

PSY.308d.DA4

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**** IMPORTANT NOTES: PLEASE READ BEFORE STARTING **** The structure of your write-up should be: - *Study 1 Results & Discussion*: typical results section + one paragraph discussion interpreting the results of your analyses - *Study 2 Results & Discussion*: typical results section + one paragraph discussion interpreting the results of your analyses - *Conclusion*: an INTEGRATED discussion of the two studies findings (do not simply repeat what has already been reported), implications, limitations, and future directions.

Additionally, all write-ups should be in APA format and your write-up should NOT exceed 4 pages.

Study 1: Pilot Study

```
dat <- read.csv("https://www.dropbox.com/s/qhx6mb45e1njvk4/PSY.308d.DA4_1.csv?dl=1")

#load libraries used
library(pacman)
p_load(jmv, psych, car, effsize)

#make dataset more readable
dat$GroupNum <- factor(dat$GroupNum,
  levels = c(1,2),
  labels = c("Not Hungry", "Very Hungry"))
```

McCormick & Co. is proposing a new charitable foundation, FeedForward, which hopes to set-up meal program interventions in small towns to fight hunger amongst under-resourced citizens. While McCormick is a large company and rather successful, they want evidence before investing more money into the programs and other ideas. They recently hired you as an (sadly unpaid) intern to generate some data and give them the scoop and you have to do it on a budget (A.K.A. no funding for participants - just for supplies). You decide to put up some flyers in a couple nearby apartment buildings to recruit volunteers to join your pilot study for a meal program - luckily you got 9 people to participate!

Research Question(s): 1. Does the meal program significantly decrease the hunger compared to those on the waitlist? 2. Does participants' weight significantly increase from baseline to the end of the program?

Variables: Score: self-reported hunger at the end of the program (1 = Not hungry, 100 = very hungry). Group: program assignment (GroupNum; 1 = Program, 2 = Waitlist). Pre: weight in pounds prior at baseline. Post: weight in pounds at the end of two weeks.

Question #1 Assumptions: 1. Independence of observations 2. Normal distribution of dependent variable by condition 3. Homogeneity of variance

```
# Descriptives by Condition
descriptives(data = dat,
  vars = 'Score',
  splitBy = 'GroupNum',
  sd = TRUE,
  min = TRUE,
  max = TRUE,
  skew = TRUE,
  kurt = TRUE,
  hist = TRUE)
```

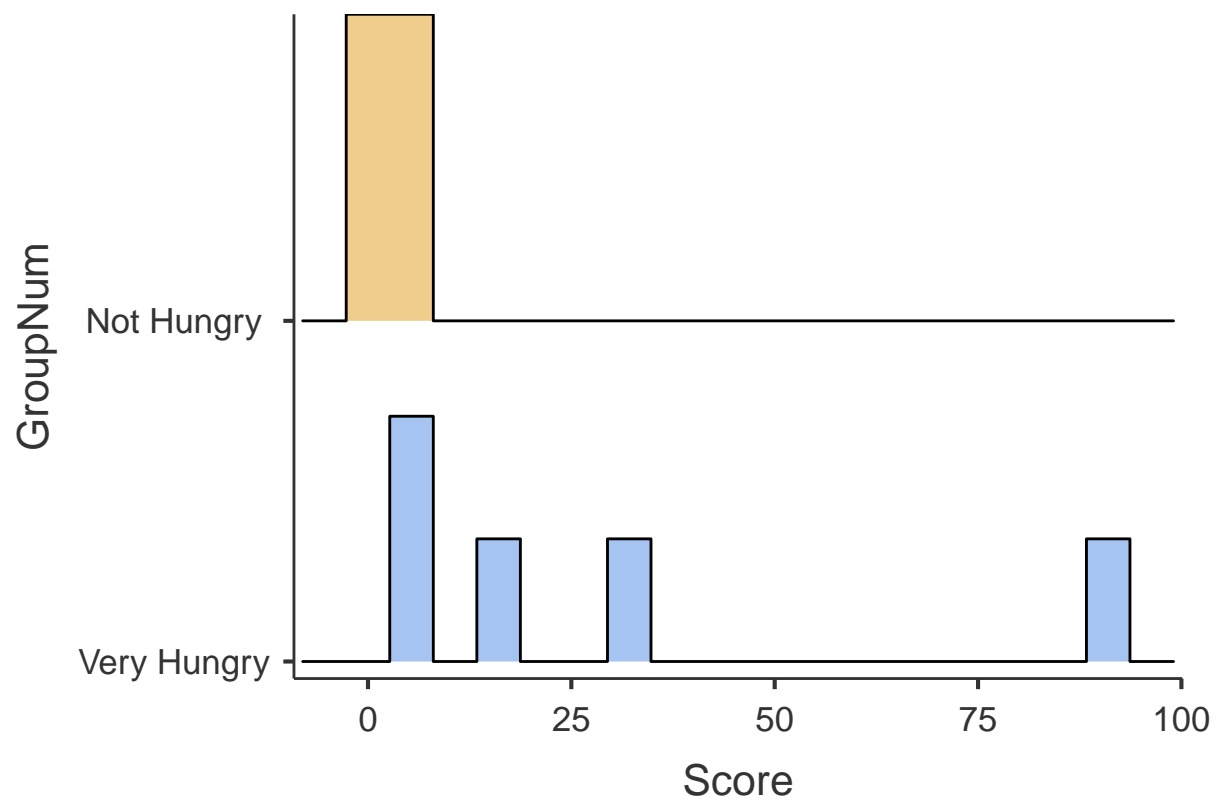
```
##
```

```
## DESCRIPTIVES
```

```

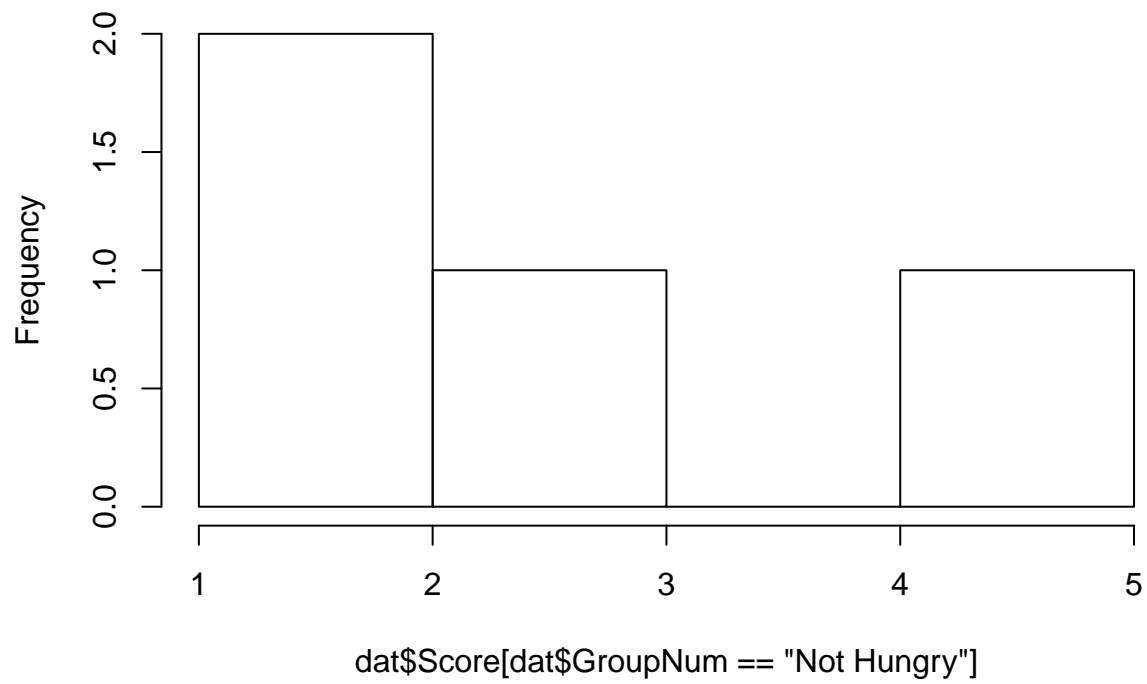
##
## Descriptives
## -----
##              GroupNum      Score
## -----
##      N              Not Hungry      4
##              Very Hungry      5
##      Missing        Not Hungry      0
##              Very Hungry      0
##      Mean           Not Hungry      2.75
##              Very Hungry      29.6
##      Median         Not Hungry      2.50
##              Very Hungry      15
##      Standard deviation Not Hungry      1.71
##              Very Hungry      36.5
##      Minimum        Not Hungry      1
##              Very Hungry      4
##      Maximum        Not Hungry      5
##              Very Hungry      92
##      Skewness       Not Hungry      0.753
##              Very Hungry      1.80
##      Std. error skewness Not Hungry      1.01
##              Very Hungry      0.913
##      Kurtosis       Not Hungry      0.343
##              Very Hungry      3.26
##      Std. error kurtosis Not Hungry      2.62
##              Very Hungry      2.00
## -----

