```java
-----------Schedulable.java-----------------
package com.ameya.tasks;

import java.util.Date;

public class Schedulable implements Runnable {

    private String name;
    public Schedulable(String name) {
        this.name=name;
    }

    @Override
    public void run() {
    try {
        System.out.println("Executing Task => "+name+" - Time - "+new
        Date());
    }catch(Exception e) {
        e.printStackTrace();
    }

    }

}
------------TestScheduledPoolExecutor.java----------------
package com.ameya.test;

import java.util.Date;
import java.util.concurrent.Executors;
import java.util.concurrent.ScheduledExecutorService;
import java.util.concurrent.ScheduledFuture;
import java.util.concurrent.TimeUnit;

import com.ameya.tasks.Schedulable;

public class TestScheduledThreadPoolExecutor {

    public static void main(String[] args) {
        ScheduledExecutorService
        executor=Executors.newScheduledThreadPool(2);
        Schedulable task1=new Schedulable("Scheduled Task 1");
```

```java
        Schedulable task2=new Schedulable("Scheduled Task 2");
        System.out.println("The Time is :: "+new Date());
        executor.schedule(task1, 5, TimeUnit.SECONDS);
        executor.schedule(task2, 10, TimeUnit.SECONDS);
        //ScheduledThreadPoolExecutor.jaScheduledFuture<?>
        result=.executor.scheduleAtFixedRate(task1,5, 10,
        TimeUnit.SECONDS);
        try {
            executor.awaitTermination(1, TimeUnit.DAYS);
        }catch(InterruptedException e) {
            e.printStackTrace();
        }
        executor.shutdown();
    }

}
```