# Mediation with Bootstrapping

Sir Stats McStatserson

#### Mediation Demo with Bootstrapping

A local college is hoping to understand what predicts how many events on average students will attend on campus per month. The board proproses that the best way to get higher attendance is to send a lot of e-mails. The more frequently that students are given information, the more they should attend. A student representative that sits in on board meetings believes there is more to the picture. While large weekly e-mail blasts may predict events attended on average, the interest a student has in attending the event should help explain how many events they attend. The board is looking to you to test these relationships.

Variables: Email - average e-mails read per week by students. Interest - average amount of interest a student has for events listed in e-mails. Events - average amount of events attended by students per month.

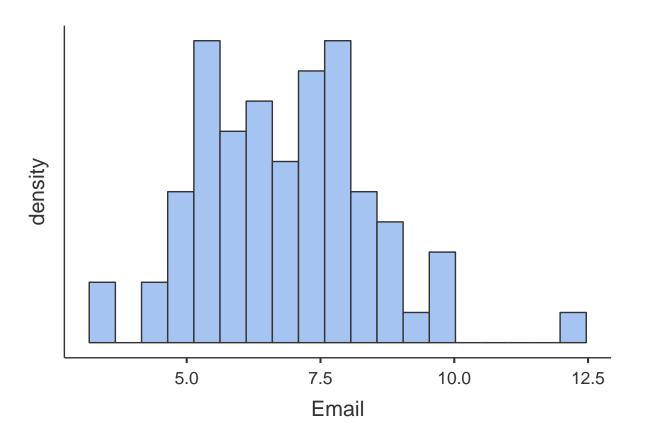
Load in that data and those libraries.

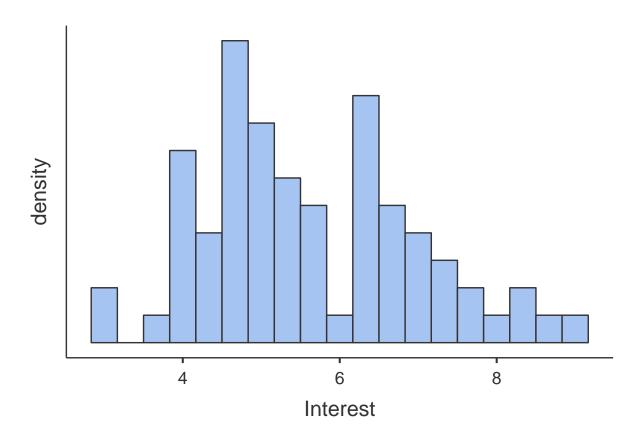
```
datboot <- read.csv('https://www.dropbox.com/s/qe8curup5safjy3/MedBootDemo.csv?dl=1')
library(pacman)
p_load(psych, jmv, medmod, lavaan, multilevel)</pre>
```

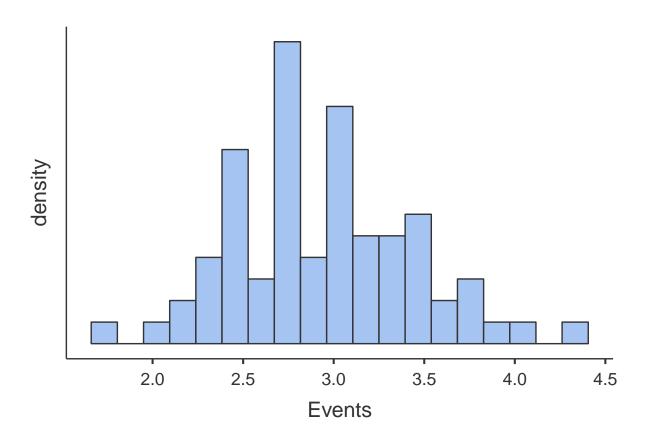
## Descriptives

```
##
## DESCRIPTIVES
##
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```

	Email	Interest	Events
N	73	73	73
Missing	0	0	C
Mean	6.83	5.65	2.94
Median	6.70	5.30	2.90
Standard deviation	1.63	1.36	0.504
Minimum	3.20	3.00	1.70
Maximum	12.0	9.00	4.30
Skewness	0.409	0.452	0.234
Std. error skewness	0.281	0.281	0.281
Kurtosis	0.508	-0.381	0.114
Std. error kurtosis	0.555	0.555	0.555







## Correlation matrix

##