```

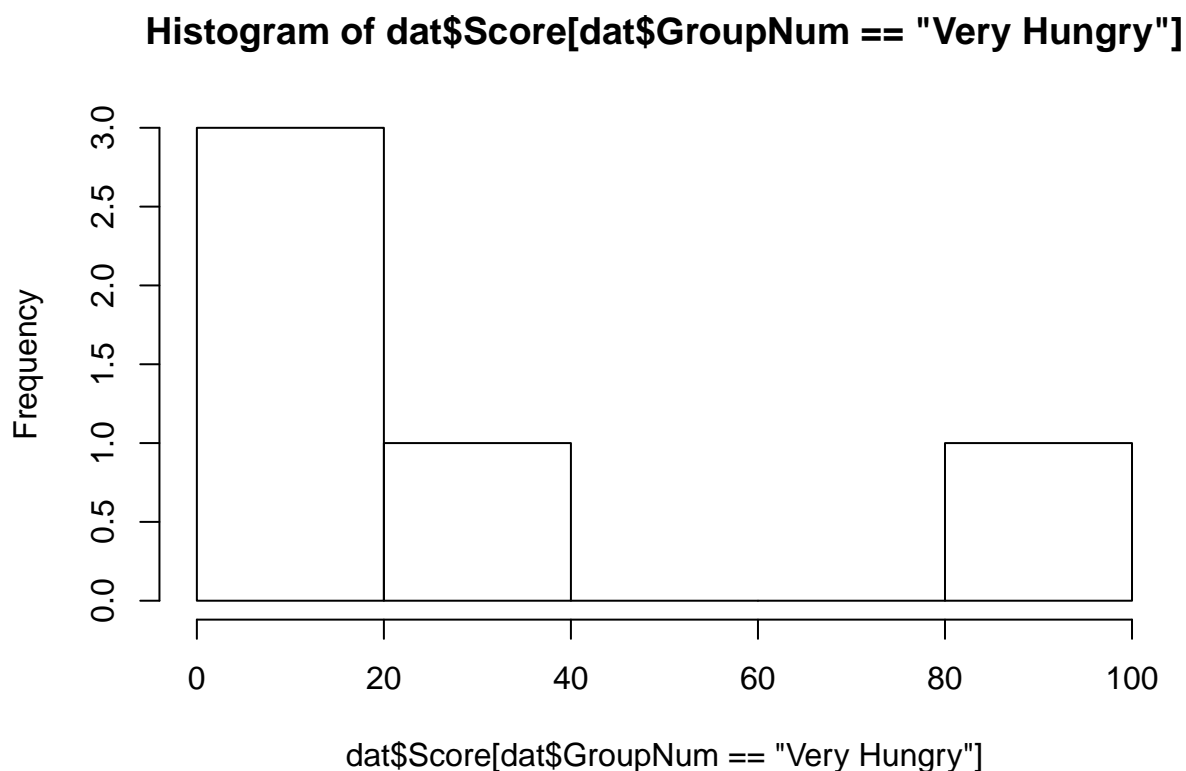


```
hist(dat$Score [dat$GroupNum== 'Not Hungry'])
```

