



PUGOS™

A Human Performance Company

# S K I N E L E C T 1

**Nutritional Skin Whitening, Skin Nourishing and  
Anti Aging Formula**

## **INTRODUCTION :**

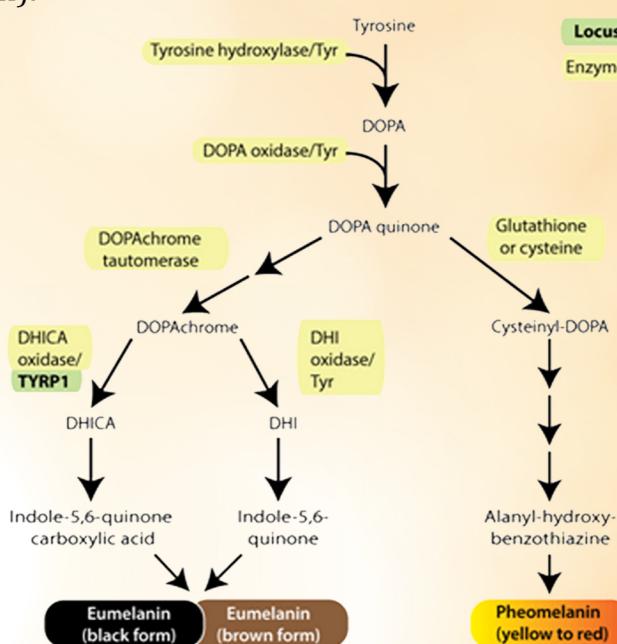
Skin whitening formula tablets helps in removing excess pigmentation, control acne and its marks, refines skin pores, slows down aging, makes the skin whiter, clearer, smoother and leave it glowing. Glutathione lightens your skin tone for a longer period of time. Glutathione taken either orally show results and lighten your skin tone.

Glutathione, the wonder chemical, used for skin whitening purposes, has hit the beauty industry with full throttle. But mostly Glutathione pills are popular among women. It is available in the form of pills to show instantaneous results in reducing the melanin in skin.

In fact, taking glutathione by mouth does not appear to be an effective way to get it into your body. It is thought that glutathione may be broken down by enzymes in the stomach. Your cells contain glutathione, which is a substance made from three amino acids: cysteine, glutamate and glycine. Glutathione acts as an important antioxidant in your body. That means it helps combat free radicals. These are molecules that can damage your body's cells. It Contains Glutathione -The Master Antioxidant and Tyrosine's Inhibitor. Tyrosine is the Enzyme in the Skin That Promotes Melanin Production. Once it Blocks Melanin Production, Skin Turns Light and Spotless.

## MECHANISM OF ACTION

Skin whitening agents work by reducing the presence of melanin in the skin. Its skin-lightening effects result from direct as well as indirect inhibition of the tyrosinase enzyme by blocking peroxides and free radicals shift from eumelanin (darker) to pheomelanin (lighter). L-Glutathione has the ability to lighten dark skin pigmentations. When glutathione is proven to reverse the melanin's metabolism turning dark pigmentations (eumelanin) into light pigmentation (phaeomelanin). Inhibits and blocks tyrosinase, the enzyme responsible for the production of dark melanin pigments, the end product becomes PHEOMELANIN (Reddish-white pigmentation) instead of EUMELANIN (Dark brown).



### SUPPLEMENT FACTS

Serving size :1 Tablet		Serving per pack : 30
Each film coated tablet contains :		%ICMR RDA*
L-Glutathione	100 mg	**
Alpha lipoic acid	50 mg	**
Pine bark extract(as pycnogenol)	30 mg	**
Green tea extract	50 mg	100 mg
Vitamin C	40 mg	100 mg
Vitamin E	10 mg	**
L-Arginine	30 mg	**

\*Indian council of medical research recommended dietary allowances  
\*\* Not established

## **COMPONENTS FOR SKIN SELECT 1 :**

### **L- GLUTATHIONE :**

Glutathione is an antioxidant naturally found in human cells that neutralizes free radicals, boosts the immune system and detoxifies the body. It can also cause skin lightening by converting melanin to a lighter color and deactivating the enzyme tyrosinase, which helps produce the pigment.

- Fights oxidative stress in the body.
- It contains Anti aging property.
- Glutathione lightens and brightens the skin tone.

### **ALPHA LIPOIC ACID :**

Your body makes alpha-lipoic acid, a natural chemical that's in every cell you have. As an antioxidant, it attacks free radicals throughout the body. In skin care products, companies tout it as a substance that can erase fine lines and wrinkles, diminish pores and give skin a healthy glow.

- A powerful anti oxidant both inside and outside
- Scavenges several receive oxygen species

### **PINE BARK EXTRACT:**

Pine Bark has suggested the plant extract could contribute to skin hydration and reduce pigmentation when taken orally as a nutritional supplement.

### **GREEN TEA EXTRACT :**

Products enriched with Green Tea Extracts are known to further support skin health by moisturizing, stimulating circulation and regulating sebum production, thereby exhibiting a positive effect on the complexion's overall tone, texture, strength and resilience. Green tea has been shown to have antioxidant effects in human skin. Since oxidative stress appear to play a significant role in the aging process, green tea may also have anti aging effects by decreasing scavenging free radicals.cals.

### **VITAMIN C :**

Vitamin C is an antioxidant, it protects skin cells from damaging free radicals caused by UV exposure. It also inhibits melanin production in the skin, which helps to lighten hyper pigmentation and brown spots, even out skin tone and enhance skin radiance.

## **VITAMIN E :**

Vitamin E and help cleanse your skin by removing the impurities and helps to improve skin elasticity. Vitamin E works to block free radicals from the body, which play a large

## **L-ARGININE :**

Nitric oxide is said to dilate the capillaries and increases healthy blood circulation to the skin. The enhanced circulation helps to bring a flood of nutrients saturating the malnourished skin with new life.

## **Benefits of using skin select 1**

- Skin select 1 has a great anti oxidant activity, hence removes the toxins really well.
- Removes signs of ageing.
- It develops a smooth, soft & glowing skin.
- Induces a glow and improves the texture.
- Skin select 1 reduces skin pigmentation, age spots, blemishes, ulcers, dark circles, freckles

## **INSTRUCTIONS :**

If you are taking any prescribed medication or have any medical conditions or under age group 17 years always consult doctor or healthcare practitioner before taking vitamins or supplements.

## **RECOMMENDED USAGE :**

**Adults:** One tablet per day or as directed by the healthcare practitioner.

“Do not exceed the recommended daily dose”

## **PRECAUTIONS :**

“Health supplements must not be used as a substitute for a varied and balanced diet and a healthy lifestyle”

“This product is not intended to diagnose, treat, cure or prevent any disease(s)”

**STORAGE :** Store in a cool, dry & dark place. Keep out of reach of children.

**PACKING : 30 TABLETS.**