



PUGOS™

A Human Performance Company

Hair Select-1

Nutritional Hair Support Formula

Introduction:

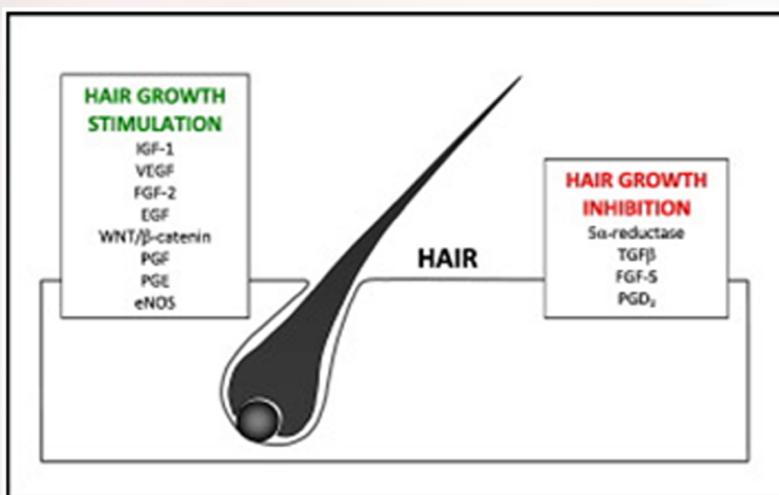
Life can take a toll on your looks, especially your hair. Healthy looking hair is in general a sign of good health and good hair-care practices. Hair loss can have a profound effect on self-esteem, triggering depression and so, ironically and hindering recovery. Every day, everyone loses some hair. Our body then replaces it with some new strands as part of the many renewal processes that are built into our body systems. However, some people may experience excessive (more than normal) hair loss. Hair loss of this type can affect men, women, and children.

Nutritionists confirm that people with certain nutritional deficiencies tend to have dry, stringy and dull hair and sometimes experience hair loss. Fortunately the latter can be restored once the deficiency is addressed. Healthy hair growth requires a complexity of nutrients and a ready supply of oxygen but comparatively few authoritative studies have trialled ingredients to maintain or promote hair growth. However a balanced, bioavailable formula to protect and maintain hair growth is vital. Dietary supplements marketed to thicken hair or make it grow faster may prove of nil value.

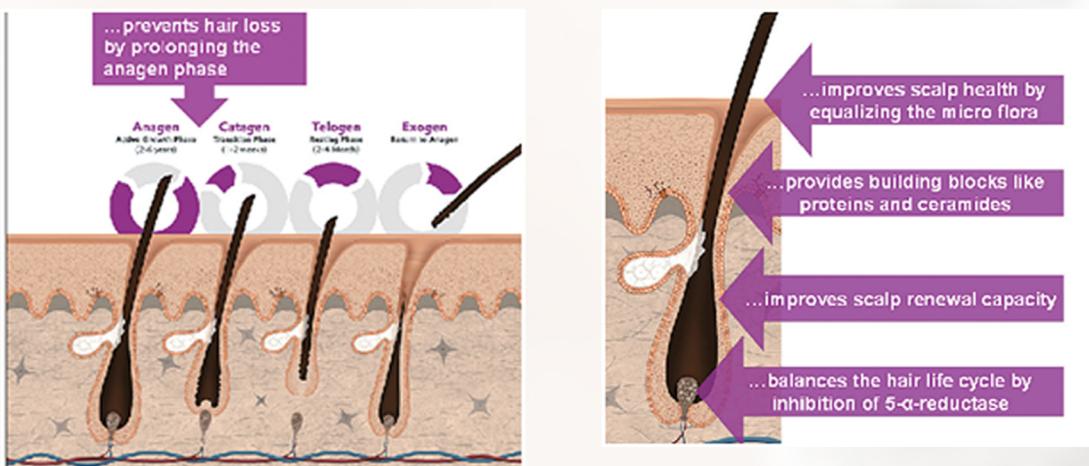
What you really need is a proper diet that can keep your hair envinously strong and long. Like any other part of your body, hair needs a variety of nutrients to be healthy and grow.

The human scalp contains approximately 100,000 hair follicles. Of these, 90% are in the anagen phase, where there is no alopecia, requiring essential elements, such as proteins, vitamins, and minerals, to efficiently produce healthy hair. The role of nutrition and diet in treating hair loss represents a dynamic and growing area of inquiry.

Mechanism of Action:



The human hair follicle cycles in active growth and resting phases controlled by a complex network of biochemical processes, yet to be fully understood. It is well known that hair follicles on scalp respond to androgens by a shortening of the anagen growth phase causing hairs to regress to a finer, thinner texture. The target tissue androgens, testosterone, and dihydrotestosterone can circulate systemically to skin or can be formed locally in hair follicles and sebaceous glands by specific enzymes in the steroid cascade. Kinetic constants have been evaluated for several enzymes which mediate dihydrotestosterone formation, including 5α-reductase, and the cytochrome P-450 aromatase enzyme in isolated human hair follicles and sebaceous glands from scalp of men and women with androgenetic alopecia. The levels of these enzymes differed between men and women and from frontal versus occipital sites within the same patient, indicating that similar steroid mechanisms may be taking place in men and women, but the amount or level of enzymes vary, perhaps explaining why men have more severe patterns of hair loss than women. Knowing the differences between men and women with androgenetic alopecia could shape more effective treatment options in the future.