Histogram of dat\$Score[dat\$GroupNum == "Not Hungry"]



```
hist(dat$Score [dat$GroupNum== 'Very Hungry'])
```



```
# Mann-Whitney test (with Levene's)
ttestIS(data = dat,
  vars = 'Score',      # DV
  group = 'GroupNum',  # IV
  desc = TRUE,
  mann = TRUE,          # Mann-Whitney U
  eqv = TRUE,           # Levene's test
  meanDiff = FALSE,
  ci = FALSE,
  effectSize = FALSE)  # Cohen's d
```

```
##
## INDEPENDENT SAMPLES T-TEST
##
## Independent Samples T-Test
## -----
##               statistic    df      p
## -----
##   Score   Student's t      -1.45   7.00   0.190
##           Mann-Whitney U      1.00           0.032
## -----
##
##
## ASSUMPTIONS
##
## Test of Equality of Variances (Levene's)
```

```
## -----
##           F           df           p
## -----
##   Score    4.43         1    0.073
## -----
##   Note. A low p-value suggests a
##   violation of the assumption of
##   equal variances
##
##
## Group Descriptives
## -----
##           Group           N    Mean    Median    SD    SE
## -----
##   Score   Not Hungry      4    2.75     2.50    1.71   0.854
##           Very Hungry     5    29.6     15.0   36.5   16.3
## -----
```

Effect Size

Cliff's Delta (non-parametric effect size) - a more robust version of Cohen's d which considers the o

```
cliff.delta(Score ~ GroupNum, data = dat, conf.level = .95, magnitude = TRUE, method = "Cliff's Delta")
```

```
##
## Cliff's Delta
##
## delta estimate: -0.9 (large)
## 95 percent confidence interval:
##      lower      upper
## -0.9870433 -0.4036840
```

Because this package is nice - it gives you the Delta estimate and an interpretation.

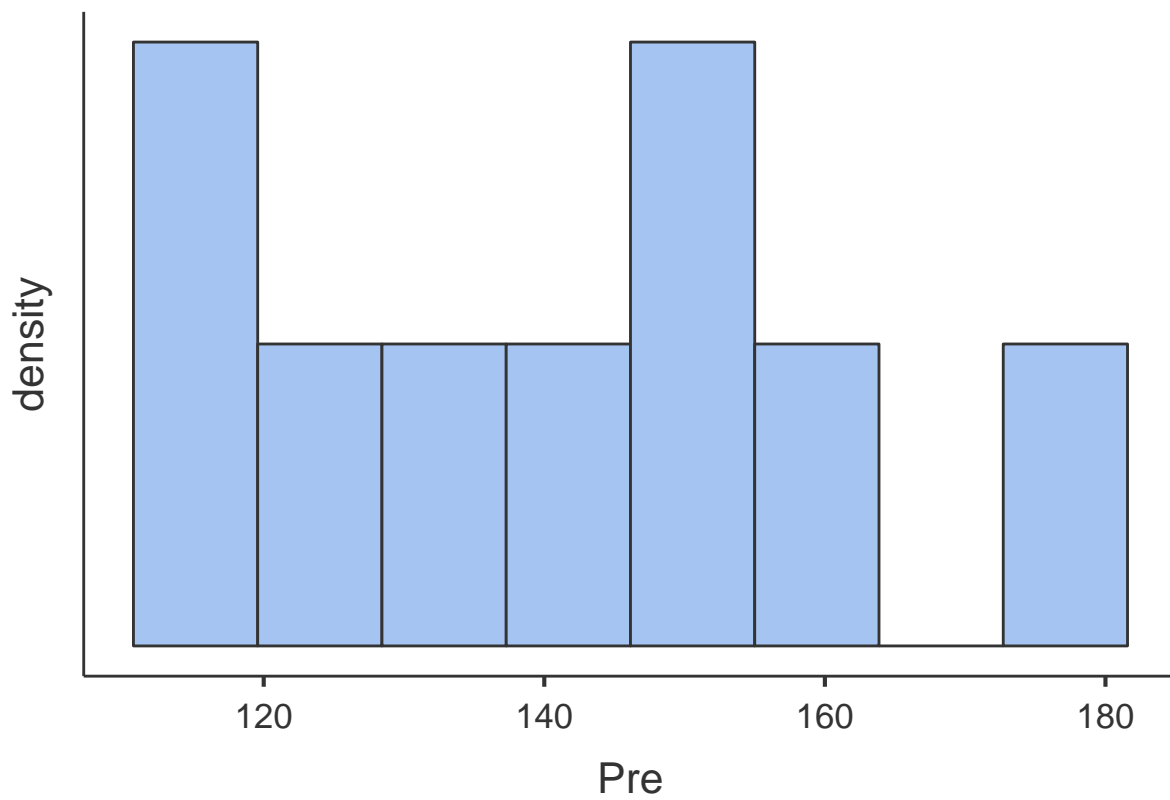
Question #2 Assumptions: 1. Independence of observations 2. Normal distribution of dependent variable by time 3. Normal distribution of difference scores (Shapiro-Wilk)