```
##
    CORRELATION MATRIX
##
##
    Correlation Matrix
##
                                 Email
##
                                          Interest
##
##
      Email
                  Pearson's r
                                             0.362
                                                       0.394
##
                  p-value
                                             0.002
                                                      < .001
##
                 Pearson's r
                                                      0.893
##
      Interest
##
                  p-value
                                                      < .001
##
##
      Events
                 Pearson's r
                  p-value
##
##
      Note. * p < .05, ** p < .01, *** p < .001
##
```

# Regression

```
model1 <- linReg(data = datboot,</pre>
              dep = 'Events',
              covs = 'Email',
              blocks = list(c('Email')),
              modelTest = TRUE,
              stdEst = TRUE,
              ci = TRUE,
              ciWidth = 95)
model1
##
## LINEAR REGRESSION
##
  Model Fit Measures
##
                R^2 F df1 df2 p
##
    Model R
                                         71 < .001
       1 0.394 0.155 13.0
                                   1
##
##
##
  MODEL SPECIFIC RESULTS
##
##
## MODEL 1
## Model Coefficients
     Predictor Estimate SE Lower Upper t p
##
                 2.106 0.2366 1.6344 2.578 8.90 < .001
##
     Intercept
##
     Email
                 0.122 0.0337 0.0545 0.189 3.61 < .001
                                                                         0.394
##
# X -> M
model2 <- linReg(data = datboot,</pre>
              dep = 'Interest',
              covs = 'Email',
              blocks = list(c('Email')),
              modelTest = TRUE,
              stdEst = TRUE,
              ci = TRUE,
              ciWidth = 95)
model2
## LINEAR REGRESSION
##
## Model Fit Measures
##
                R <sup>2</sup>
                           F df1 df2 p
    Model R
##
     1 0.362 0.131 10.7 1 71 0.002
##
##
```

```
##
  MODEL SPECIFIC RESULTS
##
  MODEL 1
##
##
  Model Coefficients
##
                       SE Lower Upper t p
              Estimate
##
    Predictor
##
##
    Intercept
                 3.593  0.6448  2.308  4.879  5.57  < .001
    Email
                0.301 0.0919 0.118 0.484 3.27 0.002
                                                                      0.362
##
\# X + M \rightarrow Y
model3 <- linReg(data = datboot,
              dep = 'Events',
              covs = c('Email', 'Interest'),
              blocks = list(c('Email', 'Interest')),
              modelTest = TRUE,
              stdEst = TRUE,
              ci = TRUE,
              ciWidth = 95)
model3
## LINEAR REGRESSION
## Model Fit Measures
                R^2 F df1 df2 p
##
            0.896
                   0.803
                          143
##
##
##
##
  MODEL SPECIFIC RESULTS
##
##
  MODEL 1
##
## Model Coefficients
##
                                Lower Upper
              Estimate SE
                                                  t p
    Predictor
                                                                   Stand. Estimate
##
                                                         < .001
##
    Intercept
                0.9514 0.1378
                                 0.67654 1.2262 6.90
##
                                                                          0.0811
   Email
               0.0251 0.0176 -0.00999 0.0601
                                                   1.43 0.158
              0.3214 0.0212 0.27916 0.3635 15.19 < .001
##
    Interest
```

#### Mediation model - without bootstrapping

```
# (a * b) = (c - c') = Indirect Effect [i.e., amount of mediation]
# Z = Sobel test
# a = Path Estimate from X to M
# b = Path Estimate from M to Y
# c = Total Estimate (Direct Estimate + Indirect Estimate)
# c' = Direct Estimate
```

```
med <- medmod::med(datboot,</pre>
           dep = 'Events',
           pred = 'Email',
           med = 'Interest',
           pm = TRUE,
           paths = TRUE,
           label = TRUE,
           estPlot = TRUE)
med
##
    MEDIATION
##
##
## Mediation Estimates
##
      Effect Label Estimate SE Z p % Mediation
##

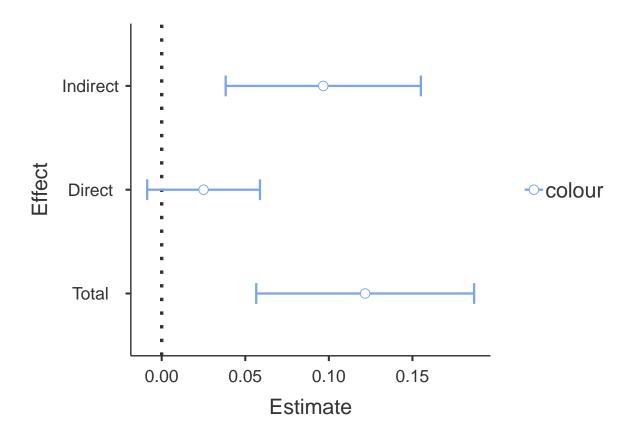
      Indirect
      a × b
      0.0967
      0.0298
      3.25
      0.001

