of stigma and discrimination to individuals and families.

Our Values

- Indiscriminate service delivery
- Doing no harm to our esteemed clients
- Transparency, honesty & trustworthy
- Highest order of human dignity
- Commitment
- Professionalism
- Stewardship



Goal

Our goal is to increase mental health seeking behavior to all in a violence free environment.

Objectives

- To raise public awareness for mental health promotion and mental disorders prevention.
- To initiate and support activities in mental health promotion addressing issues of specific concern among adolescents and the youths.
- To enhance mental health training and capacity building in our communities.
- To advocate for the disadvantaged children and promote their human rights to free quality education, social justice and other related services.
- To improve health seeking behavior for victims of torture and sexual abuse in the community.
- To enhance HIV/AIDS prevention trainings and capacity building in our communities.
- To reduce stigma and discrimination towards individuals living with HIV/AIDS in communities.



MHAAB Staff In A Weekly Meeting

Services Offered;



PSYCHOTHERAPY & COUNSELING SERVICES



HIV/AIDS COUNSELING AND TESTING



COMMUNITY & SCHOOL OUTREACHES



YOUTH DEVELOPMENT PROGRAMS



ASSESSMENT & REFERRALS



BEHAVIORAL CHANGE COMMUNICATION & ADVOCACY



RESEARCH



MENTAL HEALTH CAMPS