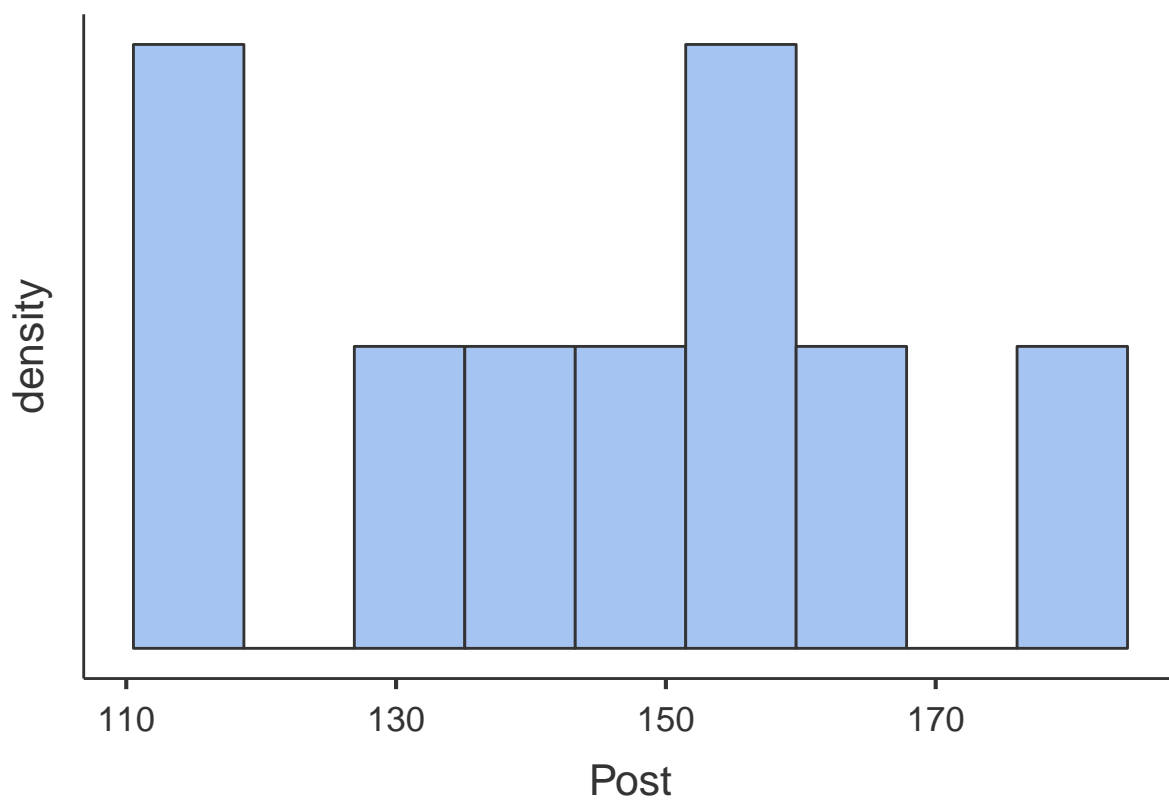
```
# Compute difference scores
dat$diff <- (dat$Post - dat$Pre)
```

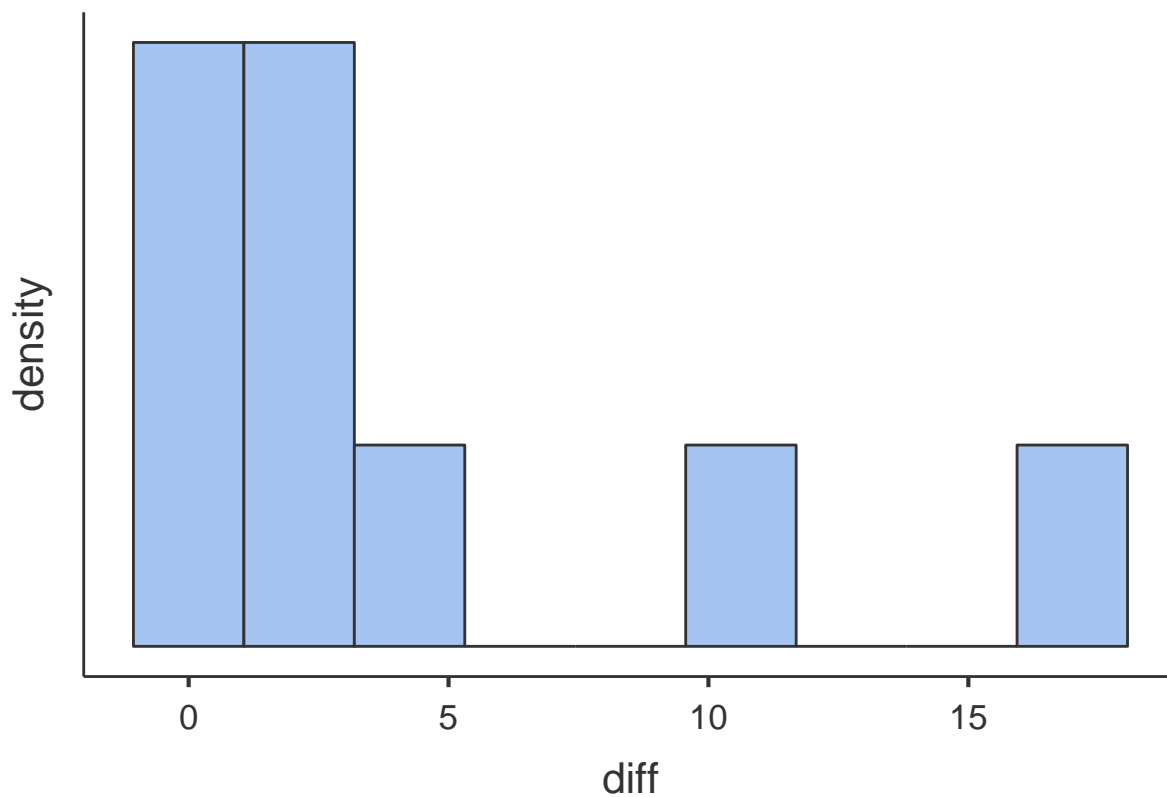
```
# Descriptives
descriptives(data = dat,
             vars = c('Pre', 'Post', 'diff'),
             sd = TRUE,
             range = TRUE,
             min = TRUE,
             max = TRUE,
             skew = TRUE,
             kurt = TRUE,
             hist = TRUE)
```

```
##
## DESCRIPTIVES
##
## Descriptives
## -----
##                               Pre    Post    diff
```