SUPPLEMENT FACTS		
Serving size :1 Tablet	Serving per pack : 30	
Each film coated tablet contains (approx) RDA*		
Pumpkin seeds oil extract	100 mg	**
Grape seed extract	60 mg	
Betasito sterol	50 mg	**
Stinging nettle extract(20%)	100 mg	**
DL-Methionine	25 mg	**
N-Acetyl Cysteine	25 mg	**
Biotin	30 mcg	**
Zinc	10 mg	100
Copper	1 mg	50
Vitamin B12	1 mcg	100

*Indian council of medical research recommended dietary allowances
**Not Established

Components for Hair Select 1:

Pumpkin Seed Oil:

One scientific theory for how pumpkin seed works for hair loss is that the oil's phytosterols promote hair growth. Phytosterols are sterols found in many plants. Supposedly, phytosterols could block enzymes and hormones in your scalp that cause hair loss.

Pumpkin seed oil provides excellent anti-oxidants and prevent hair follicle from free radical damage. Helps strengthen hair shaft while promoting the natural balance of sebum for shiny vibrant hair. An essential B-vitamin also known as B7, is the hair growth champion. Balances hormone levels and prevents hair loss.

Grape Seed Extract:

Grape seed extract hair growth tablets helps increase the blood flow and also stimulate hair growth. Grape seed oil and extract are anti-bacterial in nature. When used regularly, they can treat dandruff, and itchy, and flaky scalp. Grape seed oil, which is extracted from cold-pressed grape seeds, contains antioxidants that may help to block the production of DHT, a hormone that causes hair loss. Grape seed oil can also be used as a carrier for essential oils that promote relaxation of the hair follicles, preventing hair loss caused by cortisol, a hormone released when you're stressed.

Beta Sitosterol :

5-alpha-reductase (5-AR) converts testosterone into DHT in the testes and the prostate. DHT (Dihydrotestosterone) is a male sex hormone, an androgen. 5 α -reductase, an enzyme, synthesizes DHT in the adrenal glands, hair follicles, testes and prostate. Excess Androgen levels Male and female adults can lose hair as a consequence of changes in the metabolism of androgen in the body - men more commonly than women. DHT plays a major role in loss of hair repair.

Stinging Nettle Extract:

Nettle root extract to treat other conditions such as benign prostatic hyperplasia (enlarged prostate).

Indicate that it may be helpful in promoting hair growth. It contains silica, which is a very important component of healthy hair, skin and nail tissue (more on how that works in a bit). Its anti-inflammatory properties make it great for your entire body, inside and out.

DL-Methionine:

DL-Methionine supports hair growth and also keeps skin soft, supple and smooth.

They also support the quality and health of the hair and efficient blood supply to the scalp.

N-Acetyl Cysteine:

N-Acetyl Cysteine supports longer hair growth-beyond that which is individually genetically programmed.

It also provides potent anti-oxidant protection to the hair follicle.

Biotin:

Biotin is vital to cell proliferation, which is why it is a valuable tool in hair growth.

It suggests that biotin supplements may improve thin, splitting or brittle of hair.

Zinc:

Zinc plays an important role in hair tissue growth and repair. It also helps keep the oil glands around the follicles working properly. Hair loss is a common symptom of zinc deficiency.

Zinc levels in the blood and hair are lower in men experiencing androgenetic alopecia, also known as male pattern baldness.

Copper:

The presence of these protein peptides enable the wounds bordered by hair to get healed relatively quickly.

Regrowing their hair after chemotherapy

Enlarge follicles and reduce the hair growth.

Vitamin B12:

Vitamin B12 helps Red blood cells serve the purpose of carrying oxygen to the living portion of the hair strands.

Benefits of using Hair Select 1:

- Prevent hair loss
- Improve scalp circulation
- Balance oil production
- Add shine
- Support a healthy scalp
- Prevent vitamin deficiency due to poor diet

Instruction:

If you are taking any prescribed medication or have any medical conditions or under age group of 17 years always consult doctor or healthcare practitioner before taking vitamins or mineral supplements.

Recommended usage:

Adults: : One tablet per day or as directed by the healthcare practitioner.

Do not exceed the recommended daily dose.

Precautions:

Health supplements must not be used as a substitute for a varied balanced diet and a healthy lifestyle.

This product is not intended to diagnose, treat, cure or prevent any disease(s).

Storage: Store in a cool, dry & dark place at below 30°C. Keep out of reach of children

Packing: 30 Tablets.