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<!DOCTYPE html>
<html lang="en">
<head>
  <meta charset="UTF-8">
  <meta name="viewport" content="width=device-width, initial-scale=1.0">
  <title>Enroll | Science Learners</title>
  <style>
    body { font-family: 'Poppins', sans-serif; background:#f9f9f9; margin:0; padding:0; }
    header { background:#4CAF50; color:white; padding:15px 20px; text-align:center; }
    h1 { margin:0; }
    form { max-width:500px; margin:40px auto; background:white; padding:30px;
border-radius:10px; box-shadow:0 2px 10px rgba(0,0,0,0.1); }
    input, select, textarea { width:100%; padding:10px; margin:10px 0; border-radius:6px;
border:1px solid #ccc; }
    button { background:#4CAF50; color:white; border:none; padding:12px 20px;
border-radius:6px; cursor:pointer; font-size:1em; }
    button:hover { background:#45a049; }
  </style>
</head>
<body>

  <header>
    <h1>Enroll in Science Learners</h1>
  </header>

  <form action="https://formsubmit.co/your-email@example.com" method="POST">
    <input type="text" name="name" placeholder="Full Name" required>
    <input type="email" name="email" placeholder="Email" required>
    <input type="tel" name="phone" placeholder="Phone Number" required>
    <select name="course" required>
      <option value="">Select Course</option>
      <option value="Physics">Physics Fundamentals</option>
      <option value="Chemistry">Chemistry Essentials</option>
      <option value="Biology">Biology Explorer</option>
      <option value="Math">Mathematics for Science</option>
      <option value="CS">Computer Science Basics</option>
    </select>
    <input type="hidden" name="_next" value="thankyou.html">
    <button type="submit">Submit</button>
  </form>

</body>
</html>
```