##	-----			
##	N	9	9	9
##	Missing	0	0	0
##	Mean	140	144	4.12
##	Median	141	148	2.00
##	Standard deviation	21.9	21.5	5.66
##	Range	62	65.5	17.0
##	Minimum	113	114	-1.00
##	Maximum	175	179	16.0
##	Skewness	0.131	-0.0414	1.53
##	Std. error skewness	0.717	0.717	0.717
##	Kurtosis	-1.14	-0.552	1.50
##	Std. error kurtosis	1.40	1.40	1.40
##	-----			







```
# Wilcoxon Signed Rank Test (with Shapiro-Wilk)
```

```
#Pre/Post
```

```
ttestPS(dat,
  pairs = list(
    list(i1 = 'Pre', i2 = 'Post')),
  wilcoxon = TRUE,
  norm = TRUE,
  meanDiff = FALSE)
```

```
##
```

```
## PAIRED SAMPLES T-TEST
```

```
##
```

```
## Paired Samples T-Test
```

```
##
```

```
## -----
```

```
##               statistic    df      p
```

```
## -----
```

```
##   Pre   Post   Student's t    -2.18    8.00    0.061
```

```
##               Wilcoxon W      3.00      0.020
```

```
## -----
```

```
##
```

```
## Test of Normality (Shapiro-Wilk)
```

```
## -----
```

```
##               W      p
```

```
## -----
```

```
##      Pre      -      Post      0.806      0.024
##      -----
##      Note. A low p-value suggests a
##      violation of the assumption of
##      normality
```

```
#Post/Pre
ttestPS(dat,
  pairs = list(
    list(i1 = 'Post', i2 = 'Pre')),
  wilcoxon = TRUE,
  norm = FALSE,
  meanDiff = FALSE)
```

```
##
## PAIRED SAMPLES T-TEST
##
## Paired Samples T-Test
## -----
##                                statistic    df      p
## -----
##      Post      Pre      Student's t        2.18    8.00    0.061
##                                Wilcoxon W        42.0          0.020
## -----
```

Effect Size

```
# Effect size for non-parametric related-samples t-test
# http://yatani.jp/teaching/doku.php?id=hcistats:wilcoxonsigned
# r = z/sqrt(N) where n is the total number of observations (cases x 2)
```

```
# To get number of cases(n):
n <- dim(dat)[1] # number of cases/rows
print(paste("Number of cases/rows(n):", n))
```

```
## [1] "Number of cases/rows(n): 9"
```

```
# To get sum of ranks(W)
W <- n*(n+1) / 2 # you can verify this by running Wilcoxon W in both directions and summing both scores
print(paste("Sum of ranks(W):", W))
```

```
## [1] "Sum of ranks(W): 45"
```

```
# z = (W - mW + .5)/o
# https://www.statisticssolutions.com/how-to-conduct-the-wilcoxon-sign-test/
mW <- 0 #the null that there is no difference between T1 and T2
```

```
#first we need to find sd
cat("\n")
```

```
sd = sqrt((n*(n+1)*((2*n)+1))/6)
print("sd = sqrt((n*(n+1)*((2*n)+1))/6)")
```

```
## [1] "sd = sqrt((n*(n+1)*((2*n)+1))/6)"
```

```
print(paste("sd = sqrt(", n, "*((", n, "+1)*((2*", n, ") + 1))/6)", sep = ""))
```

```
## [1] "sd = sqrt((9*(9+1)*((2*9)+1))/6)"
```

```

print(paste("sd =", round(sd,2)))

## [1] "sd = 16.88"

# now to find z:
cat("\n")

z = (W - mW + .5)/sd # technically this should be +- .5 depending on directionality of W-score.
print("z = (W - mW + .5)/sd")

## [1] "z = (W - mW + .5)/sd"

print("mW = the null that there is no difference between time 1 and time 2")

## [1] "mW = the null that there is no difference between time 1 and time 2"

print(paste( "z = (", round(W,2), " - ", mW, " + .5)/", round(sd,2), sep = ""))

## [1] "z = (45 - 0 + .5)/16.88"

print(paste("z =", round(z,2)))

## [1] "z = 2.7"

#r is the Pearson value reported for the non-parametric paired-sample t-test
cat("\n")

N = n*2 #total number of scores (2 x number of cases)
print(paste("Total number of scores(N):", N))

## [1] "Total number of scores(N): 18"

r = z/sqrt(N)
print("r = z/sqrt(n) = Effect size = the probability of a time 2 score being greater than a time 1 score")

## [1] "r = z/sqrt(n) = Effect size = the probability of a time 2 score being greater than a time 1 score"

print(paste("r = ", round(z,2), "/sqrt(", N, ")", sep = ""))

## [1] "r = 2.7/sqrt(18)"

print(paste("r =", round(r,2)))

## [1] "r = 0.64"

# Based on Cohen's criteria of evaluating effect size: .10 = small, .30 = medium, and .50 = large

# This z score above is iffy but was provided in full. R also calculates z scores for this test automagically

# Wilcoxon signed rank test with z-score
wilcoxon <- stats::wilcox.test(dat$Post, dat$Pre, paired = TRUE, exact = TRUE)
wilcoxon.z <- stats::qnorm(wilcoxon$p.value) # z score estimate
cat("\n")

print("Wilcoxon test run from library(stats):")

## [1] "Wilcoxon test run from library(stats):"

wilcoxon

##
## Wilcoxon signed rank test