      Direct
      c
      0.0251
      0.0172
      1.46
      0.145

      Total
      c + a × b
      0.1217
      0.0333
      3.66
      < .001</td>

##
                                                                                 20.6
##
                                                                                100.0
##
##
##
##
## Path Estimates
                                 Label Estimate SE Z p
##
##
                               -----
      Email <U+2192> Interest a
##
                                                      0.3008 0.0906 3.32 < .001
##
   Interest <U+2192> Events b
                                                      0.3214 0.0207 15.51 < .001
    Email <U+2192> Events c
                                                      0.0251 0.0172
##
                                                                            1.46 0.145
```

## Scale for 'colour' is already present. Adding another scale for
## 'colour', which will replace the existing scale.



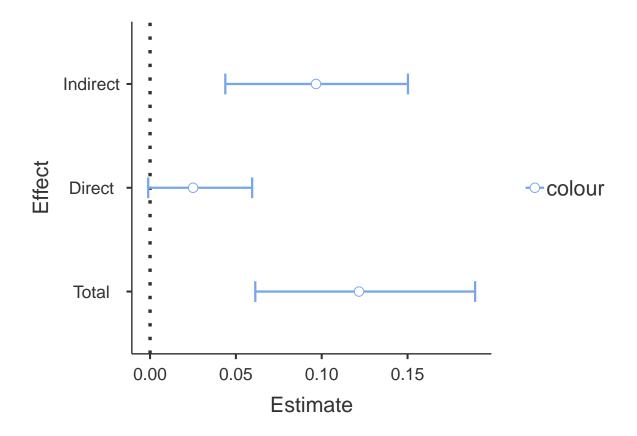
### Mediation model - with bootstrapping

##

```
MEDIATION
##
##
##
    Mediation Estimates
##
##
                                                                             % Mediation
      Effect
                                              SE
                                                         Z
                   Label
                                 Estimate
##
##
                                              0.0264
                                                         3.66
                                                                  < .001
                                                                                     79.4
      Indirect
                   a \times b
                                   0.0967
##
      Direct
                   С
                                   0.0251
                                              0.0152
                                                         1.65
                                                                  0.099
                                                                                    20.6
##
      Total
                   c + a \times b
                                   0.1217
                                              0.0322
                                                         3.78
                                                                  < .001
                                                                                   100.0
##
##
##
```

```
Path Estimates
##
##
                                   Label
                                            Estimate
##
##
      Email
                  <U+2192>
                              Interest
                                         a
                                                     0.3008
                                                               0.0852
                                                                          3.53
                                                                                  < .001
##
                 <U+2192>
                                                     0.3214
                                                               0.0212
                                                                                  < .001
      Interest
                             Events
                                         b
                                                                         15.19
                  <U+2192>
                             Events
                                                     0.0251
                                                               0.0152
                                                                                   0.099
      Email
                                                                          1.65
##
```

## Scale for 'colour' is already present. Adding another scale for
## 'colour', which will replace the existing scale.



# Check the z-values, SE, and p-values for pathways to see differences  $(X \rightarrow Y \text{ for this one})$ .

#### Sobel test

```
# Look at this in comparison to the indirect mediation estimate.
# X = Email
# M = Interest
# Y = Events
sobel(datboot$Email, datboot$Interest, datboot$Events)

## $`Mod1: Y~X`
## Estimate Std. Error t value Pr(>|t|)
## (Intercept) 2.1060936 0.23655159 8.903316 3.542334e-13
## pred 0.1217242 0.03371743 3.610127 5.665353e-04
```

```
##
## $`Mod2: Y~X+M`
              Estimate Std. Error t value Pr(>|t|)
## (Intercept) 0.95136375 0.13779468 6.904213 1.866237e-09
## pred 0.02506033 0.01757446 1.425952 1.583268e-01
            0.32135585 0.02115430 15.191044 7.479798e-24
## med
##
## $`Mod3: M~X`
              Estimate Std. Error t value Pr(>|t|)
## (Intercept) 3.5933058 0.64478005 5.572917 4.227826e-07
        0.3008001 0.09190522 3.272938 1.645702e-03
## $Indirect.Effect
## [1] 0.09666386
##
## $SE
## [1] 0.03021199
##
## $z.value
## [1] 3.19952
##
## $N
## [1] 73
```