```

```
##
## data: dat$Post and dat$Pre
## V = 42, p-value = 0.01953
## alternative hypothesis: true location shift is not equal to 0
print(paste("Wilcoxon z-score run from library(stats):", round(wilcoxon.z, 2)))

## [1] "Wilcoxon z-score run from library(stats): -2.06"
wilcoxon.r <- abs(wilcoxon.z/sqrt(N))
print(paste("library(stats) effect size calculated as abs(", round(wilcoxon.z, 2), "/sqrt(", N, ")):")

## [1] "library(stats) effect size calculated as abs(-2.06/sqrt(18)): 0.49"
# This runs what is called Exact Wilcoxon-Pratt Signed-Rank Test with a z-score
library(coin)

## Loading required package: survival
cat("\n")

wilcoxon.coin <- coin::wilcoxsign_test(dat$Post ~ dat$Pre, distribution = "exact")
wilcoxon.coin.z = as.numeric(statistic(wilcoxon.coin, type="standardized"))
names(wilcoxon.coin.z) = "Z"
print("Wilcoxon test run from library(coin):")

## [1] "Wilcoxon test run from library(coin):"
wilcoxon.coin

##
## Exact Wilcoxon-Pratt Signed-Rank Test
##
## data: y by x (pos, neg)
## stratified by block
## Z = 2.3102, p-value = 0.01953
## alternative hypothesis: true mu is not equal to 0
print(paste("Wilcoxon z-score run from library(coin):", round(wilcoxon.coin.z, 2)))

## [1] "Wilcoxon z-score run from library(coin): 2.31"
wilcoxon.coin.r <- abs(wilcoxon.coin.z/sqrt(N))
print(paste("library(coin) effect size calculated as abs(", round(wilcoxon.coin.z, 2), "/sqrt(", N, "):")

## [1] "library(coin) effect size calculated as abs(2.31/sqrt(18)): 0.54"
```

Study 2: Intervention

```
dat2 <- read.csv("https://www.dropbox.com/s/78onrh7icd92cs4/PSY.308d.DA4_2.csv?dl=1")

library(pacman)
p_load(jmv, psych, car)
```

McCormick & Co. was impressed with your pilot study - meal programs seem to be worthwhile. They have invested \$10,000 in your research account to do a bigger study where you can recruit and pay participants, gain more supplies, and extend your findings. You decide to set-up three different meal plan programs: Full Day (3 meals per day), Two-A-Day (2 meals per day), and One-A-Day (1 meal per day), and measure the average calorie intake above the noted minimum of 1,200 calories per day for each participant at the end of a two-week period. Given that these are under-resourced participants, they are encouraged to consume above the minimum calorie intake recommended by the health board.

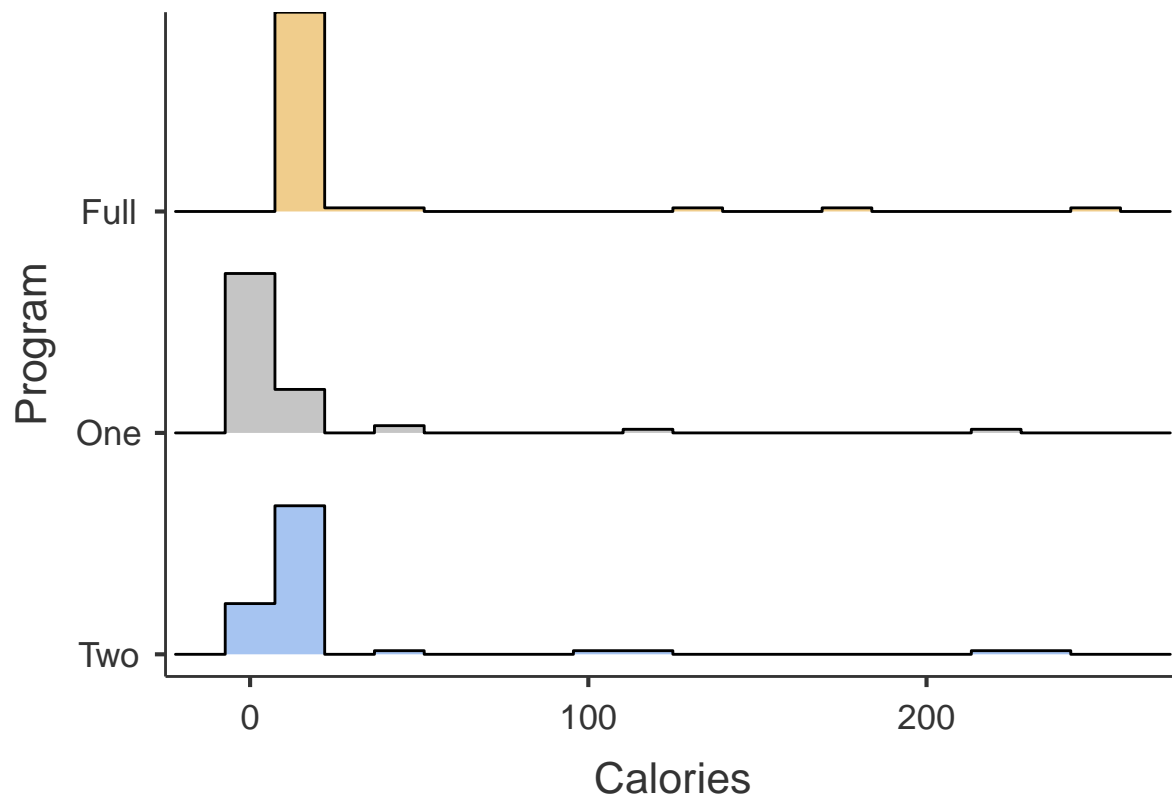
Research Question(s): 1. Is there a difference in the number of calories above the minimum consumed between the meal program conditions?

Assumptions: 1. Independence of observations - pass 2. Normal distribution of dependent variable by condition - fail 3. Homogeneity of variance - pass

```
# Descriptives by Team
descriptives(data = dat2,
  vars = 'Calories',
  splitBy = 'Program',
  sd = TRUE,
  min = TRUE,
  max = TRUE,
  skew = TRUE,
  kurt = TRUE,
  hist = TRUE)
```

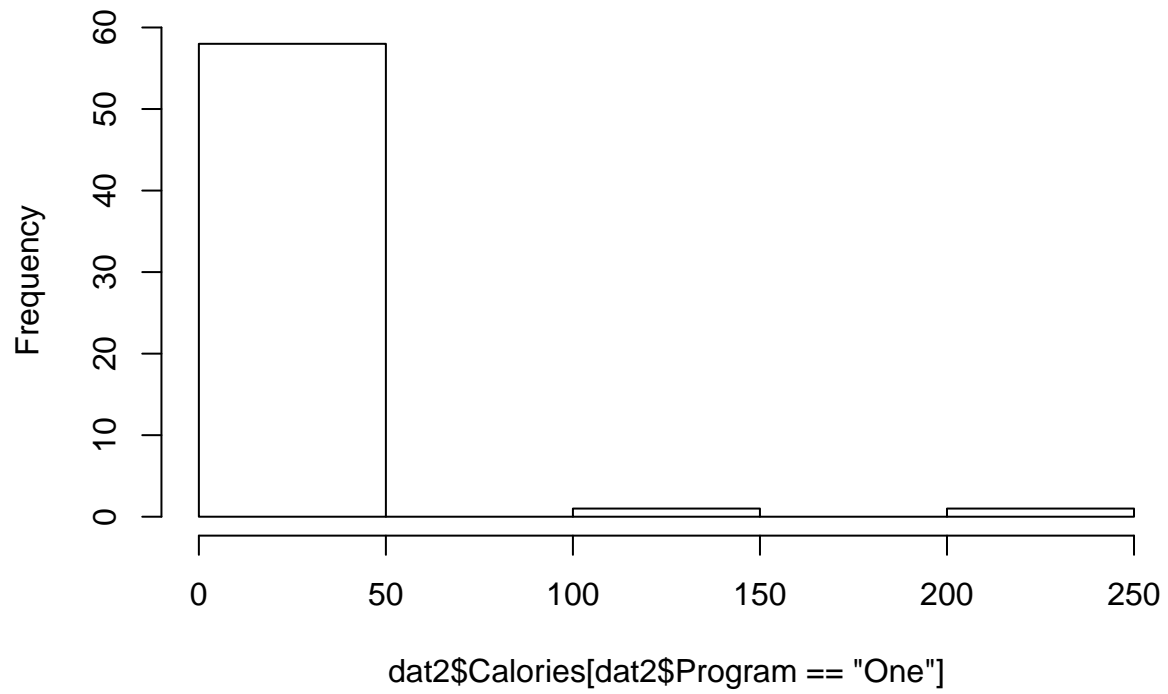
```
##
## DESCRIPTIVES
##
## Descriptives
## -----
##               Program    Calories
## -----
##      N               Full      60
##               One      60
##               Two      60
##      Missing        Full      0
##               One      0
##               Two      0
##      Mean           Full     25.7
##               One     12.0
##               Two     20.9
##      Median         Full     17.0
##               One     6.00
##               Two     10.0
##      Standard deviation Full     38.9
##               One     31.9
##               Two     42.9
##      Minimum        Full      12
##               One       1
##               Two       5
##      Maximum        Full     251
##               One     219
##               Two     229
##      Skewness        Full     4.70
##               One     5.54
##               Two     4.16
##      Std. error skewness Full     0.309
##               One     0.309
##               Two     0.309
##      Kurtosis        Full     22.8
##               One     32.9
##               Two     17.3
##      Std. error kurtosis Full     0.608
```

```
##           One      0.608
##           Two      0.608
## -----
```



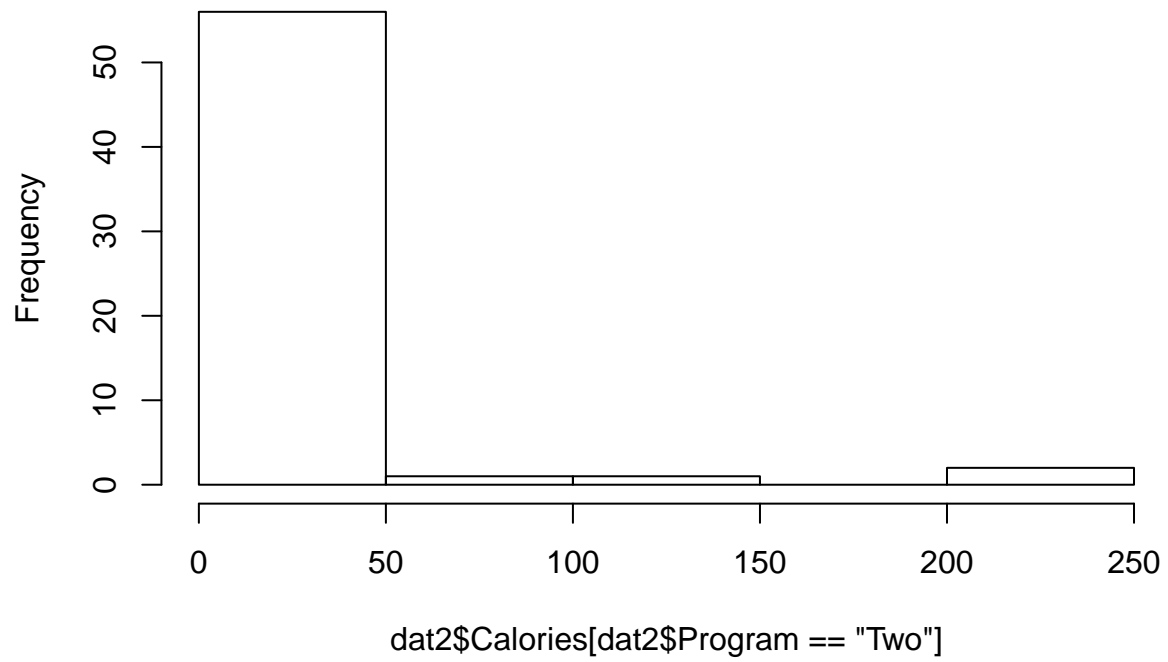
```
hist(dat2$Calories [dat2$Program== 'One'])
```

Histogram of dat2\$Calories[dat2\$Program == "One"]



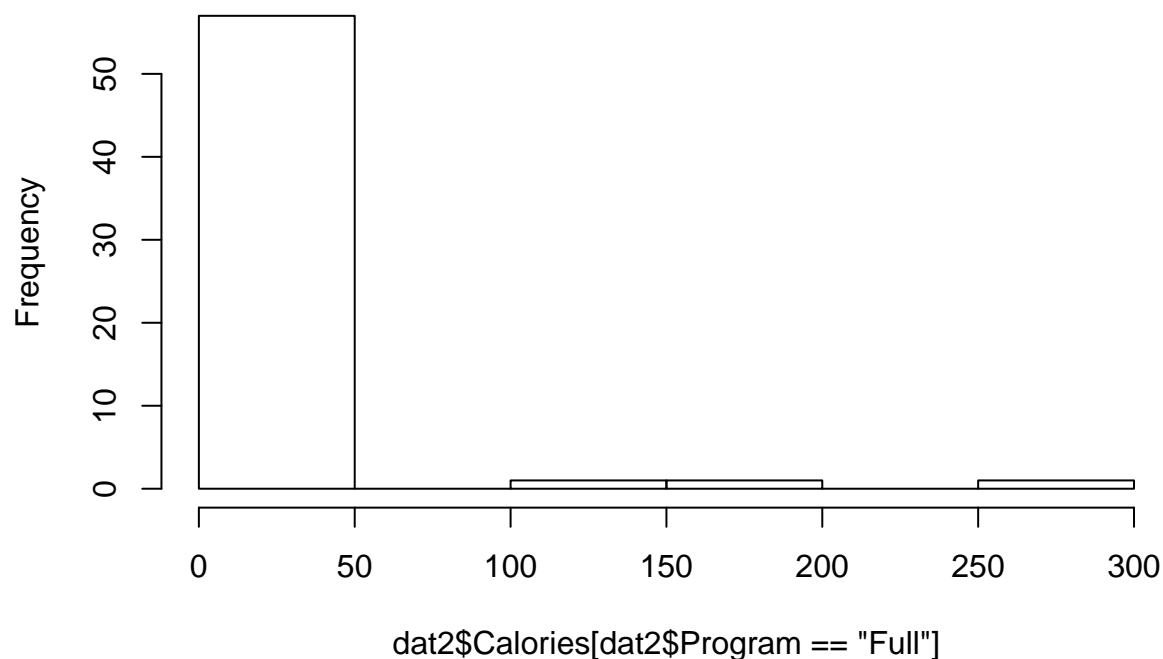
```
hist(dat2$Calories [dat2$Program== 'Two'])
```

Histogram of dat2\$Calories[dat2\$Program == "Two"]



```
hist(dat2$Calories [dat2$Program== 'Full'])
```


Histogram of dat2\$Calories[dat2\$Program == "Full"]



ANOVA with each Program on Calories (with Levene's Test)

```
INTaov <- jmv::ANOVA(data = dat2,
  dep = 'Calories',
  factors = c('Program'),
  effectSize = 'partEta',
  postHoc = c('Program'),
  postHocCorr = 'tukey',
  homo = TRUE)
```

INTaov

```
##
## ANOVA
##
## ANOVA
## -----
##              Sum of Squares    df    Mean Square    F      p      <U+03B7>2p
## -----
##   Program              5796      2          2898    1.99    0.140    0.022
##   Residuals          258073    177          1458
## -----
##
##
## ASSUMPTION CHECKS
##
## Test for Homogeneity of Variances (Levene's)
## -----
##   F      df1    df2    p
```

```
## -----
##      0.774      2      177      0.463
## -----
##
##
## POST HOC TESTS
##
## Post Hoc Comparisons - Program
## -----
##      Program      Program      Mean Difference      SE      df      t      p-tukey
## -----
##      Full      -      One      13.70      6.97      177      1.965      0.124
##      Full      -      Two      4.82      6.97      177      0.691      0.769
##      One      -      Two      -8.88      6.97      177      -1.274      0.412
## -----
```

```
# Kruskal-Wallis including pairwise comparisons (Dwass-Steel-Critchlow-Fligner)
```

```
KW_INT_aov <- anovaNP(data = dat2,
                      dep = 'Calories',
                      group = c('Program'),
                      pairs = TRUE)
```

```
KW_INT_aov
```

```
##
## ONE-WAY ANOVA (NON-PARAMETRIC)
##
## Kruskal-Wallis
## -----
##      <U+03C7>²      df      p
## -----
##      Calories      98.7      2      < .001
## -----
##
##
## DWASS-STEEL-CRITCHLOW-FLIGNER PAIRWISE COMPARISONS
##
## Pairwise comparisons - Calories
## -----
##      W      p
## -----
##      Full      One      -11.68      < .001
##      Full      Two      -10.07      < .001
##      One      Two      8.61      < .001
## -----
```

```
# Epsilon-squared estimate of effect size
# .1 .3 .5 --- .2 .4 .6 are good estimates for small/med/large
```

```
# EpiSq = (H)/((n²-1)/(n+1))
```

```
H <- KW_INT_aov$table$asDF[ , "chiSq"]
print(paste("H =", round(H, 2)))
```

```
## [1] "H = 98.7"
```

```

N2 <- dim(dat2)[1]
print(paste("N =", N2))

## [1] "N = 180"

EpiSq = (H)/((N2^2-1)/(N2+1))
print(paste("EpiSq = ", round(H, 2), "/((" , N2, "^2-1)/(" , N2, "+1)) = ", round(EpiSq, 2), sep = ""))

## [1] "EpiSq = 98.7/((180^2-1)/(180+1)) = 0.55"

```